Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**PA Adult Autism Waiver (0593.R02.03)**
Provides day habilitation, residential habilitation, respite, supported employment, supports coordination, therapies, assistive technology, career planning, community transition services, family support, home modifications, nutritional consultation, specialized skill development, temporary supplemental services, transitional work services, and vehicle modifications for individuals age 21 and older diagnosed with autism.

**PA Consolidated Waiver (0147.R06.03)**
Provides community participation support, education support services, homemaker/chore, in-home and community support, residential habilitation, respite, supported employment, supports coordination, specialized supplies, therapy services, supports broker services, advanced supported employment, assistive technology, behavioral support, benefits counseling, communication specialist, companion, consultative nutritional services, family/caregiver training and support, home accessibility adaptations, housing transition and tenancy sustaining services, life sharing, music therapy, art therapy and equine assisted therapy, shift nursing, small group employment, supported living, transportation, vehicle accessibility adaptations for individuals with autism of any age, individuals with developmental disabilities (DD) ages 0-8, and individuals with intellectual disabilities (ID) of any age.

**PA Person/Family Directed Support Waiver (0354.R04.03)**
Provides community participation support, education support services, homemaker/chore, in-home and community support, respite, supported employment, supports coordination, specialized supplies, therapy services, supports broker services, advanced supported employment, assistive technology, behavioral support, benefits counseling, communication specialist services, companion, consultative nutritional services, family/caregiver training and support, home accessibility adaptations, housing transition and tenancy sustaining service, music therapy, art therapy and equine assisted therapy, participant-directed goods and services, shift nursing, small group employment, transportation, vehicle accessibility adaptations for individuals with autism of any age, individuals with developmental disabilities (DD) ages 0-8, and individuals with intellectual disabilities (ID) of any age.

**PA Home and Community Based Care Waiver (HCBW) for Individuals Aged 60 & Over (Aging Waiver) (0279.R05.00)**
Provides adult daily living services, personal assistance services, respite, service coordination, counseling services, home health aide, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, assistive technology, community transition services, home adaptations, home delivered meals, non-medical transportation, nutritional consultation services, participant-directed community supports, participant-directed goods and services, personal emergency response service (PERS), telecare for individuals ages 65 as well as individuals ages 60-64 diagnosed with physical disabilities.
PA Community HealthChoices (Formerly COMMCARE) Waiver (0386.R03.10)

Provides adult daily living, employment skills development, job coaching, personal assistance services, residential habilitation, respite, service coordination, structured day habilitation services, supported employment, behavior therapy, counseling services, home health aide services, home health services, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, therapeutic and counseling services, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy services, community integration, community transition services, home adaptations, home delivered meals, job finding, non-medical transportation, nutritional consultation, participant-directed community supports, participant-directed goods and services, personal emergency response system (PERS), pest eradication, prevocational services, telecare, vehicle modifications for aged 65 and over and individuals w/physical disabilities age 21-64.

PA Independence Waiver (0319.R04.08)

Provides adult daily living, employment skills development, job coaching, personal assistance services, residential habilitation, respite, service coordination, structured day habilitation, supported employment, behavior therapy services, counseling services, home health, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy services, community integration, community transition services, home adaptations, job finding, non-medical transportation, nutritional consultation services, personal emergency response (PERS), therapeutic and counseling services, vehicle modifications for individuals with physical disabilities ages 18 – 59 years old.

PA OBRA Waiver (0235.R05.07)

Provides adult daily living, employment skills development, job coaching (intensive and extended follow-along), personal assistance services, residential habilitation services, respite, service coordination, structured day habilitation services, behavior therapy services, nursing services, occupational therapy, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy services, community integration, community transition services, counseling services, home adaptations, job finding, non-medical transportation, nutritional consultation services, personal emergency response system, prevocational services, supported employment, vehicle modifications for individuals ages 18-59 diagnosed with developmental disabilities.

