

**Lauren J. Parker, PhD**  
**Assistant Scientist**  
**Department of Health, Behavior and Society**  
**Johns Hopkins Bloomberg School of Public Health**



**Dr. Lauren J. Parker** is an Assistant Scientist in the Department of Health, Behavior and Society at Johns Hopkins Bloomberg School of Public Health. Her research examines how home-and-community based supports can be used to address the cultural needs of African American and Hispanic caregivers for people with dementia. With funding from the National Institute on Aging (NIA), she examines the influence of adult day services on physiological and psychosocial stressors for African American caregivers. This emerging

line of research integrates both biological and psychosocial indicators of stress. Another area of scholarly interest is to disseminate and implement culturally tailored stress-reduction interventions into real world settings. As such, she is the Co-Investigator on two NIA-funded research studies to culturally adapt the Adult Day Service (ADS) Plus program for Spanish-speaking and African American caregivers.

Dr. Parker serves on the Leadership Core/Health Equity Task Force of the Center for Disease Control Building Our Largest Dementia (BOLD) Infrastructure, Public Health Center of Excellence (PHCOE) in Dementia Caregiving at the University of Minnesota. She also serves on the Research Committee of the National Adult Day Service Association, and on the ARCH Committee for Advancement of Respite Research.