

ARKANSAS

Arkansas Department of Human Services

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<https://www.medicaid.state.ar.us/>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are the following:

[AR Choices in Homecare](#)

Provides include attendant care, adult day care, adult day health services, home-delivered meals, respite care (in-home and facility-based), Personal Emergency Response System (PERS), and environmental modifications for individuals aged 21 to 64 years of age with a physical disability or 65 and older who require an intermediate level of care in a nursing facility and who do not require a skilled level of care.

[AR Community and Employment Support](#)

Provides caregiver respite, supported employment, supportive living, specialized medical supplies, adaptive equipment, community transition services, consultation, crisis intervention, environmental modifications, and supplemental support for individuals, of any age, who have been diagnosed with Autism or a developmental and/or intellectual disability.

ARChoices in Homecare (0195.R05.00)

State Operating Agency: Division of Aging and Adult Services and Division of Provider Services and Quality Assurance

Description	<p>The ARChoices in Homecare (formerly Elder Choices) waiver offers specific home and community-based services as an alternative to nursing home placement. These services include attendant care, adult day care, adult day health services, home-delivered meals, respite care (in-home and facility-based), Personal Emergency Response System (PERS), and environmental modifications.</p> <p>Services are provided on a regular basis according to individualized service plans. Services adapt to changing needs and individual preferences; promote dignity, autonomy, privacy and safety; and permit family and community involvement. These services are designed to maintain participants at home in order to preclude or postpone institutionalization of the participant.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals aged 21 to 64 years of age with a physical disability or 65 and older who require an intermediate level of care in a nursing facility and who do not require a skilled level of care.
Level of Care	Individuals who require an intermediate level of care in a nursing facility.
Respite Services	<p>Respite is provided to waiver participants unable to care for themselves in the absence of the primary unpaid caregiver. Respite can be furnished on a short-term basis (8 hours or less per date of service) or on a long-term basis (a full 24 hours per date of service). Respite care can be provided in the individual’s home or place of residence; Medicaid certified hospitals or nursing facilities, community care residential facilities that are approved by the state such as residential care facilities, adult day care, adult day health care, or a licensed level II assisted living facility.</p> <p>Respite care provides temporary relief to persons providing long-term care for elderly participants in their homes. It may be provided to meet an emergency need or to schedule relief periods in accordance with the regular caregiver’s need for temporary relief from continuous care giving. The period of relief makes it possible for the elderly participant to continue living in the community and avoid permanent institutionalization.</p> <p>Participants may receive up to 1200 hours per state fiscal year of in-home respite care, facility-based respite care, adult companion services, or a combination of the three. Adult Family Home participants are limited to 600 hours of long-term facility-based respite per state fiscal year.</p>
Respite Provider Eligibility	<p>Information on becoming a provider of services: https://humanservices.arkansas.gov/about-dhs/dpsqa/agency-provider-certification</p>
Caregiver Eligibility	Respite may be provided by a relative but not by the spouse, attorney-in-fact with authority to direct the recipient’s care, or the legal guardian.
Enrollment Limit	8032: Year 1; 8176: Year 2; 8320: Year 3; 9071: Year 4; 9434: Year ending 12/31/2020
How to Apply	Call your local DHS county office (see https://humanservices.arkansas.gov/offices/dhs-county-office-map) or call the Choices in Living Resource Center, (866) 801-3435.
Contact Information	Department of Human Services, (866) 801-3435 or visit: https://humanservices.arkansas.gov/about-dhs/daabhs/aging-and-adult-services/archchoices-in-homecare
Link to Waiver Application	Link at Medicaid.gov (go down to “Approved Application(s) and Related Documents”): https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8148
Expiration Date	12/31/2020
Date of Last Update	07/07/2019

AR Community and Employment Support Waiver (0188.R05.00)
State Operating Agency: Division of Developmental Disabilities Services (DDS)

Description	<p>The purpose of the Community and Employment Support (CES) Waiver is to support individuals of all ages who have a developmental disability and require waiver support services to live in the community and prevent institutionalization. Goals are to support beneficiaries in all major life activities, promote community inclusion through employment and community experiences, and provide comprehensive care coordination and service delivery.</p> <p>The waiver provides caregiver respite, supported employment, supportive living, specialized medical supplies, adaptive equipment, community transition services, consultation, crisis intervention, environmental modifications, and supplemental support.</p> <p>All beneficiaries are assigned to a Provider-led Arkansas Shared Savings Entity (PASSE), a third-party, organized-care organization. Each PASSE will provide care coordination to members, arrange for the provision of all medically necessary services, certify providers, and set reimbursement for services. The PASSE care coordinators will develop an individual person-centered service plan (PCSP) for clients, which determines the services an individual receives. The plan is created by the PASSE care coordinator in conjunction with the member, his or her caregivers, services providers, and other professionals.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals, of any age, who have been diagnosed with Autism, developmental and/or intellectual disability
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID). Behavioral health recipients have differing level of care requirements.
Respite Services	<p>Respite services are provided on a short-term basis to members unable to care for themselves due to the absence of or need for relief to the non-paid primary caregiver. Room/board charges not included. When caregiver respite is furnished for the relief of a foster care provider, foster care services may not be billed during the period that respite is furnished.</p> <p>Respite may be provided in the following locations: member's home or private place of residence; the private residence of a respite care provider; foster home; licensed respite facility; or other community residential facility approved by the member's PASSE, not a private residence. Respite care also may occur in a licensed or accredited residential mental health facility</p>
Respite Provider Eligibility	<p>Agencies must be credentialed by the PASSE to provide HCBS services to persons with developmental disabilities (DD) and behavioral health diagnoses, permitted by the PASSE to perform these services, and cannot be on the National or State Excluded Provider List. Individuals who perform respite services must pass a drug screen, a criminal background check, a child maltreatment registry check, and an adult maltreatment registry check. They must have a high school diploma, at least one year of experience working with persons with DD or behavioral health diagnoses; be certified to perform CPR and first aid; and have training in use of behavioral support plans and de-escalation techniques</p>
Caregiver Eligibility	Respite may be provided by a relative but not by the legally responsible person or the legal guardian.
Enrollment Limit	4,303: Year ending 08/31/2021
How to Apply	Contact the Division of Developmental Disabilities Services (DDS) to apply.
Contact Information	Division of Developmental Disabilities Services at (501) 683-0569 or visit www.arkansas.gov/dhs/ddds
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8149
Expiration Date	08/31/2021
Date of Last Update	07/07/2019