PA Community Living Waiver (1486.R00.02)

Provides community participation support, education support services, homemaker/chore, in-home and community support, life sharing, respite, supported employment, supports coordination, specialized supplies, therapy services, supports broker service, advanced supported employment, assistive technology, behavioral support, benefits counseling, communication specialist services, companion, consultative nutritional services, family/caregiver training and support, home accessibility adaptations, housing transition and tenancy sustaining service, music therapy, art therapy and equine assisted therapy, participant-directed goods and services, shift nursing, small group employment, supported living, transportation, vehicle accessibility adaptations for individuals with autism and ID ages 0 - no max age, and individuals w/DD ages 0-8
The Pennsylvania Adult Autism Waiver is designed to provide community-based services and supports to assist participants in leading successful, happy, and safe lives in the community. Individuals work with a Supports Coordinator to develop an Individual Support Plan. The waiver offers only agency-managed services; it does not offer participant-directed services at this time. The services provided by this waiver include: day habilitation, residential habilitation, respite, supported employment, supports coordination, therapies, assistive technology, career planning, community transition services, family support, home modifications, nutritional consultation, specialized skill development, temporary supplemental services, transitional work services, vehicle modifications.

**Waiver Type** 1915(c)

**Target Population-Eligibility** Individuals 21 years and older diagnosed with autism or Autism Spectrum Disorder (ASD). Also must have been diagnosed before age 22 and have substantial functional limitations in three or more major life activities as a result of ASDs and/or other developmental disabilities that are likely to continue indefinitely: self-care, receptive and expressive language, learning, mobility, self-direction and/or capacity for independent living.

**Level of Care** Individuals require level of care available in an Intermediate Care Facility for individuals with Intellectual Disabilities (ICF/IID) including the subcategories of Intermediate Care Facility for Persons with Other Related Conditions (ICF/ORC), and Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services** Respite provides planned or emergency short-term relief to a participant’s unpaid caregiver when the caregiver is temporarily unavailable to provide supports due to non-routine circumstances. Respite may be delivered in: the participant’s home, an unlicensed home controlled by a provider or a private home of staff of a Respite provider, a Family Living home, a Community Home, or general public community settings. Respite services facilitate the participant’s social interaction, use of natural supports and typical community services available to all people, and participation in volunteer activities. This service includes activities to improve the participant’s capacity to perform activities of daily living (i.e., bathing, dressing, eating, mobility, and using the toilet) and instrumental activities of daily living (i.e., communication, survival skills, cooking, housework, shopping, money management, time management, and use of transportation). Respite includes on-site modeling of behavior, behavior support, intensive behavior episode intervention, training, cueing, and/or supervision. To the degree possible, the respite provider must maintain the participant’s schedule of activities. Respite services are not available to people who receive Residential habilitation. Respite services may not be provided at the same time that Community Support, Day Habilitation, Supported Employment, or Transitional Work Services is provided. Respite services when provided outside the home include room and board. Respite services are provider managed.

**Respite Provider Eligibility** For provider information: [http://www.dhs.pa.gov/provider/waiverinformation/adultautismwaiver/index.htm](http://www.dhs.pa.gov/provider/waiverinformation/adultautismwaiver/index.htm)

**Caregiver Eligibility** Respite may not be provided by the Legally Responsible Person, relative, or Legal Guardian.

**Enrollment Limit** 668: Year ending 06/30/2021

**How to Apply** To request an application over the phone, call toll-free (866) 539-7689. To request an application online, visit the Information Referral Tool (IRT): [http://www.dhs.pa.gov/irt](http://www.dhs.pa.gov/irt)

**Contact Information** Bureau of Autism Services: (866) 539-7689, email ra-odpautismwaiver@pa.gov, or visit [http://www.dhs.pa.gov/citizens/autismservices/adultautismwaiver/index.htm](http://www.dhs.pa.gov/citizens/autismservices/adultautismwaiver/index.htm)
<table>
<thead>
<tr>
<th>Medicaid Waivers for Respite Support – 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARCH National Respite Network and Resource Center</td>
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<tr>
<td>Expiration Date</td>
<td>06/30/2021</td>
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<tr>
<td>Date of Last Update</td>
<td>06/14/2019</td>
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</tbody>
</table>
PA Consolidated Waiver (0147-R06.03)

State Operating Agency: Pennsylvania Department of Human Services (DHS), Office of Developmental Programs (ODP)

**Description**
The Consolidated Waiver has been developed to emphasize deinstitutionalization, prevent or minimize institutionalization and provide an array of services and supports in community integrated settings. The Consolidated Waiver is designed to support consumers to live more independently in their homes and communities and to provide a variety of services that promote community living, including participant directed service models and traditional agency-based service models.

