

Lifespan Respite Care Program Enhancement Grant

PROJECT SUMMARY

Grantee Organization: Arizona Department of Economic Security (ADES)'s Division of Aging and Adult Services (DAAS)

State: Arizona

Project Period: October 1, 2020 to September 30, 2023

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Project Overview:

The Arizona Department of Economic Security (ADES) Division of Aging and Adult Services (DAAS) is responsible for oversight and administration of programs and services for older adults. DAAS will work collaboratively with the Area Agencies on Aging, Aging and Disability Resource Center (ADRC) partners, the Arizona Caregiver Coalition, and other stakeholders, to further strengthen the Arizona Respite Network and the Arizona Lifespan Respite Care Program (AZLRCP).

The **goal** of this project is to continue to enhance the AZLRCP by addressing identified gaps and increasing alternative respite care options, such as emergency respite, flexible consumer-directed options, and volunteer contributions, while ensuring culturally appropriate respite services are accessible to diverse populations of caregivers throughout the state.

Project objectives: 1) continue to make respite care more accessible by adding flexible options to include unlicensed day centers, volunteer respite, and self-directed respite; 2) enhance provision of emergency respite to caregivers, including families identified by Arizona's Adult Protective Services to mitigate potentially abusive situations; 3) continue to provide consistent delivery of respite care services statewide, specifically through training guidelines; and 4) establish a formal Lifespan Respite Network in Arizona, with working committees that address marketing and public awareness of the LRCP, training for respite providers and volunteers, and engaging partnerships.

Proposed interventions: continue successful respite services, including Adult Day Center Respite and Respite Vouchers; add new emergency respite component to Respite Vouchers; identify

respite service gaps and conduct outreach to reduce those gaps; expand LCRP statewide to offer consumer-directed respite care in areas where those programs do not exist; develop a new program component by creating a list of non-licensed day center programs to add more providers and cover a larger geographic area; implement a new program to reach special populations by offering mini-grants to community and faith-based organizations; and expand the Arizona LRCN through a workgroup to share information and coordinate activities to increase effectiveness of the Arizona respite system.

Outcomes and Products:

Anticipated outcomes: 1) improved caregiver well-being; 2) improved access to respite care; 3) improved access to emergency respite; and 4) increased caregiver and volunteer competency in provision of care and respite.

Expected products: final report; evaluation results; cost analysis; annual data reports; program materials for replication; and caregiver training guidelines for respite workers and volunteers.

