

Lifespan Respite Care Program



Lifespan Respite Grantee Lead Agency: **Arizona Department of Economic Security, Arizona Caregiver Coalition (ACC)**

Funding Period: **2017-2020**

Primary Goal: **Enhance current statewide respite services to provide prepaid community-based choices – fulfilling the unmet need for caregivers of low-income families by providing access to transportation and a variety of disease-, special needs-, and culturally-specific state licensed adult day health centers.**

Key Performance Measures	Notable Achievements
<p>The Arizona Caregiver Coalition (ACC) uses the Caregiver Assessment Tool (CAT) to evaluate the effectiveness of respite services and how services can be built upon and improved. The CAT (developed by Dr. David Coon of Arizona State University) includes intake information, client assessment, and pre- and post-service evaluation designed to assess caregiver features and document the benefits of respite. Outcomes included in this tool include: decreased caregiver stress, increased emotional status of the caregiver, increased medical well-being of the caregiver, increased ability and confidence for the caregiver to meet the needs of the care recipient, increased sense of support for the caregiver, increased time for pleasurable activities for the caregiver, and an increase in persons receiving respite.</p>	<p>The ACC, with funding from Easterseals and the Elizabeth Dole Foundation, created a series of Facebook ads targeting active duty military personnel and Veterans, and Veteran call volume increased by 5 percent. The ACC also launched a double-sided information flyer, “50 Things Every Caregiver Should Know,” and a series of Facebook ad campaigns. Hardcopy products were emailed, postal mailed, or hand-delivered to stakeholders.</p>

Key Objectives, Activities and Outcomes	Coalition, ADRC and Community Partners
<p>Objective 1: Increase awareness, knowledge and visibility of the Day Center Respite Program.</p> <ul style="list-style-type: none"> The grantee developed partnerships with adult day health centers through site visits and MOUs. Multiple adult day health centers agreed to waive their payment wait period, eliminating the need for caregivers to pay for services. <p>Objective 2: Expand coordination of services by continually expanding adult day health center partnerships.</p> <ul style="list-style-type: none"> The expansion of the current Respite Rebate Voucher Program (RRVP) is enhanced statewide to become more inclusive by partnering with multiple adult day health centers that offer a variety of programming for participants. The voucher option was discontinued in favor of the day center program, but vouchers will be added back into the program in year three of the grant. Transportation is offered by many of the day centers to assist those caregivers who have difficulty transporting their care recipient. 	<p>State Respite Coalition/Organization Role</p> <ul style="list-style-type: none"> The ACC administers the adult day center respite program and the Caregiver Resource Line (CRL), advocates for caregivers through community outreach, partners on caregiver-related projects, and assists in legislative advocacy on behalf of caregivers. The scope of work for this grant is to expand the RRVP to include a community-based program for respite. The Day Center Respite Program partners with licensed adult day health centers throughout the state. Eligible caregivers will obtain respite from their choice of

Objective 3: Increase access to respite for most vulnerable caregiver populations.

- DAAS and the ACC engage key stakeholder organizations, including adult day health centers, other government entities, and major nonprofit partners, in planning and implementing the respite program expansion. The target population for services includes: caregivers in rural populations, limited-English speaking populations, adults with developmental disabilities, seniors, and special diagnoses care recipients. Priority is given to Veterans and Veteran families, low-income families, and minority populations.
- The grantee is marketing to community leaders, respected elders, faith-based cohorts, social workers, and neighbors – those people who are often asked for recommendations or who give advice freely with the theory that people of influence will be able to find the caregivers who need respite help but do not know how to procure it.
- ACC is developing Spanish language materials about respite and scripts in Spanish for answering telephone inquiries.

Objective 4: Disseminate program results.

- In-state dissemination is on-going, including semi-annual conference calls with partnered adult day health centers and stakeholders in the project that allow the ACC to share the ongoing progress and provide opportunities for direct questions and concerns regarding the project.

center at no cost, and adult day health centers will be reimbursed by Area Agency on Aging (AAAs), which are contracted to handle the payments.

Aging and Disability Resource Center (ADRC) Role

- ADRCs disseminate flyers, and refer families to the ACC program.

State and Community Partners

- Arizona Caregiver Coalition (ACC) funded through Arizona Division of Aging and Adult Services (DAAS), administering Lifespan Respite Care Program
- Area Agencies on Aging (AAA), handling the payments for the adult day centers.
- Foundation for Senior Living, a local non-profit that funds Caregiver Resource Line (CRL), the statewide, toll-free resource line
- Adult day health centers throughout the state



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