U.S. and International Facts about Caregiving Youth

- There are an estimated 1.3-1.4 million caregiving children ages 8-18 years old in the U.S. Of these, 38% provide care for a grandparent and 34% provide care for a parent – Young Caregivers in the U.S.; National Alliance for Caregiving (NAC) & United Hospital Fund, 2005.

- Nationally, there are an estimated 43.5 million adult caregivers in which 28% (12.2 million) also had children under the age of 18 years living at home - Caregiving in the U.S; NAC/AARP & others, 2015.


- In 2009 there were 7.8 million children living with at least one grandparent. Census, 2009.

- “One of the most important things pediatricians can do is ask children about the health status of other family members.” AAP News, Volume 36; 3. March 2015.

- “Not every child gets 18 years of childhood. Some have to become responsible adults well before their bodies grow into maturity.” How to help youth caregivers: Children caring for sick relatives need some attention of their own. Ryan. Contemporary Pediatrics, March 1, 2008.

- “By 2006 there was only one dedicated initiative, the Caregiving Youth Project, in Boca Raton, Florida, compared with over 350 projects in the UK.” Global perspectives on children’s unpaid caregiving in the family: research and policy on young carers in the UK, Australia, the USA and Sub-Saharan Africa. Becker, S. Global Social Policy. 2007; 7: 23-50.

- More than 25% of all public school children, grades 6-12 in Palm Beach County, incurred adverse effects on their education as a result of caregiving - What Works Survey Final Report. Miller, Bunker, & Kelley-Miller, 2003.

- “The main reason why children undertake inappropriate caring roles is a lack of adequate support services for their ill/disabled relatives. If appropriate and adequate support services are not provided, most of the care and support required falls to family members.” Statistical profiles of young carers. Centre for Child and Family Research. Evidence Issue 3; Aldridge & Becker, 2003.