



Family Caregiver Navigation (FCN) Pilot Program A project of the Idaho Caregiver Alliance (ICA)

ICA Mission: Advance the well-being of caregivers through collaboration that improves access to quality supports and resources including respite for family caregivers across the lifespan.

INPUTS	ACTIVITIES	OUTPUTS	SHORT TERM OUTCOMES	INTERMEDIATE OUTCOMES	LONG TERM OUTCOME
<ul style="list-style-type: none"> • Family Caregivers • Staff of the Family Caregiver Navigator (FCN) Pilot Program • Members of FCN Advisory Committee (and organizations represented) • ICA Leadership Team and membership • ICA Website and Social Media • Existing resource databases • TCARE evidenced-based telephonic and web-based caregivers support intervention • Community partners • Funding from Money Follows the Person Grant 93.791 from the CMS (funding made possible by the IDHW Division of Medicaid, Bureau of Long-term Care) • Funding from ICA 	<ul style="list-style-type: none"> • Establish FCN leadership team and hire staff • Establish Advisory Committee • Develop and implement marketing and communication materials • Conduct outreach to referral sources • Identify and catalog available resources and services available to family caregivers • Implement TCARE (train navigators, populate resource database, etc.) • Develop and implement data management and quality assurance plan • Develop and implement plan for sustainability (program and training documentation, funding, etc.) • Develop and implement evaluation plan 	<ul style="list-style-type: none"> • FCN leadership team and staff trained and functioning • Advisory Committee established and members engaged in work groups • Marketing and communication materials developed • Outreach to referral sources and other community partners conducted • Database of resources and services for caregivers available • TCARE implemented • Navigators equipped to assess needs of family caregivers and connect them with services and supports • Sustainability plan implemented (program processes documented, funding partners secured, etc.) • Evaluation Plan implemented 	<p>Change in awareness, knowledge, and attitudes among family caregivers:</p> <ul style="list-style-type: none"> • Self-care • Resources and services • Caregiver Navigator <p>Change in awareness, knowledge, and attitudes about the importance of family caregivers among:</p> <ul style="list-style-type: none"> • Healthcare and other service providers • Gatekeepers and referral sources partners • Agencies and organizations with the capacity to fund caregiver initiatives • Policy makers 	<p>Change in behaviors and systems:</p> <ul style="list-style-type: none"> • Family caregivers using TCARE and other resources and supports • Work flows in healthcare systems, agencies, and other referral sources recognize and refer family caregivers to services/navigator • Funding available from partners to continue caregiver navigator project in SW Idaho • Funding available from State of Idaho and other sources to expand program statewide • Statewide implementation of caregiver navigator and other supports 	<ul style="list-style-type: none"> • Quality of life for family caregivers improved • Quality of life for those being cared for by family caregivers enhanced • Capacity of family caregivers to provide care extended • Costs to Medicaid (and Idaho) related to institutional care reduced • Quality metrics for patient care and satisfaction monitored by health care systems improved • Quality metrics for member care and satisfaction monitored by payers improved • Costs to health care systems and payers reduced



Evaluation strategies provide evidence to inform use of resources, decision making, and planning