



April 20, 2010

Dear Friends,

I am delighted to inform you that in September 2009, the ARCH National Respite Network was awarded a three-year cooperative agreement with the US Administration on Aging to provide training and technical assistance to the growing Lifespan Respite Network, its stakeholders and partners, and state respite coalitions. The cooperative agreement was awarded in partnership with the highly regarded Family Caregiver Alliance in San Francisco, which will be providing training and technical assistance primarily to the Aging Network on broader caregiving issues.

As you know, twelve states were awarded federal grants to establish or enhance Statewide Lifespan Respite Systems and ARCH will stand ready to assist them with training and technical assistance as well. ARCH will resume its previous title of ARCH National Respite Network and Resource Center. Over the next three years, ARCH plans to:

- Conduct state site visits to assist with State Lifespan Summits to help states build or strengthen coalitions and prepare state agencies to apply for federal Lifespan Respite grants in the future;
- Update a selection of ARCH respite fact sheets that have proven most useful over the years and develop new fact sheets as needed on topics across age and disability categories;
- Update and/or prepare new documents and guidebooks, and conduct Webinars on topics such as Federal Respite Funding Opportunities, Building Coalitions and Sustaining Collaborations, Evaluation, Marketing and Public Awareness, Volunteer and Rural Respite, respite for special populations, and more;
- Redesign the ARCH web pages, especially the National Respite Locator Service, to be more user and consumer friendly and add new content. including a repository for respite training curricula and links to specific state resources;
- Bring ARCH into the modern digital age with use of web-based training, Facebook communication, Blogs, and other networking techniques;
- Conduct ongoing needs assessments of ARCH and State Lifespan Networks to assess new training and TA needs; and
- Be available for phone and email consultation as needed or to help family caregivers find respite.

The National Respite Coalition will continue to function independently as the policy arm of the Network.

As such, it will still depend almost exclusively on Membership Fees to carry out its advocacy and education role at the federal and state level. The National Respite Coalition helps states and local communities to understand policy, educates policy makers, and builds strong advocacy

coalitions. It provides information and teaching tools to respite advocates throughout the country. The National Respite Coalition, through the ARCH Network, and the group of national and state organizations convened by the NRC, the Lifespan Respite Task force, passage and funding of federal lifespan respite legislation became a reality.

We urge you to join the NRC through the ARCH Network or renew your Membership today. Membership brings you:

- A Voice in Congress and in the Administration on important respite issues of the day – not only in Lifespan Respite, but in the areas of health care reform, child abuse and neglect prevention, disability issues, military families, other family caregiver policies!! Your Membership fees allow NRC to be an official member of other powerful Washington, DC Coalitions such as the Consortium for Citizens with Disabilities, the National Child Abuse Coalition, National Prevention Partners, the Family Caregivers' Policy Workgroup, and the Campaign for Better Care and its National Consumer Coalition run by the National Partnership for Women and Families.
- Timely legislative alerts, updates and funding news
- Discounts when purchasing existing ARCH products
- Discounts on Registration Fees for the National Respite Conference to be held in Baltimore, MD on October 24-27 and hosted by the Maryland Respite Care Coalition.
- Access to Exclusive Membership Pages on the web for discussion forums, member lists, and special updates
- More face-to-face and digital networking opportunities
- Maintenance of the National Respite Locator and other web pages
- Happiness and satisfaction from supporting such a worthwhile cause.

To join, visit <http://www.arch.memberlodge.org> and sign up today. Payment by credit card online is possible, or you can contact Mike Mathers at mmathers@chtop.org and mail your check and membership form (attached or downloadable at <http://www.arch.memberlodge.org>) to ARCH Respite Network, Chapel Hill Training-Outreach Project, Inc., 800 Eastowne Drive, Suite 105, Chapel Hill, NC, 27514. Because the ARCH parent organization, The Chapel Hill Training-Outreach Project, Inc. is a 501(c) (3) organization, your contribution or membership donation in any amount is considered by the IRS to be tax deductible.

Thank you for your continuous support. We look forward to working with you on respite and caregiving issues in the years to come!

Sincerely,



Jill Kagan
Chair, National Respite Coalition
Project Manager
ARCH National Respite Network and Resource Center



Membership Form

Send this form with your membership donation to: Mike Mathers, Executive Director
ARCH c/o CHTOP, Inc.
800 Eastowne Dr. Suite 105
Chapel Hill, NC 27514

Date: _____

Name: _____ Title _____

Company Affiliation: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

Email Address _____

Repeat Email address: _____

Select Membership:

Professional: \$75.00*

Family Caregiver: \$25.00*

Student: \$25.00*

Organizational Membership:

Company/ State Coalition Level 1: \$125*

For companies with annual budgets of under \$100,000 and small state respite coalitions. Membership includes two professional memberships.**

Company/ State Coalition Level 2: \$225*

For companies with annual budgets of under \$500,000 and medium-sized state respite coalitions. Membership includes three professional memberships.**

Company/ State Coalition Level 3: \$325*

For companies with annual budgets of over \$500,000 and large state respite coalitions. Membership includes four professional memberships.**

***Checks should be made out to ARCH-CHTOP, Inc**

**We have set up a website that facilitates the management of free professional memberships for companies, state coalitions and other organizations. Once you have joined at Level 1, 2 or 3, you will receive instructions to add professional (or family and/or student) members at no additional cost. You must include your email address to take advantage of this feature. If you would prefer, you may join or renew your membership online by going to the website at <http://arch.memberlodge.org/> and clicking on "Membership Application."