# Alabama Respite Funding and Eligibility Opportunities

<table>
<thead>
<tr>
<th>Population in Search of Respite</th>
<th>AGING/DISABILITIES</th>
<th>CHILDREN WITH SPECIAL HEALTH NEEDS</th>
<th>DEVELOPMENTAL DISABILITIES</th>
<th>MENTAL HEALTH</th>
<th>CHILD WELFARE</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Agency</td>
<td>Department of Senior Services</td>
<td>Department of Rehabilitation Services, Children’s Rehabilitation Services</td>
<td>Department of Mental Health</td>
<td>Department of Mental Health</td>
<td>Department of Child Abuse Prevention (Children’s Trust Fund)</td>
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<tr>
<td>What is the name of the program?</td>
<td>Alabama Cares Program</td>
<td><strong>See Notes</strong></td>
<td>Alabama Respite™</td>
<td><strong>See Notes</strong></td>
<td>United Cerebral Palsy HEARTS Voucher Respite Program</td>
</tr>
<tr>
<td>Who is eligible for respite?</td>
<td>Target Population: Primary Caregivers of frail, older adults age 60 and older and Grandparents aged 55 and older. Eligible: Primary caregivers of frail, adults age 60+, or a Family Caregiver of a person with Alzheimer’s or related dementia regardless of age; grandparents or other relative caregivers who are 55+ (not a parent), caring for a child 18 or younger, and children of any age with a severe disability. Priority given to those with greatest social and economic need and family caregivers providing care and support to persons with Alzheimer’s disease or other dementias.</td>
<td>Caregivers of children and adults with intellectual disabilities or cognitive developmental delays.</td>
<td></td>
<td></td>
<td>Caregivers of children who have disabilities birth - 19 years old</td>
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<tr>
<td>How are respite services accessed?</td>
<td>Through local Area Agencies on Aging</td>
<td></td>
<td>Caregiver applies for a voucher that pays for respite services. Caregiver may select, hire and train a respite provider of their choice.</td>
<td></td>
<td>Through Alabama Respite™ or the local United Cerebral Palsy affiliate.</td>
</tr>
</tbody>
</table>
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**What is the cost of respite services?**

None

Program pays up to $10/hr for respite care. Vouchers are submitted after care is used and reimbursement can be expected up to 8 weeks after voucher is sent back to Alabama Respite.

The family member will pay the caregiver for the service then submit a Service Report for reimbursement, after which UCP of Mobile writes a check to the family to cover the cost of the respite service up to the amount approved each quarter.

**What limitations are there on the use of respite?**

Unknown

Unknown

Respite must be accessed through one of six local UCP affiliates.

**Where do I go to receive information on how to apply?**

Local Area Agencies on Aging
1-800-AGELINE (1-800-243-5463)

Voucher Respite Services
256-859-4900 • 1-866-RESTALA
info@alabamarespite.org
Alabama Lifespan Respite Network

Contact Alabama Respite™ at 256-237-3683 or by email to alabamarespite@aol.com or see list of UCP affiliates at http://www.alabamarespite.org/index.php/hearts-voucher-respite-program.html

**Website**

http://www.adss.alabama.gov/cares.cfm


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**Notes:**

Information about respite offered or provided by every state agency may not be presented in this table, but it does not necessarily mean it is not available. To find additional information, check these resources:
• Respite services funded by the National Family Caregiver Support Program (NFCSP) may not be described in this table. NFCSP funds respite for family caregivers of the aging population, anyone with Alzheimer’s or related dementias, or for grandparents or other relatives 55 or older caring for a grandchild or other relative with a disability. Information about how to access a local Family Caregiver Support Program (FCSP) can be found at the Family Caregiver Alliance’s Family Care Navigator or by contacting your local Area Agency on Aging through the ElderCare Locator;

• Respite services funded by Home and Community-Based 1915(c) Medicaid Waivers are not described in this table. Information about these programs can be found at ARCH’s Home and Community-Based 1915(c) Medicaid Waivers for Respite Support: State-by-State Tables, Updated 2012; or

• Contact the designated state agency directly.

Eligibility is not guaranteed and information changes frequently. Be sure to check with the designated state agency for the most current eligibility guidelines and funding availability.

Prepared by ARCH National Respite Network, May 2013. For more information, contact ARCH at ikogan@archrespite.org or at 703-256-2084.