Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

Alabama Home & Community-Based Waiver for Persons with Intellectual Disabilities

Provides residential habilitation, residential habilitation-other living arrangement, day habilitation, day habilitation with transportation, prevocational services, supported employment, individual job coach and job developer, occupational therapy (OT), speech and language therapy, physical therapy (PT), behavior therapy, in-home, out-of-home and institutional respite care, personal care (including on worksite), transportation, environmental accessibility adaptations, specialized medical equipment, medical supplies, skilled nursing, adult companion services, crisis intervention, and community specialist for individuals aged 3 and older who are diagnosed with an intellectual disability.

Alabama HCBS Living at Home Waiver for Persons with ID

Provides day habilitation, personal care, prevocational, respite, supported employment, behavior therapy, community specialist services, crisis intervention, environmental accessibility adaptations, individual directed goods and services, OT (occupational therapy), PT (physical therapy), residential habilitation, skilled nursing, specialized medical equipment, specialized medical supplies, speech and language therapy, supported employment and emergency transportation for individuals aged 3 and above who are diagnosed with an intellectual disability or related conditions.

Alabama Community Transition (ACT) Waiver

Provides adult day health, community case management, homemaker, personal care, respite (skilled and unskilled), adult companion service, assistive technology, home delivered meals, home modifications (environmental accessibility adaptations), medical equipment supplies and appliances, personal assistant service PERS (personal emergency response system –installation and monthly fee), skilled nursing, and transitional assistance for individuals aged 65 and older.

Alabama Home & Community-Based Waiver for the Elderly & Disabled

Provides adult day health, case management, homemaker, personal care, respite care (skilled and unskilled), companion service, and home delivered meals for individuals aged 65 and older.
**Description**

This waiver is a comprehensive waiver that provides day habilitation, day habilitation with transportation, residential habilitation, residential habilitation-other living arrangement, prevocational services, supported employment, individual job coach and job developer, OT (occupational therapy), speech and language therapy, PT (physical therapy), behavior therapy, in-home, out-of-home and institutional respite care, personal care (including on worksite), transportation, environmental accessibility adaptations, specialized medical equipment, medical supplies, skilled nursing, adult companion services, crisis intervention, and community specialist.

**Waiver Type**

1915(c)

**Target Population-Eligibility**

Individuals age 3 and older who are diagnosed with an intellectual disability.

**Level of Care**

Individual requires level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**

Respite Care services are given to waiver recipients unable to care for themselves on a short-term basis because of the absence or need for relief of those persons normally providing the care. Respite care may be provided in the waiver recipient’s home, place of residence, or a facility approved by the State, which is not a private residence. Out-of-home respite care may be provided in a certified group home or ICF/IID. In addition, if the waiver recipient is less than 21 years of age, out-of-home respite care may be provided in a JCAHO Accredited Hospital or Residential Treatment Facility (RTF). The limitation on in-home and out-of-home respite care in combination shall be 1080 hours or 45 days per participant per waiver year.

**Respite Provider Eligibility**

Information on becoming a provider of services for businesses can be found at [https://mh.alabama.gov/becoming-a-community-service-provider/](https://mh.alabama.gov/becoming-a-community-service-provider/)

**Caregiver Eligibility**

Respite cannot be provided by a family member.

**Enrollment Limit**

5260: Year ending 09/30/2019

**How to Apply**

Contact your local Department of Mental Health to apply for this waiver. To find the local office, visit [https://mh.alabama.gov/regional-offices/](https://mh.alabama.gov/regional-offices/)

**Contact Information**

Alabama Department of Mental Health, Division of Developmental Disabilities Call Center (800) 361-4491, the point of contact for initial screening and referral to determine eligibility for placement on the waiting list for waiver-funded supports and services.

**Link to Waiver Application**


**Expiration Date**

09/30/2019; renewal application submitted and pending

**Date of Last Update**

07/02/2019
## Alabama HCBS Living at Home (LAH) Waiver for Persons with Intellectual Disabilities (0391.R02.00)

**State Operating Agency:** Alabama Department of Mental Health, Division of Developmental Disabilities

### Description
This waiver is a support waiver for individuals who do not need a formal, paid residential setting and who can achieve an adequate and appropriate level of support. Services include day habilitation, personal care, prevocational, respite, supported employment, behavior therapy, community specialist services, crisis intervention, environmental accessibility adaptations, individual directed goods and services, OT (occupational therapy), PT (physical therapy), residential habilitation, skilled nursing, specialized medical equipment, specialized medical supplies, speech and language therapy, supported employment and emergency transportation.

### Waiver Type
1915(c)

### Target Population-Eligibility
Individuals age 3 and above who are diagnosed as intellectually disabled or with related conditions

### Level of Care
Individuals require level of care available in an Intermediate Care Facility/Individuals with Intellectual Disabilities (ICF/IID).

### Respite Services
Respite care is dependent on the individual’s needs as set forth in the plan of care and requires approval by the Division of Intellectual Disabilities. Respite and related services may include: in-home residential habilitation, personal care, respite care, and day habilitation. The limitation on in-home and out-of-home respite care in combination shall be 1080 hours (45 days) per participant per waiver year.

### Respite Provider Eligibility
Information on becoming a provider of services for businesses can be found at https://mh.alabama.gov/becoming-a-community-service-provider/

### Caregiver Eligibility
Respite cannot be provided by a relative, legal guardian, or any other legally responsible individual.

