

CONNECTICUT

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Home and Community-Based 1915(c) Waivers and Concurrent 1915(b) Managed Care Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[CT Acquired Brain Injury-ABI Waiver I and II](#)

Provides case management, homemaker, personal care, prevocational, respite, supported employment, ABI group day, chore, cognitive behavioral programs, community living support, companion, environmental accessibility adaptation, home delivered meals, independent living skill training, PERS (personal emergency response systems), specialized medical equipment and supplies, substance abuse programs, transitional living, transportation, and vehicle modifications for individuals 18 years and older with a brain injury. New enrollment in CT ABI stopped in 2014 with 12 slots added each year to CT ABI Waiver II for new CT ABI I participants.

[CT Acquired Brain Injury-ABI Waiver II](#)

Provides ABI group day, adult day health, case management, homemaker, personal care, prevocational, respite, supported employment, ABI recovery assistant II, ABI recovery assistant, chore, cognitive behavioral programs, community living support, companion, consultation, environmental accessibility modifications, home delivered meals, independent living skills training, PERS (personal emergency response systems), specialized medical equipment and supplies, substance abuse programs, transportation, vehicle modification for individuals 18 years and older diagnosed with a brain injury.

[CT Employment and Day Supports](#)

Provides adult day health, community-based day support options, respite, supported employment, independent support broker, peer support, assistive technology, behavioral support, individual goods and services, individualized day support, interpreter, specialized medical equipment and supplies, and transportation for individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability.

[CT Individual and Family Support](#)

Provides adult day health, community companion homes (formerly community training homes), group day supports, individual supported employment (formerly supported employment), live-in companion, prevocational services, respite, independent support broker, assistive technology, behavioral support, companion supports (formerly adult companion), continuous residential supports, environmental modifications, group supported employment (formerly supported employment), health care coordination, individualized day supports, individualized home supports, individually directed goods and services, interpreter, nutrition, parenting support, peer support, PERS (personal emergency response systems), personal support, senior supports, shared living, specialized medical equipment and supplies, training and counseling services for unpaid caregivers, transportation, and vehicle modifications for individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability.

[CT Home and Community Supports Waiver for Persons with Autism](#)

Provides community companion homes, live-in companion, respite, assistive technology, clinical behavioral support, community mentor, individuals good and services, interpreter, job coaching, life skills coach, non-medical transportation, PERS (personal emergency response systems), social skills group, and specialized driving assessment for individuals ages 3 and older diagnosed with autism.

[CT Comprehensive Supports](#)

Provides adult day health, community companion homes/community living arrangements, group day supports, live-in caregiver, prevocational, respite, supported employment, independent support broker, adult companion, assisted living, assistive technology, behavioral support, continuous residential supports, environmental modifications, health care coordination, individual goods and services, individualized day supports, individualized home supports, interpreter, nutrition, parenting support, PERS (personal emergency response systems), personal support, senior supports, shared living, specialized medical equipment and supplies, training and counseling services for unpaid caregivers, transportation, and vehicle modifications for individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability.

[CT Home Care Program for Elders](#)

Provides case management, homemaker, adult family living/Foster Care, companion, chore, adult day health, personal emergency response systems, personal care (agency based), assistive technology, respite, transportation, home delivered meals, mental health counseling, personal care assistant, and environmental accessibility adaptations. Personal care assistant will be available as a fully self-directed model or as agency with choice, thus giving the participants more options for care for individuals 65 years and older.

Acquired Brain Injury Waiver I & Waiver II (0302.R04.00) & (1085.R00.00)
State Operating Agency: Department of Social Services, Social Work Services Division

