Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**MA Acquired Brain Injury Non-Residential Habilitation**

Provides homemaker, personal care, respite, supported employment, adult companion, chore, day services, home accessibility adaptations, individual support and community habilitation, OT (occupational therapy), PT (physical therapy), specialized medical equipment, speech therapy, transitional assistance, and transportation for individuals ages 22 and older who are diagnosed with a brain injury.

**MA Community Living**

Provides center based day supports, group supported employment, individualized home supports, live-in caregiver, respite, day habilitation supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, OT (occupational therapy), peer support, PT (physical therapy), specialized medical equipment and supplies, speech therapy, stabilization, transportation, and vehicle modifications for individuals ages 22 and older who are diagnosed with an Intellectual Disability.

**MA Intensive Supports**

Provides center based day supports, group supported employment, individualized home supports, live-in caregiver, residential habilitation, respite, day habilitation supplement, 24-hour self-directed home sharing support, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, OT (occupational therapy), peer support, PT (physical therapy), specialized medical equipment and supplies, speech therapy, stabilization, transitional assistance services, transportation, and vehicle modifications for individuals ages 22 and older diagnosed with an Intellectual Disability.

**MA Adult Supports**

Provides center based day supports, group supported employment, individualized home supports, respite, day habilitation supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, OT (occupational therapy), peer support, PT (physical therapy), specialized medical equipment and supplies, speech therapy, stabilization, transportation, and vehicle modifications for individuals ages 22 and older who are diagnosed with an Intellectual Disability.

**MA Frail Elder**

Provides Alzheimer’s and dementia coaching, home health aide, homemaker, personal care, respite, chore, companion, environmental accessibility adaptation, grocery shopping and deliver, home based wandering response system, home delivered meals, home delivery of prepackaged medication, laundry, medication dispensing system, OT (occupational therapy), senior care
options, skilled nursing, supportive day program, supportive home care aide, transitional assistance, and transportation for individuals who are physically disabled ages 60 to 64 and individuals ages 65 and older.

**MA TBI**

Provides homemaker, individual support and community habilitation, personal care, residential habilitation, respite, supported employment, adult companion, chore, community-based substance abuse treatment, day services, home accessibility adaptations, OT (occupational therapy), PT (physical therapy), specialized medical equipment, speech therapy, transitional assistance, and transportation for individuals ages 18 and older who are diagnosed with a Traumatic Brain Injury.

**MA Children’s Autism Spectrum Disorder**

Provides community integration, expanded habilitation/education, homemaker, respite, assistive technology, behavioral supports and consultation, family training, home modifications and adaptations, individual good and services, OT (occupational therapy), PT (physical therapy), speech therapy, and vehicle modifications for children up to age 8 who are diagnosed with Autism.

**MA MFP Community Living**

Provides home health aide, homemaker, personal care, prevocational services, respite, supported employment, addiction services, adult companion, chore, community crisis stabilization, community family training, community psychiatric support and treatment, day services, home accessibility adaptations, independent living supports, individual support and community habilitation, medication administration, OT (occupational therapy), peer support, PT (physical therapy), shared home supports, skilled nursing, specialized medical equipment, speech therapy, supportive home care aide, transportation, and vehicle modifications for individuals ages 18 to 64 who are physically disabled and for individuals who are 65 and older.
**Acquired Brain Injury Non-Residential Habilitation (40702.R01.00)**

**State Operating Agency:** Executive Office of Health and Human Services, the Massachusetts Rehabilitation Commission (MRC)

