

ALASKA

Alaska Department of Health and Social Services

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Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[AK Alaskans Living Independently](#)

Provides adult day, care coordination, respite, chore, environmental modifications, meals, residential supported living, specialized medical equipment and supplies, specialized private duty nursing, and transportation for individuals ages 65 and older with a physical disability.

[AK Adults w/Physical and Developmental Disabilities](#)

Provides adult day, care coordination, day habilitation, residential habilitation, respite, supported employment, chore, environmental modifications, intensive active treatment, meals, residential supported living, specialized medical equipment, specialized private duty nursing, and transportation for individuals aged 21 and older diagnosed with autism, development disability and intellectual disability.

[AK Children w/Complex Medical Conditions](#)

Provides care coordination, day habilitation residential habilitation, respite, supported employment, chore, environmental modifications, intensive active treatment, meals, nursing oversight and care management, specialized medical equipment, and transportation for individuals ages 0-21 who are diagnosed as medically fragile.

[AK Individualized Supports Waiver for People w/Intellectual and DD](#)

Provides services to people with IDD living in the community, who have less intensive needs than those on Alaska's IDD waiver (AK.0260.R005). In some cases, an individual may qualify for both waivers. The ISW provides care coordination, day habilitation, residential habilitation through in-home supports for ages younger than 18, residential habilitation for ages 18 and older through supported living, respite, supported employment, chore, intensive active treatment for adults, and non-medical transportation.

[AK People w/Intellectual and DD](#)

Provides care coordination, day habilitation, residential habilitation, respite, supported employment, chore, environmental modifications, intensive active treatment, meals, nursing oversight and care management, specialized medical equipment, specialized private duty nursing, and transportation for individual diagnosed with autism developmental or intellectual disabilities.

ALASKA

AK Alaskans Living Independently (0261.R05.00)

State Operating Agency: DHSS Division of Senior and Disabilities Services (SDS)

Description	<p>The purpose of this waiver is to ensure that statewide, Medicaid-eligible individuals at least 21 years old with physical disabilities or functional needs associated with aging have the option of remaining in their homes or in a home-like setting.</p> <p>The waiver provides adult day, care coordination, respite, chore, environmental modifications, meals, residential supported living, specialized medical equipment and supplies, specialized private duty nursing, and transportation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals who are age 65 and individuals between age 21 and 64 who are diagnosed with a physical disability.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite assists participants by providing temporary relief from caretaking duties for the primary unpaid caregiver, court-appointed guardian, foster parent, or providers of family habilitation services. Respite may be provided in the participant's home or the private residence of the respite provider. Respite may be provided at a nursing facility, general acute care hospital, licensed assisted living home that is not the participant's residence or licensed foster home that is not the participant's residence.</p> <p>When respite is provided in these other locations, the state will reimburse the cost of room and board during respite. The state will not pay for respite to provide oversight for other minor children in the home. A participant may receive personal care or habilitation services on the same day as respite if the state determines that the participant would be at risk of institutionalization without additional services.</p> <p>All respite services must be prior authorized. Daily respite is limited to 14 days per year, and hourly respite is limited to 520 hours per year unless the state determines that no other service options are available and that without respite services, the participant's health and/or safety would be at risk or the participant would be at risk of institutionalization.</p>
Respite Provider Eligibility	Must be a certified and/or licensed provider. Senior and Disabilities Services administer an open and continuous provider certification process. Information on becoming a provider of services: http://dhss.alaska.gov/dsds/Pages/provider/default.aspx
Caregiver Eligibility	Respite may be provided by the legal guardian but not the legally responsible person or other relative.
Enrollment Limit	2672: Year 1; 2763: Year 2; 2857: Year 3; 2954: Year 4; 3054: Year ending 06/30/2021
How to Apply	Aging and Disability Resource Center or Senior and Disabilities Services to find a care coordinator. The care coordinator will help you to apply for the waiver.
Contact Information	Alaska Department of Health and Social Services, Aging and Disability Resource Centers, toll free (855) 565-2017, (find closest center) at http://dhss.alaska.gov/dsds/Pages/adrc/default.aspx or call Senior and Disabilities Services, (907) 269-3666, http://dhss.alaska.gov/Commissioner/Pages/Contacts/default.aspx
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8139
Expiration Date	06/30/2021
Date of Last Update	07/02/2019

