Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**UT Waiver for Technology Dependent, Medically Fragile Individuals (40183.R05.00)**

Provides skilled nursing respite care, extended home health aide, extended private duty nursing, financial management services, family support services, and in-home feeding therapy for individuals ages 0 through 20 diagnosed as medically fragile and technology dependent individuals.

**UT Acquired Brain Injury – ABI (0292.R04.04)**

Provides ABI waiver support coordination, homemaker, residential habilitation, day supports, supported employment, respite, behavior consultation I - III, chore services, companion services, environmental adaptations - home, environmental adaptations - vehicle, extended living supports, living start-up costs, massage therapy, personal budget assistance, personal emergency response system, professional medication monitoring, specialized medical equipment/supplies/assistive technology - purchase, specialized medical equipment/supplies/assistive technology - monthly fee, supported living, transportation services (non-medical), and financial management services for individuals ages 18 and older diagnosed with brain injury.

**UT New Choices (0439.R02.01)**

Adult day care, case management, habilitation, homemaker, respite, supportive maintenance services, consumer preparation services, financial management services, adult residential services, assistive technology devices, attendant care, caregiver training, chore, community transition, environmental accessibility adaptations, home delivered meals, medication administration assistance, personal budget assistance, personal emergency response systems, specialized medical equipment and supplies, and transportation (non-medical) for individuals ages 18 through 64 diagnosed with a physical or other disability, as well as individuals 65 and older.

**UT Community Supports Waiver for Individuals w/ID and Other Related Conditions (0158.R06.05)**

Provides day supports, homemaker, personal care, residential habilitation, respite care-intensive, supported employment, waiver support coordination, financial management services, behavior consultation, chore, companion services, environmental adaptations, extended living supports, family and individual training and preparation services, family training and preparation services, living start-up costs, massage therapy, personal budget assistance, personal emergency response system, professional medication monitoring, respite care-routine group, respite care-routine, respite care-session, service animal, specialized medical equipment/supplies/assistive technology-monthly fee, specialized medical equipment/supplies/assistive technology-purchase, supported living, and transportation (non-medical) for individuals of all ages diagnosed with autism, an Intellectual Disability, and/or a Developmental Disability.
UT Waiver for Individuals Age 65 or Older (0247.R05.02)

Provides adult day health, case management, homemaker, respite and respite care services - LTC facility, enhanced state plan supportive maintenance home health aide services, financial management services, adult companion services, chore services, community transition services, environmental accessibility adaptations, medication reminder systems, personal attendant services, personal attendant training services, personal budget assistance, personal emergency response systems (PERS) installation, testing, and removal, PERS purchase, rental, and repair, PERS response center service, specialized medical equipment/supplies/assistive technology, supplemental meals, and transportation services (non-medical) for individuals aged 65 and older.

UT Autism (1029.R01.00)

Provides respite and financial management services for children diagnosed with autism ages 2 through 6. The Utah Department of Health intends to phase out the Autism Waiver program to allow all children currently being served under the waiver to remain being served until they age out of the program at the age of seven.

UT Medically Complex Children’s Waiver (1246.R01.00)

Provides Skilled Nursing Respite and Routine Respite and Financial Management Services for individuals aged 0-19 determined to be medically fragile.
UT Waiver for Technology Dependent, Medically Fragile Individuals (40183.R05.00)
State Operating Agency: UT Department of Health, Division of Family Health and Preparedness, Bureau of Children with Special Health Care Needs (CSHCN)

Description
This waiver offers the choice of community alternatives for individuals diagnosed as technology dependent or medically fragile with complex medical conditions who would otherwise require placement in a nursing facility. It aims to develop system responsiveness to participant/legal representative’s needs and preferences and prevent institutionalization due to family/caregiver burnout. RN Waiver Coordinators facilitate access to waiver services and monitor the ongoing needs of the participant and the services delivered.

