A Research Agenda for Adult Day Services
ARCH Respite Research Summit
September 29-30, 2020

William Zagorski
Chair and Research Committee Chair, National Adult Day Services Association
• Adult Day Services (ADS) are a highly variable service setting providing coordinated services to adults of all ages and abilities in community-based group setting.

• ADS are designed to provide social and often health related services to adults in need of supervised or assisted care during the day, outside of their residence.

• ADS provides respite services for caregivers who otherwise provide 24/7 care for their loved ones.
• NADSA is the membership association representing ADS centers across the United States
• More than 6,000 ‘registered’ centers, and likely another 3,000-4,000 ‘unregistered’ centers operating throughout the nation as of early 2020.
• NADSA created a Research Committee more than a decade ago to help align the disparate data collection and research initiatives throughout the industry.
NADSA Research Committee

Outcomes matrix established

Uniform Outcomes Measures in ADS, Journal of Applied Gerontology*

NADSA Research Statement and Five-Year Plan, Domain Map – Handout

Comprehensive Annotated Bibliography**

2015

2018

2019

2019

** https://www.nadsa.org/research/
Domains reflect a cycle of planning, implementing, evaluating, and translating into practice and policy.
Challenges and Takeaways

• Challenges
  • Standardization of ADS Models
  • Research Participation
    • Standardization of metrics, tools, and collection practices
    • Simplify, disseminate, and educate diverse providers for “grass roots” research participation
  • Data collection, analysis, and retention
    • Partnerships
• Ongoing implementation, evaluation, and updates are essential
• ADS is an effective intervention for both participants and caregivers – the data tells the story