AK Adults with Physical and Developmental Disabilities (0262.R05.00)
State Operating Agency: DHSS Division of Senior and Disabilities Services (SDS)

Description	<p>The purpose this waiver is to ensure individuals with intellectual or developmental disabilities and physical disabilities have the option of remaining in their homes or in a home-like setting.</p> <p>This waiver provides adult day, care coordination, day habilitation, residential habilitation, respite, supported employment, chore, environmental modifications, intensive active treatment, meals, residential supported living, specialized medical equipment, specialized private duty nursing, and transportation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 21 years and older who are diagnosed with Autism, a development disability or an intellectual disability.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite care assists participants by providing temporary relief from caretaking duties for the participant's primary unpaid caregiver, court-appointed guardian, foster parent, or providers of family habilitation services. Respite may be provided in the participant's home or the private residence of the respite provider. Respite services may also be provided at a nursing facility, a general acute care hospital, a licensed assisted living home or foster home that is not the participant's residence.</p> <p>When respite is provided in these other locations, the state will reimburse the cost of room and board during respite. The state will not pay for respite to provide oversight for other minor children in the home. A participant may receive personal care or habilitation services on the same day as respite if the state determines the participant would be at risk of institutionalization without additional services.</p> <p>All respite services must be prior authorized. Daily (per diem) respite is limited to 14 days per year, and hourly respite is limited to 520 hours per year unless the state determines that no other service options are available and that without respite services, the participant's health and/or safety would be at risk or the participant would be at risk of institutionalization.</p>
Respite Provider Eligibility	<p>Must be a certified and/or licensed provider. Senior and Disabilities Services administer an open and continuous provider certification process. Information on becoming a provider of services: http://dhss.alaska.gov/dsds/Pages/provider/default.aspx</p>
Caregiver Eligibility	Respite may be provided by the legal guardian, but not by the legally responsible person or other relative.
Enrollment Limit	115: Year ending 06/30/2021
How to Apply	Aging and Disability Resource Center or Senior and Disabilities Services to find a care coordinator. The care coordinator will help you to apply for the waiver.
Contact Information	Alaska Department of Health and Social Services, Aging and Disability Resource Centers, toll free (855) 565-2017, (find closest center) at http://dhss.alaska.gov/dsds/Pages/adrc/default.aspx or call Senior and Disabilities Services, (907) 269-3666, http://dhss.alaska.gov/Commissioner/Pages/Contacts/default.aspx
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8140
Expiration Date	06/30/2021
Date of Last Update	07/02/2019

AK Children w/Complex Medical Conditions (0263.R05.00)**State Operating Agency: DHSS Division of Senior and Disabilities Services (SDS)**