The services provided by this waiver include skilled nursing respite care, extended home health aide, extended private duty nursing, financial management services, family support services, and in-home feeding therapy.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals, ages 0 through 20, who are diagnosed as Medically Fragile and Technology Dependent. Participants who enter the waiver between the ages of 0-20 are allowed to remain in the waiver after the age of 21 as long as they continue to meet the other additional targeting criteria.

Level of Care
Individuals require level of care available in a nursing facility (NF).

Respite Services
Skilled Nursing Respite Care is an intermittent service provided to relieve the primary caregiver from the stress of providing continuous care, thereby avoiding premature or unnecessary nursing facility admission. Skilled nursing respite may be provided by a Medicaid enrolled Home Health Agency or through the Family Directed Service model. Skilled nursing respite coverage includes an initial RN assessment to establish a new client.

Skilled Nursing Respite Care is provided in a private residence or other setting(s) in the community, outside of the recipient’s home, but only when the legally responsible recipient or guardian, the CSHCN RN Waiver Coordinator and the respite care provider (individual or agency) have all agreed and stipulated in the Plan of Care that the alternative setting(s) is safe and can accommodate the necessary medical equipment and personnel needed to care for the individual safely. The limits on the amount, frequency and/or duration of respite are specified in the individual’s Plan of Care and based on assessed needs. Skilled nursing respite may be participant-directed or provider managed.

Respite Provider Eligibility
Provider eligibility information available at: http://dspd.utah.gov/providers/forms-for-providers/
https://medicaid.utah.gov/health-care-providers

Caregiver Eligibility
Skilled Nursing Respite may be provided by a relative, but not by a legal guardian or legally responsible person.

Enrollment Limit
139: Year ending 06/30/2023

How to Apply
Call the program contact at UDOH Bureau of Children with Special Health Care Needs at (801) 538-6578

Contact Information
Bureau of Children with Special Health Care Needs: Toll-free 1-800-829-8200
Division of Family Health and Preparedness: 801-273-6601
Division of Medicaid and Health Financing: (801)-538-6689

Link to Waiver Application

Expiration Date
06/30/2023

Date of Last Update
07/15/2019
UT Acquired Brain Injury (ABI) [0292.R05.00]

State Operating Agency: UT Department of Health, Department of Human Services, Division of Services for People with Disabilities (DSPD)

Description
This waiver offers supportive services statewide to meet the needs of individuals with acquired brain injuries and to assist these voluntary participants to live as independently as possible while residing in the community based setting of their choice. The ABI Waiver offers both an agency-based provider model along with a self-administered services model as the service delivery options available to waiver participants. The renewal of this waiver is pending as of the time of this document. The descriptions below reflect the information provided in the pending approval.

The services provided by this waiver include: ABI waiver support coordination, homemaker, residential habilitation, day supports, supported employment, respite, behavior consultation I - III, chore services, companion services, environmental adaptations - home, environmental adaptations - vehicle, extended living supports, living start-up costs, massage therapy, personal budget assistance, personal emergency response system, professional medication monitoring, specialized medical equipment/supplies/assistive technology - purchase, specialized medical equipment/supplies/assistive technology - monthly fee, supported living, transportation services (non-medical), and financial management services.

