

Lifespan Respite Care Program



Lifespan Respite Grantee Lead Agency: **South Dakota Department of Human Services, Division of Long Term Services and Supports**

Funding Period: **2017-2020**

Primary Goal: **Improve overall access to respite services for families and other caregivers through provider development and training.**

| Key Performance Measures | Notable Achievements |
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| <p>Outcome measures include: the extent to which awareness of the availability of respite services increases; enhanced coordination between state and federal respite care programs; the sustainability of a lifespan respite coalition and increased accessibility; and utilization of respite programs serving all populations. Products include: caregiver needs assessment, marketing materials and a Lifespan Respite website with access to training resources for caregivers and providers and a searchable statewide respite provider directory.</p> | <p>South Dakota Respite Coalition formed and remains active with a wide array of state, federal and community partners and caregivers. The grantee created and distributed throughout the state a Lifespan Respite Brochure and Lifespan Respite Survey.</p> |

| Key Objectives, Activities and Outcomes | Coalition, ADRC and Community Partners |
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| <p>Objective 1: Collaborate with stakeholders to establish a State Lifespan Respite Coalition.</p> <ul style="list-style-type: none"> The grantee formed a viable Respite Coalition by inviting caregivers and key stakeholders to assist in the planning and implementation of a Lifespan Respite Care Program. To enhance membership sustainability, Coalition members are directly involved in planning and implementation of ongoing activities, such as development of a marketing plan, caregiver needs assessment, respite website/respite provider directory, and a provider recruitment and training plan. Family caregivers and care recipients are invited to attend/participate in Coalition meetings throughout the project period. Since the inception of funding, several Respite Coalition meetings have been held, four working subgroups have been established, a mission statement and a Lifespan Respite brochure created. <p>Objective 2: Identify and develop a plan to address programmatic barriers.</p> <ul style="list-style-type: none"> At the state level, a collaborative planning process is identifying ways caregivers can access lifespan respite services. A State Workgroup, including Coalition members and staff from Division of Developmental Disabilities (DDD) and Long Term Services and Supports (LTSS) is working to identify systemic issues at the state level that may prevent all populations regardless of age, disability or chronic condition of the care receiver from seamlessly accessing respite services. The two State Divisions that provide and fund respite signed | <p>State Respite Coalition/Organization Role</p> <ul style="list-style-type: none"> The South Dakota Department of Human Services believes that creating a Lifespan Respite Coalition brings together caregivers, service recipients and their representative organizations and agencies along with service providers and policymakers as the best approach to start a Lifespan Respite Care Program. <p>Aging and Disability Resource Center (ADRC) Role</p> <ul style="list-style-type: none"> The Lifespan Respite grant supports increased coordination with the state's ADRC – Dakota at Home. Program activities are designed to increase the effectiveness of the ADRC as a “No Wrong Door” for contacts from caregivers of all populations on respite care to reduce confusion on which state program to |

a Memorandum of Understanding to ensure coordination between programs and reduce duplication of effort in the development of lifespan respite. Each Division appointed a staff member to represent their Division and serve as a liaison to the workgroup. The State Workgroup provides state level input and technical assistance on program activities, reviews progress, and provides information to the Coalition on progress achieved.

Objective 3: Develop a plan to recruit and train respite providers and create a respite provider directory.

- A SD Lifespan Respite website is in the process of development to include how to access respite through Dakota at Home (ADRC) and state and federal respite programs. Information will be provided on hiring a respite provider, background checks, how to report abuse and neglect, caregiver resources and access to a respite provider application and an online respite provider directory. The directory will include individual/private respite providers in addition to agencies, assisted living, and nursing facilities available through the Dakota at Home (ADRC) Resource Directory.
- A Lifespan Respite Survey, i.e., caregiver needs assessment, was created and implemented which includes: demographic characteristics of caregiver groups receiving respite; the demand for respite; unmet respite needs including need for emergency respite; and the current usage of and unmet need for other caregiver services.

Objective 4: Utilize Dakota at Home (ADRC) as a “No Wrong Door” for caregiver access to lifespan respite (to include new and planned emergency respite).

- Through intake and referral, Dakota at Home (ADRC) Intake Specialists provide caregivers with information and access to state and federal respite programs including emergency respite and options planning (counseling).
- The grantee is collaborating with Active Generations (senior center) CAREgivers Program to provide trainings to state LTSS and DDD staff located across the state. Training topics include: positive aspects of caregiving; needs and challenges causing caregiver stress; signs of burnout; barriers to self-care; and how to access available community, state, and federal respite programs.

Objective 5: Increase caregivers’ and the public’s awareness about the need for and availability of respite.

- The Project Manager and State Workgroup are planning focus groups with and surveys of caregivers to obtain feedback about caregiver needs related to respite services; the most effective ways to reach caregivers in rural and frontier areas; and information and resources caregivers want and need. Focus groups will be comprised of prospective caregivers and caregivers using respite services, and participation will be solicited.

access and reduce caregivers making multiple calls to access respite care.

State and Community Partners

- Caregivers
- Division of Developmental Disabilities
- Veteran’s Administration
- AARP South Dakota
- Alzheimer’s Association SD Chapter
- Parent Connection
- Center for Disabilities
- SD Council on Developmental Disabilities
- 211 Helpline Center
- Disability Rights
- Independent Living Centers
- Assisted Living Center
- Senior Center



For more information, contact ARCH at (703) 256-2084 or jkagan@archrespite.org