The services provided by this waiver include: community participation support, education support services, homemaker/chore, in-home and community support, residential habilitation, respite, supported employment, supports coordination, specialized supplies, therapy services, supports broker services, advanced supported employment, assistive technology, behavioral support, benefits counseling, communication specialist, companion, consultative nutritional services, family/caregiver training and support, home accessibility adaptations, housing transition and tenancy sustaining services, life sharing, music therapy, art therapy and equine assisted therapy, shift nursing, small group employment, supported living, transportation, and vehicle accessibility adaptations.

**Waiver Type**
1915(c)

**Target Population-Eligibility**
Individuals of any age with autism or intellectual disabilities (ID), and individuals with developmental disabilities (DD) ages 0-8. Individuals with DD will be reevaluated before their 9th birthday in order to continue receiving services after this age.

Individuals who are residents of licensed Personal Care Homes are excluded from enrollment in the Consolidated Waiver.

**Level of Care**
Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**
Respite Services are direct services that are provided to supervise and support participants living in private homes on a short-term basis due to the absence or need for relief of those persons normally providing care in planned or emergency situations. Respite Services do not cover the care provided to a minor child when the primary caregiver or legally responsible individual is absent due to work. To the degree possible, the respite provider must maintain the participant’s schedule of activities including activities that allow participation in the community. Respite Services may only be provided in the following location(s):
- Participant’s private home or place of residence
- Licensed Family Living Home, Licensed Community Home
- Licensed Child Residential Service Home
- Licensed Community Residential Rehabilitation Services for the Mentally Ill Home, Unlicensed Life Sharing Home, Unlicensed Private Home, and Other community settings such as camp where the setting meets applicable state or local codes. During temporary travel, respite services may be provided in other locations as per the ODP travel policy. Respite services may not be provided in Hospitals, Personal Care Homes or public ICF/IIDs.

Participants can receive two categories of Respite services in private homes: Day respite and 15-minute respite. Day respite in private homes must be provided for periods of more than 16 hours, and 15-minute respite in private homes is provided for periods of 16 hours or less in 15 minute units. Only Day Respite is authorized in Residential Habilitation settings, Life Sharing settings, private ICF/IIDs and licensed nursing homes.

Participants authorized to receive either form of Respite services may not receive the following services at the same time: Companion, In-Home and Community Supports, Shift Nursing, Residential Habilitation, and Supported Living. Participants authorized to receive 15-minute unit Respite services may not receive the following services at the same time: Community Participation Support; Small Group Employment; Supported Employment; Advanced Supported Employment; Education Support; Music, Art and Equine Assisted Therapy and Consultative Nutritional Services.

Respite services are limited to 30 units of day respite per participant in a period of one fiscal year and 480 units of 15-minute unit respite per participant in a period of one fiscal year.

Respite services may be participant-directed, or provider managed.
<table>
<thead>
<tr>
<th>Respite Provider Eligibility</th>
<th>For information on becoming a provider, go to Pennsylvania’s DHS website: <a href="http://www.dhs.pa.gov/provider/more/index.htm">http://www.dhs.pa.gov/provider/more/index.htm</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may not be provided by a legally responsible person, but may be provided by a relative or legal guardian.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>18881: Year ending 06/30/2022</td>
</tr>
</tbody>
</table>
| How to Apply               | To apply, contact your local county Mental Health/Intellectual Disabilities (MH/ID) program office: [http://pafamiliesinc.org/understanding-systems/intellectual-disabilities/intellectual-developmental-disabilities-county-contact-information-for-pennsylvania](http://pafamiliesinc.org/understanding-systems/intellectual-disabilities/intellectual-developmental-disabilities-county-contact-information-for-pennsylvania)  
The county MH/ID offices serve as a referral source and most services are delivered by local agencies under contract with the county office. |
| Contact Information        | Pennsylvania Department of Human Services, Office of Developmental Programs:  
(717) 787-3700  
Intellectual Disabilities Customer Service Line: toll free at 1-888-565-9435 |
| Expiration Date            | 06/30/2022                                                                                    |
| Date of Last Update        | 06/14/2019                                                                                    |
Description
The P/FDS Waiver has been developed to emphasize deinstitutionalization, prevent or minimize institutionalization and provide an array of services and supports in community-integrated settings. The P/FDS Waiver is designed to support consumers to live more independently in their homes and communities and to provide a variety of services that promote community living, including participant directed service models and traditional agency-based service models. The services provided by this waiver include: community participation support, education support, homemaker/chore, in-home and community support, respite, supported employment, supports coordination, specialized supplies, therapy services, supports broker services, advanced supported employment, assistive technology, behavioral support, benefits counseling, communication specialist services, companion, consultative nutritional services, family/caregiver training and support, home accessibility adaptations, housing transition and tenancy sustaining service, music therapy, art therapy and equine assisted therapy, participant-directed goods and services, shift nursing, small group employment, transportation, and vehicle accessibility adaptations.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals of any age with autism or intellectual disabilities (ID), and individuals with developmental disabilities (DD) ages 0-8. Individuals with DD will be reevaluated before their 9th birthday in order to continue receiving services after this age.
Individuals residing in licensed and unlicensed residential habilitation settings (including Community Homes for Individuals with Intellectual Disabilities, Family Living Homes, Child Residential Facilities, and Community Residential Rehabilitation Services) and individuals in licensed Personal Care Homes with eleven (11) or more residents are excluded from enrollment.