Waiver Type 1915(c)
Target Population-Eligibility Individuals 18 and older diagnosed with an acquired brain injury.
Level of Care Individuals require level of care available in a nursing facility (NF).
Respite Services Respite is provided to give relief to, or during the absence of, the normal caregiver. Routine respite may be hourly, daily or overnight and may be provided in the individual’s place of residence, a facility approved by the State which is not a private residence, or private residence of the respite provider. Respite is not available to children in the custody of the State of Utah, Division of Child and Family Services. It is not for ongoing daycare nor is it intended to supplant resources otherwise available for child-care. Respite may not be offered at the same time as the person is receiving any other service, either contained within this waiver or from other sources including the Medicaid State Plan that will afford the person with care and supervision. Respite may not be offered for relief or substitution of staff paid to provide care and supervision as part of the residential or day habilitation services. Respite may be participant-directed or provider managed.
Respite Provider Eligibility Provider eligibility information available at: https://medicaid.utah.gov/health-care-providers or https://dspd.utah.gov/acquired-brain-injury-resources/
Caregiver Eligibility Respite may be provided by a relative, but not a legal guardian or legally responsible person.
Enrollment Limit 135: Year ending 06/30/2024, pending approval of this renewal
How to Apply Contact an intake worker at the Division of Services for People with Disabilities by calling 1-844-275-3773 and choose the “apply for services” option.
Contact Information Division of Services for People with Disabilities, 195 North 1950 West, Salt Lake City, UT 84116 Phone: (801) 538-4200; Email: dspd@utah.gov
Learn more about the intake process at https://dspd.utah.gov/intake-process/
Link to Waiver Application http://health.utah.gov/ltc/Files/ABIRenewal2.27.19.pdf
Expiration Date 06/30/2024, pending approval of this renewal
Date of Last Update 07/15/2019
**UT New Choices (0439.R02.01)**

**State Operating Agency:** Division of Medicaid and Health Financing, Bureau of Authorization and Community Based Services

### Description
The New Choices waiver focuses on moving Medicaid recipients living in institutional settings (nursing facilities) back to home and community based service settings. This waiver allows and supports participant choice of the method in which they receive services. Several waiver services are available to individuals through a consumer directed arrangement, while individuals preferring a more traditional method of service delivery may choose this option. The New Choices Waiver does not provide services to individuals in IMDs (institutions for mental disease).

The waiver provides adult day care, case management, habilitation, homemaker, respite, supportive maintenance services, consumer preparation services, financial management services, adult residential services, assistive technology devices, attendant care, caregiver training, chore, community transition, environmental accessibility adaptations, home delivered meals, medication administration assistance, personal budget assistance, personal emergency response systems, specialized medical equipment and supplies, and transportation (non-medical).

### Waiver Type
1915(c)

### Target Population-Eligibility
Individuals 18 to 64 years old diagnosed with a disability (physical or other) and individuals 65 and older.

### Level of Care
Individuals require level of care available in a nursing facility (NF).

### Respite Services
Respite care is provided to give relief to, or during the absence of, the normal caregiver. Respite care may include hourly, daily and overnight support and may be provided in the individual’s place of residence, a facility approved by the State which is not a private residence, or in the private residence of the respite care provider. Respite care is not available for those receiving Adult Residential Services. Respite care may be participant-directed or provider managed.

### Respite Provider Eligibility
Provider information available at: [http://www.health.utah.gov/ltc/NC/NCP providers.htm](http://www.health.utah.gov/ltc/NC/NCP providers.htm)

### Caregiver Eligibility
Respite may be provided by a relative or legally responsible person but not by a legal guardian.

### Enrollment Limit
1400: Year ending 06/30/2020

### How to Apply
Contact the New Choices Waiver program and request an application packet at 801-538-6155, option 6 or 800-662-9651, option 6

### Contact Information
UDOH Bureau of Authorization and Community Based Services  
Phone: 801-538-6155, option 6 or 800-662-9651, option 6  
Email: newchoiceswaiver@utah.gov  
Visit [http://health.utah.gov/ltc/NC/NCHome.htm](http://health.utah.gov/ltc/NC/NCHome.htm) for information on application, eligibility and services.

### Link to Waiver Application

### Expiration Date
06/30/2020

### Date of Last Update
06/21/2019
# UT Community Supports Waiver for Individuals w/ID and Other Related Conditions (0158.R06.05)

**State Operating Agency:** Department of Human Services, Division of Services for People with Disabilities (DSPD)

## Description

The Community Supports waiver offers supportive services statewide to assist participants to live as independently and productively as possible while living in a community setting of their choice. The waiver offers both the agency-based provider model and self-directed model of service delivery.

