Grantee Organization: New York State Office for the Aging
State: New York
Project Period: July 1, 2021 to June 30, 2026
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Project Overview:

New York’s Lifespan Respite Core Team – New York State Office for the Aging (NYSOFA), Monroe County Office for the Aging (MCOFA), New York State Caregiving and Respite Coalition (NYSCRC), and NY Connects/NWD will build capacity through collaboration, coordination, and input from caregivers and other key stakeholders to meet the goal and objectives.

The goal of this project is to strengthen New York’s Lifespan Respite Care System by piloting a NYSCRC regional satellite to build capacity for expanded information, education, respite, and other caregiver supports to underserved groups; as well as statewide development of new partnerships, targeted outreach, and advocacy to provide a sustainable, coordinated respite care system to support caregivers across the age and disability spectrum.

Project objectives: 1) pilot a NYSCRC satellite Regional Caregiver Wellness and Respite Center (CWRC); 2) engage, assess, and provide services to family caregivers in the region; 3) add LifeCourse Tools for Respite for NY Connects/NWD trained counselors’ caregiver toolbox for improved access to respite statewide; 4) develop and implement a respite worker training program; and 5) increase family caregivers’ self-identification and awareness of their role.

Proposed interventions: pilot a Regional Caregiver Wellness and Respite Center to extend NYSCRC’s reach; implement the LifeCourse Tools for Respite for NY Connects/NWD trained counselors as a caregiver tool to improve access to respite statewide across all age and disability groups; create a self-paced online respite worker training program to teach skills required for success in respite delivery; develop a New York Respite Care Certificate Program (RCCP), modeled after Wisconsin; increase family caregiver’s self-identification and awareness of their role by working with other state agencies and partners to coordinate and provide outreach and technical assistance.

Outcomes and Products:

Anticipated outcomes: 1) enhanced structural framework to strengthen the network of caregiving and respite supports through the CWRC; 2) improved well-being for caregivers receiving respite services through the CWRC; 3) improved delivery of respite and other caregiver services for underserved populations within CWRC’s region; 4) increased inventory of respite providers; and 5) improved access to caregiver-centered programs, supports, and services.

Expected products: on-line training curriculum for respite workers; respite policy for CWRC; readiness review tool for future expansion of CWRCs; caregiver campaign; TCARE assessment mini-evaluation report; and final report, including program evaluation.