Volunteer and Faith-Based Respite Learning Collaborative

February 10, 2022
Welcome and Announcements

- National Lifespan Respite Conference, September 13-15, 2022, Madison, WI. *Conference Call for Presentations* - Deadline to Submit: March 1, 2022. [https://arch.wildapricot.org/call-for-presentations](https://arch.wildapricot.org/call-for-presentations)

- Lifespan Respite Grantee and Partner Learning Symposium, September 13, 2022

Presenters

- Doris Green, New York State Caregiving and Respite Coalition
- Daphne Johnston, Founder and Director, Respite Ministry, First United Methodist Church, and Founder and CEO, Respite for All Foundation, Montgomery, AL
New York State Caregiving & Respite Coalition

Funded with a federal grant for Lifespan Respite awarded by the Administration for Community Living to the New York State Office for the Aging.
Faith Communities
Faith Communities and Mini Grants

Mini grants 2017-2021

Develop or Expand Respite Programs

24,863.5 Respite Hours Provided
Family Caregivers: Do you care for a family member with dementia? Would you like to do errands, exercise, shop, attend YOUR doctor appointment, have lunch with a friend, or just RELAX?

There are many Social "Respite" Programs in Erie County available at NO CHARGE! Trained volunteers provide fun, one-on-one, stimulating, supervised activities including games, crafts, pet therapy, gentle exercise, music/singing and lunch or snacks for your loved one while you take a much deserved break. ALL are welcome!

1st Wednesday, 10:30am - 2:30 pm
First United Methodist Church
474 East Main St., Springville
Contact: Barb Blesy 592-7451

2nd Wednesday, 10:30 am - 2:30 pm
Hamburg United Methodist Church
116 Union St., Hamburg
Contact: Lisa Rood 941-5703

3rd Wednesday, 10:30 am - 2:30 pm
Eden United Methodist Church
2820 East Church St., Eden
Contact: Kevin Karstedt 992-2248

4th Wed. & 2nd Thurs, 10:30 am - 2:30 pm
Baker Memorial United Methodist Church
345 Main St., East Aurora
Contact: Michelle Engasser 652-0500

3rd Thursday, 10:30 am - 2:30 pm
St. David's Episcopal Church
3951 Seneca St, West Seneca
Contact: Annie Francowski 674-4670

1st Thursdays, 10:30 am - 2:30 pm
Holland United Methodist Church
1369 Partridge Rd., Holland
Contact: Cindy Cassavino 388-3150

1st Wednesday, 11 am - 3 pm
Southtowns Family YMCA
1620 S. Western Blvd., West Seneca 14224
Contact: Marla Walker 674-9622 ext. 138

2nd Saturday, 10:30 am - 2:30 pm
Grace Lutheran Evangelical Church
174 Cazenovia St., Buffalo 14210
Contact: Susan Swanson 992-3814

1st Tuesday, 11:30 am - 4:30 pm
St. John the Baptist RC Church
1085 Englewood Avenue, Kenmore
Contact: Mary Elias 716.874.0672

2nd Friday, 10 am - 2 pm
Metropolitan United Methodist Church
657 Best St., Buffalo
Contact: Lynelle Reed 891-5652

1st Wednesday, 10:30 am - 2:30 pm
Trinity Old Lutheran Church
3445 Sheridan Dr., Amherst
Contact: Jan or Paulette 836-4868

1st Saturday, 11 am - 2 pm
St. Gregory the Great RC Church
200 St. Gregory Ct., Williamsville
Contact: Lee Zach 688-5678 ext. 339

3rd Monday, 4:30 pm - 7:30 pm
Clarence Senior Center
4600 Thompson Rd., Clarence
Contact: Deb Sabbatini 633-5138

3rd Tuesday, 10:30 am - 2:30 pm
1st Presbyterian Church
149 Broad St., Tonawanda
Contact: Kathy Greenawalt 692-1319

4th Wednesday, 1:30 - 5:30 pm
Golden Age Center
3278 Whitehaven Rd., Grand Island
Contact: Jennifer Menter 773-9682

2nd Tuesdays, 10 am - 2 pm
Asbury United Methodist Church
850 Dodge Rd., Getzville
Contact: Pat Haur 580-3861 or asburyangels@gmail.com

3rd Thursday, 11 am - 3 pm
Lincoln Memorial United Methodist Church
641 Masten Ave., Buffalo 14209
Contact: Hazel Wilkins 833-3847

2nd Thursday, 10:30 am - 2:30 pm
First Church of Evans
7431 Erie Rd. Derby 74047
Contact: Debby Waddell 549-0908