The services provided by this waiver include: day supports, homemaker, personal care, residential habilitation, respite care-intensive, supported employment, waiver support coordination, financial management services, behavior consultation, chore, companion services, environmental adaptations, extended living supports, family and individual training and preparation services, family training and preparation services, living start-up costs, massage therapy, personal budget assistance, personal emergency response system, professional medication monitoring, respite care-routine group, respite care-routine, respite care-session, service animal, specialized medical equipment/supplies/assistive technology-monthly fee, specialized medical equipment/supplies/assistive technology-purchase, supported living, and transportation (non-medical).

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Target Population</strong></td>
<td>Individuals of all ages diagnosed with an Intellectual Disability, a Developmental Disability, or Autism.</td>
</tr>
<tr>
<td><strong>Level of Care</strong></td>
<td>Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).</td>
</tr>
</tbody>
</table>

### Respite Services

**Respite Care- Intensive** is care provided to give relief to, or during the absence of, the normal caregiver. Intensive level respite is provided to individuals who have complex conditions that require a level of assistance beyond what is offered by direct service staff under Respite Care-Routine. Individuals will typically present with a more complex array of physical or behavioral needs than those receiving routine respite. Services may include quarter hour, daily and overnight support and may be provided in the individual’s place of residence, a facility approved by the State that is not a private residence, or in the private residence of the respite provider. Respite Care-Intensive level services are, because of their more complex nature, delivered by more experienced and sophisticated staff.

**Respite Care- Routine Group** is provided to groups of up to three individuals in a group setting in order to give relief to, or during the absence of, the individuals' normal caregiver(s). Routine respite may be daily and overnight and may be provided in the individual’s place of residence, a facility approved by the State which is not a private residence, or in the private residence of the respite provider.

**Respite Care- Routine** care is provided to give relief to, or during the absence of, the normal caregiver. Routine respite care may include hourly, daily and overnight support and may be provided in the individual’s place of residence, a facility approved by the State which is not a private residence, or in the private residence of the respite provider.

**Respite Care- Session** is care rendered on a session basis which is provided to relieve, or during the absence of, the normal caregiver which is furnished to a covered individual on a short term basis in a facility or other approved community based entity (i.e., a certified facility, temporary care facility, overnight camp, summer programs or a facility providing group respite).

All of the above forms of respite services are not available to children in the custody of the State of Utah: Department of Human Services, Division of Child and Family Services. Respite is not for ongoing daycare nor is it intended to supplant resources otherwise available for child care. Respite may not be offered at the same time as the person is receiving any other service, either contained within this Home and Community-Based Services waiver or from other sources including the Medicaid State Plan that will afford the person with care and supervision. Respite may not be offered for relief or substitution of staff paid to provide care and supervision to persons as part of the residential or day habilitation services they receive in this Home and Community-Based Services waiver.

Respite services may be participant-directed or provider managed, with the exception of Respite Care-Session which is provider managed only.
<table>
<thead>
<tr>
<th>Respite Provider Eligibility</th>
<th>Provider eligibility information available at: <a href="https://dspd.utah.gov/providers/forms/">https://dspd.utah.gov/providers/forms/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite Care – Session may not be provided by a relative, legal guardian, or legally responsible person. All other forms of respite care (intensive, routine group, routine) may be provided by a relative but not a legal guardian or legally responsible person.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>5685: Year ending 06/30/2020</td>
</tr>
<tr>
<td>Contact Information</td>
<td>Division of Services for People with Disabilities, 195 North 1950 West, Salt Lake City, UT 84116 Phone: (801) 538-4200 Email: <a href="mailto:dspd@utah.gov">dspd@utah.gov</a> Learn more about the intake process at <a href="https://dspd.utah.gov/intake-process/">https://dspd.utah.gov/intake-process/</a></td>
</tr>
<tr>
<td>Expiration Date</td>
<td>06/30/2020</td>
</tr>
<tr>
<td>Date of Last Update</td>
<td>07/15/2019</td>
</tr>
</tbody>
</table>
This waiver, also known as the Aging Waiver, offers participants the option to remain in a home and community based setting of their choice rather than a facility. The waiver offers both participant-directed services, as well as the traditional method of service delivery.

