Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**WY Long-term Care (0236.R05.01)**

Provides adult day care, case management, personal care, respite, fiscal management services, assisted living services, direct service worker, home delivered meals, non-medical transportation, personal emergency response system, and skilled nursing for aged individuals 65 and older and individuals with physical disabilities ages 19-64.

**WY Supports (1060.R00.01)**

Provides adult day services, case management, community living services, community support services, homemaker, personal care, respite, supported employment, dietician services, occupational therapy, physical therapy, skilled nursing, speech, hearing and language services, behavioral support services, child habilitation services, cognitive retraining, companion services, crisis intervention support, environmental modification, individual habilitation training, specialized equipment, and transportation for individuals with intellectual and developmental disabilities (ID/DD) of any age and brain injuries (BI) who are ages 21 and older.

**WY Comprehensive (1061.R00.01)**

Provides adult day services, case management, community living services, community support services, homemaker, personal care, respite, supported employment, dietician services, occupational therapy, physical therapy, skilled nursing, speech, hearing and language services, behavioral support services, child habilitation services, cognitive retraining, companion services, crisis intervention support, environmental modification, individual habilitation training, special family habilitation home, specialized equipment, and transportation for individuals with intellectual and/or developmental disabilities (ID/DD) of any age and individuals 21 and older with brain injuries.
**Description**

This waiver, also called the Community Choices Waiver (CCW), furnishes a range of home and community-based services that assist Medicaid recipients to live in the community, in the least restrictive environment and avoid institutionalization. This waiver is meant to: minimize admissions to long-term care institutions for people in this population who can be safely served at home; provide a transition option for eligible nursing facility residents to move from a nursing facility to a community home; provide this population with access to appropriate health and social services to help them maintain independent living; provide for the most efficient and effective use of public funds in the provision of needed services which promote and maintain the health and welfare of waiver participants; allow communities flexibility in development of those services; assure service quality is maintained for participants receiving services through this waiver. Participants are offered a choice of settings to receive their services identified on their individual Plans of Care (POC). All participants are required to receive case management services in addition to at least one other waiver service.

Services provided by this program include: adult day care, case management, personal care, respite, fiscal management services, assisted living services, direct service worker, home delivered meals, non-medical transportation, personal emergency response system, and skilled nursing.

**Waiver Type**

| 1915(c) |

**Target Population-Eligibility**

Individuals diagnosed with a physical disability 19 to 64 years old as well as individuals 65 years old and older.

**Level of Care**

Individuals require the level of care available in a nursing facility (NF).

**Respite Services**

Respite services are provided by a Certified Nursing Assistant to a participant unable to care for themselves that are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant. A range of assistance to enable waiver participants to accomplish tasks that during the time period would normally be provided by a caregiver. This assistance may take the form of hands-on assistance, cuing to prompt the participant to perform a task or supervision of the task to assure the safety of the participant. Tasks may include assistance with activities of daily living and instrumental activities of daily living. Health related services are limited to the scope of practice for a Certified Nursing Assistant defined by the Wyoming State Board of Nursing. Respite is provided by a Certified Nursing Assistant employee of a home health agency or Community Based In-Home Services grantee, who is in good standing with the Wyoming State Board of Nursing and under the supervision of a registered nurse as provided in accordance with the Wyoming Nurse Practice Act.

Respite may include assistance with preparation of meals, but does not include the cost of the meals themselves. It may also include homemaker services that are incidental to the personal care or which are essential to the health and welfare of the individual rather than to the individual’s family but does not include chore service or heavy cleaning in the home or in areas of the residence which are not frequented by the participant. Transportation costs associated with the provision of care outside the participant’s home must be billed separately and may not be included in the scope of respite care.

These services are provided in the home. Respite services may not be provided in a facility. Respite is short-term, which is defined as no more than 30 days in a 12 month plan period. Respite services are provider managed.

