### New Hampshire Respite Funding and Eligibility Opportunities

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<tr>
<th>Population in Search of Respite</th>
<th>AGING</th>
<th>INFANTS AND TODDLERS</th>
<th>CHILDREN WITH SPECIAL HEALTH NEEDS</th>
<th>DEVELOPMENTAL DISABILITIES</th>
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| State Agency                    | State Agency
|                                 | Department of Health and Human Services, Division of Community Based Care Services | Department of Health and Human Services, Department of Health and Human Services, Special Medical Services | Department of Health and Human Services, Division of Community Based Care Services, Bureau of Developmental Services (BDS) | Department of Health and Human Services, Bureau of Behavioral Health | Department of Health and Human Services, Division for Children, Youth and Families |

**What is the name of the program?**
- Alzheimer’s Disease and Related Disorders Respite Care Grant
- Family Centered Early Supports and Services
- Partners in Health (PIH)
- Family Support Services
- See Notes
- See Notes

**Who is eligible for respite?**
- Respite available to family members, partners and other informal caregivers caring for an individual with Alzheimer’s Disease or related memory disorder.
- Children ages 0-3 with developmental delay or disability
- At-risk children
- Families of children and youth up to age 21 with chronic health conditions
- Any NH family whose family member is found eligible for developmental services or acquired brain disorder services is eligible

**How are respite services accessed?**
- Apply with one of 11 local agencies contracted with state agency.
- Call the intake coordinator for the town in which the child lives [http://www.dhhs.state.nh.us/dcbcs/bds/earlysupport/documents/intake.pdf](http://www.dhhs.state.nh.us/dcbcs/bds/earlysupport/documents/intake.pdf)
- Call the Family Resource Connection at (800) 298-4321
- Call NH Family Centered Early Supports and Services at (800) 852-3345, ext. 5036 or ext. 5122
- Ten Area Agencies [http://www.dhhs.state](http://www.dhhs.state)
- Once enrolled in PIH families identify individualized needs and if respite is identified as a need then a plan to address the need is created.
- Families generally identify, train and secure their own respite providers. They pay provider and submit documentation of service provision to area agency. Reimbursement made to family. Most families use their allocation on a monthly basis although there is flexibility for families to "save" their respite allocation for a longer break or other arrangement. In some cases, the area agency will hire respite providers, but this is
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<td>What is the cost of respite services?</td>
<td>Participants receive a grant, which they use to pay for services</td>
<td>None. Respite is a family support service available to all families with a child eligible for developmental services.</td>
<td>Some families may receive monies directly from PIH to support respite needs, on a short-term or crisis basis.</td>
<td>BDS contracts with 10 private, nonprofit agencies to provide developmental services to individuals and families statewide. Each agency has funding allocation (primarily Medicaid although for individuals without Medicaid, agencies typically reserve modest amount of state funds) that are used to fund respite for individuals who live at home with family.</td>
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<td>What limitations are there on the use of respite?</td>
<td>Each region’s PIH site works with its Family Council to identify guidance on how monies can support families within their community. Therefore the availability of respite and its limitations are different for each region.</td>
<td>Individual allocations to families are based on need. Respite allocation and funding is overseen by area agency's Family Support Council, which is comprised of family members. Average regional respite allocation is about $1,500 per individual/yr, which provides approx 10-12 hrs of respite/mo; reimbursement rate capped at $10.15/hr.</td>
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<td>Where do I go to receive information on how to apply?</td>
<td>Local agencies listed at website below</td>
<td>Part C Coordinator/Program Specialist Family Centered Early Supports and Services</td>
<td>Special Medical Services NH Department of Health and Human</td>
<td>Regional area agency <a href="http://www.dhhs.nh.gov/dcbcs/bds/agencies.htm">www.dhhs.nh.gov/dcbcs/bds/agencies.htm</a></td>
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<td>Bureau of Developmental Services Department of Health and Human Services 105 Pleasant Street Concord, NH 03301 Tel: (603) 271-5122; (800) 852-3345 Email: <a href="mailto:cstile@dhhs.state.nh.us">cstile@dhhs.state.nh.us</a></td>
<td>Services 129 Pleasant Street – Thayer Building Concord, NH 03301-3857 Tel: 603-271-4508 (800) 656-3333</td>
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**Notes:**

Information about respite offered or provided by every state agency may not be presented in this table, but it does not necessarily mean it is not available. To find additional information, see also:

- Respite services funded by the National Family Caregiver Support Program (NFCSP) are not described in these tables. NFCSP funds respite for family caregivers of the aging population, anyone with Alzheimer’s or related dementias, or for grandparents or other relatives 55 or older caring for a grandchild or other relative with a disability. Information about how to access a local Family Caregiver Support Program (FCSP) can be found at the Family Caregiver Alliance’s Family Care Navigator or by contacting your local Area Agency on Aging through the Eldercare Locator;

- Respite services funded by Home and Community-Based 1915(c) Medicaid Waivers are not described in these tables. Information about these programs can be found at ARCH’s Home and Community-Based 1915(c) Medicaid Waivers for Respite Support: State-by-State Tables, Updated 2012; or

- Contact the designated state agency directly.

Eligibility is not guaranteed and information changes frequently. Be sure to check with the designated state agency for the most current eligibility guidelines and funding availability.

Prepared by ARCH National Respite Network, May 2013. For more information, contact ARCH at jkagan@archrespite.org or at 703-256-2084.