The services provided by this waiver include: adult day health, case management, homemaker, respite and respite care services - LTC facility, enhanced state plan supportive maintenance home health aide services, financial management services, adult companion services, chore services, community transition services, environmental accessibility adaptations, medication reminder systems, personal attendant services, personal attendant training services, personal budget assistance, personal emergency response systems (PERS) installation, testing, and removal, PERS purchase, rental, and repair, PERS response center service, specialized medical equipment/supplies/assistive technology, supplemental meals, and transportation services (non-medical).

**Waiver Type** 1915(c)

**Target Population-Eligibility** Individuals 65 and older.

**Level of Care** Individuals require level of care available in a nursing facility (NF).

**Respite Services**

Respite Care Services consist of care rendered by an attendant, companion, personal care worker, homemaker, home health aide etc., which is provided during the absence of, or to relieve the normal caregiver while the covered individual is living in their normal place of residence and that residence is not a long-term care facility. Respite care services are not restricted to the individual's place of residence.

Respite Care Services may be provided in the following locations: (a) Individual’s home or place of residence; (b) Respite Provider’s place of residence; and/or (c) Other community-based setting meeting HCBS Setting Requirements.

LTC (Long-term Care) Respite Care Services consist of care furnished in a licensed long-term care facility during the absence of, or to relieve, the normal caregiver. Each respite care episode is limited to a period of 13 consecutive days or less not counting the day of discharge. LTC Facility Respite Care Services may be provided in the following locations: (a) a Licensed Health Care Facility or (b) a Licensed Residential Treatment Facility.

Respite care is provider managed.

**Respite Provider Eligibility** Provider eligibility information available at: [https://medicaid.utah.gov/health-care-providers](https://medicaid.utah.gov/health-care-providers)

**Caregiver Eligibility** Respite may not be provided by a relative, legal guardian or legally responsible person.

**Enrollment Limit** 500: Year ending 06/30/2020

**How to Apply** Contact the Division of Aging and Adult Services office or your local Area Agency on Aging (locate yours at [https://daas.utah.gov/locations-new/](https://daas.utah.gov/locations-new/))

**Contact Information** Division of Aging and Adult Services, 195 North 1950 West, Salt Lake City, UT 84116
Phone: (801) 538-3910 or 1-877-424-4640 (toll free)  Email: dass@utah.gov


**Expiration Date** 06/30/2020

**Date of Last Update** 07/15/2019
### Description
This waiver provides respite and financial management services for children diagnosed with autism ages 2 through 6. The waiver provides services through traditional and self-directed services provider methods. The waiver is offered on a statewide basis.

The Utah Department of Health intends to phase out the Autism Waiver program to allow all children currently being served under the waiver to remain being served until they age out of the program at the age of seven.

### Waiver Type
1915(c)

### Target Population-Eligibility
Individuals between 2 and 6 years old who have been diagnosed with Autism.

### Level of Care
Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

### Respite Services
Respite Care is provided to give relief to, or during the absence of, the normal care giver. Respite Care may be provided in the individual’s place of residence, or in the instance of a SAS provider, the residence of the provider. Services are limited to a maximum of three (3) hours per week. Respite services may be participant-directed or provider managed.

### Respite Provider Eligibility
Provider eligibility information available at: [http://health.utah.gov/ltc/asd/Provider.html](http://health.utah.gov/ltc/asd/Provider.html)

### Caregiver Eligibility
Respite may be provided by a relative but not by a legal guardian or legally responsible person.

