

Lifespan Respite Care Program Enhancement Grant

PROJECT SUMMARY

Grantee Organization: Texas Health and Human Services Commission (HHSC)

State: Texas

Project Period: September 1, 2020 to August 31, 2023

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Project Overview:

The Texas Health and Human Services Commission (HHSC) will partner with the Texas Respite Advisory Committee (TRAC) and key stakeholders to implement this project. Stakeholders will include state, private and nonprofit respite providers, family caregivers, advocacy groups, area agencies on aging (AAAs) and aging and disability resource centers (ADRCs).

The **goal** of this project is to enhance current state and local coordinated Lifespan Respite Care systems through innovative technology and concerted efforts to provide access to direct respite services, thereby increasing the total number of caregivers and families served.

Project objectives: 1) strengthen the online presence through a mobile enhanced website; 2) innovate virtual respite resources; 3) enhance community development and involvement; and 4) increase outreach to Asian communities.

Proposed interventions: develop survey to distribute to ADRC partners and subcontractors; enhance Take Time Texas (TTT) website; partner with respite providers to determine how to increase functionality of TTT; address gaps in training; host trainings and a conference; address gaps in respite care in the Asian American community; expand Asian American-focused and volunteer-run respite care; develop and distribute outreach materials to targeted populations; and conduct outreach through local community centers for the Asian population.

Outcomes and Products:

Anticipated outcomes: 1) increased availability [of respite] for caregivers; 2) alternative resources available for caregivers; 3) increased community strength and sustainability; and 4) increased knowledge of respite care among Asian communities.

Expected products: mobile friendly, enhanced Take Time Texas respite website; respite provider training manual for the 28 Texas ADRCs to use and disseminate. These materials will be made available in print and on the Take Time Texas website at taketimetexas.org.

