

Montana Lifespan Respite Caregiver Survey Overview

- ❖ Why we did phone interviews
 - ❖ Program evaluation – evaluator doing the survey
 - ▶ Gain insight into the benefits of respite
 - ▶ Understand why respite is needed
 - ▶ Gauge how respite is being used
 - ▶ Learn what other support would be most helpful for caregivers
 - ❖ Program and policy design

- ❖ Recruitment of participants
 - ❖ Postcards – opt-in
 - ❖ Current caregivers

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Nine Categories of Questions

- ▶ Introductory
- ▶ The nature of caregiving
- ▶ Respite providers
- ▶ Other forms of support
- ▶ Vouchers
- ▶ Respite use – satisfaction and dosing
- ▶ Respite dollars
- ▶ How respite has helped
- ▶ Additional respite items

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- ❖ What have we learned thus far:
 - ❖ Caregiving is a unique experience in its benefits and strains
 - ❖ Getting a break from caregiving has innumerable benefits – health, relationships, psychological and emotional – and what those benefits are specifically
 - ❖ Applying and getting reimbursed through Lifespan Respite is easy but finding providers can be challenging
 - ❖ Hiring process, pay and how time is spent varies but falls into common categories
 - ❖ Building a community of support is something that many would like help with
 - ❖ Being asked for their feedback and input has been valuable to the caregivers