### Enrollment Limit
1: Year ending 09/30/2020

### How to Apply
This waiver is no longer accepting new enrollees. However, Utah does provide Medicaid Autism Related Services, which you can learn more about at [http://health.utah.gov/ltc/asd/Files/Accessing%20ASD%20Services%20FAQ%20V2%207%2015.pdf](http://health.utah.gov/ltc/asd/Files/Accessing%20ASD%20Services%20FAQ%20V2%207%2015.pdf)

### Contact Information
Call (801) 538-6955

### Expiration Date
09/30/2020

### Date of Last Update
06/24/2019
**Description**
The purpose of the Medically Complex Children’s Waiver (MCCW) is to offer supportive services statewide to eligible individuals to enable them to live as independently and productively as possible. The MCCW will offer both agency-based and self-directed services. The services provided by this waiver include Skilled Nursing Respite, Routine Respite and Financial Management Services.

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<tr>
<th>Waiver Type</th>
<th>1915(c)</th>
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<tbody>
<tr>
<td><strong>Target Population-Eligibility</strong></td>
<td>Individuals ages 0-19 diagnosed as medically fragile. Individual must have: 3 or more organ systems affected by their disability, 3 or more specialty physicians, and prolonged dependence on medical devices or treatments.</td>
</tr>
<tr>
<td><strong>Level of Care</strong></td>
<td>Individuals require level of care available in a Nursing Facility (NF).</td>
</tr>
<tr>
<td><strong>Respite Services</strong></td>
<td>Skilled Nursing Respite is provided in a private residence or other setting(s) in the community, outside of the participant’s home, but only when the participant, the RN cases manager and the respite care provider (individual or agency) have agreed and stipulated in the care plan that the alternative setting(s) is safe and can accommodate the necessary medical equipment and personnel needed to safely care for the participant. Routine Respite is an intermittent service provided to a participant to relieve the primary caregiver from the stress of providing continuous care, thereby avoiding premature or unnecessary nursing facility admission. Routine Respite is provided in a private residence or other setting(s) in the community, outside of the participant’s home, but only when the participant, the RN cases manager and the respite care provider (individual or agency) have agreed and stipulated in the care plan that the alternative setting(s) is safe and can accommodate the necessary medical equipment and personnel needed to safely care for the participant. Licensed Residential Treatment Programs or Licensed Residential Support Programs may also be utilized for routine respite. Respite services may not be provided in institutional settings or in settings that are not compliant with the HCBS settings requirements. This service is not available for ongoing daycare or childcare purposes and is not intended to be used for extended periods at one time. Six hours is the maximum number of respite hours that can be used at one time and cannot be used “overnight” without the approval of the case manager. Specific limits on the amount, frequency and duration of services are specified in the individual’s care plan and are based on assessed need. Respite services may be participant-directed or provider managed.</td>
</tr>
<tr>
<td><strong>Respite Provider Eligibility</strong></td>
<td>Provider eligibility information available at: <a href="http://health.utah.gov/ltc/mccw/Provider.html">http://health.utah.gov/ltc/mccw/Provider.html</a></td>
</tr>
<tr>
<td><strong>Caregiver Eligibility</strong></td>
<td>Respite may be provided by a relative but not by a legal guardian or legally responsible person.</td>
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<tr>
<td><strong>Enrollment Limit</strong></td>
<td>580: Year ending 09/30/2023</td>
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<tr>
<td><strong>How to Apply</strong></td>
<td>Applications will be accepted online (at <a href="http://health.utah.gov/ltc/mccw">http://health.utah.gov/ltc/mccw</a>), via fax or mail during open application periods as funding permits. To be notified of the next open application period, please enroll in the MCCW listserv by visiting: <a href="https://medicaid.utah.gov/mccw-newsletter">https://medicaid.utah.gov/mccw-newsletter</a>.</td>
</tr>
<tr>
<td><strong>Contact Information</strong></td>
<td>Toll-free Phone: 1-800-662-9651, option 5; Email: <a href="mailto:mccw@utah.gov">mccw@utah.gov</a></td>
</tr>
<tr>
<td><strong>Link to Waiver Application</strong></td>
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<tr>
<td><strong>Expiration Date</strong></td>
<td>09/30/2023</td>
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<tr>
<td><strong>Date of Last Update</strong></td>
<td>06/24/2019</td>
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