

ARCH Committee for Advancement of Respite Research (CARR)

Overview and Purpose

ARCH Respite Research Initiative

ARCH has advanced efforts to enhance the respite evidence base to assist with sustainability, promote continuous quality improvement, and help grantees and others translate research into best practices. ARCH will plan and carry out strategies to collect, synthesize, disseminate, and stimulate research in the field of respite and family caregiver support. The ARCH Goals for Advancing Respite Research include:

- Improve access to and quality of respite services
- Identify aspects of respite services and models that make them exemplary
- Evaluate and replicate promising respite services
- Translate research findings into practice and policy
- Identify additional possibilities (e.g., funding opportunities for research)

CARR Purpose

The purpose of the Committee for Advancement of Respite Research (CARR) is to advise ARCH on the execution of its respite research initiative and help advance a respite research agenda that supports activities and innovations to develop an evidence base for respite care and related services.

The CARR is comprised of former members of the ARCH Expert Panel on Respite Research, research scholars and evaluators, and foundation representatives. ARCH will convene virtual semiannual CARR meetings to review progress in implementing earlier research recommendations, monitor ongoing research activities and findings, and explore new translational and implementation research needs, including testing of new respite models and informal respite supports. CARR will consider the research findings identified during the virtual Respite Research Summit, review pertinent recommendations from the Raise Family Caregiving (RFC) and the Supporting Grandparents Raising Grandchildren (SGRG) Advisory Councils that might inform future research, develop priorities for new research recommendations, establish a new research agenda, and strategize to implement these recommendations. At the conclusion of this work, ARCH and CARR will convene an in-person Respite Research Summit to provide a status update on respite research and implementation of research recommendations to date, discuss practice and policy implications of the findings, engage with a panel of Innovative and Exemplary Respite services providers for model studies, and solicit guidance and interest from funders on advancing the agenda.