Inaugural Meeting
Committee for Advancement of Respite Research

Advance respite research with activities and innovations to develop an evidence base for respite

May 5, 2021
Ray Kirk, PhD
Welcome and Introductions

ARCH Staff

CARR Members
Brief Historical Review

- Purpose of CARR
- Review of ARCH respite research-related activities
ARCH Goals for Advancing Respite Research

- Improve access to and quality of respite services
- Identify aspects of respite services and models that make them exemplary
- Evaluate and replicate promising respite services
- Translate research findings into practice and policy
- Identify additional possibilities (e.g., funding opportunities for research)
Review of Summit Report and Findings

- Model definition: Describing the respite model under investigation
  *Define v. describe: Models, essential elements, populations, settings*

- Research funding
  *Identifying/obtaining funding; categorical funding driving services & designs*

- Measures and measurement
  *Qualitative/Quantitative; R&V; QoL; individualized v. generalizable; outcomes*

- Culturally appropriate research with hard-to-reach or serve populations
  *Culture, race, ethnicity, SE vars; overcoming distrust; research ambassadors*
Review of Summit Report and Findings (con’t)

- Rethinking cost-effectiveness and cost/benefit studies
  *Time-intensive; negative outcome avoidance; units of analysis; added value*

- Workforce development and access to respite
  *Workforce size, competencies, training, compensation, regulation*

- Utilizing research findings to inform and improve policy and practice
  *Provider acceptance/participation; partnerships; communities of practice across disciplines; being “research ready”*

- Impact of COVID-19 on respite and post-pandemic respite
  *Technology; access, utilization, satisfaction; Is it still respite?; returning to “normal”*
Reactions and Feedback

- Are these the research issues we should be addressing?
- Do you have other ideas?
- Do you have suggestions for prioritizing issues?
Committee Goals and Expectations

- Committee goals
- Member expectations
- Most productive use of members’ time
- Best ways for ARCH to access your expertise
Wrap-up and Next Steps