Volunteer Respite Manual - Creating Valuable Options for Family Caregivers

Step-by-Step Startup Manual

Sample Topics: Recruitment, Management and Supervision, Retention, Liability and Risk Management

Training Resources

National Volunteer Organization Resources

Program Case Studies

COVID-19 Considerations

Sample Forms, Polices and Procedures, Handbooks

Link: archrespite.org/library/volunteer-respite-manual
Innovative and Exemplary Volunteer & Faith-based Respite Services

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<th>The Center for Volunteer Caregiving</th>
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<tr>
<td>Caregiver Volunteers of Central Jersey Alzheimer’s Respite Care Program</td>
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<td>Home Away from Home Respite Center at SUNY Geneseo</td>
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<td>Rhode Island CareBreaks – Nursing Student Respite Workforce Initiative</td>
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<td>Caregiver Respite Program at Lifespan of Greater Rochester, New York</td>
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<td>Claude Moore Precious Time, James Madison University, Virginia</td>
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Link: [archrespite.org/provider-resources/innovative-and-exemplary-respite-services](archrespite.org/provider-resources/innovative-and-exemplary-respite-services)
ARCH Volunteer and Faith-based Respite Learning Collaborative

- Purpose and Overview
- Recordings of Past Calls and Presentations
- Links to Additional Resources and State Tools

Link: archrespite.org/ta-center-for-respite/learning-collaboratives/#LCAvancedTabs-4
Learning Collaborative Presentations

- Students as Respite Volunteers: A Creative Approach to Supporting Family Caregivers
- Step-by-Step Guide to Mini-grants for Volunteer and Faith-based Respite
- Community Care Corps *presented by Caregiver Action Network*
- NC Lifespan Respite Project’s Volunteer Respite Consortium.
- South Carolina Break Rooms in Faith and Community-based Programs
- New York State Caregiving and Respite Coalition Respite Revival and Respite Ministry/Respite for All Foundation, Alabama

*All presentation recordings can be found at archrespite.org/ta-center-for-respite/learning-collaboratives/#LCAvancedTabs-4*
Network-wide Webinars

- Volunteer Respite – Putting the Pieces Together: Implementation from Recruitment to Matching

- Respite in the Faith Community

- TimeBanking for Respite: An Innovative and Socially Just Approach to Supporting Family Caregivers - Edgar Cahn and Christine Gray
  [https://archrespite.org/library/timebanking-for-respite-2016/](https://archrespite.org/library/timebanking-for-respite-2016/)

- Timebanking for Respite: Communities Supporting Caregivers

- Advancing the Breakroom in South Carolina’s Faith Communities
Podcasts – Conversations on Caregiving: *Exploring Respite Care Innovations*

- Podcast One: Not free, but freely given
- Podcast Two: Respite is a contact sport, not a spectator sport
- Podcast Three: Flooding the airways with kindness

Link: archrespite.org/provider-resources/caring-conversations-exploring-respite-care-innovations/
Examples

State Tools for Volunteer and Faith-Based Respite

- South Carolina’s Break Rooms in Faith Communities, Handbook and ISBA presentation, 2021
- Alabama’s Toolkit for Volunteers and Faith Communities
- Rhode Island Toolkit: *Supporting Family Caregivers: Nursing Students as Respite Providers Toolkit*
- Hawaii Lifespan Respite TimeBanks Feasibility Study
- New York’s *Expanding a Volunteer Respite Workforce to Provide Support to Caregivers in New York State*

Resources from ACL and other Organizations

- Administration on Aging Grantee Engagement of Volunteers in Dementia Activities
  [Link](https://pblob1storage.blob.core.windows.net/public/nadrc/docs/2022-AoA-Grantee-Volunteer-Engagement-10142022.pdf)

- Community Care Corps Symposium: Supporting Older Adults, Caregivers and Adults with Disabilities Through Innovative Volunteer Models, USAging, 2022
  [Link](www.communitycarecorps.org/_files/ugd/dd1ada_439d81dbf5c54dbe8ead5c889b814e93.pdf)

- Collaborating with Faith Communities on Social Engagement: Takeaways from the March engAGED webinar [Blog Post]

- The Role and Value of Volunteers in Home- and Community-Based and Long-Term Care Programs for Older Adults, Administration for Community Living, March 2022
  - Volunteerism Study
    [Link](https://pblob1storage.blob.core.windows.net/public/nadrc/docs/2022-AoA-Grantee-Volunteer-Engagement-10142022.pdf)
  - Effective Volunteer Practices
  - Economic Value of Volunteers
    [Link](https://acl.gov/sites/default/files/programs/2021-09/ACL%20Volunteerism%20Study Infographic%20August%202021.pdf)