**Respite Provider Eligibility**

For information on becoming a provider, visit [https://health.wyo.gov/healthcarefin/medicaid/homeandcommunitybasedservicesunit/providers-and-community-partners/](https://health.wyo.gov/healthcarefin/medicaid/homeandcommunitybasedservicesunit/providers-and-community-partners/)

**Caregiver Eligibility**

Respite services may not be provided by a legally responsible person, a relative, or a legal guardian.
<table>
<thead>
<tr>
<th>Enrollment Limit</th>
<th>3415: Year ending 06/30/2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>How to Apply</td>
<td>Contact the Medicaid Eligibility Long-term Care Unit toll free at 1-855-203-2936 for an application.</td>
</tr>
</tbody>
</table>
| Contact Information    | Division of Healthcare Financing: (307) 777-7531  
                          Department of Health: (307) 777-7656 |
| Link to Waiver Application | Link to application unavailable. |
| Expiration Date        | 06/30/2021                  |
| Date of Last Update    | 06/27/2019                  |
Description

The Supports Waiver represents Wyoming’s commitment to funding supportive services so eligible participants can actively participate in the community with friends and family, be competitively employed, and live as healthy, safe, and independently as possible according to their own choices and preferences. The purpose of the Supports Waiver is to assist individuals and their families in obtaining person-centered services and utilizing both natural supports and paid providers to support individuals in their community. The waiver uses a person-centered approach to determine the support needs of participants in the Individualized Plan of Care and to assign the individual budgeted amount. Developing community connections, natural supports, and self-direction opportunities are essential components of the Supports Waiver, along with providing traditional service delivery options.

Services provided by this waiver include: adult day services, case management, community living services, community support services, homemaker, personal care, respite, supported employment, dietician services, occupational therapy, physical therapy, skilled nursing, speech, hearing and language services, behavioral support services, child habilitation services, cognitive retraining, companion services, crisis intervention support, environmental modification, individual habilitation training, specialized equipment, and transportation.

Waiver Type

1915(c)

Target Population-Eligibility

Individuals at least 21 years old diagnosed with a brain injury as well as individuals of all ages diagnosed with a developmental or intellectual disability. There is no maximum age limit.

Level of Care

Individuals require the level of care available at a Nursing Facility or Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services

Respite services are intended to be utilized on a short-term, temporary basis to provide relief for an unpaid caregiver from the daily burdens of care. Respite includes assistance with ADLs, medication assistance if needed, and supervision. Routine transportation is included in the service rate. Respite may be provided in the caregiver’s home, the provider’s home, or in community settings. The respite setting and services shall support the identified needs of the participant and family. Respite shall only be provided for up to two people at the same time. Three people may be supported in this service if they are family members, live in the same household, and can be safely supported by one provider. Respite will generally not be provided to individuals under the age of 18 and individuals 18 and older at the same time.

Respite shall not be used to substitute for care while the primary caregiver is at work, or during services otherwise available through public education programs including education activities, after school supervision, daytime services when the school is not in session, or services to preschool age children. The participant may choose to receive a more appropriate service, such as child habilitation or companion services, for supports and supervision while their primary caregiver is working. Respite shall not replace residential or day services.

Respite services shall not be provided during the same time period as other waiver services. Approved service units and supervision levels are based upon the participant's need and budget limit. Respite is reimbursed as a 15-minute unit or a daily rate. Any use of respite over nine (9) hours a day must be billed as a daily unit.

Respite services may be participant-directed or provider managed.

