



# A Research Agenda for Adult Day Services

ARCH Respite Research Summit  
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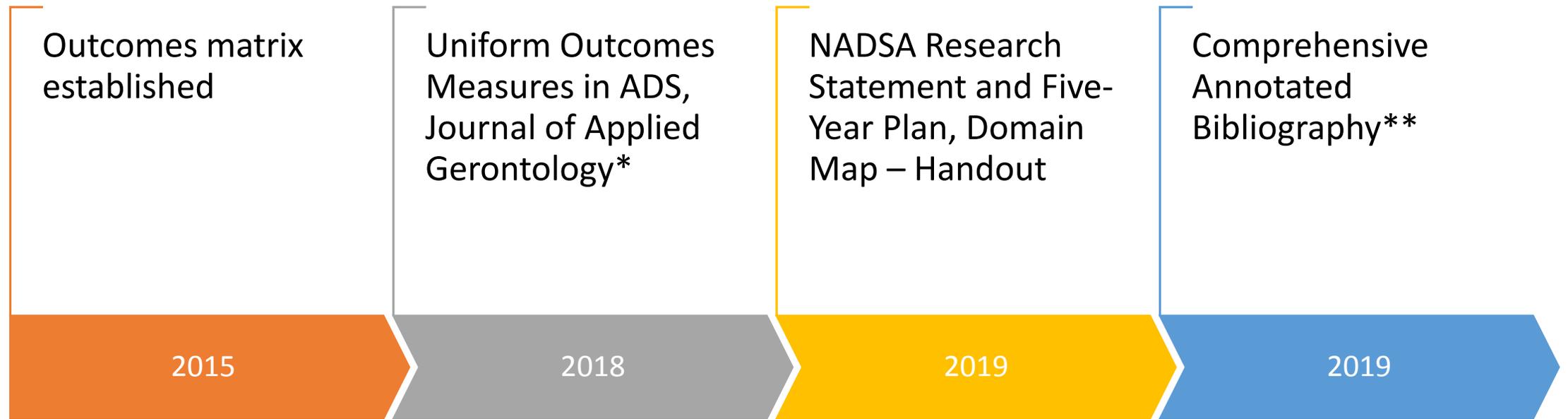
# Adult Day Services

- Adult Day Services (ADS) are a highly variable service setting providing coordinated services to adults of all ages and abilities in community-based group setting.
- ADS are designed to provide social and often health related services to adults in need of supervised or assisted care during the day, outside of their residence.
- ADS provides respite services for caregivers who otherwise provide 24/7 care for their loved ones

# National Adult Day Services Association

- NADSA is the membership association representing ADS centers across the United States
- More than 6,000 'registered' centers, and likely another 3,000-4,000 'unregistered' centers operating throughout the nation as of early 2020.
- NADSA created a Research Committee more than a decade ago to help align the disparate data collection and research initiatives throughout the industry.

# NADSA Research Committee



\*<https://pubmed.ncbi.nlm.nih.gov/29900756/>

\*\* <https://www.nadsa.org/research/>

Domains reflect a cycle of planning, implementing, evaluating, and translating into practice and policy.





# Challenges and Takeaways

- Challenges
  - Standardization of ADS Models
  - Research Participation
    - Standardization of metrics, tools, and collection practices
    - Simplify, disseminate, and educate diverse providers for “grass roots” research participation
  - Data collection, analysis, and retention
    - Partnerships
- Ongoing implementation, evaluation, and updates are essential
- ADS is an effective intervention for both participants and caregivers – the data tells the story