2nd Tuesday, 10 am - 2 pm
Orchard Park Presbyterian Church
4360 S. Buffalo St., Orchard Park
Contact: Sherry Pomeroy 662-9348 ext. 309

Sponsored by Erie County Senior Services, DOH; volunteers are trained by the Alzheimer’s Association. Please call the contact person for each program to register or for more information, ALL are welcome to participate in any or all the programs.
Lisa Rood – Buffalo Mover and Shaker

Kevin Karstedt – Eden United Methodist Church
Respite Revival

June 2021
RESIPITE REVIVAL AGENDA

1. GROWTH HISTORY--- 2-900 PARTICIPANTS
   “Do not diminish small beginnings for the Lord rejoices when the work begins.”
   
   Zachariah 4:10
   
   A. Research and Launch of New Dementia Ministry
      i. Growth
      ii. Volunteer Recruitment
      iii. Program Replication
      iv. Respite for All Foundation
      v. Program Sustainability

2. DEMENTIA AND SPIRITUALITY
   
   A. Respite and Redemption
      i. Philosophy from Theologian Dr. John Swinton on Dementia
      ii. Dementia and the Three-Fold Self based of Dr. Steven Sahat’s book
          *The Experience of Alzheimer’s Disease*

3. LUNCHEON PRESENTATION - “HEALTHY LIVING FOR YOUR
   BRAIN AND BODY” - ALZHEIMER’S ASSOCIATION

4. ACTIVITY SEGMENT
   
   A. Montessori Principals of Dementia
      i. Everyday Communication Tips for Dementia
      ii. Application of Principals to Respite Activities
      iii. 25 Proven Group Activities for Those Living with Dementia

MEET AND GREET | BOOK SIGNING WITH DAPHNE | ACTIVITY
RAFFLE (RESPITE VOLUNTEER PROGRAMS ONLY)
TOGETHER, WE CAN CHANGE THE WORLD!
THE FOUNDER
RECLAIMING JOY, TOGETHER.

15 Years- Long Term Care

10 Years- Respite Ministry

3 years- CEO of Respite for All Foundation
VOLUNTEER MODEL PROVIDES RESPITE FOR:

The Care Partner

Person with Dementia

Volunteers

The trained volunteer friend ratio tends to 1:2 or 1:1. One can only imagine the impact of someone pouring love, laughter, friendship, meaning and purpose into you for four hours a day! Care partners have reported less anxiety, less depression and better sleeping patterns after a day of full engagement at Respite.
Respite for All’s mission is to inspire, incubate, and support new respite volunteer communities for persons living with Alzheimer’s and dementia.
HUMBLE BEGINNINGS TO SO MUCH MORE (& GROWING)

When We Started
2 Participants and 14 Volunteers

Currently:
20 Programs, 1200 Volunteers, 900 Engaged

Respite Area Map
Where Our Communities Live

- Greenville
- Atlanta
- Macon
- Savannah
- Eufaula
- Auburn
- Montgomery
- Demopolis
- Birmingham
- Dothan
- Fairhope
- Gunterville
- Callman
- FLORIDA
- SOUTH CAROLINA
- GEORGIA
NOT MEDICAL, BUT SOCIAL

- Art/ Music
- Service projects
- Small Group Conversations
- Exercise
- Story Telling
- Shared Meals
- New Relationships
NO LABELS
KEY COMPONENT:
No difference in volunteers & participants
SERVICE PROJECT: FLOOD KITS FOR HURRICANE

“Thank You”
SOCIAL MODEL OF CARE
WHO DO WE SERVE?

Alzheimer’s, Dementia, Parkinson’s or Natural Aging
Friends Must Be Able to:
• Mobile (Assisted Devices Acceptable)
• Handle Bathroom Needs
• Eat on Their Own
VOLUNTEER SUCCESS

• Flexible Schedule
• Been Affected by Dementia
• Recruit Their Friends
• Become Donors
• Possible Part Time Help
• Meaningful Work
LOCAL RESPITE

SUSTAINABILITY

• No Overhead
• Minimal Paid Staff
• Social Program/No Meds
• Revenue from Daily Fees
• Insurance
• Community Partners
“It’s not the person with dementia that forgets themselves, but the community that forgets them.”

- Prof. John Swinton
HERE IS WHAT WE HAVE IN 2021
FUTURE VISION WITH RUPE FOUNDATION
Power of a Group

Respite for All Foundation
Reclaiming joy. Together.
Lewis and Clark