**Description**
The waiver’s goal is to transition Massachusetts Medicaid-eligible individuals who are diagnosed with a brain injury from nursing facilities and chronic or rehabilitation hospitals to their family or personal home. The waiver assists to furnish the home or community-based services to the participants following their transition from the institutional setting. The waiver provides services similar to an Individualized Service Plan (ISP), based on person-centered principles. The ISP is developed by an interdisciplinary team including the participant, case manager, his or her guardian, relevant waiver service providers, appropriate professionals, and representatives of Massachusetts Rehabilitation Commission where appropriate. The ISP planning process determines what waiver services and supports are needed to allow the waiver participant to live safely in the community. Transitional Assistance services needed are available for up to sixty days prior to discharge from a nursing facility into the community in order to facilitate a safe transition back into the community.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Population-Eligibility</td>
<td>Individuals 22 years and older who are diagnosed with a brain injury.</td>
</tr>
<tr>
<td>Level of Care</td>
<td>Individuals require level of care available in a nursing Facility (NF).</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite provides care on a short-term basis to participants who are unable to care for themselves due to the absence or need for relief for individuals who normally provide care for the participant. The services may provide relief informal caregivers in efforts to strengthen or support the informal support system. Respect care services may provide assistance in different health care settings including an Adult Foster Care Program by providing personal care services in a family-like setting, in a hospital (licensed acute care medical or surgical hospital bed), in a skilled nursing facility (NF) by assisting with daily living (eating, dressing, toileting, and bathing), in an Assisted Living Residence by providing personal care services, and in the home through a community respite provider who provides personal care services. Federal financial participation will only be claimed for the cost of room and board when provided as part of respite furnished in a facility approved by the State that is not a private residence.</td>
</tr>
</tbody>
</table>

**Respite Provider Eligibility**
Information on becoming a provider of services: [http://www.mass.gov/eohhs/provider/](http://www.mass.gov/eohhs/provider/)
UMass Provider Network Administration Unit: (855)-300-7058

**Caregiver Eligibility**
Respite may be provided by a relative, but not a legal guardian or legally responsible person.

**Enrollment Limit**
100: Year ending 4/30/2016

**How to Apply**
If you are interested in applying for one of the ABI waivers or would like more information, please call ABI Waiver Information at 1-866-281-5602. Contact the Executive Office of Health and Human Services. To find the office nearest you, call the UMASS ABI Waiver Unit at 1-(866)-281-5602, and fill out an application found here: [http://www.mass.gov/eohhs/docs/masshealth/abi/abi-a-n.pdf](http://www.mass.gov/eohhs/docs/masshealth/abi/abi-a-n.pdf)
For additional resources and information, please visit the following website: [http://www.mass.gov/eohhs/consumer/insurance/more-programs/acquired-brain-injury-waivers.html](http://www.mass.gov/eohhs/consumer/insurance/more-programs/acquired-brain-injury-waivers.html)

**Contact Information**
UMASS ABI Waiver Unit: (866) 281-5602 or email: ABlinfo@umassmed.edu

**Expiration Date**
04/30/2018

**Date of Last Update**
10/9/2015
Community Living Waiver (0826.R01.00)
State Operating Agency: The Department of Developmental Services, Executive Office of Health and Human Services

