

ALABAMA

Alabama Medicaid Agency

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<http://medicaid.alabama.gov/>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[Alabama Home & Community-Based Waiver for Persons with Intellectual Disabilities](#)

Provides residential habilitation, residential habilitation-other living arrangement, day habilitation, day habilitation with transportation, prevocational services, supported employment, individual job coach and job developer, occupational therapy (OT), speech and language therapy, physical therapy (PT), behavior therapy, in-home, out-of-home and institutional respite care, personal care (including on worksite), transportation, environmental accessibility adaptations, specialized medical equipment, medical supplies, skilled nursing, adult companion services, crisis intervention, and community specialist for individuals aged 3 and older who are diagnosed with an intellectual disability.

[Alabama HCBS Living at Home Waiver for Persons with ID](#)

Provides day habilitation, personal care, prevocational, respite, supported employment, behavior therapy, community specialist services, crisis intervention, environmental accessibility adaptations, individual directed goods and services, OT (occupational therapy), PT (physical therapy), residential habilitation, skilled nursing, specialized medical equipment, specialized medical supplies, speech and language therapy, supported employment and emergency transportation for individuals aged 3 and above who are diagnosed with an intellectual disability or related conditions.

[Alabama Community Transition \(ACT\) Waiver](#)

Provides adult day health, community case management, homemaker, personal care, respite (skilled and unskilled), adult companion service, assistive technology, home delivered meals, home modifications (environmental accessibility adaptations), medical equipment supplies and appliances, personal assistant service PERS (personal emergency response system –installation and monthly fee), skilled nursing, and transitional assistance for individuals aged 65 and older.

[Alabama Home & Community-Based Waiver for the Elderly & Disabled](#)

Provides adult day health, case management, homemaker, personal care, respite care (skilled and unskilled), companion service, and home delivered meals for individuals aged 65 and older.

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Alabama Home and Community-Based Waiver for Persons with Intellectual Disabilities (0001.R07.00)

State Operating Agency: Alabama Department of Mental Health (DMH), Division of Developmental Disabilities

Description	This waiver is a comprehensive waiver that provides day habilitation, day habilitation with transportation, residential habilitation, residential habilitation-other living arrangement, prevocational services, supported employment, individual job coach and job developer, OT (occupational therapy), speech and language therapy, PT (physical therapy), behavior therapy, in-home, out-of-home and institutional respite care, personal care (including on worksite), transportation, environmental accessibility adaptations, specialized medical equipment, medical supplies, skilled nursing, adult companion services, crisis intervention, and community specialist.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals age 3 and older who are diagnosed with an intellectual disability.
Level of Care	Individual requires level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite Care services are given to waiver recipients unable to care for themselves on a short-term basis because of the absence or need for relief of those persons normally providing the care. Respite care may be provided in the waiver recipient's home, place of residence, or a facility approved by the State, which is not a private residence.</p> <p>Out-of-home respite care may be provided in a certified group home or ICF/IID. In addition, if the waiver recipient is less than 21 years of age, out-of-home respite care may be provided in a JCAHO Accredited Hospital or Residential Treatment Facility (RTF). The limitation on in-home and out-of-home respite care in combination shall be 1080 hours or 45 days per participant per waiver year.</p>
Respite Provider Eligibility	Information on becoming a provider of services for businesses can be found at https://mh.alabama.gov/becoming-a-community-service-provider/
Caregiver Eligibility	Respite cannot be provided by a family member.
Enrollment Limit	5260: Year ending 09/30/2019
How to Apply	Contact your local Department of Mental Health to apply for this waiver. To find the local office, visit https://mh.alabama.gov/regional-offices/
Contact Information	Alabama Department of Mental Health, Division of Developmental Disabilities Call Center (800) 361-4491, the point of contact for initial screening and referral to determine eligibility for placement on the waiting list for waiver-funded supports and services.
Link to Waiver Application	Renewal 10/01/2019: https://medicaid.alabama.gov/documents/6.0_LTC_Waivers/6.1_HCBS_Waivers/6.1.5_Intellectual Disabilities_Waiver/6.1.5_ID_Waiver_Renewal_5-24-19.pdf
Expiration Date	09/30/2019; renewal application submitted and pending
Date of Last Update	07/02/2019