Respite Provider Eligibility

For information on becoming a provider, reference the Comprehensive and Supports Waiver page https://health.wyo.gov/behavioralhealth/dd/providersandcasemanagers/

Caregiver Eligibility

Respite services may not be provided by a legally responsible person, legal guardian, or relative.
<table>
<thead>
<tr>
<th><strong>Enrollment Limit</strong></th>
<th>555: Year ending 03/31/2024</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contact Information</strong></td>
<td>Contact the Behavioral Health Division via phone: (307) 777-7115 or email: <a href="mailto:bhdmail@wyo.gov">bhdmail@wyo.gov</a> for more information.</td>
</tr>
<tr>
<td><strong>Link to Waiver Application</strong></td>
<td>Link to application unavailable.</td>
</tr>
<tr>
<td><strong>Expiration Date</strong></td>
<td>03/31/2024</td>
</tr>
<tr>
<td><strong>Date of Last Update</strong></td>
<td>06/28/2019</td>
</tr>
</tbody>
</table>
WYOMING

WY Comprehensive (1061.R00.00)
State Operating Agency: Wyoming Department of Health, Behavioral Health

Description
The Comprehensive Waiver represents Wyoming’s commitment to funding supportive services so eligible participants can actively participate in the community with friends and family, be competitively employed, and live as healthy, safe, and independently as possible according to their own choices and preferences. The purpose of the Comprehensive Waiver is to assist individuals and their families in obtaining person-centered services and utilizing both natural supports and paid providers to support individuals in their community. The waiver uses a person-centered approach to determine the support needs of participants in the Individualized Plan of Care and to assign the individual budgeted amount.

Developing community connections, natural supports, and self-direction opportunities are essential components of the Comprehensive Waiver, along with providing traditional service delivery options. Services provided by this waiver include: adult day services, case management, community living services, community support services, homemakers, personal care, respite, supported employment, dietician services, occupational therapy, physical therapy, skilled nursing, speech, hearing and language services, behavioral support services, child habilitation services, cognitive retraining, companion services, crisis intervention support, environmental modification, individual habilitation training, special family habilitation home, specialized equipment, and transportation.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals 21 and older with a brain injury and individuals of all ages diagnosed with a developmental or intellectual disability.

Level of Care
Individuals require the level of care available at a Nursing Facility (NF) or Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services
Respite services are intended to be utilized on a short-term, temporary basis to provide relief for an unpaid caregiver from the daily burdens of care. Respite includes assistance with ADLs, medication assistance if needed, and supervision. Routine transportation is included in the service rate.

Respite may be provided in the caregiver’s home, the provider’s home, or in community settings. The respite setting and services shall support the identified needs of the participant and family. Respite shall only be provided for up to two people at the same time. Three people may be supported in this service if they are family members, live in the same household, and can be safely supported by one provider. Respite will generally not be provided to individuals under the age of 18 and individuals 18 and older at the same time.

Respite shall not be used to substitute for care while the primary caregiver is at work, or during services otherwise available through public education programs including education activities, after school supervision, daytime services when the school is not in session, or services to preschool age children. The participant may choose to receive a more appropriate service, such as child habilitation or companion services, for supports and supervision while their primary caregiver is working. Respite shall not replace residential or day services.

Respite services shall not be provided during the same time period as other waiver services. Approved service units and supervision levels are based upon the participant’s need and budget limit. Respite is reimbursed as a 15-minute unit or a daily rate. Any use of respite over nine (9) hours a day must be billed as a daily unit.

Respite services may be participant-directed or provider managed.

Respite Provider Eligibility
For information on becoming a provider, reference the Comprehensive and Supports Waiver page [https://health.wyo.gov/behavioralhealth/dd/providersandcasemanagers/](https://health.wyo.gov/behavioralhealth/dd/providersandcasemanagers/)

Caregiver Eligibility
Respite services may not be provided by a legally responsible person, legal guardian, or relative.

Enrollment Limit
1911: Year ending 03/31/2024

Medicaid Waivers for Respite Support – 2019
ARCH National Respite Network and Resource Center | archrespite.org
| **Contact Information** | Contact the Behavioral Health Division via phone: (307) 777-7115 or email: [bhdmail@wyo.gov](mailto:bhdmail@wyo.gov) for more information. |
| **Link to Waiver Application** | Link to application unavailable. |
| **Expiration Date** | 03/31/2024 |
| **Date of Last Update** | 06/28/2019 |