



# VOLUNTEER RESPITE TRAINING

Respite (RESS' – pit)

*Respite is simply a way of giving a temporary or short-term break to caregivers.*

- Do you provide care for a family member?
- Do you volunteer to care for someone outside your family?
- Do you need a break?

**SAVE THIS  
DATE**



**Thursday  
September 24, 2015  
8:00 – 4:30**

**Free Respite Training for Volunteer  
Respite Providers, Family Caregivers, and  
Community and Faith-based Groups**

*An all-day training event is being offered at eight locations to help increase the number of available  
Respite Care Providers in Arkansas!*

Springdale	Jonesboro	Fort Smith	Hot Springs
Little Rock	Pine Bluff	Texarkana	El Dorado

This event is free, but **you must register**. Seating is limited, so register early.  
Lunch will be provided by local sponsors.

To Register for the Training, complete the attached registration form and e-mail to [susie.keesling@dhs.arkansas.gov](mailto:susie.keesling@dhs.arkansas.gov) or fax to 501-682-8155.

For More Information, Call: The Choices in Living Resource Center at 1-866-801-3435 or go to <http://www.choicesinliving.ar.gov/alrc.html>

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**Attention:  
Susie Keesling**

## Registration Form

Please type or print legibly. Complete one form per person.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Profession \_\_\_\_\_ Organization \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email (Required) \_\_\_\_\_

Check here if you will need assistance or special accommodations to participate.

Please specify or call 1-866-801-3435 \_\_\_\_\_

Meal Requirements: Vegetarian \_\_\_\_\_ Allergy \_\_\_\_\_

### Select Training Location

- Schmieding Center for Senior Education of NWA – 2422 N. Thompson, Suite B, Springdale, AR
- Reynolds Institute on Aging – 629 Jack Stephens Blvd., Room 8104, Little Rock, AR
- Schmieding - Northeast Center on Aging – 2813 Forest Home Rd., Jonesboro, AR
- South Central Center on Aging – 4747 Dusty Lake Drive, Suite 101, Pine Bluff, AR
- Texarkana Regional Center on Aging - Wadley Senior Clinic – 1307 Trinity Blvd., Texarkana, AR
- Oaklawn Center on Aging – 101 McGowan Court, Hot Spring, AR
- South Arkansas Center on Aging – 106 West Main, Suite 310, El Dorado, AR
- West Central Center on Aging – 512 South 16<sup>th</sup> Street, Fort Smith, AR

**Submit Registration Form via mail, fax, or email on or before September 1, 2015.**

Send to: Lifespan Respite Volunteer Training  
Division of Aging and Adult Services  
PO Box 1437, Slot S530  
Little Rock, AR 72203

Fax: 501-682-8155

Email: [susie.keesling@dhs.arkansas.gov](mailto:susie.keesling@dhs.arkansas.gov)

**Cancellation Policy: Should you need to cancel your registration, please call 1-866-801-3435**

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