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Alabama HCBS Living at Home (LAH) Waiver for Persons with Intellectual Disabilities (0391.R02.00) State Operating Agency: Alabama Department of Mental Health, Division of Developmental Disabilities

Description	This waiver is a support waiver for individuals who do not need a formal, paid residential setting and who can achieve an adequate and appropriate level of support. Services include day habilitation, personal care, prevocational, respite, supported employment, behavior therapy, community specialist services, crisis intervention, environmental accessibility adaptations, individual directed goods and services, OT (occupational therapy), PT (physical therapy), residential habilitation, skilled nursing, specialized medical equipment, specialized medical supplies, speech and language therapy, supported employment and emergency transportation.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals age 3 and above who are diagnosed as intellectually disabled or with related conditions
Level of Care	Individuals require level of care available in an Intermediate Care Facility/Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Respite care is dependent on the individual's needs as set forth in the plan of care and requires approval by the Division of Intellectual Disabilities. Respite and related services may include: in-home residential habilitation, personal care, respite care, and day habilitation. The limitation on in-home and out-of-home respite care in combination shall be 1080 hours (45 days) per participant per waiver year.
Respite Provider Eligibility	Information on becoming a provider of services for businesses can be found at https://mh.alabama.gov/becoming-a-community-service-provider/
Caregiver Eligibility	Respite cannot be provided by a relative, legal guardian, or any other legally responsible individual.
Enrollment Limit	569: Years 1-2; 769: Years 3-5 ending 09/30/2020
How to Apply	Contact your local Department of Mental Health to apply for this waiver. To find the local office, visit https://mh.alabama.gov/regional-offices/
Contact Information	Alabama Department of Mental Health, Division of Developmental Disabilities Call Center (800) 361-4491, the point of contact for initial screening and referral to determine eligibility for placement on the waiting list for waiver-funded supports and services.
Link to Waiver Application	Renewal 10/01/2015: https://medicaid.alabama.gov/documents/6.0_LTC_Waivers/6.1_HCBS_Waivers/6.1.4_Living_at_Home_Waiver/6.1.4_LAH_Waiver_Renewal_10-1-15.pdf
Expiration Date	09/30/2020
Date of Last Update	07/02/2019

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Alabama Community Transition (ACT) Waiver (0878.R01.00)

State Operating Agency: Alabama Department of Senior Services (ADSS)

