Inaugural Meeting
Committee for Advancement of Respite Research

Advance respite research with activities and innovations to develop an evidence base for respite

May 5, 2021
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Brief Historical Review

Purpose of CARR

Review of ARCH respite research-related activities

ARCH Goals for Advancing Respite Research

- Improve access to and quality of respite services

- Identify aspects of respite services and models that make them exemplary

- Evaluate and replicate promising respite services

- Translate research findings into practice and policy

- Identify additional possibilities (e.g., funding opportunities for research)

Review of Summit Report and Findings

- Model definition: Describing the respite model under investigation
  Define v. describe: Models, essential elements, populations, settings

- Research funding
  Identifying/obtaining funding; categorical funding driving services & designs

- Measures and measurement
  Qualitative/Quantitative; R&V; QoL; individualized v. generalizable; outcomes

- Culturally appropriate research with hard-to-reach or serve populations
  Culture, race, ethnicity, SE vars; overcoming distrust; research ambassadors

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Review of Summit Report and Findings (con't)

- **Rethinking cost-effectiveness and cost/benefit studies**
  Time-intensive; negative outcome avoidance; units of analysis; added value

- **Workforce development and access to respite**
  Workforce size, competencies, training, compensation, regulation

- **Utilizing research findings to inform and improve policy and practice**
  Provider acceptance/participation; partnerships; communities of practice across disciplines; being "research ready"

- **Impact of COVID-19 on respite and post-pandemic respite**
  Technology; access, utilization, satisfaction; Is it still respite?; returning to "normal"

Reactions and Feedback

- Are these the research issues we should be addressing?

- Do you have other ideas?

- Do you have suggestions for prioritizing issues?

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Committee Goals and Expectations

- Committee goals
- Member expectations
- Most productive use of members' time
- Best ways for ARCH to access your expertise

Wrap-up and Next Steps