

“THE BASELINE: CURRENT RESPITE SERVICES IN ND”

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LEARNING OBJECTIVES

- Description of respite services currently available under state and or federal funding sources and how people can apply for these services
- Other respite services available to families outside of state and federal funded services
- Potential barriers to consumers being able to access the services or other policy limitations or gaps that deter use

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STATE AND FEDERALLY FUNDED RESPITE

- Older Adults and Individuals with Physical Disabilities
- State Funded:
 - Service Payments Aged and Disabled (SPED)
 - Expanded Services Payments Elderly & Disabled (Ex-SPED)
- Federally Funded
 - Home and Community Based Services 1915 (c) Medicaid Waiver
 - Family Caregiver Support Program
 - Lifespan Respite Emergency Respite Voucher



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ELIGIBILITY

SPED

- Functional Eligibility
 - Impaired in certain number of ADL & IADLs
- Financial Eligibility
 - \$50,000 or less in liquid assets
 - Cost share based on income

EX-SPED

- Functional Eligibility
 - Not severely impaired in ADLs of toileting, transferring, or eating and impaired in certain IADLs
- Financial Eligibility
 - Medicaid Eligible
 - Income at or below SSI

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ELIGIBILITY

HCBS 1915 (c) Medicaid waiver

- Functional Eligibility
 - Screen at a NF LOC
 - If under 65, deemed disabled by Social Security Criteria or the State Review Team
- Financial Eligibility
 - Medicaid Recipient

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SPED, EX-SPED, HCBS WAIVER RESPITE

- Respite care is care to an eligible individual for a specified period of time for the purpose of providing temporary relief to the individual's primary (live-in) caregiver from the stresses and demands associated with constant care or emergencies.
- Monthly Respite Cap: \$1070
 - Service Locations
 - Private Family Dwelling
 - Adult Day Services
 - Institutional Respite
 - Home of an approved qualified service provider (QSP)

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ELIGIBILITY

Family Caregiver Support Program

- Federally funded under the Older Americans Act, this program offers help to:
 - Individuals who are caring for an adult age 60 or older
 - Older relative caregivers who are age 55 or older, and who are caring for grandchildren or other young relatives age 18 or younger
 - Older relative caregivers age 55 or older who are caring for an adult child age 19-59 who has a disability
 - Individuals who are caring for a person with Alzheimer's or another type of dementia regardless of age

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FAMILY CAREGIVER SUPPORT PROGRAM

- Help for caregivers if they are providing 24-hour care and the care recipient has two or more activities of daily living (ADL) limitations or a cognitive impairment which makes it unsafe for them to be left alone
 - The ADL impairment requirement for respite services eligibility does not apply to children ages 18 and under
- Annual Cap: \$6,000
 - Service Locations
 - Private Family Dwelling
 - Adult Day Services
 - Institutional Respite
 - Home of an approved qualified service provider (QSP)
 - Daycare/ Kids Camp etc.

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