Level of Care
Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services
Respite Services are direct services provided on a short-term basis due to the absence or need for relief of those persons normally providing care in planned or emergency situations. Respite Services do not cover the care provided to a minor child when the primary caregiver or legally responsible individual is absent due to work. To the degree possible, the respite provider must maintain the participant’s schedule of activities including activities that allow participation in the community. Respite Services may be provided in the following location(s): Participant’s private home or place of residence, licensed Family Living Home, licensed Community Home, licensed Child Residential Service Home, licensed Community Residential Rehabilitation Services for the Mentally Ill Home, unlicensed Life Sharing Home, unlicensed Private Home, and other community settings such as camp where the setting meets applicable state or local codes. During temporary travel, respite services may be provided in other locations as per the ODP travel policy. Respite services may not be provided in Hospitals, Personal Care Homes or public ICF/IIDs.
Participants can receive two categories of Respite in private homes: Day respite and 15-minute respite. Day respite in private homes must be provided for periods of more than 16 hours, and 15-minute respite in private homes is provided for periods of 16 hours or less in 15 minute units. Only Day Respite is authorized in Residential Habilitation or Life Sharing settings, private ICF/IIDs and licensed nursing homes.
Participants authorized to receive either form of Respite services may not receive the following services at the same time: Companion, In-Home and Community Supports, and Shift Nursing. Participants authorized to receive 15-minute unit Respite services may not receive the direct portion of the following services at the same time: Community Participation Support; Small Group Employment; Supported Employment; Advanced Supported Employment; Education Support; Music, Art and Equine Assisted Therapy and Consultative Nutritional Services. Respite services are limited to: 30 units of day respite per participant in one fiscal year, and 1440 units of 15-minute unit respite per participant in a period of one fiscal year. Respite services may be participant-directed or provider managed.
**Respite Provider Eligibility**
For information on becoming a provider, go to Pennsylvania’s DHS website: [http://www.dhs.pa.gov/provider/more/index.htm](http://www.dhs.pa.gov/provider/more/index.htm)

**Caregiver Eligibility**
Respite may not be provided by a legally responsible person, but may be provided by a relative or legal guardian.

**Enrollment Limit**
14200: Year ending 06/30/2022.

**How to Apply**
To apply, contact your local county Mental Health/Intellectual Disabilities (MH/ID) program office: [http://pafamiliesinc.org/understanding-systems/intellectual-disabilities/intellectual-developmental-disabilities-county-contact-information-for-pennsylvania](http://pafamiliesinc.org/understanding-systems/intellectual-disabilities/intellectual-developmental-disabilities-county-contact-information-for-pennsylvania)

The county MH/ID offices serve as a referral source and most services are delivered by local agencies under contract with the county office.

**Contact Information**
Pennsylvania Department of Human Services, Office of Developmental Programs:
(717) 787-3700

Intellectual Disabilities Customer Service Line: toll free at 1-888-565-9435

**Link to Waiver Application**

**Expiration Date**
06/30/2022

**Date of Last Update**
06/14/2019
# PA Home and Community Based Care Waiver (HCBW) for Individuals Aged 60 & Over (Aging Waiver) (0279.R05.00)

**State Operating Agency:** Pennsylvania Office of Long-Term Living (OLTL)

## Description

The Aging waiver provides home and community-based services and is designed to prevent or minimize institutionalization, support individuals to live more independently in their homes and communities, and provide a variety of services that promote community living, including participant directed service models and traditional agency-based service models.