### Enrollment Limit
569: Years 1-2; 769: Years 3-5 ending 09/30/2020

### How to Apply
Contact your local Department of Mental Health to apply for this waiver. To find the local office, visit https://mh.alabama.gov/regional-offices/

### Contact Information
Alabama Department of Mental Health, Division of Developmental Disabilities Call Center (800) 361-4491, the point of contact for initial screening and referral to determine eligibility for placement on the waiting list for waiver-funded supports and services.

### Link to Waiver Application

### Expiration Date
09/30/2020

### Date of Last Update
07/02/2019
**Alabama Community Transition (ACT) Waiver (0878.R01.00)**  
**State Operating Agency:** Alabama Department of Senior Services (ADSS)

**Description**  
The waiver serves individuals with disabilities or long-term care illnesses who currently reside in an institution and who desire to transition to the home or community setting. This waiver offers a consumer-directed option, which gives individuals the opportunity to have greater involvement, control, and choice in identifying, assisting, and managing long-term services and supports. This waiver is designed to create a long-term care system that enables people with disabilities or long-term care illnesses to live in their own homes or community settings.

It provides adult day health, community case management, homemaker, personal care, respite (skilled and unskilled), adult companion service, assistive technology, home delivered meals, home modifications (environmental accessibility adaptions), medical equipment supplies and appliances, personal assistant service PERS (personal emergency response system – installation and monthly fee), skilled nursing, and transitional assistance.

**Waiver Type**  
1915(c) operates in coordination with a Section 1915(j) waiver

**Target Population-Eligibility**  
Individuals aged 65 or older or individuals diagnosed with disabilities or long-term care illnesses (no age requirement), who are currently residing in an institution for at least 90 days or currently being served on one of Alabama’s other HCBS waivers whose condition is such that their current waiver is not meeting their needs and admission to an institution is likely. Those individuals must be eligible for transition into the community based upon an assessment and expected to move into the community within 180 days.

**Level of Care**  
Individuals require level of care available in a nursing facility (NF).

**Respite Services**  
Respite Care is provided to participants unable to care for themselves and is furnished on a short-term basis because of the absence of or need for relief of those persons normally providing the care. Services may include skilled or unskilled and are based on the needs of the individual participant as reflected in the Plan of Care.

**Respite Provider Eligibility**  
Information on becoming a provider of services for businesses at [https://mh.alabama.gov/becoming-a-community-service-provider/](https://mh.alabama.gov/becoming-a-community-service-provider/)  
Note: Unskilled, non-licensed personnel must possess the ability to read and write, as well as the ability to work independently on an established schedule and follow the plan of care with minimal supervision. They also must meet the same orientation and in-service requirements as a Personal Care Worker and submit to a program for testing, prevention and control of tuberculosis. Skilled providers must be approved by the Commissioner of the Alabama Medicaid Agency. Personal care providers must be employed by a certified Home Health Agency.

**Caregiver Eligibility**  
Skilled respite providers should be provided by a Licensed Practical Nurse (LPN), Registered Nurse (RN), or a Respite Care Worker. Unskilled respite services may be provided by a relative but not the legal guardian or legally responsible person.

**Enrollment Limit**  
675: Year ending 03/31/2020

**How to Apply**  
Contact your local Area Agency on Aging (AAA) and Aging & Disability Resource Center (ADRC) at (800) 243-5463. Intake/Referral Form link: [https://www.eastalabamaaging.org/uploadedFiles/File/Medicaid%20Waiver/Medicaid_Waiver_Intakereferral_form.pdf](https://www.eastalabamaaging.org/uploadedFiles/File/Medicaid%20Waiver/Medicaid_Waiver_Intakereferral_form.pdf)

**Contact Information**  
Alabama Department of Senior Services at (800) 243-5463

**Link to Waiver Application**  
Renewal 04/01/2016: [https://medicaid.alabama.gov/documents/6.0_LTC_Waivers/6.1_HCBS_Waivers/6.1.1_ACT_Waiver/6.1.1_ACT_Renewal_6-1-16.pdf](https://medicaid.alabama.gov/documents/6.0_LTC_Waivers/6.1_HCBS_Waivers/6.1.1_ACT_Waiver/6.1.1_ACT_Renewal_6-1-16.pdf)

**Expiration Date**  
03/31/2020

**Date of Last Update**  
07/02/2019
**Alabama Home and Community-Based Waiver for the Elderly and Disabled (0068.R06.00)**

**State Operating Agency:** Alabama Department of Senior Services

<table>
<thead>
<tr>
<th>Description</th>
<th>This Alabama Medicaid waiver is designed to provide services to allow elderly individuals who are disabled or have disabilities and who would otherwise require care in a nursing facility to remain living at home or in the community. The program administrators do not intend for it to pay for 24-hour home care but, instead, to assist families in caring for their loved ones at home. This waiver includes a consumer-directed care initiative called Personal Choices. Personal Choices is offered statewide and gives individuals the opportunity to have greater involvement, control, and choice in identifying, accessing and managing their long-term services and community supports. All participants are given the opportunity to choose between the Personal Choices Program and traditional waiver services. Services provided under this waiver are case management, personal care, homemaker services, respite care (skilled and unskilled), companion services, adult day health, and home delivered meals.</th>
</tr>
</thead>
<tbody>
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<td>Waiver Type</td>
<td>1915(c)</td>
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