<table>
<thead>
<tr>
<th>Description</th>
<th>The waiver provides support to individuals in their communities to prevent the need for restrictive institutional care. Services are necessary due to a lack of adequate natural supports or a sufficient array of community services to support health and welfare in the community for individuals who live outside of the family home. The waiver provides support to assist the individual to acquire the skills necessary to work and access the community. The waiver also provides substantial assistance to the family and caregiver as to allow the individual to remain at home for the individuals who reside with their families. Through coordination of natural supports, Medicaid services, generic community resources and the services available in this waiver, individuals are able to live successfully in the community. Support brokerage is available to participants. Services may be delivered through the traditional provider based system. Individuals may choose both the model of service delivery and the provider.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waiver Type</td>
<td>1915(c)</td>
</tr>
<tr>
<td>Target Population-Eligibility</td>
<td>Individuals 22 years or older who are diagnosed with an intellectual disability. Individuals who receive a moderate level of assistance and either live on their own in a home or in their family home and who meet the level of care for an ICF-ID.</td>
</tr>
<tr>
<td>Level of Care</td>
<td>Individuals require level of care available in an Intermediate Care Facility for the Mentally Retarded (ICF/MR).</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite services are provided in either a licensed respite facility, in the individual’s home, in the family home, or in the home of an individual family provider to waiver individuals who are unable to care for themselves. Services are provided on a short-term, overnight basis where there is an absence or need for relief of those persons who normally provide care or due to needs. Respite care may be made available to participants who receive other services on the same day, such as Group or Individual Supported Employment, Centered Based Work Supports or adult day-care. However, payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Facility-based respite cannot be participant-directed. Others forms of respite may be self-directed. The choice of the type of respite is dependent on the waiver participant’s living situation. Services may be participant-directed, or purchased through either a Fiscal Management Service or through an Agency with Choice Model.</td>
</tr>
<tr>
<td>Respite Provider Eligibility</td>
<td>For information on becoming a provider go to <a href="http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html">http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html</a></td>
</tr>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may be provided by a relative, but not by a legal guardian or legally responsible person.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>2566: Year ending 06/30/2016</td>
</tr>
<tr>
<td>How to Apply</td>
<td>If you are interested in applying, you need to fill out a waiver application. Your DDS Area Office, found here <a href="http://www.dmr.state.ma.us/frmMain.asp">http://www.dmr.state.ma.us/frmMain.asp</a>, can help you. DDS will conduct an assessment of your needs, assign you a priority for services, and will send you a letter to let you know if you are eligible for one of the Waiver Programs.</td>
</tr>
<tr>
<td>Contact Information</td>
<td>Department of Developmental Services, Waiver Management Unit, 500 Harrison Avenue, Boston, MA 02118 (888) 367-4435 <a href="http://www.mascomms.gov/dds">www.mascomms.gov/dds</a></td>
</tr>
<tr>
<td>Link to Waiver Application</td>
<td>Link to application not available.</td>
</tr>
<tr>
<td>Expiration Date</td>
<td>06/30/2018</td>
</tr>
<tr>
<td>Date of Last Update</td>
<td>10/9/2015</td>
</tr>
</tbody>
</table>
### Intensive Supports Waiver (0827.R01.00)

**State Operating Agency:** The Department of Developmental Services, Executive Office of Health and Human Services

**Description**
The waiver provides support to individuals in their communities, based on the severity of their functional impairments, to prevent the need for restrictive institutional care. Individuals have access to all state plan services. Individuals in this waiver need 24/7 support either in an out of home placement or with additional supports and supervision in the family home. For individuals who reside in the family home although natural supports and state plan supports are available, they are insufficient to meet the needs of the individual. The combination and coordination of waiver services, natural supports, Medicaid State Plan services, and generic community resources support the individual to continue to live successfully in the family home. Services may be participant-directed, or purchased through either a Fiscal Management Service or through an Agency with Choice Model. Support brokerage is available to participants. Services may also be delivered through the traditional provider based system. Individuals may choose both the model of service delivery and the provider.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Target Population-Eligibility</strong></td>
<td>Individuals 22 years and older who are eligible for services who meet the ICF-ID level of care and are determined through an assessment process to require supervision and support 24 hours, 7 days per week to avoid institutionalization.</td>
</tr>
<tr>
<td><strong>Level of Care</strong></td>
<td>Individuals require level of care available in an Intermediate Care Facility for the Mentally Retarded (ICF/MR).</td>
</tr>
<tr>
<td><strong>Respite Services</strong></td>
<td>Services are provided in either a licensed respite facility, in the home of the participant, in the family home, or in the home of an individual family provider to waiver participants who are unable to care for themselves. Services are provided on a short-term, overnight basis. Respite care may be made available to participants who receive other services on the same day, such as Group or Individual Supported Employment, Centered Based Work Supports or adult day-care. However, payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Facility-based respite cannot be participant-directed. Other forms of respite may be self-directed. The choice of the type of respite is dependent on the individual's living situation. Federal financial participation (FFP) will only be claimed for the cost of room and board when provided as part of respite care furnished in a facility licensed by the state.</td>
</tr>
<tr>
<td><strong>Respite Provider Eligibility</strong></td>
<td>For more information on becoming a provider go to: <a href="http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html">http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html</a></td>
</tr>
<tr>
<td><strong>Caregiver Eligibility</strong></td>
<td>Respite may be provided by a relative, but not a legal guardian or legally responsible person.</td>
</tr>
<tr>
<td><strong>Enrollment Limit</strong></td>
<td>9218: Year ending 6/30/2016</td>
</tr>
<tr>
<td><strong>How to Apply</strong></td>
<td>If you are interested in applying, you need to fill out a waiver application. Your DDS Area Office can help you. Find your Area Office here: <a href="http://www.dmr.state.ma.us/frmMain.asp">http://www.dmr.state.ma.us/frmMain.asp</a></td>
</tr>
<tr>
<td><strong>Contact Information</strong></td>
<td>Department of Developmental Services: Waiver Management Unit, 500 Harrison Avenue, Boston, MA 02118; Phone: (888) 367-4435 <a href="http://www.mass.gov/dds">www.mass.gov/dds</a></td>
</tr>
<tr>
<td><strong>Link to Waiver Application</strong></td>
<td>Link to application not available.</td>
</tr>
<tr>
<td><strong>Expiration Date</strong></td>
<td>06/30/2018</td>
</tr>
<tr>
<td><strong>Date of Last Update</strong></td>
<td>10/9/2015</td>
</tr>
</tbody>
</table>
Adult Supports Waiver (0828.R01.00)
State Operating Agency: The Department of Developmental Services, Executive Office of Health and Human Services

