Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**CA HCBS Waiver for Californians w/ DD**
Provides behavioral intervention, community living arrangements, day service, home health aide, homemaker, prevocational services, respite care, supported employment (enhanced habilitation), chore, communication aides, community-based training, dental, environmental accessibility adaptations, FMS (financial management services), non-medical transportation, nutritional consultation, optometric/optician services, PERS (personal emergency response system), prescription lenses and frames, psychology services, skilled nursing, specialized medical equipment and supplies, specialized therapeutic services, speech/hearing and language services, transition/set up expenses, and vehicle modifications and adaptations for individuals diagnosed w/autism, developmental disability or intellectual disability for all ages.

**CA Nursing Facility/Acute Hospital Waiver**
Provides case management/coordination, habilitation, home respite, waiver personal care services, community transition, continuous nursing and supportive services, environmental accessibility adaptations, facility respite, family/caregiver training, medical equipment operating expense, PERS (personal emergency response system)-installation and testing, private duty nursing including home health and shared services, and transitional case management for individuals diagnosed as medically fragile or technology dependent for all ages.

**CA Pediatric Palliative Care**
Provides care coordination, home respite care, personal care, expressive therapies, family counseling, family training, out of home respite care, and pain and symptom management for individuals less than 21 years old diagnosed as medically fragile and technology dependent.

**CA Multipurpose Senior Services Program**
Provides care management, respite care, supplemental personal care, adult day care, adult day support center, communication, housing assistance, nutritional services, protective services, purchased care management, supplemental chore, supplemental health care, supplemental protective supervision, and transportation for individuals 65 years and older.

**CA In-Home Operations**
Provides case management/coordination, habilitation services, home respite, waiver personal care, community transition, environmental accessibility adaptations, facility respite, family training, medical equipment operating expense, PERS (personal emergency response system) including installation and testing, private duty nursing including shared services, and transitional case management for individuals diagnosed as medically fragile or technology dependent individuals of all ages.
## CA HCBS Waiver for Californians with Development Disabilities (0336.R03.00)

**State Operating Agency:** Department of Health Care Services (DHCS)

### Description

This waiver provides: behavioral intervention, community living arrangements, day service, home health aide, homemaker, prevocational services, respite care, supported employment (enhanced habilitation), chores, communication aides, community-based training, dental, environmental accessibility adaptations, financial management services, non-medical transportation, nutritional consultation, optometric/optician services, PERS (personal emergency response system), prescription lenses and frames, psychology services, skilled nursing, specialized medical equipment and supplies, specialized therapeutic services, speech/hearing and language services, transition/set up expenses, vehicle modifications, and adaptations.

### Waiver Type

1915(c)

### Target Population

**Eligibility**

Individuals of any age who have been diagnosed with: Autism or a developmental and/or intellectual disability. A developmental disability begins before the 18th birthday, is expected to continue indefinitely, and presents a substantial disability including: Intellectual Disability, Cerebral Palsy, Epilepsy, Autism, and related conditions.

### Level of Care

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID), or the ICF/DD Developmentally Disabled-type facility.

### Respite Services

In-home respite is intermittent or regularly scheduled temporary medical care and/or supervision of the participant. It typically includes support to: assist family so participant can stay at home; provide appropriate care and supervision to protect person’s safety in the absence of a family member; relieve family from constant demanding responsibility of providing care; and attend to basic self-help needs and other activities that would ordinarily be performed by the family.

Out of home Respite services are provided in licensed residential facilities.

Respite is obtained from a respite vendor, using vouchers and/or alternative respite options. Vouchers allow a family to choose their own respite provider through a payment, coupon or other authorization.

A participant may receive up to 21 days of out-of-home respite services in a fiscal year, and up to 90 hours of in-home respite in a quarter unless intensity of care and supervision needs justify additional respite to maintain consumer in the family home, or an extraordinary event impacts the family’s ability to care for and supervise the consumer. Service limitations do not apply to family support respite.