The services provided by this waiver include adult daily living services, personal assistance services, respite, service coordination, counseling services, home health aide, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, assistive technology, community transition services, home adaptations, home delivered meals, non-medical transportation, nutritional consultation services, participant-directed community supports, participant-directed goods and services, personal emergency response service (PERS), telecare.

The state is in the process of transitioning those served under this waiver to the Community HealthCare (CHC) program. The Aging Waiver will eventually be eliminated. For more info, visit [http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf](http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf).

## Waiver Type

1915(c)

## Target Population-Eligibility

Individuals who are 65 years and older or 60-64 years old diagnosed as physically disabled.

## Level of Care

Individuals require level of care available in a nursing facility (NF).

## Respite Services

Respite services are provided to support individuals on a short-term basis due to the absence or need for relief of unpaid caregivers normally providing care. Respite is limited to: 1) Services provided for individuals in their own home, or the home of relative, friend, or other family, or 2) Services provided in a Medicaid certified Nursing Facility.

Respite Services may be provided by a relative or family member as long as the relative or family member is not a legal guardian, power of attorney, or reside in the home. In-home Respite Services cannot be provided simultaneously with Home Health Aide Services, Personal Assistance Services, Participant-Directed Community Supports or Participant-Directed Goods and Services. Respites services may be participant directed or provider managed.

## Respite Provider Eligibility

For information on becoming a provider, go to Pennsylvania’s DHS website: [http://www.dhs.pa.gov/provider/more/index.htm](http://www.dhs.pa.gov/provider/more/index.htm)

## Caregiver Eligibility

A relative and a legally responsible person may provide respite, but a legal guardian may not.

## Enrollment Limit

14529: Year ending 06/30/2020.

## How to Apply

To apply, contact your local Area Agency on Aging at: [https://www.aging.pa.gov/local-resources/Pages/AAA.aspx#V2wkCPkrJhE](https://www.aging.pa.gov/local-resources/Pages/AAA.aspx#V2wkCPkrJhE)

## Contact Information

Office of Long-Term Living Bureau of Participant Operations: (717) 787-8091 or Long-Term Care Contact Information: 1-800-753-8827

## Link to Waiver Application


## Expiration Date

06/30/2023

## Date of Last Update

06/17/2019

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*Medicaid Waivers for Respite Support – 2019*

ARCH National Respite Network and Resource Center | archrespite.org
Community HealthChoices (CHC) is Pennsylvania’s managed Long-Term Services and Supports (LTSS) initiative. The 1915(b)/1915(c) waivers will allow the state to require Medicaid beneficiaries to receive LTSS, including nursing facility, hospice, home and community-based services (HCBS), and physical health services through managed care organizations (MCOs). The MCOs were selected by the state through a competitive procurement process. CHC will emphasize deinstitutionalization and provide an array of services and supports in community-integrated settings.

The services provided by this waiver include adult daily living, employment skills development, job coaching, personal assistance services, residential habilitation, respite, service coordination, structured day habilitation services, supported employment, behavior therapy, counseling services, home health aide services, home health services, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, therapeutic and counseling services, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy services, community integration, community transition services, home adaptations, home delivered meals, job finding, non-medical transportation, nutritional consultation, participant-directed community supports, participant-directed goods and services, personal emergency response system (PERS), pest eradication, prevocational services, telecare, vehicle modifications.

