

New Ways to Support Caregivers in Your Community

In 2017, an estimated 41 million family caregivers in the United States provided an estimated 34 billion hours of unpaid care with an annual market value of \$470 billion¹.

Respite care provides caregivers with a short-term break from the daily responsibility of caregiving while their loved one receives supervision and personal care from a qualified individual.

The primary goal of respite care is to restore the balance between caring for others and caring for yourself.

Learn how you can establish a community respite care program

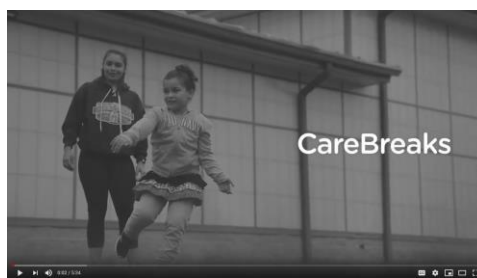
Supporting Family Caregivers: Nursing Students as Respite Providers Toolkit

<https://bit.ly/RespiteToolkitRI>



CareBreaks: Nursing Students as Respite Providers Video

<https://bit.ly/CareBreaksRI>



¹ Reinhard, S. C., Feinberg, L. F., Houser, A., Choula, R., & Evants, M. (2019, November). Insight on the Issues: Valuing the Invaluable: 2019 Update Charting a Path Forward. Retrieved from www.aarp.org/content/dam/aarp/ppi/2019/11/valuing-the-invaluable-2019-update-charting-a-path-forward.doi.10.26419-2Fppi.00082.001.pdf

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