Description	The purpose of the Children with Complex Medical Conditions (CCMC) waiver is to ensure that statewide, Medicaid-eligible children with serious medical conditions have the option to remain in their homes or in a home-like setting. The objective is to serve children who have severe, chronic medical conditions resulting in a prolonged dependency on medical care or technology to maintain health and well-being. This waiver provides care coordination, day habilitation residential habilitation, respite, supported employment, chore, environmental modifications, intensive active treatment, meals, nursing oversight and care management, specialized medical equipment, and transportation.
Waiver Type	1915(c)
Target Population-Eligibility	Children age 21 or younger who have severe, chronic medical conditions that result in a prolonged dependency on medical care or technology to maintain health and well-being and who experience episodes of acute exacerbation of life-threatening conditions; need extraordinary supervision or observation; and need frequent or life-saving administration of specialized treatments or are dependent on mechanical support devices. Absent home and community-based services, these children would typically require institutionalization.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite care assists participants by providing temporary relief from caretaking duties for the participant's primary unpaid caregiver, court-appointed guardian, foster parent, or providers of family habilitation services. Hourly respite may be provided in the participant's home or the private residence of the respite provider. Daily (per diem) respite services may be provided only at a nursing facility, general acute care hospital, licensed assisted living home that is not the participant's residence or a licensed foster home that is not the participant's residence. When respite is provided in these locations, the state will reimburse the cost of room and board during respite. The state will not pay for respite to provide oversight for other minor children in the home. A participant may receive personal care or habilitation services on the same day as respite if the state determines the participant would be at risk of institutionalization without additional services.</p> <p>All respite must be prior authorized. Daily (per diem) respite is limited to 14 days per year, and hourly respite is limited to 520 hours per year unless the state determines that no other service options are available and that without respite, the participant's health and/or safety would be at risk.</p>
Respite Provider Eligibility	Must be a certified and/or licensed provider. Senior and Disabilities Services administers an open and continuous provider certification process. Information on becoming a provider of services: http://dhss.alaska.gov/dsds/Pages/provider/default.aspx
Caregiver Eligibility	Respite may be provided by the legal guardian, but not the legally responsible person or other relative.
Enrollment Limit	296: Year 1; 305: Year 2; 314: Year 3; 324: Year 4; 334: Year ending 06/30/2021
How to Apply	Contact an Aging & Disability Resource Center or Division of Senior & Disabilities Services to find a care coordinator who will help you apply.
Contact Information	Alaska Department of Health and Social Services, Aging and Disability Resource Centers, toll free (855) 565-2017, (find closest center) at http://dhss.alaska.gov/dsds/Pages/adrc/default.aspx or call Senior and Disabilities Services, (907) 269-3666, http://dhss.alaska.gov/Commissioner/Pages/Contacts/default.aspx
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8141
Expiration Date	06/30/2021
Date of Last Update	07/02/2019

AK Individualized Supports Waiver for People with Intellectual and Developmental Disabilities (1566.R00.04)
State Operating Agency: Alaska Department of Health and Social Services, Division of Senior and Disabilities Services

Description	The purpose of the Individualized Supports Waiver (ISW) is to provide services to people with IDD living in the community, who have less intensive needs than those on Alaska's IDD waiver (AK.0260.R005). In some cases, an individual may qualify for both waivers. The ISW provides these services: care coordination, day habilitation, residential habilitation for ages younger than 18 through in-home supports, residential habilitation for ages 18 and older through supported living, respite, supported employment, chore, intensive active treatment for adults, and non-medical transportation.
Annual Waiver Type	1915(c)
Target Population-Eligibility	Individuals of all ages who are diagnosed with Autism or determined to have a development disability or an intellectual disability. For more detail, see http://dhss.alaska.gov/dsds/Pages/dd/eligible.aspx
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite care services may be provided for primary unpaid caregivers and providers of family home habilitation services, who need relief or will be unable to provide care for recipients for limited periods. Eligible caregivers are those who provide the oversight, care, and support needed to prevent institutionalization of a recipient.</p> <p>Respite care services may be family directed for recipients in specified waiver categories. With the assistance of a certified respite care services provider, the recipient's primary unpaid caregiver may train and supervise the individuals chosen to care for a recipient in the caregiver's absence.</p> <p>Hourly and daily respite can be provided in the recipient's home; the private residence of the respite care provider; a licensed facility including a nursing facility; a general acute care hospital; or an intermediate care facility for individuals with intellectual or developmental disabilities (ICF/IID). Another community setting may be approved if the setting is appropriate for the needs of the recipient, and the recipient's health, safety, and welfare will not be placed at risk.</p> <p>Respite care services may not exceed 520 hours of hourly respite care services per year, unless the department approves more hours, or 14 days of daily respite care services per year.</p>
Respite Provider Eligibility	Providers should be certified home and community-based service agencies and appropriately licensed per state requirements. Senior and Disabilities Services administer a provider certification process. Information on becoming a provider: http://dhss.alaska.gov/dsds/Pages/provider/default.aspx
Caregiver Eligibility	Respite may be provided by the legal guardian, but not the legally responsible person or other relative.
Enrollment Limit	600: Year ending 06/30/2023
How to Apply	Applicants first must be determined to experience a developmental disability (DD) as defined by Alaska state law AS 47.80.900(6) through the Developmental Disability Determination Application . Upon positive determination, applicants are encouraged to contact a STAR representative in their area for further assistance: http://dhss.alaska.gov/dsds/Documents/grantservices/PDFs/STAR_Roster.pdf
Contact Information	Alaska Department of Health and Social Services, Intellectual and Developmental Disabilities Unit, Anchorage (800)478-9996, Fairbanks (800)770-1672 or visit: http://dhss.alaska.gov/dsds/Pages/dd/default.aspx
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8141
Expiration Date	06/30/2023
Date of Last Update	07/07/2019