### Respite Provider Eligibility

Respite providers must be qualified and an enrolled Medi-Cal HCBS Waiver provider. If the participant is approved for participant-directed services, he or she must ensure the provider is qualified according to Medicaid standards and follows IRS Tax Laws. Information on becoming a provider of services: [http://www.dhcs.ca.gov/services/ltc/Documents/BecomingaHCBSWaiverProvider.pdf](http://www.dhcs.ca.gov/services/ltc/Documents/BecomingaHCBSWaiverProvider.pdf)

### Caregiver Eligibility

Respite may be provided by a legal guardian or relative, but not by the legally responsible person.

### Enrollment Limit

115,000: Year ending 03/28/2016

### How to Apply

Contact local regional center for assistance with application process.

### Contact Information

Department of Health Care Services, MediCAL, Home and Community Based Services Programs, Long Term Care Division

IHO Northern Regional Office (916) 552-9105 (Sacramento)

IHO Southern Regional Office (213) 897-6774 (Los Angeles)

or please visit [http://www.dds.ca.gov/RC/RCList.cfm](http://www.dds.ca.gov/RC/RCList.cfm) to access the directory of the 21 regional centers.

### Link to Waiver Application

[http://www.dds.ca.gov/Waiver/docs/ApprovedWaiverApplication_03292012.pdf](http://www.dds.ca.gov/Waiver/docs/ApprovedWaiverApplication_03292012.pdf)

### Expiration Date

03/28/2017

### Date of Last Update

11/13/2015
CA Nursing Facility/Acute Hospital Waiver (0139.R04.00)

State Operating Agency: In-Home Operations Branch of the Long-Term Care Division, DHCS

Description
This waiver provides services for persons with long-term medical conditions, who meet the level of care requirements with the option of returning to and/or remaining in his/her home or home-like setting in the community in lieu of institutionalization. Services provided include the following: case management/coordination, habilitation, home respite, waiver personal care services, community transition, continuous nursing and supportive services, environmental accessibility adaptations, facility respite, family/caregiver training, medical equipment operating expense, PERS (personal emergency response system)-installation and testing, private duty nursing including home health and shared services, and transitional case management.

Waiver Type
1915 (c)

Target Population-Eligibility
Individuals of any age who are diagnosed as medically fragile or technology dependent

Level of Care
Individuals require level of care available in an acute hospital, sub-acute nursing facility, skilled nursing facility B (skilled) or A (intermediate) level of care.

Respite Services
In-Home Respite benefit is intermittent or regularly scheduled temporary medical and/or non-medical care supervision provided to the participant in their home to: assist families to maintain the participant at home; provide appropriate care and supervision to protect the participant's safety in the absence of family members or caregivers; relieve family members from the constantly demanding responsibility of caring for a participant; and attend to the participant's medical and non-medical needs and other ADLs, which would ordinarily be performed by the service provider or family member.

Out-of-Home or Facility Respite services provide medical care supervision to participants unable to care for themselves and are provided on a short-term basis due to the absence or need for relief of persons who normally provide care for the participant.

Respite Provider Eligibility
Information on becoming a provider of services: http://www.dhcs.ca.gov/services/ltc/Documents/BecomingaHCBSWaiverProvider.pdf

Must be qualified and enrolled Medi-Cal HCBS Waiver providers. For information or to request an application, contact In-Home Operations (IHO) at (916) 552-9105 or email: IHOwaiver@dhcs.ca.gov

Caregiver Eligibility
In-Home respite may be provided by a legally responsible person, a relative, or a legal guardian; however out–of-home/facility respite cannot.

Enrollment Limit
3792: Year ending 12/31/2015

How to Apply
To request an application, call (916) 552-9105

Contact Information
Department of Health Care Services, Medi-Cal, Home and Community Based Services Programs, Long Term Care Division
IHO Northern Regional Office (916) 552-9105 (Sacramento)
IHO Southern Regional Office (213) 897-6774 (Los Angeles)
or please visit http://www.dds.ca.gov/RC/RCList.cfm to access the directory of the 21 regional centers.

Link to Waiver Application
Link to application not available.

