## Texas Respite Funding and Eligibility Opportunities

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<tr>
<th>Population in Search of Respite</th>
<th>AGING/DISABILITIES</th>
<th>DEVELOPMENTAL DISABILITIES</th>
<th>MENTAL HEALTH</th>
<th>INFANTS AND TODDLERS</th>
<th>CHILD WELFARE</th>
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<tr>
<td><strong>State Agency</strong></td>
<td>Department of Aging and Disability Services (DADS)</td>
<td>Department of Health, Mental Health and Substance Abuse</td>
<td>Department of Assistive and Rehabilitative Services</td>
<td>Department of Family and Protective Services</td>
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### What is the name of the program?
In-Home and Family Support Program

### Who is eligible for respite?
Individuals age 4+ with a physical disability; financial requirements

### How are respite services accessed?
Grants used to purchase services, including respite

### What is the cost of respite services?
Services are purchased with the subsidy grant. A copayment begins at 105 percent of the state median income for household size.

### What limitations are there on the use of respite?
No limitations on respite as long as there is need and it does not exceed the maximum allowable subsidy grant of $1,200 per year.

### Where do I go to receive information on how to apply?
Local DADS office

### 58 programs throughout the state. Search by county or zip code at:
http://www.dars.state.tx.us/ecis/searchprogram.asp

For Referrals:
Call DARS (Department of Assistive and Rehabilitative Services) hotline:
1-800-628-5115
TDD/TTY: 1-866-581-9328
DARS.inquiries@dars.state.tx.us

Families pay respite providers and file a voucher for reimbursement.
(For other ECI services, families with income above 250% FPL pay a monthly fee that covers all IDEA services. Monthly maximum fee is $150)

- Respite services limited to those needed by the parent in order to participate in ECI services
- Respite hours limited to 20 hours per month

Kim Wedel
Texas Early Childhood Intervention Program
Department of Assistive and
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<td>Brown-Heatly State Office Bldg 4900 North Lamar Austin, TX 78751-2399 Tel: (512) 424-6754 (800) 628-5115 <a href="mailto:kim.wedel@dars.state.tx.us">kim.wedel@dars.state.tx.us</a></td>
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<tr>
<td>Website</td>
<td><a href="http://www.dads.state.tx.us/services/faqs-fact/ifs.html">http://www.dads.state.tx.us/services/faqs-fact/ifs.html</a></td>
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**Notes:**

*Information about respite offered or provided by every state agency may not be presented in this table, but it does not necessarily mean it is not available. To find additional information, check these resources:*

- Respite services funded by the National Family Caregiver Support Program (NFCSP) may not be described in this table. NFCSP funds respite for family caregivers of the aging population, anyone with Alzheimer's or related dementias, or for grandparents or other relatives 55 or older caring for a grandchild or other relative with a disability. Information about how to access a local Family Caregiver Support Program (FCSP) can be found at the Family Caregiver Alliance’s Family Care Navigator or by contacting your local Area Agency on Aging through the [Eldercare Locator](http://www.caregiver.org/).  
- Respite services funded by Home and Community-Based 1915(c) Medicaid Waivers are not described in this table. Information about these programs can be found at ARCH’s [Home and Community-Based 1915(c) Medicaid Waivers for Respite Support: State-by-State Tables](http://www.archrespite.org), Updated 2012; or  
- Contact the designated state agency directly.

Eligibility is not guaranteed and information changes frequently. Be sure to check with the designated state agency for the most current eligibility guidelines and funding availability.

*Prepared by ARCH National Respite Network, May 2013. For more information, contact ARCH at jkagan@archrespite.org or at 703-256-2084.*