Description
The waiver provides community-based supports to individuals who have been determined through an assessment to require supports to reside successfully in the community. This includes individuals who live with family or in their own homes and who meet the level of care, but who have a strong natural or informal support system. Some participants may live in a home they manage and some may live with family and have significant behavioral, medical and/or physical supports. Individuals are able to live successfully in the community through the coordination of natural supports, Medicaid services, generic community resources, and the services made available through the waiver. For individuals who live outside of the family home, these services are necessary due to a lack of adequate natural supports or a sufficient array of community services to support their health and welfare in the community. The waiver provides a level of support to assist the individual to develop and acquire work skills or to provide assistance to the family/caregiver to coordinate natural supports, Medicaid services, generic community resources, and the services available. Individuals are able to live successfully in the community for individuals who reside with their families.

Waiver Type
1915(c)

Target Population
Eligibility
Individuals 22 years or older who are diagnosed with an Intellectual Disability.

Level of Care
Individuals require level of care available in an Intermediate Care Facility for the Mentally Retarded (ICF/MR).

Respite Services
Services are provided in either a licensed respite facility, in the home of the participant, in the family home, or in the home of an individual family provider to waiver participants who are unable to care for themselves. Services are provided on a short-term, overnight basis. Respite care may be made available to participants who receive other services on the same day, such as Group or Individual Supported Employment, Centered Based Work Supports or adult day-care. However, payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Facility-based respite cannot be participant-directed. Other forms of respite may be self-directed. The choice of the type of respite is dependent on the individual’s living situation.

Respite Provider
Eligibility
For more information on becoming a provider go to: http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html

Caregiver Eligibility
Respite may be provided by a relative, but not a legal guardian or legally responsible person.

Enrollment Limit
2980: Year ending 6/30/2016

How to Apply
If you are interested in applying, you need to fill out a waiver application. Your DDS Area Office can help you. Find your Area Office here: http://www.dmr.state.ma.us/frmMain.asp

Contact Information
Department of Developmental Services: Waiver Management Unit, 500 Harrison Avenue, Boston, MA 02118; Phone: (888) 367-4435 www.mass.gov/dds

Link to Waiver Application
Link to application is not available.