Expiration Date
12/31/2016

Date of Last Update
12/04/2015
CA Pediatric Palliative Care (0486.R01.00)

State Operating Agency: The Children’s Medical Services (CMS) Branch, Systems of Care Division of DHCS

**Description**

The purpose of this waiver is to provide pediatric palliative care services to allow children, who have a medical condition with a complex set of needs, and their families the benefits of hospice-like care in addition to state plan services during the course of an illness, even when the child does not have a life expectancy of 6 months or less. The objective will be to minimize the use of institutions, especially hospitals, and improve the quality of life for the participant and family unit (siblings, parent/legal guardian, and significant others).

Services provided through the waiver include: care coordination, home respite care, personal care, expressive therapies, family counseling, family training, out of home respite care, and pain and symptom management.

**Waiver Type**

1915 (c)

**Target Population-Eligibility**

Children 20 years old or younger who are diagnosed as medically fragile or technology dependent with certain life limiting, life threatening medical conditions.

**Level of Care**

Individuals require level of care available in a hospital.

**Respite Services**

Respite care will be provided on an intermittent or short-term basis. Respite will include: care and supervision to protect the participant’s safety, relief for family members from the constantly demanding responsibility of caring for a child with a serious complex medical condition; and care which meets the participant’s medical needs and activities of daily living. Home respite will be provided in the participant’s residence. The need for and frequency of respite care will be identified by the participant and/or parent/legal guardian and Care Coordinator.

Out-of-home respite care will be provided outside of the home in a Congregate Living Health Facility and will be furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care. The services provide will include appropriate care and supervision to ensure the participant’s safety and care which meets the participant’s medical needs and activities of daily living.

Up to 30 days of respite (combined in home and out of home respite care) is allowed per year.

**Respite Provider Eligibility**

See this link on becoming a PFC Waiver Provider:

http://www.dhcs.ca.gov/services/ppc/Pages/WaiverProvider.aspx#become

**Caregiver Eligibility**

Home respite may be provided by a relative or legal guardian, but not by legally responsible person. Out of home respite cannot be provided by a legally responsible person, a relative, nor a legal guardian.

**Enrollment Limit**

1800: Year ending 03/31/2016

**How to Apply**

Contact a California Children’s Services (CCS) Program.

http://www.dhcs.ca.gov/services/ppc/Pages/Apply.aspx

**Contact Information**

To contact local services based on county via telephone, please visit the California Department of Health Care Services website (CCS Program) to find the appropriate number.

http://www.dhcs.ca.gov/services/ppc/Pages/CCSProgram.aspx

**Link to Waiver Application**

Link to application not available.

**Expiration Date**

03/31/2017

**Date of Last Update**

12/04/2015
The waiver provides comprehensive care management to assist individuals who are frail and elderly to remain at home and in the community instead of institutionalized in nursing facilities. The goal of the program is to arrange for and monitor the use of community services to prevent or delay premature institutional placement. The services provided include the following: care management, respite care, supplemental personal care, adult day care, adult day support center, communication, housing assistance, nutritional services, protective services, purchased care management, supplemental chore, supplemental health care, supplemental protective supervision, and transportation.

Care Management is the cornerstone of MSSP. It involves the coordination and usage of existing community resources enabling participants to continue living at home. The care management team then works with the participant and family to develop an individualized care plan.