This program is currently being phased-in. This CHC waiver will replace the other Office of Long-term Living waiver programs (with the exception of the OBRA waiver). For more information, visit [http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf](http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf)

| Description | Community HealthChoices (CHC) is Pennsylvania’s managed Long-Term Services and Supports (LTSS) initiative. The 1915(b)/1915(c) waivers will allow the state to require Medicaid beneficiaries to receive LTSS, including nursing facility, hospice, home and community-based services (HCBS), and physical health services through managed care organizations (MCOs). The MCOs were selected by the state through a competitive procurement process. CHC will emphasize deinstitutionalization and provide an array of services and supports in community-integrated settings. The services provided by this waiver include adult daily living, employment skills development, job coaching, personal assistance services, residential habilitation, respite, service coordination, structured day habilitation services, supported employment, behavior therapy, counseling services, home health aide services, home health services, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, therapeutic and counseling services, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy services, community integration, community transition services, home adaptations, home delivered meals, job finding, non-medical transportation, nutritional consultation, participant-directed community supports, participant-directed goods and services, personal emergency response system (PERS), pest eradication, prevocational services, telecare, vehicle modifications.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c); concurrent operation with a 1915(b) waiver to implement Community HealthChoices (CHC).</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Population-Eligibility</td>
<td>Individuals aged 65 and older and individuals aged 21-64 with physical disabilities (including acquired brain injuries).</td>
</tr>
<tr>
<td>Level of Care</td>
<td>The individual requires level of care available in a nursing facility (NF).</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite services are provided to support individuals on a short-term basis due to the absence or need for relief of those persons normally providing care. Respite Services are provided to individuals in their own home, or the home of relative, friend, or other family and are provided in quarter hour units. In-home Respite services cannot be provided simultaneously with Home Health Aide Services, Personal Assistance Services or Residential Habilitation. The frequency and duration of this service are based upon the participant’s needs as identified and documented in the participant’s service plan. Respite may be delivered through both participant directed and provider managed options.</td>
</tr>
<tr>
<td>Respite Provider Eligibility</td>
<td>For information on becoming a provider visit: <a href="http://www.healthchoices.pa.gov/providers/about/community/index.htm">http://www.healthchoices.pa.gov/providers/about/community/index.htm</a></td>
</tr>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may not be provided by a legal guardian, but may be provided by a legally responsible person or relative, as long as they are not the power of attorney and do not reside in the home.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>96747: Year ending 06/30/2020.</td>
</tr>
<tr>
<td>How to Apply</td>
<td>To apply, contact your PA Independent Enrollment Broker at 1-877-550-4227. Or you can apply for other services online via COMPASS: <a href="https://www.compass.state.pa.us/Compass.Web/public/cmphome">https://www.compass.state.pa.us/Compass.Web/public/cmphome</a></td>
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<tr>
<td>Contact Information</td>
<td>CHC Call Center: 1-833-735-4416</td>
</tr>
<tr>
<td>Expiration Date</td>
<td>06/30/2020</td>
</tr>
<tr>
<td>Date of Last Update</td>
<td>06/17/2019</td>
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# PA Independence Waiver (0319.R04.08)

**State Operating Agency:** Pennsylvania Office of Long-Term Living (OTLT)

## Description

The Independence Waiver has been developed to emphasize deinstitutionalization, prevent or minimize institutionalization and provide an array of services and supports in community-integrated settings. It is designed to support individuals to live more independently in their homes and communities and to provide a variety of services that promote community living, including participant directed service models and traditional agency-based service models.

The services provided by this waiver include: adult daily living, employment skills development, job coaching, personal assistance services, residential habilitation, respite, service coordination, structured day habilitation, supported employment, behavior therapy services, counseling services, home health, nursing services, occupational therapy services, physical therapy services, specialized medical equipment and supplies, speech and language therapy services, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy services, community integration, community transition services, home adaptations, job finding, non-medical transportation, nutritional consultation services, personal emergency response (PERS), therapeutic and counseling services, vehicle modifications.

The state is in the process of transitioning those served under this waiver to the Community HealthCare (CHC) program. The Independence waiver will eventually be eliminated. For more info, visit [http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf](http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf).

## Waiver Type

1915(c)

## Target Population-Eligibility

Individuals who are physically disabled and initially enrolled in the waiver between ages 18 and 59. Those already enrolled who turn 60 are able to continue to receive services through the waiver. Individuals must meet all of the following conditions: (1) have a physical disability that is likely to continue indefinitely, but do not have a primary diagnosis of intellectual disability or have a major mental illness; and (2) results in three or more substantial functional limitations in major life activity; self-care, understanding and use of language, learning, mobility, self-direction and/or capacity for independent living.

## Level of Care

The individual requires level of care available in a nursing facility (NF).