Expiration Date
06/30/2018

Date of Last Update
10/9/2015
Frail Elder Waiver (0059.R06.00)

State Operating Agency: Executive Office of Health and Human Services, Executive Office of Elder Affairs

Description
The waiver helps and maintains individuals to stay in a home setting. This avoids delays or shortens nursing facility stays. Additionally, the waiver provides cost effective alternatives to support elders’ care needs. Many individuals who are elderly and who are nursing facility eligible prefer to remain in their homes in the community when sufficient supports can be put into place. The waiver makes such supports available to individuals who are considered frail. The waiver also includes individuals with a variety of needs that can be met through supports that range from basic to intensive levels.

Waiver Type 1915(c)

Target Population-Eligibility
Individuals 60 years and older who have been determined through an assessment process to meet a nursing facility level of care and require supports to reside successfully in the community.

Level of Care
Individuals require level of care available in a Nursing Facility (NF).

Respite Services
Respite is provided on a short-term basis to participants who are unable to care for themselves due to the absence or need for relief of those persons who normally provide care. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for an individual. In addition to respite care is provided in the individual’s home or private place of residence. Respite Care services may be provided in an Adult Foster Care Program (personal care services in a family-like setting), in a hospital (licensed acute care medical/surgical hospital beds), in a rest home (residential care for clients in a supervised, supportive and protective environment), in a skilled nursing home (rehabilitative services such as physical, occupational, speech therapy, assistance with activities of daily living such as eating, dressing, toileting and bathing), in an assisted living residence (personal care services), in an adult day health program (program of health care and supervision, restorative services, socialization for elders who require skilled services or physical assistance with activities of daily living, nutrition, and personal care services), in an adult foster care program.

Respite Provider Eligibility
For more information on becoming a provider go to: http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html

Caregiver Eligibility
Respite may be provided by a relative, but not a legal guardian or legally responsible person.

Enrollment Limit 19,133: Year ending 12/31/2015

How to Apply
For information on how to apply as well as any other information about programs and services please contact your local Massachusetts Aging Service Access Points (ASAP’s) which you can find here: http://www.seniorconnection.org/aaa_asap.htm

Contact Information
Executive Office of Elder Affairs, One Ashburton Place, Fifth floor, Boston, Massachusetts 02108 Phone: (617)-727-7750, (800)-243-4636 (nationwide), or (800)-872-0166 (TTY). Or visit our website at http://www.mass.gov/elders/ or call 1-800-AGE-INFO.

Link to Waiver Application
Link to application not available.

Expiration Date 12/31/2018

Date of Last Update 10/9/2015
TBI (Traumatic Brain Injury) Waiver (0359.R03.00)
State Operating Agency: Massachusetts Rehabilitation Commission (MRC)

Description
This program allows individuals with TBI to stay in their homes or other community settings if supports can be put in place to maintain them safely in that setting. This program supports the choice of participants to remain in the community and provides services to help avoid or delay institutional placement. Waiver Services are provided according to an Individual Service Plan (ISP) developed based on person-centered principles with the Waiver participant. Individual waiver services are authorized according to the ISP and delivered through qualified contracted direct service providers.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals who have a brain injury and are 18 years old or older. In this waiver, traumatic brain injury or TBI refers to brain damage resulting from: a blunt blow to the head; a penetrating head injury; crush injury resulting in compression to the brain; severe whiplash causing internal damage to the brain; or head injury secondary to an explosion. Brain damage secondary to other neurological insults (e.g. infection of the brain, stroke, anoxia, brain tumor, Alzheimer’s Disease and similar neuron-degenerative diseases) is not considered to be a traumatic brain injury.

Level of Care
Individuals require level of care available in a hospital or nursing facility (NF).

Respite Services
Waiver services are provided to participants unable to care for themselves on a short-term basis because of the absence or need for relief of those who normally provide care for the participant. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for a participant in efforts to strengthen the informal support system. Respite may be provided in these locations: Respite in an Adult Foster Care Program provides personal care services in a family-like setting. A provider must meet the requirements set forth by MassHealth and must contract with MassHealth as an AFC provider; Respite in a Hospital is provided in licensed acute care medical/surgical hospital beds that have been approved by the Department of Public Health; Respite in a Skilled Nursing Facility provides skilled nursing care; rehabilitative services such as physical, occupational, and speech therapy; and assistance with activities of daily living such as eating, dressing, toileting and bathing. A nursing facility must be licensed by the Department of Public Health; Respite in an Assisted Living Residence provides personal care services by an entity certified by the Executive Office of Elder Affairs; Respite provided in respite facilities that are licensed by the Department of Developmental Disabilities. Respite services provided in an Adult Foster Care Program, Hospital, Skilled Nursing Facility, respite facilities, or Assisted Living Residence may include the costs of room and board.