Waiver Type 1915 (c)
Target Population- Eligibility Individuals 65 years old and older
Level of Care Individuals require level of care available in a nursing facility (NF).
Respite Services
Respite services will include the supervision and care of a client while the family or other individuals who normally provide full time care take short-term relief or respite allows them to continue as caregivers. Respite may also be needed in order to cover emergencies and extended absences of the caregiver.
As dictated by the client’s circumstances, services will be provided out-of-home through appropriate available resources. Respite care may be provided in Residential Care Facilities for the Elderly (RCFE). Intermediate Care Facilities (ICF’s) and RCFE’s cannot be used for long-term placement of MSSP clients.
Respite Provider Eligibility
Waiver services are delivered by agencies qualified and enrolled as Medi-Cal HCBS Waiver providers. Home Health Agencies are licensed and certified by the California Department of Public Health (CDPH). Hospitals, private nonprofit or proprietary agencies, NF’s, ICF’s, and RCFE’s are licensed and certified by MSSP site administrators. 
Caregiver Eligibility Caregivers should be trained and experienced in homemaker services, personal care, or home health services, depending on the requirements in the client’s care plan. Respite cannot be provided by a legally responsible person, a relative, or a legal guardian.
Enrollment Limit 6011: Year ending 06/30/2017
How to Apply Visit the Multipurpose Senior Service Program website for information.
http://www.dhcs.ca.gov/services/ltc/Pages/MSSP.aspx
Contact Information To contact local services based on county via telephone, please visit the Multipurpose Senior Service Program contacts website to find the appropriate number.
http://www.aging.ca.gov/Programs/MSSP/Contacts/
Link to Waiver Application Link to application not available.
Expiration Date 06/30/2019
Date of Last Update 12/04/2015
## CA In Home Operations (0457.R01.00)
**State Operating Agency:** In-Home Operations Branch, Department of Health Care Services

**Description**
The In-Home Operations (IHO) program offer services in the home or in the community to Medi-Cal beneficiaries who would otherwise receive care in a skilled nursing facility.
The waiver provides case management and coordination, habilitation services, home respite, waiver personal care, community transition, environmental accessibility adaptations, facility respite, family training, medical equipment operating expense, PERS-installation and testing, PERS (personal emergency response system), private duty nursing-including shared services, and transitional case management.
The waiver participant has the option of selecting the provider of waiver services appropriate to his/her care needs.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915 (c)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Target Population-Eligibility</strong></td>
<td>Individuals of any age who are diagnosed as medically fragile or technology dependent</td>
</tr>
<tr>
<td><strong>Level of Care</strong></td>
<td>Individuals require level of care available in a nursing facility (NF). Limited to the following subcategories: Nursing Facility Distinct/Part (NF D/P), NF-B Pediatric, and Adult and Pediatric Sub-Acute Level-of-Care (LOC).</td>
</tr>
</tbody>
</table>

**Respite Services**
The Home Respite benefit is intermittent or regularly scheduled temporary medical and/or non-medical care supervision provided to the participant in their own home to do the following: Assist family members in maintaining the participant at home; Provide appropriate care and supervision to protect the participant’s safety in the absence of family members or caregivers; Relieve family members from the constantly demanding responsibility of caring for a participant; Attend to the participant’s medical and non-medical needs and other ADLs (activities of daily living), which would ordinarily be performed by the service provider or family member.
Respite can be used up to 7 days in a row not to exceed 40 days in a year.

<table>
<thead>
<tr>
<th>Respite Provider Eligibility</th>
<th>Waiver services are delivered utilizing qualified and enrolled Medi-Cal HCBS providers. For information on becoming a HCBS Waiver provider or to request an application, please contact In-Home Operations (IHO) at (916) 552-9105 or email: <a href="mailto:IHOwaiver@dhcs.ca.gov">IHOwaiver@dhcs.ca.gov</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver Eligibility</td>
<td>In-home respite may be provided by a legally responsible person, a relative or legal guardian. Out-of-home respite cannot be provided by a legally responsible person, a relative, or a legal guardian.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>125 : Year ending 12/31/15</td>
</tr>
<tr>
<td>How to Apply</td>
<td>To request HCBS waiver services, a waiver application must be completed and returned to IHO. To request application, call (916) 552-9105.</td>
</tr>
</tbody>
</table>
| Contact Information           | Department of Health Care Services, MediCAL, Home and Community Based Services Programs, Long Term Care Division  
IHO Northern Regional Office (916) 552-9105 (Sacramento)  
IHO Southern Regional Office (213) 897-6774 (Los Angeles)  
Or visit [http://www.dhcs.ca.gov/services/ltc/Pages/In-HomeOperations.aspx](http://www.dhcs.ca.gov/services/ltc/Pages/In-HomeOperations.aspx). |
| Expiration Date               | 12/31/2019 |
| Date of Last Update           | 11/13/2015 |