

Webinar

July 16, 2013

From Theory to Practice:

**Sustainability Tools for Lifespan
Respite Grantees and Partners**



Lifespan Respite Technical Assistance Center

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Network & Resource Center**
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Welcome

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Presenters

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Webinar Goals

Introduce participants to tools and materials that will enable them to develop sustainability plans.



Question for You

- List one thing you hope to learn from today's webinar?

Please type your response into the Question box on your control panel.

Sustainability Planning Is...

- Is a strategic and business planning process
- Focuses on the financing of strategies and activities
- Results in a written sustainability plan
- Features a strategic financing plan that:
 - Lays out the full cost of the initiative
 - Results in a plan for developing resources to support these costs

Uses of a Sustainability Plan

- Clarify where you are and where you want to go
- Develop strategies for long-term success
- Provide benchmarks to measure progress
- Demonstrate the value of your work



A written plan can provide overarching guidance for your initiative over time



Key Elements of Sustainability

1. Vision
2. Results orientation
3. Strategic financing orientation
4. Adaptability to changing conditions
5. Broad base of community support
6. Key champions
7. Strong internal systems
8. Sustainability plan

Question for You

- Who would you include on your sustainability team?

Please type your response into the Question box on your control panel.



The **FINANCE** PROJECT



**SUSTAINABILITY
PLANNING
WORKBOOK**



The **FINANCE**
PROJECT



Resources to Support Sustainability Planning

- Implementation Guide
- Sustainability Planning Workbook
- Matrix of Modules, Tasks, Tools, and Resources
- Project Planning Worksheets
- Financing Strategies Examples

Implementation Guide

- Provides an introduction to the sustainability planning process
- Discusses key elements of sustainability
- Provides considerations and conditions for a successful planning process
- Describes available resources
- Offers facilitation tips and tricks

Sustainability Planning Workbook

- Is a comprehensive set of tools and resources for implementing a planning process
- Provides a progressive framework for facilitating conversations about sustainability
- Provides instructions and guidance to facilitators and participants

Sustainability Planning Workbook

- Module I: Building a Sustainable Initiative
- Module II: Creating a Vision and Results Orientation
- Module III: Creating a Strategic Financing Plan
- Module IV: Building Organizational Capacity and Community Support
- Module V: Writing the Plan

Eight Elements

Sustainability Planning Process



Polling Question 1

- Since the introductory webinar, in which area of the sustainability planning process have you made the most progress?

Polling Question 2

- Since the introductory webinar, in which area of the sustainability planning process have you had the most challenges?

Matrix of Modules, Tasks, Tools and Resources

- Links module goals to tools and resources that facilitate conversation and thinking around specific elements of sustainability
- Aids sustainability planning team in structuring meeting agendas

Project Planning Worksheets

- Helps the sustainability planning team plan a planning process
- Lays out the roles and responsibilities of partners in the process
- Keeps the entire process on schedule and on track
- Could align to other planning and strategic priorities for the organization

Financing Strategies--Examples

- Describes five strategies for sustainable financing of respite activities
- Provides specific Lifespan respite grantee and coalition examples of the five financing strategies



Make Better Use of Existing Resources

- Many Lifespan Respite grantees collect respite provider lists as part of a needs assessment or environmental scan.
- Some states have developed or expanded less costly respite using volunteers.



Maximize Federal and State Revenue

- The *Nebraska Respite Network* has relied on Tobacco Master Settlement Funds to support respite services and system infrastructure.
- The *Arizona Lifespan Respite Program* secured a contract with the state's Title V program to fund respite services for children with special health needs through a voucher program.



Create More Flexibility in Existing Resources

- *Alabama Lifespan Respite Network* and *Tennessee Respite Coalition* draw on different state agency funds to provide respite vouchers through a coordinated funding stream.
- The *Nebraska Lifespan Respite Network* uses state funds and federal Part C Early Intervention funds to support the network's infrastructure.

Build Public-Private Partnerships

- Using Lifespan Respite grant funds, the *South Carolina Respite Coalition* provided mini-grants to the faith community to engage them in respite service delivery.



Create New Dedicated Funding Streams

- Coalitions in *Alabama, Colorado, Nebraska and Wisconsin* successfully advocated for state budget line items to support respite services.
- Funding for the *New Jersey Statewide Respite Care Program* comes from casino revenues.

Exemplar Sites

Two grantees will be selected as Exemplar Sites and will:

- Receive coaching and technical assistance support from The Finance Project
- “Try out” the materials through a facilitated process



Assessing Readiness for Sustainability Planning

- What are your goals for sustainability planning?
- Have you identified 6-10 partners to participate in a planning process?
- Is the timing right for your group to engage in sustainability planning?

Next Steps

- Complete and submit exemplar survey by July 26
- Choose exemplar grantees by July 31
- Provide technical assistance to exemplar grantees in August
- Discuss progress, questions, challenges during September Lifespan Respite conference call.

Resources

- [Federal Funding and Supports for Respite: Building Blocks for Lifespan Respite Systems, 2012](#)
- [Home and Community-Based 1915\(c\) Medicaid Waivers for Respite Support: State-by-State Tables, 2011](#)
- [State Funding Streams for Respite Across the Lifespan, 2011](#)
- [Introduction to a Framework for Sustainability Planning, Webinar, Part 1, May 30, 2012](#)
- [Participant Directed Respite Guidebook, October 2011](#)

Questions?

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