NEW MEXICO

The New Mexico Human Services Department (HSD)
P.O. Box 2348
Santa Fe, NM 87504-2348
http://www.hsd.state.nm.us/default.aspx

Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

NM Developmental Disabilities (DD) Waiver

Provides case management, community integrated employment, customized community supports, living supports, personal support, respite, nutritional counseling, occupational therapy (OT) for adults, physical therapy (PT) for adults, speech and language therapy for adults, supplemental dental care, adult nursing, assistive technology, behavior support consultation, crisis support, customized in-home supports, environmental mods, independent living transition, intensive medical living supports, non-medical transportation, personal support technology/on-site response, preliminary risk screening and consultation related to inappropriate sexual behavior, socialization and sexuality education for individuals with autism, intellectual disabilities (IID), and developmental disabilities (DD) ages 0 - no max age

NM Mi Via – ICF/MR Waiver

Provides consultant/support guide, customized community supports, employment supports, homemaker/direct support services, respite, home health aide services, skilled therapy for adults, personal plan facilitation, assisted living, behavior support consultation, community direct support, customized in-home living supports, emergency response services, environmental modifications, nutritional counseling, private duty nursing for adults, related goods, specialized therapies, transportation for individuals with autism, developmental disabilities (DD), and intellectual disabilities (IID) ages 0 - no max age

NM Medically Fragile Waiver

Provides case management, home health aide, respite, nutritional counseling, skilled therapy for adults, behavior support consultation, private duty nursing, specialized medical equipment and supplies for medically fragile individuals ages 0 - no max age
**NM Developmental Disabilities (DD) Waiver (0173.R05.00)**

**State Operating Agency:** Department of Health, Developmental Disabilities Supports Division (DOH/DDSD)

### Description
The purpose of the program is to provide assistance to individuals who require long-term supports and services so that they may remain in the family residence, in their own home or small community living residences. The services provided by this waiver include: case management, community integrated employment, customized community supports, living supports, personal support, respite, nutritional counseling, occupational therapy (OT) for adults, physical therapy (PT) for adults, speech and language therapy for adults, supplemental dental care, adult nursing, assistive technology, behavior support consultation, crisis support, customized in-home supports, environmental mods, independent living transition, intensive medical living supports, non-medical transportation, personal support technology/on-site response, preliminary risk screening and consultation related to inappropriate sexual behavior, and socialization and sexuality education.

### Waiver Type
1915(c)

### Target Population - Eligibility
Individuals of any age who are diagnosed with: autism, developmental disabilities, and/or an intellectual disability prior to their 22 birthday. Waiver Services are intended for individuals who have developmental disabilities limited to Mental Retardation (MR) or a Specific Related Condition as determined by the Department of Health/Developmental Disabilities Supports Division.

### Level of Care
The level of care that an individual requires is the care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)

### Respite Services
Respite is a flexible family support service furnished on a short-term basis to provide support to the individual and give the primary, unpaid caregiver relief and time away from his/her caregiving duties. Respite includes: assisting with routine activities of daily living (e.g., bathing, toileting, preparing or meal preparation and eating), enhancing self-help skills, providing opportunities for play and other recreational activities; assisting to enhance self-help skills, leisure time skills and community and social awareness; providing opportunities for community and neighborhood integration and involvement; and providing opportunities for the individual to make his/her own choices regarding daily activities. Respite may be provided in the individual’s home, provider’s home, a community setting of the family’s choice (e.g. community center, swimming pool, and park); or a center with others receiving care.

