## Kentucky Respite Funding and Eligibility Opportunities

<table>
<thead>
<tr>
<th>Population in Search of Respite</th>
<th>AGING</th>
<th>DISABILITIES</th>
<th>INFANTS/TODDLERS</th>
<th>MENTAL HEALTH</th>
<th>CHILD WELFARE</th>
</tr>
</thead>
<tbody>
<tr>
<td>State Agency</td>
<td>Cabinet for Health and Family Services, Department for Aging and Independent Living</td>
<td>Cabinet for Health and Family Services, Department for Behavioral Health, Developmental and Intellectual Disabilities</td>
<td>Cabinet for Health and Family Services, Department for Public Health</td>
<td>Cabinet for Health and Family Services, Department for Behavioral Health, Developmental and Intellectual Disabilities</td>
<td>Cabinet for Health and Family Services, Department for Community Based Services</td>
</tr>
</tbody>
</table>

### What is the name of the program?
- Homecare Program
- Adult Day Care and Alzheimer’s Respite
- Kentucky Family Caregiver Program
- Hart-Supported Living Grant
- First Steps
- See Notes
- Respite Care

### Who is eligible for respite?
- Individuals age 60+ at risk of institutional care or in an institution and able to return to a home environment with services
- Individuals age 60+ with mental confusion and in need of care to prevent injury; or
- Individuals age 60+ likely to benefit from individualized attention and social structure; or
- Individuals of any age with a diagnosis of probable Alzheimer’s disease/related dementia
- Grandparent who is primary caregiver for a grandchild up to age 18
- Grandparent income may not exceed 150% of FPL
- Grandparent is not receiving State Kinship Care program benefits
- Individuals with a disability recognized under the American with Disabilities Act
- Children ages birth to three with developmental delay or disability; Moderate; does not serve at-risk children
- Children in foster care

### How are respite services accessed?
- Individual is assessed by a case manager, who makes referral for services
- Individual is assessed by a case manager, who makes referral for services
- Grandparent receives a grant or voucher each fiscal year, which can be used to pay for approved expenses including respite
- Consumer receives grant monies which can be used to purchase supports and services to help him/her live in the community
- Through Part C community providers, authorized as part of individualized family service plan.
- Foster parents are responsible for selecting and screening respite provider to determine that the provider is appropriate to meet child’s need.
<table>
<thead>
<tr>
<th>Population in Search of Respite</th>
<th>AGING</th>
<th>DISABILITIES</th>
<th>INFANTS/TODDLERS</th>
<th>MENTAL HEALTH</th>
<th>CHILD WELFARE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What is the cost of respite services?</strong></td>
<td>Sliding scale based on income</td>
<td>Sliding scale based on income</td>
<td>None</td>
<td>None</td>
<td>Families with income above 200% FPL are assessed $20 - $100 per month, regardless of what services are accessed.</td>
</tr>
<tr>
<td><strong>What limitations are there on the use of respite?</strong></td>
<td>Unknown</td>
<td>Unknown</td>
<td>Unknown</td>
<td>Regional coordinator develops a supported living plan with the consumer</td>
<td>Limited to 8 hours per month per child; limited to families in crisis or with strong potential for crisis if respite is not provided.</td>
</tr>
<tr>
<td><strong>Where do I go to receive information on how to apply?</strong></td>
<td>Department for Aging and Independent Living Tel: 502-564-6930 TTY: 888-642-1137</td>
<td>Department for Aging and Independent Living Tel: 502-564-6930 TTY: 888-642-1137</td>
<td>Department for Aging and Independent Living Tel: 502-564-6930 TTY: 888-642-1137</td>
<td>Regional Hart-Supported Living Coordinator See link at website below</td>
<td>Paula Goff, State Part C Coordinator First Steps Early Childhood Development Brnc Tel: (502) 564-3756 Email: <a href="mailto:paula.goff@ky.gov">paula.goff@ky.gov</a> OR</td>
</tr>
</tbody>
</table>
### Population in Search of Respite

<table>
<thead>
<tr>
<th>AGING</th>
<th>DISABILITIES</th>
<th>INFANTS/TODDLERS</th>
<th>MENTAL HEALTH</th>
<th>CHILD WELFARE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>15 Local Point of Entry Offices: <a href="http://www.chfs.ky.gov/dph/firstSteps/How+to+Contact+Local+Point+of+Entry+Offices.htm">http://www.chfs.ky.gov/dph/firstSteps/How+to+Contact+Local+Point+of+Entry+Offices.htm</a></td>
<td></td>
</tr>
</tbody>
</table>

**Notes:**

Information about respite offered or provided by every state agency may not be presented in this table, but it does not necessarily mean it is not available. To find additional information, check these resources:

- Respite services funded by the National Family Caregiver Support Program (NFCSP) may not be described in this table. NFCSP funds respite for family caregivers of the aging population, anyone with Alzheimer’s or related dementias, or for grandparents or other relatives 55 or older caring for a grandchild or other relative with a disability. Information about how to access a local Family Caregiver Support Program (FCSP) can be found at the Family Caregiver Alliance’s [Family Care Navigator](http://FamilyCareNavigator) or by contacting your local Area Agency on Aging through the [Eldercare Locator](http://EldercareLocator);

- Respite services funded by Home and Community-Based 1915(c) Medicaid Waivers are not described in this table. Information about these programs can be found at ARCH’s [Home and Community-Based 1915(c) Medicaid Waivers for Respite Support: State-by-State Tables, Updated 2012](http://HomeandCommunityBased1915cMedicaidWaivers); or

- Contact the designated state agency directly.

Eligibility is not guaranteed and information changes frequently. Be sure to check with the designated state agency for the most current eligibility guidelines and funding availability.

Prepared by ARCH National Respite Network, May 2013. For more information, contact ARCH at [jkagan@archrespite.org](mailto:jkagan@archrespite.org) or at 703-256-2084.