Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**VA Community Living (CL) Waiver (0372.R03.00)**

Provides group day services, group home residential, individual supported employment, personal assistance services, respite, consumer-directed services facilitation, assistive technology, benefits planning, center-based crisis supports, community coaching, community engagement, community guide, community-based crisis supports, companion services, crisis support services, electronic home-based services, employment and community transportation, environmental modifications, group supported employment, in-home support services, peer mentor supports, personal emergency response system, private duty nursing, shared living, skilled nursing, sponsored residential, supported living, therapeutic consultation, transition services, workplace assistance services for individuals of all ages diagnosed with Intellectual Disabilities, Developmental Disabilities, or Autism.

**VA Family and Individual Support (FIS) Waiver (0358.R04.02)**

Provides group day services, in-home support services, individual supported employment, personal assistance services, respite services, services facilitation, assistive technology, benefits planning, center-based crisis supports, community coaching, community engagement, community guide, community-based crisis supports, companion services, crisis support services, electronic home-based supports, employment and community transportation, environmental modifications, group supported employment, individual and family/caregiver training, peer mentor supports, personal emergency response system (PERS), private duty nursing, shared living, skilled nursing, supported living residential, therapeutic consultation, transition services, and workplace assistance for individuals of any age diagnosed with Autism, Developmental Disabilities, or Intellectual Disabilities.

**VA Commonwealth Coordinated Care Plus (CCC+) (0321.R04.03)**

Provides adult day health care, personal assistance services, respite care services, services facilitation, assistive technology, environmental modifications, personal emergency response system (PERS), private duty nursing, and transition services for individuals aged 65 and older, individuals aged 0-64 with physical or other disabilities, and individuals of any age determined to be technology dependent.
VA Community Living (CL) Waiver (0372.R04.00)
State Operating Agency: DMAS Department of Behavioral Health and Developmental Services (DBHDS)

Description
The Community Living waiver facilitates the transition of individuals currently residing in institutions to life in the community and to enable those community residents in need of supports to retain their community resident status to receive those supports. An objective of the waiver is to provide an array of community supports that promotes inclusion and independence by enhancing, rather than replacing, existing natural supports. The waiver provides the opportunity to obtain either agency-directed services or participant-directed services, or both. Individuals are supported by a case manager.

The services provided by this waiver include: group day services, group home residential, individual supported employment, personal assistance services, respite, consumer-directed services facilitation, assistive technology, benefits planning, center-based crisis supports, community coaching, community engagement, community guide, community-based crisis supports, companion services, crisis support services, electronic home-based services, employment and community transportation, environmental modifications, group supported employment, in-home support services, peer mentor supports, personal emergency response system, private duty nursing, shared living, skilled nursing, sponsored residential, supported living, therapeutic consultation, transition services, workplace assistance services.

Waiver Type 1915(c)
Target Population-Eligibility Individuals of all ages diagnosed with an Intellectual Disability, Developmental Disability, or Autism.
Level of Care Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services Respite services are specifically designed to provide temporary, substitute care for that which is normally provided by the family or other unpaid, primary caregiver. Services are provided on a short-term basis because of the emergency absence or need for routine or periodic relief of the primary caregiver. Respite is allowed in a family home, a respite center, a sponsored residential home, or in a group home. It is not allowed in a group home for a resident of that group home, an ICF/IID, or a nursing home.

The allowable activities include, but are not limited to: 1) Support with activities of daily living such as: bathing, showering, toileting, routine personal hygiene skills, dressing, transferring, etc.; 2) Support monitoring health status and physical condition; 3) Support with medication; 4) Support with medical needs; 5) Support with preparation and eating of meals; 6) Support with housekeeping, such as bed-making, dusting and vacuuming, laundry, grocery shopping, etc.; 7) Support to ensure the safety of the individual; 8) Support needed by the individual to participate in social, recreational, or community activities; 9) Assistance with bowel/bladder programs, range of motion exercises, routine wound care that does not include sterile technique, and external catheter care when properly trained and supervised by an RN; and 10) Accompanying the individual to appointments.

Respite is limited to 480 hours per individual per year. Respite services may be participant-directed or provider managed.

Respite Provider Eligibility Provider eligibility available at http://www.dmas.virginia.gov/#/providerinformation
Caregiver Eligibility Respite may be provided by a relative or legal guardian, but not by a legally responsible person.
Enrollment Limit 11736: Year ending 06/30/2024
How to Apply Find and contact your local community services board (CSB) at http://www.myilifemycommunityvirginia.org/taxonomy/mlmc-menu-zone/waiver-information
Contact Information Contact your local CSB.
Or, contact the DBHDS Office, located at 1220 Bank Street, Richmond, VA, 23219.
Mailing address: P.O. Box 1797, Richmond, VA 23218-1797
Phone: (804) 786-3921; Voice TDD: (804) 371-8977
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<th>Medicaid Waivers for Respite Support – 2019</th>
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<td>Expiration Date</td>
<td>06/30/2024</td>
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<td>Date of Last Update</td>
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VA Family and Individual Support (FIS) Waiver (0358.R04.02)
State Operating Agency: Department of Behavioral Health and Developmental Services (DBHDS)

**Description**
The goal of the Family and Individual Supports Waiver is to enable those community residents in need of supports, particularly those living with family members, to retain their community resident status through receiving those supports. It offers an alternative to institutionalization through an array of community supports that promotes inclusion and independence by enhancing, rather than replacing, existing natural supports. The waiver provides the opportunity to obtain either agency-directed services or participant-directed services, or both. Individuals are supported by a case manager.