### Respite Provider Eligibility

### Caregiver Eligibility
Respite may not be provided by a: legally responsible person, relative, or legal guardian.

### Enrollment Limit
4306: Year Ending 06/30/2016

### How to Apply

### Contact Information
DDSD Toll Free Telephone: 1-877-696-1472; Primary DDSD Telephone: 1-505-476-8973; Human Services Department’s Medical Assistance Division (MAD) at (505) 827-3100

### Link to Waiver Application
Link to application unavailable.

### Expiration Date
06/30/2016 - However in 2019 this waiver will be rolled into the Centennial Care program. Information on Centennial Care can be found here: [http://www.hsd.state.nm.us/Centennial_Care.aspx](http://www.hsd.state.nm.us/Centennial_Care.aspx)

### Date of Last Update
12/08/2015
The goal of this waiver is to provide a community-based alternative to institutional care that facilitates greater participant choice, direction and control over services and supports. Participants are offered a multi-faceted education program, including information, tools, training and support, in order to make informed choices and to plan, direct and manage their services and supports.

The services provided by this waiver include: consultant/support guide, customized community supports, employment supports, homemaker/direct support services, respite, home health aide services, skilled therapy for adults, personal plan facilitation, assisted living, behavior support consultation, community direct support, customized in-home living supports, emergency response services, environmental modifications, nutritional counseling, private duty nursing for adults, related goods, specialized therapies, and transportation.

### Waiver Type
1915(c)

### Target Population - Eligibility
Individuals of any age who are diagnosed with autism, developmental disabilities (DD), and/or intellectual disabilities, and related conditions limited to cerebral palsy, autism (including Asperger syndrome), seizure disorder, chromosomal disorders (e.g., Downs), syndrome disorders, inborn errors of metabolism, and developmental disorders of brain formation. The renewed waiver also includes eligibility categories “Aged or Disabled, or Both” and Specific Recognized Subgroups such as: Medically Fragile (minimum age 0; no maximum age limit). Participant must be able to self-direct their services.

### Level of Care
The level of care that an individual requires is the care available in an Intermediate Care Facility for Persons with Mental Retardation (ICF/MR)

### Respite Services
Respite is a flexible family support service, the primary purpose of which is to provide support to the participant and give the primary caregiver time away from his/her duties. Respite Services include assistance with routine activities of daily living (e.g., bathing, toileting, preparing or assisting with meal preparation and eating), enhancing self-help skills, and providing opportunities for leisure, play and other recreational activities; assisting the participant to enhance self-help skills, leisure time skills and community and social awareness; providing opportunities for community and neighborhood integration and involvement; and providing opportunities for the participant to make his/her own choices with regard to daily activities. Respite services are furnished on a short-term basis and can be provided in the participant’s home, the provider’s home, in a community setting of the family’s choice (e.g., community center, swimming pool, and park) or at a center in which other individuals are provided care.

### Respite Provider Eligibility
Respite services may be provided by eligible homemaker and companion providers; licensed registered or licensed practical nurses; or hospital, nursing facility or intermediate care facility for the mentally retarded (ICF/MR), as appropriate. Additionally, workers must: Be 18 years of age or older; Demonstrate capacity to perform required tasks; Be able to communicate successfully with the participant; and pass a criminal background check and abuse registry screen. More information about provider eligibility and enrollment can be found here: [http://archive.nmhealth.org/ddsd/providerinformation/providerinfopg1.htm](http://archive.nmhealth.org/ddsd/providerinformation/providerinfopg1.htm).

Then go to the application for provider enrollment here: [http://archive.nmhealth.org/ddsd/providerinformation/ProviderEnrollmentApplicationPage.htm](http://archive.nmhealth.org/ddsd/providerinformation/ProviderEnrollmentApplicationPage.htm).