AK People with Intellectual and Developmental Disabilities (0260.R04.00)**State Operating Agency: Alaska Department of Health and Social Services, Division of Senior and Disabilities Services**

Description	The purpose of this waiver is to ensure individuals of any age with intellectual or developmental disabilities have the option of remaining in their homes or in a home-like setting. It provides these services: care coordination, day habilitation, residential habilitation, respite, supported employment, chore, environmental modifications, intensive active treatment, meals, nursing oversight and care management, specialized medical equipment, specialized private duty nursing, and transportation.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of any age who are diagnosed as autism, developmental or intellectual disabilities
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>In-home or residential respite care assists participants by providing temporary relief from caretaking duties for the participant's primary unpaid caregiver, court-appointed guardian, foster parent, or providers of family habilitation services. Respite may be provided in the participant's home or the private residence of the respite provider. Respite may also be provided at a nursing facility, a general acute care hospital, a licensed assisted living home that is not the participant's residence or a licensed foster home that is not the participant's residence.</p> <p>When respite is provided in these other locations, the state will reimburse for the cost of room and board incurred during the respite care. The state will not pay for respite to provide oversight for other minor children in the home. A participant may also receive personal care or habilitation services on the same day as respite if the state determines the participant would be at risk of institutionalization.</p> <p>All respite services must be prior authorized. Daily (per diem) respite is limited to 14 days per year, and hourly respite is limited to 520 hours per year unless the state determines no other service options are available and without respite services, the participant's health and/or safety would be at risk or the participant would be at risk of institutionalization.</p>
Respite Provider Eligibility	Must be a certified and/or licensed provider. Senior and Disabilities Services administer an open and continuous provider certification process. Information on becoming a provider of services: http://dhss.alaska.gov/dsds/Pages/provider/default.aspx
Caregiver Eligibility	Respite may be provided by the legal guardian, but not the legally responsible person or other relative.
Enrollment Limit	2200: Year 1; 2180: Year 2; 2160: Year 3; 2140: Year 4; 2120: Year ending 06/30/2021
How to Apply	Contact an Aging and Disability Resource Center or Senior & Disabilities Services to find a care coordinator. The care coordinator will help you to apply for the waiver.
Contact Information	Alaska Department of Health and Social Services, Aging and Disability Resource Centers, toll free (855) 565-2017, (find closest center) at http://dhss.alaska.gov/dsds/Pages/adrc/default.aspx or call Senior and Disabilities Services, (907) 269-3666, http://dhss.alaska.gov/Commissioner/Pages/Contacts/default.aspx
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=12085
Expiration Date	06/30/2021
Date of Last Update	07/03/2019