## Respite Services

Respite services are provided to support individuals on a short-term basis due to the absence or need for relief of those persons normally providing care. Respite Services are provided to individuals in their own home, or the home of relative, friend, or other family, and are provided in quarter hour units. In-home Respite services cannot be provided simultaneously with Personal Assistance Services. The frequency and duration of this service are based upon the participant’s needs as identified and documented in the participant’s service plan.

Respite may be delivered through both participant directed and provider managed options.

## Respite Provider Eligibility

Since this waiver is transitioning, visit HealthChoices’ provider resource page at [http://www.healthchoices.pa.gov/providers/about/community/index.htm](http://www.healthchoices.pa.gov/providers/about/community/index.htm)

## Caregiver Eligibility

Respite may not be provided by a legally responsible person, or legal guardian, but may be provided by a relative. Relative may not be power of attorney or reside in the home.

## Enrollment Limit

7953: Year ending 06/30/2020.

## How to Apply

To apply, contact your PA Independent Enrollment Broker at 1-877-550-4227.

## Contact Information

Office of Long-Term Living Bureau of Participant Operations: (717) 787-8091

## Link to Waiver Application


## Expiration Date

06/30/2020

## Date of Last Update

06/17/2019
**Description**

Pennsylvania’s OBRA Waiver emphasizes deinstitutionalization, prevents or minimizes institutionalization and provide an array of services and supports in community-integrated settings. It supports individuals to live more independently in their homes and communities and to provide a variety of services that promote community living, including participant directed service models and traditional agency-based service models.

Waiver services include: adult daily living, employment skills development, job coaching (intensive and extended follow-along), personal assistance services, residential habilitation services, respite, service coordination, structured day habilitation services, behavior therapy, nursing, occupational therapy, physical therapy, specialized medical equipment and supplies, speech and language therapy, assistive technology, benefits counseling, career assessment, cognitive rehabilitation therapy, community integration, community transition, counseling, home adaptations, job finding, non-medical transportation, nutritional consultation, personal emergency response system, prevocational services, supported employment, vehicle modifications.

The state is in the process of transitioning those served under this waiver to the Community HealthCare (CHC) program. The OBRA Waiver will still exist, but serve fewer and more select individuals. For more info, visit [http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf](http://www.healthchoices.pa.gov/cs/groups/webcontent/documents/document/c_260104.pdf).

**Waiver Type**

1915(c)

**Target Population-Eligibility**

Individuals diagnosed with developmental disabilities prior to the age of 22 years of age can enroll in the waiver at age 18 through 59. Individuals who turn 60 while in the waiver can continue to receive services through the OBRA Waiver until services are no longer needed. Other specific enrollment criteria may apply.

**Level of Care**

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) under the subcategory of Intermediate Care Facility for Persons with Other Related Conditions (ICF/ORC).

**Respite Services**

Respite services are provided to support individuals on a short-term basis due to the absence or need for relief of those persons normally providing care. Respite Services are provided to individuals in their own home, or the home of relative, friend, or other family member and are provided in quarter hour units.

Respite services cannot be provided simultaneously with Home Health Aide Services or Personal Assistance Services. The frequency and duration of this service are based upon the participant’s needs as identified and documented in the participant’s service plan.

Respite services may be participant-directed or provider managed.

**Respite Provider Eligibility**

For information on becoming a provider, go to Pennsylvania’s DHS website: [http://www.dhs.pa.gov/provider/more/index.htm](http://www.dhs.pa.gov/provider/more/index.htm)

Since some of this waiver is transitioning, you can also visit HealthChoices’ provider resource page at [http://www.healthchoices.pa.gov/providers/about/community/index.htm](http://www.healthchoices.pa.gov/providers/about/community/index.htm)

**Caregiver Eligibility**

Respite services may not be provided by a legal guardian or legally responsible person. Respite services may be provided by a relative as long as the relative or family member is not a legal guardian, power of attorney, or does not reside in the home.

**Enrollment Limit**

1420: Year ending 06/30/2021.

**How to Apply**

To apply, contact the PA Independent Enrollment Broker at 1-877-550-4227.