### Caregiver Eligibility
Respite may be provided by the legally responsible person, relative or legal guardian. A legally responsible individual (parent of a minor child and spouse) may be paid to provide Mi Via Waiver services under extraordinary circumstances in order to insure the participant’s health and welfare and avoid institutionalization. Extraordinary circumstances include the inability of the legally responsible person to find other qualified, suitable caregivers when the legally responsible individual would otherwise be absent from the home and, thus, must stay at home to ensure the participant’s health and safety.
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<table>
<thead>
<tr>
<th>Enrollment Limit</th>
<th>Renewal application approved for another five years but does not go into effect until 03/30/2016. 879: Year ending 3/30/2017</th>
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<tbody>
<tr>
<td>How to Apply</td>
<td>If you are not yet in a Waiver program, you have to register for services with the DOH/DDSD Intake and Eligibility Unit at (505)-841-5552. Otherwise, contact your regional office which is found on the Mi Via website <a href="http://archive.mivianm.org/about.htm">http://archive.mivianm.org/about.htm</a>.</td>
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<tr>
<td>Contact Information</td>
<td>Contact: DDSD at 505-841-6523; or General Information: 505-841-5511 or 505-841-2917</td>
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<tr>
<td>Link to Waiver Application</td>
<td>Link to application unavailable</td>
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<td>Date of Last Update</td>
<td>11/10/2015</td>
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NM Medically Fragile Waiver (0223.R04.00)
State Operating Agency: Department of Health, Developmental Disabilities Supports Division (DOH/DDSD)

Description
The purpose of this waiver is to help individuals who have a medically fragile condition and a developmental disability or are developmentally delayed or at risk for developmental delay and meet ICF/MR with conditions that require frequent and ongoing medical supervision out of institutions. The services provided by this waiver include: case management, home health aide, respite, nutritional counseling, skilled therapy for adults, behavior support consultation, private duty nursing, and specialized medical equipment and supplies. Each participant receives services as indicated on an Individual Service Plan (ISP) which are overseen by the case management agency. This waiver program uses traditional service delivery methods.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals of any age who: Have been diagnosed as medically fragile before reaching the age of 22. Have been diagnosed with a developmental disability/mental retardation, or specific related condition: Cerebral palsy, Autism, Seizure disorder, Chromosomal disorders, Syndrome disorders, Inborn errors of metabolism, developmental disorders of brain formation, and meet financial eligibility.

Level of Care
The level of care that an individual requires is the care available in an Intermediate Care Facility for the Mentally Retarded (ICF/MR)

Respite Services
Respite services are provided to participants unable to care for themselves that are furnished on a short-term basis to allow the primary caregiver a limited leave of absence in order to reduce stress, accommodate caregiver illness, or meet a sudden family crisis or emergency. By permitting the caregiver a specific and limited break from the daily routine of providing care, burnout is avoided and the primary caregiver receives a source of support and encouragement to continue home care services. Respite may be provided in the following locations: participant’s home or private place of residence, the private residence of a respite care provider, specialized foster care home, Medicaid certified hospital, Medicaid certified nursing facility, or a Medicaid certified ICF/MR. The participant and/or participant representative has the option and gives final approval of where the respite services are provided. The institution(s) and agency(s) are required to coordinate all services with the participant and/or the participant representative. Respite services include: medical and non-medical health care; personal care bathing; showering; skin care; grooming; oral hygiene; bowel and bladder care; catheter and supra-pubic catheter care; preparing or assisting in preparation of meals and eating; as appropriate, administering enteral feedings; providing home management skills; changing linens; making beds; washing dishes; shopping; errands; and calls for maintenance; assisting with enhancing self-help skills; promoting use of appropriate interpersonal communication skills and language; working independently without constant supervision/observation; providing body positioning, ambulation and transfer skills; arranging for transportation to medical or therapy services; assisting in arranging health care needs and follow-up as directed by the primary care giver, physician, and case manager; ensuring the health and safety of the recipient at all times.

Respite Provider Eligibility

Caregiver Eligibility
Respite may not be provided by a: legally responsible person, relative, or legal guardian.

Enrollment Limit
Open enrollment at any time. Currently going through the renewal process.

Home and Community-Based 1915(c) Medicaid Waivers for Respite Support - 2015
ARCH National Respite Network and Resource Center
www.archrespite.org
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<tr>
<th><strong>How to Apply</strong></th>
<th>Contact the Medically Fragile Waiver Program at: 505-841-2913 to complete an application over the phone.</th>
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<td>DDSD Toll Free Telephone: 1-877-696-1472; Primary DDSD Telephone: 1-505-476-8973</td>
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