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**What is the name of the program?**
- In-Home Support Services Respite
- Idaho Infant Toddler Program
- See Notes

**Who is eligible for respite?**
- Care recipient must have physical or cognitive impairments affecting ADL or Instrumental ADL functioning to extent twenty-four (24) hour care or supervision is required.
- Caregivers must be age 60+ and residing with an eligible care recipient
- Children ages 0-3 with developmental delays, physical or mental disabilities; does not serve at-risk children
- Respite must be authorized as part of the Individualized Family Service Plan (IFSP)
- Children with a developmental disability
- Children with a serious emotional disturbance

**How are respite services accessed?**
- Varies by region
- Contact one of seven regional offices. See: [http://www.healthandwelfare.idaho.gov/Portals/0/Children/InfantToddlerProgram/EIS_Contact_Information.pdf](http://www.healthandwelfare.idaho.gov/Portals/0/Children/InfantToddlerProgram/EIS_Contact_Information.pdf)
- Families will have choice to use their budgets to access Medicaid services through two options:
  - Traditional Model - Families who want to access
  - Family selects and pays the respite provider of their choice. Family applies for and receives reimbursement from the agency.
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<td>services through traditional model will continue to receive services from DD agencies that are paid for providing defined Medicaid benefits.</td>
<td>Family-Directed Services Model - Families who want to access services through new family-directed services model will purchase services and supports defined by family from persons and businesses of their choice.</td>
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| What is the cost of respite services? | None | Families with income over 200% of FPL are charged for services, including respite, on a sliding scale. Annual maximum fee is 3% of taxable income. | Self-directed budget | None |

| What limitations are there on the use of respite? | Unknown | Based on IFSP | By choosing family-directed services, families can:  
- Hire people they know and decide the qualifications they require  
- Decide how much to pay for services and supports  
- Supervise and | Maximum of $600 per child for 6 months (total of $1200 for more than one child). | |

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<td><strong>Where do I go to receive information on how to apply?</strong></td>
<td>Local Area Agency on Aging</td>
<td>Mary Jones, Program Manager Children's Developmental Services Tel: (208) 334-5523 (800) 926-2588 Email: <a href="mailto:jonesm@dhw.idaho.gov">jonesm@dhw.idaho.gov</a></td>
<td>Contact your local Department of Health and Welfare’s Division of Family and Community Services (FACS) Case Coordinator. Regional Contact Information: <a href="http://healthandwelfare.idaho.gov/Portal">http://healthandwelfare.idaho.gov/Portal</a></td>
<td></td>
<td></td>
<td>Idaho Care-line: 2-1-1 or <a href="">1-800-926-2588</a> or the Respite Care Clearinghouse at Idaho Federation of Families, an Idaho-based support organization for</td>
</tr>
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When families choose to family direct, they must:
- Agree to principles of self-direction
- Be part of a family-centered planning meeting and help write child’s plan
- Review timesheets and invoices to ensure services are delivered according to plan
- Write, sign and follow employee agreements
- Work with a Fiscal Employer Agent to help keep track of child’s budget
### Notes:

Information about respite offered or provided by every state agency may not be presented in this table, but it does not necessarily mean it is not available. To find additional information, check these resources:

- Respite services funded by the National Family Caregiver Support Program (NFCSP) may not be described in this table. NFCSP funds respite for family caregivers of the aging population, anyone with Alzheimer’s or related dementias, or for grandparents or other relatives 55 or older caring for a grandchild or other relative with a disability. Information about how to access a local Family Caregiver Support Program (FCSP) can be found at the Family Caregiver Alliance’s [Family Care Navigator](https://www.thefamilycaregiver.org) or by contacting your local Area Agency on Aging through the [Eldercare Locator](https://eldercare.findit.gov);

- Respite services funded by Home and Community-Based 1915(c) Medicaid Waivers are not described in this table. Information about these programs can be found at ARCH’s [Home and Community-Based 1915(c) Medicaid Waivers for Respite Support: State-by-State Tables](http://www.archrespite.org/gov/medical/developmentaldisabilities/childrensredesign/regionalcontacts.pdf), Updated 2012; or

- Contact the designated state agency directly.

Eligibility is not guaranteed and information changes frequently. Be sure to check with the designated state agency for the most current eligibility guidelines and funding availability.

Prepared by ARCH National Respite Network, May 2013. For more information, contact ARCH at [jkagan@archrespite.org](mailto:jkagan@archrespite.org) or at 703-256-2084.