Description	<p>There are two ABI waiver programs, known as ABI Waiver I and ABI Waiver II. Both employ the principles of person-centered planning to develop an adequate, appropriate and cost-effective plan of care of home and community-based services to achieve personal outcomes that support the individual's ability to live in the community. The waivers are designed to assist participants to relearn, improve, or retain the skills needed to support community living.</p> <p>Together, these waivers provide the following supports and services: case management, homemaker, personal care, prevocational, respite, supported employment, ABI group day, chore, cognitive behavioral programs, community living support, companion, environmental accessibility adaptation, home delivered meals, independent living skill training, PERS (personal emergency response systems), specialized medical equipment and supplies, substance abuse programs, transitional living, transportation, vehicle modifications, adult day health, ABI recovery assistant I & II, and consultation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 18 years and older diagnosed with an acquired brain injury
Level of Care	Individuals require level of care available in a hospital, nursing facility (NF), or Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Respite services are provided to persons unable to care for themselves when the primary caregiver is absent or in need of relief. The services are furnished on a short-term basis only in the individual's home or place of residence.
Respite Provider Eligibility	Information on becoming a provider of services: https://www.ctdssmap.com/CTPortal/Provider/ProviderEnrollment/tabid/47/Default.aspx
Caregiver Eligibility	Waiver I: Respite may not be provided by relatives, legal guardians, or legally responsible persons. Waiver II: Respite may be provided by a relative, but not by legal guardians, or legally responsible persons. Family members must meet the same qualifications as unrelated providers.
Enrollment Limit	454: Year 1; 442: Year 2; 430: Year 3; 418: Year 4; 406: Year ending 12/31/2021 --ABI Waiver I 405: Year ending 12/01/2019-- ABI Waiver II (8 slots will be added each year in Waiver II to compensate for the attrition from ABI Waiver I)
How to Apply	<p>Call Connecticut Acquired Brain Injury Services or your local DSS regional office/sub-office for information and application instructions. Download application: https://portal.ct.gov/DSS/Lists/Publications/Applications-and-Forms</p> <p>See Fact Sheet at https://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Health-and-Home-Care/Community-Options/Acquired-Brain-Injury-Program.pdf</p>
Contact Information	<p>Call Connecticut Acquired Brain Injury Services at 860-418-7000, Link: https://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=335272 . You may also find your regional contact number on the state website: http://www.ct.gov/dss/cwp/view.asp?a=2345&q=304868</p>
Link to Waiver Application	<p>Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": I: https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8674 II: https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=29936</p>
Expiration Date	<p>12/31/2021 (ABI Waiver I) 11/30/2019 (ABI Waiver II); renewal application submitted and pending</p>
Date of Last Update	07/14/2019

CT Employment and Day Supports (0881.R01.00)**State Operating Agency: Department of Developmental Services (DDS)**

Description	<p>This waiver is designed to support individuals who live with family or in their own homes and have a strong natural support system. There is a focus on young adults who are transitioning from school to work. The waiver includes the following services: adult day health, community-based day support options, respite, supported employment, independent support broker, peer support, assistive technology, behavioral support, individual goods and services, individualized day support, interpreter, specialized medical equipment and supplies, and transportation.</p> <p>This waiver includes traditional service-delivery and participant-directed options. Participants may use their allocated funds in three ways:</p> <ul style="list-style-type: none"> • Self-direction whereby funds are used to self-manage services; • Use funds to obtain services under a rate-based system from a qualified service provider; • Use funds to obtain services from a qualified service provider through a Purchase of Service contract.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite is provided to individuals unable to care for themselves, furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care.</p> <p>Federal financial participation (FFP) will not be claimed for the cost of room and board except when provided as part of respite care furnished in a facility approved by the State that is not a private residence. Respite may be provided in these location(s): individual's home or place of residence; DDS (Department of Developmental Services) certified respite care facility; DPH (Department of Public Health) certified residential camp program. Respite services may not be provided at the same time as Community Day Support Options, Adult Day Health, Individualized Day, or Supported Employment.</p> <p>Respite is limited to a maximum of 14 days per year. The per diem rate is utilized when the respite is provided for 13 or more hours in a 24-hour period.</p>
Respite Provider Eligibility	Information on becoming a provider: http://www.ct.gov/dds/cwp/view.asp?a=3166&q=391058
Caregiver Eligibility	Respite cannot be provided by legally responsible persons, a relative, or a legal guardian.
Enrollment Limit	1350: Year 1; 1550: Year 2; 1750: Year 3; 1950: Year 4; 2150: Year ending 04/01/2021
How to Apply	HelpLine staff will assist you to apply for appropriate community resources and services. Each DDS region has a HelpLine to assist families to access services.
Contact Information	<p>North Region: HelpLine (877) 437-4577. Email: dds.nr.ifshelpline@ct.gov</p> <p>South Region: HelpLine (877) 437-4567. Email: dds.sr.ifshelpline@ct.gov</p> <p>West Region: HelpLine (877) 491-2720. Email: dds.wr.ifshelpline@ct.gov</p>
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8682
Expiration Date	03/31/2021
Last Update	07/14/2019

CT Individual and Family Support (0426.R03.00)**State Operating Agency: Department of Developmental Disabilities (DDS)**