Respite Provider Eligibility
For more information on becoming a provider go to: http://www.mass.gov/eohhs/provider/insurance/masshealth/provider-enrollment/enrollment.html

Caregiver Eligibility
Respite may be provided by a relative but not legal guardian or legally responsible person.

Enrollment Limit
100: Year ending in 06/30/2016.

How to Apply
For information on how to apply for the TBI Waiver contact: UMass ABI Waiver Unit: Phone: 1-866-281-5602 E-mail: ABlinfo@umassmed.edu

Contact Information
The Massachusetts Rehabilitation Commission Administrative Offices, 600 Washington Street, Boston, MA 02111 Phone: 1-800-245-6543 (Voice/TDD) or (617) 204-3600 or Contact MassHealth Waiver Information at 1-866-281-5602

Link to Waiver Application
Link to application not available.

Expiration Date
06/30/2019

Date of Last Update
09/16/2015
### Description
The waiver provides community integration, expanded habilitation/education, homemaker, respite, assistive technology, behavioral supports and consultation, family training, home modifications and adaptations, individual good and services, OT (occupational therapy), PT (physical therapy), speech therapy, and vehicle modifications. The waiver helps ensure individuals can remain in their homes and actively participate with their families and community.

### Waiver Type
1915(c)

### Target Population- Eligibility
Children, up to the maximum age of eight years old, diagnosed on the Autism Spectrum. This includes individuals diagnosed with Rett’s Syndrome, Childhood Disintegrative Disorder, Pervasive Developmental Disorder-Not Otherwise Specified, and Asperger’s Syndrome.

### Level of Care
Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

### Respite Services
The waiver provides services to participants unable to care for themselves that are furnished on a short-term basis due to the absence or need for relief of those persons who normally provide care for the participant. The services are either provided in the home of the participant or in the home of an individual care provider. Respite care may be available to participants who receive other services on the same day such as Expanded Habilitation, Education, but payment will not be made for respite at the same time when other services that include care and supervision are provided.

### Respite Provider Eligibility
Information on becoming a provider of services: [http://www.mass.gov/eohhs/docs/dmr/awp/autism-waiver-provider-flyer.rtf](http://www.mass.gov/eohhs/docs/dmr/awp/autism-waiver-provider-flyer.rtf)

### Caregiver Eligibility
Respite may be provided by a relative, but not a legal guardian or legally responsible person.

### Enrollment Limit

### How to Apply
Open enrollment process beginning October 16, 2015-October 30, 2015; following these dates contact 1-888-367-4435 or email AutismDivision@state.ma.us for more information on other enrollment periods.

### Contact Information
The Executive Office of Health and Human Services, Department of Developmental Services

### Link to Waiver Application
Renewal application not available.

### Expiration Date
9/30/2020, renewal application not available.

### Date of Last Update
10/2/2015

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Home and Community-Based 1915(c) Medicaid Waivers for Respite Support - 2015
ARCH National Respite Network and Resource Center
www.archrespite.org
Money Follows the Person (MFP) Community Living (1027.R00.00)

State Operating Agency: The Massachusetts Rehabilitation Commission (MRC)

