A Research Agenda for Adult Day Services

ARCH Respite Research Summit
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• Adult Day Services (ADS) are a highly variable service setting providing coordinated services to adults of all ages and abilities in community-based group setting.

• ADS are designed to provide social and often health related services to adults in need of supervised or assisted care during the day, outside of their residence.

• ADS provides respite services for caregivers who otherwise provide 24/7 care for their loved ones.
• NADSA is the membership association representing ADS centers across the United States

• More than 6,000 ‘registered’ centers, and likely another 3,000-4,000 ‘unregistered’ centers operating throughout the nation as of early 2020.

• NADSA created a Research Committee more than a decade ago to help align the disparate data collection and research initiatives throughout the industry.
NADSA Research Committee

- Outcomes matrix established
- Uniform Outcomes Measures in ADS, Journal of Applied Gerontology*
- NADSA Research Statement and Five-Year Plan, Domain Map – Handout
- Comprehensive Annotated Bibliography**

2015 2018 2019 2019

**https://www.nadsa.org/research/
Domains reflect a cycle of planning, implementing, evaluating, and translating into practice and policy.

1. Standardize ADS Outcomes Measures
2. Metrics and Data Collection
3. Data Utilization and Interpretation
4. Translation into Practice

Ongoing Implementation, Evaluation, and Updates
Challenges and Takeaways

• Challenges
  • Standardization of ADS Models
  • Research Participation
    • Standardization of metrics, tools, and collection practices
    • Simplify, disseminate, and educate diverse providers for “grass roots” research participation
  • Data collection, analysis, and retention
    • Partnerships

• Ongoing implementation, evaluation, and updates are essential

• ADS is an effective intervention for both participants and caregivers – the data tells the story