Description	<p>The waiver serves individuals with disabilities or long-term care illnesses who currently reside in an institution and who desire to transition to the home or community setting. This waiver offers a consumer-directed option, which gives individuals the opportunity to have greater involvement, control, and choice in identifying, assisting, and managing long-term services and supports. This waiver is designed to create a long-term care system that enables people with disabilities or long-term care illnesses to live in their own homes or community settings.</p> <p>It provides adult day health, community case management, homemaker, personal care, respite (skilled and unskilled), adult companion service, assistive technology, home delivered meals, home modifications (environmental accessibility adaptations), medical equipment supplies and appliances, personal assistant service PERS (personal emergency response system –installation and monthly fee), skilled nursing, and transitional assistance.</p>
Waiver Type	1915(c) operates in coordination with a Section 1915(j) waiver
Target Population-Eligibility	Individuals aged 65 or older or individuals diagnosed with disabilities or long-term care illnesses (no age requirement), who are currently residing in an institution for at least 90 days or currently being served on one of Alabama’s other HCBS waivers whose condition is such that their current waiver is not meeting their needs and admission to an institution is likely. Those individuals must be eligible for transition into the community based upon an assessment and expected to move into the community within 180 days.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	Respite Care is provided to participants unable to care for themselves and is furnished on a short-term basis because of the absence of or need for relief of those persons normally providing the care. Services may include skilled or unskilled and are based on the needs of the individual participant as reflected in the Plan of Care.
Respite Provider Eligibility	Information on becoming a provider of services for businesses at https://mh.alabama.gov/becoming-a-community-service-provider/ Note: Unskilled, non-licensed personnel must possess the ability to read and write, as well as the ability to work independently on an established schedule and follow the plan of care with minimal supervision. They also must meet the same orientation and in-service requirements as a Personal Care Worker and submit to a program for testing, prevention and control of tuberculosis. Skilled providers must be approved by the Commissioner of the Alabama Medicaid Agency. Personal care providers must be employed by a certified Home Health Agency.
Caregiver Eligibility	Skilled respite providers should be provided by a Licensed Practical Nurse (LPN), Registered Nurse (RN), or a Respite Care Worker. Unskilled respite services may be provided by a relative but not the legal guardian or legally responsible person.
Enrollment Limit	675: Year ending 03/31/2020
How to Apply	Contact your local Area Agency on Aging (AAA) and Aging & Disability Resource Center (ADRC) at (800) 243-5463. Intake/Referral Form link: https://www.eastalabamaaging.org/uploadedFiles/File/Medicaid%20Waiver/Medicaid_Waiver_Intakereferral_form.pdf
Contact Information	Alabama Department of Senior Services at (800) 243-5463
Link to Waiver Application	Renewal 04/01/2016: https://medicaid.alabama.gov/documents/6.0_LTC_Waivers/6.1_HCBS_Waivers/6.1.1_ACT_Waiver/6.1.1_ACT_Renewal_6-1-16.pdf
Expiration Date	03/31/2020
Date of Last Update	07/02/2019

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Alabama Home and Community-Based Waiver for the Elderly and Disabled (0068.R06.00)

State Operating Agency: Alabama Department of Senior Services

Description	<p>This Alabama Medicaid waiver is designed to provide services to allow elderly individuals who are disabled or have disabilities and who would otherwise require care in a nursing facility to remain living at home or in the community. The program administrators do not intend for it to pay for 24-hour home care but, instead, to assist families in caring for their loved ones at home.</p> <p>This waiver includes a consumer-directed care initiative called Personal Choices. Personal Choices is offered statewide and gives individuals the opportunity to have greater involvement, control, and choice in identifying, accessing and managing their long-term services and community supports. All participants are given the opportunity to choose between the Personal Choices Program and traditional waiver services.</p> <p>Services provided under this waiver are case management, personal care, homemaker services, respite care (skilled and unskilled), companion services, adult day health, and home delivered meals.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals aged 65 and older or individuals diagnosed with physical, mental health or intellectual disabilities (no age requirement).
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Skilled and unskilled respite care is provided to individuals unable to care for themselves and is furnished on a short-term basis because of the absence of or need for relief of those persons normally providing the care.</p> <p>Skilled Respite is provided for the benefit of the participant and to meet participant's needs in the absence of the primary caregiver(s) rather than to meet the needs of others in the participant's household. Respite care is not an entitlement. It is based on the needs of the individual as reflected in the Plan of Care.</p>
Respite Provider Eligibility	Information on becoming a provider of services for businesses at https://mh.alabama.gov/becoming-a-community-service-provider/
Caregiver Eligibility	Skilled and unskilled respite may be provided by a relative or legal guardian, but not the legally responsible person.
Enrollment Limit	9355: Year ending 09/30/2022
How to Apply	Contact your local Area Agency on Aging (AAA) and Aging & Disability Resource Center (ADRC) at (800) 243-5463. Intake/Referral Form link: https://www.eastalabamaaging.org/uploadedFiles/File/Medicaid%20Waiver/Medicaid_Waiver_Intakereferral_form.pdf
Contact Information	Alabama Department of Senior Services at (800) 243-5463.
Link to Waiver Application	https://medicaid.alabama.gov/documents/6.0_LTC_Waivers/6.1_HCBS_Waivers/6.1.2_Elderly_Disabled_Waiver/6.1.2_E&D_Waiver_Application_Renewal_7-21-17.pdf
Expiration Date	09/30/2022
Date of Last Update	07/02/2019