Description

The goal of this waiver is to transition MFP qualified Medicaid-eligible persons from nursing facilities, chronic or rehabilitation hospitals and psychiatric hospitals to MFP qualified community settings and to furnish home or community-based services to the waiver participants following their transition from the medical facility setting. Case Management for the MFP-CL waiver will be provided by contracted case management entities. These entities will be responsible for clinical determination of eligibility, level of care redetermination, participant needs assessment, service plan development and service authorization activities. MFP-CL waiver services will be provided pursuant to an Individualized Service Plan (ISP) that is developed with the Waiver participant through a person-centered planning process. The ISP will be developed by an interdisciplinary team that is coordinated by the Case Manager and includes the participant, his/her guardian if any, relevant waiver service providers, other persons as chosen by the applicant and other appropriate professionals. The ISP planning process will determine what MFP-CL waiver services and supports are needed to support the waiver participant to live safely in the community. Services provided by this waiver include: home health aide, homemaker, personal care, prevocational services, respite, supported employment, addiction services, adult companion, chore, community crisis stabilization, community family training, community psychiatric support and treatment, day services, home accessibility adaptations, independent living supports, individual support and community habilitation, medication administration, OT (occupational therapy), peer support, PT (physical therapy), shared home supports, skilled nursing, specialized medical equipment, speech therapy, supportive home care aide, transportation, and vehicle modifications. This waiver will be operated concurrently with a 1915(b) MFP Behavioral Health Waiver in order to provide access to managed behavioral health services to physically disabled or elderly waiver participants with concurrent behavioral health needs.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c)</th>
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<tbody>
<tr>
<td>Target Population-Eligibility</td>
<td>Individuals who are age 65 and older or Individuals 18-64 who are disabled.</td>
</tr>
<tr>
<td>Level of Care</td>
<td>Individuals require level of care available in a hospital or nursing facility (NF).</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite services provided to participants unable to care for themselves that are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for a Participant in efforts to strengthen or support the informal support system. Respite Care services may be provided in the following locations: Respite Care in an Adult Foster Care Program provides personal care services in a family-like setting. A provider must meet the requirements set forth by MassHealth and must contract with MassHealth as an AFC provider; Respite Care in a Hospital is provided in licensed acute care medical/surgical hospital beds that have been approved by the Department of Public Health; Respite Care in a Skilled Nursing Facility provides skilled nursing care; rehabilitative services such as physical, occupational, and speech therapy; and assistance with activities of daily living such as eating, dressing, toileting and bathing. A nursing facility must be licensed by the Department of Public Health; Respite Care in a Rest Home provides a supervised, supportive and protective living environment and support services. Rest Homes must be licensed by the Department of Public Health; Respite Care in an Assisted Living Residence provides personal care services by an entity certified by the Executive Office of Elder Affairs; Respite care in the home of a Community Respite Provider home which provides personal care services in a home like setting. Provider must meet the site based requirements for respite of the Department of Developmental Services (DDS); Respite care in DDS Licensed Respite Facilities provides care and supervision in a setting licensed by the Department of Developmental Services. Federal financial participation will only be claimed for the cost of room and board when provided as part of respite care furnished in a facility approved by the State that is not a private residence.</td>
</tr>
<tr>
<td><strong>Respite Provider Eligibility</strong></td>
<td>To become a provider contact: UMass Provider Network Administration Unit via Phone: 1-855-300-7058 or E-mail: <a href="mailto:ProviderNetwork@umassmed.edu">ProviderNetwork@umassmed.edu</a></td>
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<tr>
<td><strong>Caregiver Eligibility</strong></td>
<td>Respite may be provided by a relative but not a legal guardian or legally responsible person.</td>
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<tr>
<td><strong>Enrollment Limit</strong></td>
<td>350: Year ending in 03/31/2016</td>
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<tr>
<td><strong>Contact Information</strong></td>
<td>For further information about how to apply for the Community Services Waiver call: MassHealth Customer Service Center at 1-800-841-2900</td>
</tr>
<tr>
<td><strong>Link to Waiver Application</strong></td>
<td>Link to application not available.</td>
</tr>
<tr>
<td><strong>Expiration Date</strong></td>
<td>03/31/2018</td>
</tr>
<tr>
<td><strong>Date of Last Update</strong></td>
<td>09/16/2015</td>
</tr>
</tbody>
</table>