## California Respite Funding and Eligibility Opportunities

<table>
<thead>
<tr>
<th>Population in Search of Respite</th>
<th>AGING/DISABILITIES</th>
<th>INFANTS/TODDLERS</th>
<th>CHILDREN WITH SPECIAL HEALTH NEEDS</th>
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<tr>
<td>State Agency</td>
<td>Health and Human Services Agency, Department of Aging</td>
<td>Health and Human Services Agency, Department of Developmental Services</td>
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<td>Health and Human Services Agency, Department of Developmental Services</td>
<td>Health and Human Services Agency, Department of Mental Health</td>
<td>Health and Human Services Agency, Department of Social Services, Children and Family Services Division</td>
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### What is the name of the program?
- Respite Purchase of Services
- California Part C Early Intervention Program: Early Start
- See Notes
- Respite (In-Home) Services
- Respite
- Kinship Support Services Program (KSSP)

### Who is eligible for respite?
- Frail elderly adults
- Adults age 18+ with disabilities
- At risk of institutional placement
- Not eligible for assistance of Regional Centers serving persons with developmental disabilities
- Not receiving other respite services
- Broad; serves at risk children
- Children ages 0-3 with:
  - significant difference between expected level of development and current level of functioning as determined by qualified MDT, including parents;
  - atypical development determined by informed clinical opinion
- Individuals with a developmental disability
- Adults with a degenerative brain disease or impairment which occurred after age 18
- Frail adults age 60+
- Relatives caring for a children placed with them by the juvenile court

### How are respite services accessed?
- Through Local Area Agencies on Aging. State funding has been eliminated, but statutory authority still exists. An Area Agency on Aging may continue operation if funding is available. Respite services
- Family member pays for services and files a voucher for reimbursement. 21 Regional Centers help families access services
- 11 Caregiver Resource Centers: [http://www.californiacrc.org/californiacrc/jsp/home.jsp](http://www.californiacrc.org/californiacrc/jsp/home.jsp)
- Through KSSP Sites in 11 counties providing this program
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<td>include in home care, adult day care, and brief stays in board and care homes or nursing homes</td>
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**What is the cost of respite services?**

Unknown

Family Cost Participation (FCP) Program; families with income at or above 400% of FPL pay 10% - 100% of respite costs, depending on their income and the number of persons living in the home. Maximum annual FCP is $6,400.

There is a Family Cost Participation Program for children up to age 17 who are not eligible for Medi-Cal.

“Low or no-cost”

Unknown

Unknown

**What limitations are there on the use of respite?**

RPOS contractor determines the maximum amount spent per family.

Respite is a required early intervention service when it allows a parent to participate in another required early service, such as sign language class. Respite to allow a parent a break in caregiving is not a required service.

Unknown

Unknown

**Where do I go to receive information on how to apply?**

Through Area Agencies on Aging. See http://www.aging.ca.gov/ProgramsProviders/AAA/AAA_Listing.asp or call 1-800-510-2020

Early Start Children and Family Services Branch Tel: (916) 654-2773 (800) 515-2229 Email: earlystart@dds.ca.gov or Contact a DDS regional center (list

Regional Centers: http://www.dds.ca.gov/RC/RCList.cfm

Caregiver Resource Centers: http://www.californiacrc.org/californiacrc.jsp/home.jsp

Information on local KSSP Sites available from State Kinship Care Policy and Support Unit (916) 657-1858
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*Notes:*

Information about respite offered or provided by every state agency may not be presented in this table, but it does not necessarily mean it is not available. To find additional information, check these resources:

- Respite services funded by the National Family Caregiver Support Program (NFCSP) may not be described in this table. NFCSP funds respite for family caregivers of the aging population, anyone with Alzheimer's or related dementias, or for grandparents or other relatives 55 or older caring for a grandchild or other relative with a disability. Information about how to access a local Family Caregiver Support Program (FCSP) can be found at the Family Caregiver Alliance's [Family Care Navigator](http://www.familycarenavigator.org); or by contacting your local Area Agency on Aging through the [Eldercare Locator](http://eldercare.findaids.gov); or

- Respite services funded by Home and Community-Based 1915(c) Medicaid Waivers are not described in this table. Information about these programs can be found at ARCH’s [Home and Community-Based 1915(c) Medicaid Waivers for Respite Support: State-by-State Tables](http://www.archrespite.org/downloads/HCBC-1915C-Respite.pdf), Updated 2012; or

- Contact the designated state agency directly.

Eligibility is not guaranteed and information changes frequently. Be sure to check with the designated state agency for the most current eligibility guidelines and funding availability.

Prepared by ARCH National Respite Network, May 2013. For more information, contact ARCH at [jkagan@archrespite.org](mailto:jkagan@archrespite.org) or at 703-256-2084.