

A Research Agenda for Adult Day Services

ARCH Respite Research Summit
September 29-30, 2020

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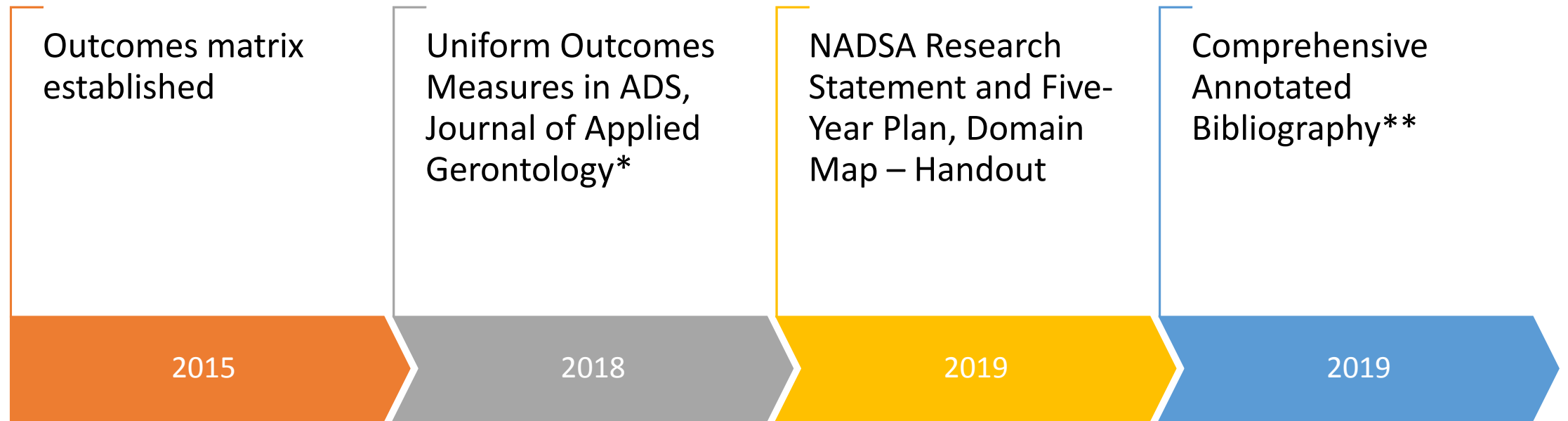
Adult Day Services

- Adult Day Services (ADS) are a highly variable service setting providing coordinated services to adults of all ages and abilities in community-based group setting.
- ADS are designed to provide social and often health related services to adults in need of supervised or assisted care during the day, outside of their residence.
- ADS provides respite services for caregivers who otherwise provide 24/7 care for their loved ones

National Adult Day Services Association

- NADSA is the membership association representing ADS centers across the United States
 - More than 6,000 'registered' centers, and likely another 3,000-4,000 'unregistered' centers operating throughout the nation as of early 2020.
 - NADSA created a Research Committee more than a decade ago to help align the disparate data collection and research initiatives throughout the industry.
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NADSA Research Committee





*<https://pubmed.ncbi.nlm.nih.gov/29900756/>

** <https://www.nadsa.org/research/>

Domains reflect a cycle of planning, implementing, evaluating, and translating into practice and policy.





Challenges and Takeaways

- Challenges
 - Standardization of ADS Models
 - Research Participation
 - Standardization of metrics, tools, and collection practices
 - Simplify, disseminate, and educate diverse providers for “grass roots” research participation
 - Data collection, analysis, and retention
 - Partnerships
- Ongoing implementation, evaluation, and updates are essential
- ADS is an effective intervention for both participants and caregivers – the data tells the story