Innovative and Exemplary Practice
January 27, 2021

Moderated by Susan Janko Summers, ARCH and Casandra Firman, ARCH
Presenters

Sherrie Kizer, Executive Director
Agape Respite Care, Inc., Berne, Indiana  2019 Award Recipient

Megan O’Keefe, Executive Director &
Fran Pannella, Program Director
Alzheimer’s Respite Care Program, Tom’s River, New Jersey  2019 Award Recipient

Barb Williams, Respite Service Manager
ChildServe, Johnston, Iowa  2020 Award Recipient
Today's Agenda...

- Share information about the purpose of the ARCH Innovative and Exemplary Practice Initiative.
- Describe the process of applying and selecting Innovative and Exemplary programs.
- Introduce three Innovative and Exemplary Programs.
About ARCH’s Innovative and Exemplary Practice Initiative

- To identify and document promising respite practices across settings and service populations.
- To learn more about respite services that are evidence-based or evidence-informed or are developing new service models and collecting practice-based evidence documenting their benefits to caregivers, care receivers and families.
- To learn ways of addressing challenging aspects of providing respite to special populations.
- To honor the work of Innovative and Exemplary Programs.
About ARCH’s Innovative & Exemplary Practice Initiative

The application & review process.

https://archrespite.org/innovative-and-exemplary-respite

Pre-Application Checklist
For Innovative and Exemplary Respite Services

Before you proceed with the application, make sure you meet the following minimum criteria. You must be able to respond YES to each of the three questions below before completing the application. Programs that cannot answer yes to all three Pre-Application Screening questions cannot be considered for a full review.

1. Have you been in operation for at least 3 years?

2. Do you have written guidelines for your respite service or an operations manual that you would be willing to share with ARCH and with others who might wish to replicate your services if selected as exemplary or innovative?

3. Do you have a written plan for how you will measure performance or a logic model for measuring performance? The written plan may be as simple as identification of a single outcome or multiple outcomes you plan to measure and a short description of how you plan to measure them. It is not necessary to have completed a logic model or formal evaluation at the time you complete this application.
7 Criteria for Selection

1. An Evidence-Based or -Informed Approach
2. Written Plan with Goals and Objectives
3. Program or Service Manual or Guide
4. Person- and Family-Centered Services
5. Professional Development Plan
6. Evaluation and Data Collection Plan
7. Sustainability

Link to checklist
An Evidence-Based or Evidence-Informed Approach ...

is guided by research, data, and the knowledge and wisdom gained through practice
A Written Plan with Goals and Objectives... clearly articulates your program’s targeted outcomes and performance targets. Goals and objectives inform data collection efforts.
A Program or Service Manual or Guide... 

connects outcomes with the activities that led to them. A detailed manual or guide is necessary for program replication.
Person- & Family-Centered Services... is a collaborative approach to planning, delivering and evaluating services.
Professional Development Planning...

ensures volunteers and staff are trained and supported in competently and confidently providing safe services according to program plans, policies and protocols.
Program Evaluation and Data Collection...

measures program implementation and fidelity, consumer satisfaction, and person- and family-centered outcomes related to individual and program goals.
Sustainability... includes stable and shared leadership, diversified resources, and a written plan.
ChildServe ~ Group, Individual, Specialized, Camp

650 Children/Young Adults
133,000 Hours of Respite

Over 500 Staff
25 Years of Respite
LOCATED IN BERNE, INDIANA
A place to NEVER outgrow
AGAPE SPORTS LEAGUE

BASEBALL 2003 - PRESENT

BOWLING 2008 – PRESENT
In Peggy’s words . . .
Social Model  ~  Training Approach  ~  Innovative
Person and Family Centered
Our Volunteers

• Prepared
• Supported
• Celebrated
Being Person-Centered Helps Us Adapt to Covid

- Check In Calls
- Outdoor Visits
- Virtual Visits & Trainings
Relationships are Key to Sustaining Momentum and Growth

The Greatness of a Community is most accurately measured by the Compassionate actions of its Members
~ Coretta Scott King

PARTNERS IN CARING
caregivervolunteers.org

Thank You To Our 2020 Partners In Caring

Without the support of our local partners we would not be able to provide services to the over 1400 seniors in Ocean and Monmouth Counties.

September 2020
Our Impact
2019 Innovative & Exemplary Practice Programs

▪ Agape Respite Care, Inc., Berne, IN
▪ Caregiver Volunteers of Central Jersey/Alzheimer’s Respite Care Program, Toms River, NJ
▪ George Mark Children's House, San Leandro, CA
▪ A Rosie Place for Children, South Bend, IN
▪ Anne Arundel County Department of Aging and Disabilities Respite Care Referral Program, Glen Burnie, MD
▪ Assistance with Residential Care in the Home Respite Care, St. Louis Arc, St. Louis, MO

▪ Child Care Aware® of America Exceptional Family Member Program (EFMP) Respite Care, Arlington, VA
▪ Claude Moore Precious Time, Harrisonburg, VA
▪ Gio’s Garden, Middleton, WI
▪ Masterpiece R&R Respite Care Program, Lincoln, NE
▪ Providence House, Cleveland, Ohio
▪ Respite Care, Inc., Fort Collins, CO
▪ Vanessa Behan Crisis Nursery, Spokane, WA
Innovative & Exemplary Respite Services

- Caregiving Youth Project of the American Association of Caregiving Youth, Boca Raton, FL
- ChildServe Respite, Johnston, IA
- Lifespan of Greater Rochester, Caregiver Respite Program, Rochester, NY
- Rhode Island Care Breaks, Cranston, Rhode Island
- RISE Wisconsin, Inc., The Respite Center, Madison, WI
- Ryan House, Phoenix, AZ
- TRE-ADD Respite Choices, Community Living Toronto, Toronto, Canada

Innovative Respite Services

- Central Minnesota Elder Network, Respite Care Program, Alexandria, MN
- Nurturing Newborns, Centennial, CO
- Soar 35 Respite, Richmond, VA
- The ALS Association, MN, ND and SD Chapter, Jack Norton Family Respite Program, Saint Paul, MN
Presenters’ Contact Information

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ARCH National Respite Network and Resource Center

https://archrespite.org/

Lifespan Respite Technical Assistance Center

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2020, Rising Stars

- Alzheimer’s Disease Caregiver Support Initiative  
  *Plattsburgh, New York*
- Bethel Life, Loving Hands  
  *Greenville, Pennsylvania*
- Dutter House  
  *Beloit, Wisconsin*
- Family to Family Adult Care Service  
  *Memphis, Tennessee*
- Music Therapy Respite Program at the Cleveland Clinic Lou Ruvo Center for Brain Health  
  *Las Vegas, NV*