Description	This waiver provides services for eligible children and adults who live in a family home or one's own home to live safe and productive lives; to support and encourage consumer-direction to maximize choice, control and efficient use of resources; and to serve more individuals through individualized and non-licensed service options. It provides adult day health, community companion homes (formerly community training homes), group day supports, individual supported employment, live-in companion, prevocational services, respite, independent support broker, assistive technology, behavioral support, companion supports (formerly adult companion), continuous residential supports, environmental modifications, group supported employment, health care coordination, individualized day supports, individualized home supports, individually directed goods and services, interpreter, nutrition, parenting support, peer support, PERS (personal emergency response systems), personal support, senior supports, shared living, specialized medical equipment and supplies, training and counseling services for unpaid caregivers, transportation, and vehicle modifications.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite is provided to individuals unable to care for themselves, furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care. Respite may be provided in these locations: individual's home or place of residence; DDS certified respite care facility; or DDS certified residential camp program. Respite services may not be provided at the same time as adult day health, community companion home, group day, live-in companion, prevocational services, supported employment, companion supports, individualized home supports, parenting support, senior supports, individualized day supports or continuous residential support.</p> <p>This service is not available to individuals who receive continuous residential supports.</p> <p>Respite may be provided for up to 30 consecutive days. Respite services beyond 30 consecutive days will require approval from DDS (Department of Developmental Services).</p>
Respite Provider Eligibility	Information on becoming a provider: http://www.ct.gov/dds/cwp/view.asp?a=3166&q=391058
Caregiver Eligibility	Respite can be provided by a relative but not by legal guardians or legally responsible persons.
Enrollment Limit	4500: Year ending 01/31/2023
How to Apply	HelpLine staff will assist you to apply for appropriate community resources and services. Each DDS region has a HelpLine to assist families to access services.
Contact Information	<p>North Region: HelpLine (877) 437-4577. Email: dds.nr.ifshelpline@ct.gov</p> <p>South Region: HelpLine (877) 437-4567. Email: dds.sr.ifshelpline@ct.gov</p> <p>West Region: HelpLine (877) 491-2720. Email: dds.wr.ifshelpline@ct.gov</p>
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8683
Expiration Date	01/31/2023
Date of Last Update	07/14/2019

CT Home and Community Supports Waiver for Persons with Autism (0993.R01.00)
State Operating Agency: Department of Developmental Services (DDS)

Description	<p>This waiver serves persons with a diagnosis of autism spectrum disorder who live in a family or caregiver's home, one's own home or a Community Companion Home (formerly Community Training Home). Although these individuals will not have the diagnosis of mental retardation, they have substantial functional limitations which negatively impact their ability to live independently. These individuals and their caregivers need flexible and necessary supports and services to live safe and productive lives. This waiver will support and encourage the use of consumer-direction to maximize choice as well as control and efficiently use state and federal resources.</p> <p>This waiver includes: community companion homes, live-in companion, respite, assistive technology, clinical behavioral support, community mentor, individuals good and services, interpreter, job coaching, life skills coach, non-medical transportation, PERS (personal emergency response systems), social skills group, and specialized driving assessment.</p>
Waiver Type	1915(c).
Target Population-Eligibility	Individuals, ages 3 and older, diagnosed with a primary diagnosis of an Autism Spectrum Disorder, who live in a family or caregiver's or one's own home
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite services are provided to individuals unable to care for themselves and are furnished on a short-term basis in the absence of or for needed relief of those persons normally providing the care.</p> <p>Federal financial participation (FFP) will not be claimed for the cost of room and board except when provided as part of respite care furnished in an approved facility that is not a private residence.</p> <p>Respite may be provided for up to 30 consecutive days. Respite services beyond 30 consecutive days will require review and prior approval from DDS.</p>
Respite Provider Eligibility	<p>Information on becoming a provider: http://www.ct.gov/dds/cwp/view.asp?a=3166&q=391058</p> <p>Note: A major change in this waiver is a new requirement to have all waiver providers enroll with and directly bill the state's MMIS. Services will be authorized through a claims portal and providers' bills will be checked against the available authorization.</p>
Caregiver Eligibility	Respite cannot be provided by a legally responsible person but can be provided by a relative or a legal guardian who does not live in the participant's house.
Enrollment Limit	104: Year 1; 114: Year 2; 124: Year 3; 134: Year 4; 144: Year ending 12/31/2022
How to Apply	<p>HelpLine staff will assist you to apply for appropriate community resources and services. Each DDS region has a HelpLine to assist families to access services.</p> <p>Applications are available at http://www.ct.gov/dds/cwp/view.asp?a=2039&q=533014</p>
Contact Information	<p>North Region: HelpLine (877) 437-4577. Email: dds.nr.ifshelpline@ct.gov</p> <p>South Region: HelpLine (877) 437-4567. Email: dds.sr.ifshelpline@ct.gov</p> <p>West Region: HelpLine (877) 491-2720. Email: dds.wr.ifshelpline@ct.gov</p>
Link to Waiver Application	<p>Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents":</p> <p>https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8684</p>
Expiration Date	12/31/2022
Date of Last Update	07/14/2019

CT Comprehensive Supports Waiver (0437.R03.00)
State Operating Agency: Department of Developmental Disabilities (DDS)