Waiver services include: group day services, in-home support services, individual supported employment, personal assistance services, respite, services facilitation, assistive technology, benefits planning, center-based crisis supports, community coaching, community engagement, community guide, community-based crisis supports, companion services, crisis support services, electronic home-based supports, employment and community transportation, environmental modifications, group supported employment, individual and family/caregiver training, peer mentor supports, personal emergency response system (PERS), private duty nursing, shared living, skilled nursing, supported living residential, therapeutic consultation, transition services, and workplace assistance.

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<tr>
<th>Waiver Type</th>
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<tr>
<td>Target Population-Eligibility</td>
<td>Individuals of any age with an Intellectual Disability, Developmental Disability, or Autism.</td>
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<td>Level of Care</td>
<td>Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).</td>
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<td>Respite Services</td>
<td>Respite services are specifically designed to provide temporary, substitute care for that which is normally provided by the family or other unpaid, primary caregiver of an individual. Services are provided on a short-term basis because of the emergency absence or need for routine or periodic relief of the primary caregiver. Respite is allowed in a family home, a respite center, or in a group home. It is not allowed in a group home for a resident of that group home, an ICF/IID, or a nursing home. The allowable activities include, but are not limited to: 1) Support with activities of daily living such as: bathing, showering, toileting, routine personal hygiene skills, dressing, transferring, etc.; 2) Support monitoring health status and physical condition; 3) Support with medication; 4) Support with medical needs; 5) Support with preparation and eating of meals; 6) Support with housekeeping, such as bed-making, dusting and vacuuming, laundry, grocery shopping, etc.; 7) Support to ensure the safety of the individual; 8) Support needed by the individual to participate in social, recreational, or community activities; 9) Assistance with bowel/bladder programs, range of motion exercises, routine wound care that does not include sterile technique, and external catheter care when properly trained and supervised by an RN; and 10) Accompany the individual to appointments. Respite care hours are limited to 480 hours per state fiscal year. Respite may be participant-directed or provider managed.</td>
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<td>Caregiver Eligibility</td>
<td>Respite may be provided by a relative or legal guardian, but not by a legally responsible person.</td>
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<td>Enrollment Limit</td>
<td>2983: Year ending 06/30/2023</td>
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<td>How to Apply</td>
<td>Find and contact your local community services board (CSB) at <a href="http://www.mylifemycommunityvirginia.org/taxonomy/mlmc-menu-zone/waiver-information">http://www.mylifemycommunityvirginia.org/taxonomy/mlmc-menu-zone/waiver-information</a></td>
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| **Contact Information** | Contact your local CSB.  
Or, contact the DBHDS Office, located at 1220 Bank Street, Richmond, VA, 23219.  
Mailing address: P.O. Box 1797, Richmond, VA 23218-1797.  
Phone: (804) 786-3921; Voice TDD: (804) 371-8977 |
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Link to Waiver Application | Link to application unavailable.
**VA Commonwealth Coordinated Care Plus (CCC+) (0321.R04.03)**  
**State Operating Agency:** VA Department of Medical Assistance Services (DMAS), Division of Long-term Care

### Description
This waiver is the result of the merging of two previous waiver programs: the Elderly or Disabled with Consumer Direction waiver and the Technology Assistance waiver. The goal of the CCC+ Waiver is to incorporate the principles of self-determination and supplement community supports while fostering dignity, quality of life, and security in the everyday lives of individuals while maintaining them in the community. The CCC+ Waiver offers an array of services to support community living and includes self-directed options for Personal Assistance Services and Respite Services. Through person-centered care planning, CCC+ health plans ensure that participants are aware of and can access community based treatment options designed to serve them in the settings of their choice.

The services provided by this waiver include: adult day health care, personal assistance services, respite care services, services facilitation, assistive technology, environmental modifications, personal emergency response system (PERS), private duty nursing, and transition services.

### Waiver Type
1915(c); concurrent operation with 1915(b1 and b4) CCC Financial Alignment Demonstration

### Target Population-Eligibility
Individuals aged 65 and older, individuals aged 0-64 with physical or other disabilities, and individuals of any age determined to be technology dependent.

### Level of Care
Individuals require level of care available in a hospital, nursing facility (NF), or specialized nursing facility (SNF).

### Respite Services
Respite care services are provided to individuals unable to care for themselves and are furnished on a short-term basis because of the absence or need for relief of those primary unpaid caregivers who normally provide care. Respite care services may be provided in the individual’s home or place of residence or children’s residential respite facility. Respite service may include skilled nursing care, but consumer direction is not available to individuals receiving skilled respite services.

Respite care services provided in any setting are limited to a total of 480 hours per recipient per state fiscal year. Respite services may be participant-directed or provider managed.

### Respite Provider Eligibility

### Caregiver Eligibility
Respite services may not be provided by a legally responsible person, but may be provided by a relative or legal guardian.

### Enrollment Limit
50040: Year ending 06/30/2022

### How to Apply
Contact your local Department of Social Services (DSS) to apply at [https://www.dss.virginia.gov/localagency/index.cgi](https://www.dss.virginia.gov/localagency/index.cgi)
Or call the CCC+ Helpline toll free at 1-844-374-9159

### Contact Information
Contact your local DSS, the CCC+ Helpline at 1-844-374-9159, or email [CCCPlusWaiver@dmas.virginia.gov](mailto:CCCPlusWaiver@dmas.virginia.gov)

### Link to Waiver Application
Link to application unavailable.

### Expiration Date
06/30/2022

### Date of Last Update
06/25/2019