**Contact Information**

Office of Long-Term Living Bureau of Participant Operations: (717) 787-8091

**Link to Waiver Application**


**Expiration Date**

06/30/2021

**Date of Last Update**

06/17/2019

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Medicaid Waivers for Respite Support – 2019
ARCH National Respite Network and Resource Center | archrespite.org
# Description

The Community Living Waiver was developed to emphasize deinstitutionalization, prevent or minimize institutionalization and provide an array of services and supports in community integrated settings. It is designed to support participants to live more independently in their homes and communities, including participant directed service models and traditional agency-based service models. Most services and supports funded under the Waiver are authorized by local Administrative Entities (AEs).

Waiver services include: community participation support, education support services, homemaker/chore, in-home and community support, life sharing, respite, supported employment, supports coordination, specialized supplies, therapy services, supports broker service, advanced supported employment, assistive technology, behavioral support, benefits counseling, communication specialist services, companion, consultative nutritional services, family/caregiver training and support, home accessibility adaptations, housing transition and tenancy sustaining service, music therapy, art therapy and equine assisted therapy, participant-directed goods and services, shift nursing, small group employment, supported living, transportation, and vehicle accessibility adaptation.

## Waiver Type

1915(c)

## Target Population-Eligibility

Individuals of any age with autism or intellectual disabilities (ID), and individuals with developmental disabilities (DD) ages 0-8. Individuals with DD will be reevaluated before their 9th birthday in order to continue receiving services after this age.

Individuals residing in licensed and unlicensed residential habilitation settings (including Community Homes for Individuals with Intellectual Disabilities, Family Living Homes, Child Residential Facilities, and Community Residential Rehabilitation Services) and individuals in licensed Personal Care Homes are excluded from enrollment.

## Level of Care

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)

## Respite Services

Respite Services are direct services provided on a short-term basis due to the absence or need for relief of those persons normally providing care in planned or emergency situations. Respite Services do not cover the care provided to a minor child when the primary caregiver or legally responsible individual is absent due to work. To the degree possible, the respite provider must maintain the participant’s schedule of activities including activities that allow participation in the community. Respite Services may only be provided in the following location(s): Participant’s private home or place of residence, licensed Family Living Home, licensed Community Home, licensed Child Residential Service Home, licensed Community Residential Rehabilitation Services for the Mentally Ill Home, unlicensed Life Sharing Home, unlicensed Private Home, and other community settings such as camp where the setting meets applicable state or local codes. During temporary travel, respite services may be provided in other locations as per the ODP travel policy. Respite services may not be provided in Hospitals, Personal Care Homes or public ICF/IIDs.

Participants can receive two categories of Respite in private homes: Day respite and 15-minute respite. Day respite in private homes must be provided for periods of more than 16 hours, and 15-minute respite in private homes is provided for periods of 16 hours or less in 15 minute units. Only Day Respite is authorized in Residential Habilitation settings, Life Sharing settings, private ICF/IIDs and licensed nursing homes.

Participants authorized to receive either form of Respite services may not receive the following services at the same time: Companion, In-Home and Community Supports, Supported Living, and Shift Nursing. Participants authorized to receive 15-minute unit Respite services may not receive the following services at the same time: Community Participation Support; Small Group Employment; Supported Employment; Advanced Supported Employment; Education Support; Music, Art and Equine Assisted Therapy and Consultative Nutritional Services.

Respite services are limited to 30 units of day respite per participant in one fiscal year and 1440 units of 15-minute unit respite per participant in one fiscal year. Respite services may be participant-directed or provider managed.
<table>
<thead>
<tr>
<th>Respite Provider Eligibility</th>
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<td>Enrollment Limit</td>
<td>2650: Year ending 12/31/2022.</td>
</tr>
</tbody>
</table>
| How to Apply                  | To apply, contact your local county Mental Health/Intellectual Disabilities (MH/ID) program office: [http://pafamiliesinc.org/understanding-systems/intellectual-disabilities/intellectual-developmental-disabilities-county-contact-information-for-pennsylvania](http://pafamiliesinc.org/understanding-systems/intellectual-disabilities/intellectual-developmental-disabilities-county-contact-information-for-pennsylvania)  
The county MH/ID offices serve as a referral source and most services are delivered by local agencies under contract with the county office. |
| Contact Information           | Pennsylvania Department of Human Services, Office of Developmental Programs:  
(717) 787-3700  
Intellectual Disabilities Customer Service Line: toll free at 1-888-565-9435 |
| Expiration Date               | 12/31/2022 |
| Date of Last Update           | 06/17/2019 |