PROFILE OF CAREGIVERS IN AMERICA

- 82% care for 1 adult
- 15% care for 2 adults
- 3% care for 3+ adults

On average, caregivers help with 4.2 Instrumental Activities of Daily Living

49% felt they had no choice in taking on this role

85% provide care to a relative

28% of caregivers have a child or grandchild living with them

Caregivers by Race:
- 16.9% White
- 19.7% Asian American
- 20.3% African American
- 21% Hispanic

$28+ billion in lost productivity for full/part-time employed caregivers

8.4 million provide care to an adult with an emotional or mental health issue

17.9 billion hours of unpaid care for people with Alzheimer’s & related dementias

600,000-700,000 families have an adult with I/DD living with aging family members with no future planning

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SOURCES:

WHO THEY ARE
- Caregiving in the U.S., National Alliance for Caregiving and AARP Public Policy Institute, June 2015.

WHAT AND WHERE
- Caregiving in the U.S., National Alliance for Caregiving and AARP Public Policy Institute, June 2015.
- Reinhard, Susan C., Levine, Carol and Sarah Samis, Home Alone: Family Caregiving Providing Complex Chronic Care, AARP Public Policy Institute and United Hospital Fund, October 2012.

STRESSORS
- Caregiving in the U.S., National Alliance for Caregiving and AARP Public Policy Institute, June 2015.


LIMITED SUPPORT
- Aging Integrated Database, Administration on Aging, 2013.
- Caregiving in the U.S., National Alliance for Caregiving and AARP Public Policy Institute, June 2015.

GROWING VALUE

BACK PANEL
- Caregiving in the U.S., National Alliance for Caregiving and AARP Public Policy Institute, June 2015.
- On Pins and Needles: Caregivers of Adults with Mental Illness, National Alliance for Caregiving, Mental Health America and National Alliance on Mental Illness, February 2016.

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• Reinhard, Susan C., et al., Valuing the Invaluable: 2013 Update, AARP Public Policy Institute, July 2013, data from Employee Benefits Research Institute, Apr 2015.

• The MetLife Study of Caregiving Costs to Working Caregivers: Double Jeopardy for Baby Boomers Caring for Their Parents, The MetLife Mature Market Institute in partnership with the National Alliance for Caregiving and the Center for Long-Term Care Research and Policy at New York Medical College, June 2011.

LIMITED SUPPORT
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GROWING VALUE
• Lifespan Respite Care Reauthorization Act of 2015, 114th Congress, House of Representatives, October 2015.

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