Description	This waiver provides services for eligible children and adults living in a family home or one's own home to live safe and productive lives; to support and encourage consumer-direction to maximize choice, control efficient use of resources; and serve an increased number of individuals through individualized and non-licensed service options. The waiver provides adult day health, community companion homes/community living arrangements, group day supports, live-in caregiver, prevocational, respite, supported employment, independent support broker, adult companion, assisted living, assistive technology, behavioral support, continuous residential supports, environmental modifications, health care coordination, individual goods and services, individualized day supports, individualized home supports, interpreter, nutrition, parenting support, personal emergency response systems, peer support, personal support, senior supports, shared living, specialized medical equipment and supplies, training and counseling services for unpaid caregivers, transportation, and vehicle modifications. Blended supports, customized employment and transitional supports are new waiver services.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Respite services are provided to individuals unable to care for themselves and are furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care. Federal financial participation (FFP) will not be claimed for the cost of room and board except when provided as part of respite care furnished in an approved facility that is not a private residence. Respite care may be provided in the following location(s): individual's home or place of residence; DDS certified respite care facility; DDS certified residential camp program. Respite services may not be provided at the same time as adult day health, community companion home, group day, live-in companion, prevocational services, supported employment, companion supports, individualized home supports, parenting support, senior supports, individualized day supports, or continuous residential support. Respite may be provided for up to 30 consecutive days. Respite services beyond 30 consecutive days will require approval from DDS. This service is generally limited to no more than 8 hours per day or 40 hours per 7-day week. A prior approval may be issued for additional hours and documented in the Individual Plan. This service is not available to individuals who receive Continuous Residential Supports.
Respite Provider Eligibility	Information on becoming a provider: http://www.ct.gov/dds/cwp/view.asp?a=3166&q=391058
Caregiver Eligibility	Respite can be provided by a relative but not a legal guardian or legally responsible persons.
Enrollment Limit	5600: Year 1; 5625: Year 2; 5650: Year 3; 5675: Year 4; 5700: Year ending 10/01/2023
How to Apply	HelpLine staff will assist you to apply for appropriate community resources and services. Each DDS region has a HelpLine to assist families to access services.
Contact Information	North Region: HelpLine (877) 437-4577. Email: dds.nr.ifshelpline@ct.gov South Region: HelpLine (877) 437-4567. Email: dds.sr.ifshelpline@ct.gov West Region: HelpLine (877) 491-2720. Email: dds.wr.ifshelpline@ct.gov
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8698
Expiration Date	09/30/2023
Date of Last Update	07/14/2019

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CT Home Care Program for Elders (0140.R06.00)

State Operating Agency: Department of Social Services, Home and Community-based Services Unit

Description	This waiver provides: Case Management, Homemaker, Adult Family Living/Foster Care, Companion, Chore, Adult Day Health, Personal Emergency Response Systems, Personal Care (Agency-based), Assistive Technology, Respite, Transportation, Home Delivered Meals, Mental Health Counseling, Personal Care Assistant, and Environmental Accessibility Adaptations), Bill Payer Service, Recovery Assistant and Independent Support Broker. Personal Care Assistant will be available either as a fully self-directed model or as agency with choice. Support Broker also may be provided as a self-directed or agency-based service and will be available after the participant has utilized a \$500 benefit under the 1915k state plan option. A tiered care management service, Care Transitions and Chronic Disease Self-Management Program (both are evidence-based programs).
Waiver Type	1915(c) operates concurrently with 1915(b)(4) for selective contracting of the care management service
Target Population-Eligibility	Individuals 65 years and older
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite is provided to individuals unable to care for themselves, furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care.</p> <p>In-home respite providers may include, but are not limited to, homemakers, companions or home health aides. Services may be provided in the home or outside of the home including, but not limited to, a licensed or certified facility, such as a rest home with nursing supervision or chronic and convalescent nursing home. Federal financial participation (FFP) is not claimed for the cost of room and board except when provided as part of respite care furnished in a facility approved by the State that is not a private residence.</p> <p>Respite services provided in a licensed facility are limited to 30 days per calendar year per recipient. In home respite services are limited to 720 hours per year per recipient.</p>
Respite Provider Eligibility	Information on becoming a provider of services: https://www.ctdssmap.com/CTPortal/Provider/ProviderEnrollment/tabid/47/Default.aspx
Caregiver Eligibility	Respite cannot be provided by a legally responsible person, a relative, nor a legal guardian.
Enrollment Limit	15,549: Year 1; 16,493: Year 2; 17,354: Year 3; 18,136: Year 4; 18,858: Year ending 06/30/2020
How to Apply	Apply online at the link below. For more information, or to start the application process call 1-800-445-5394 (toll-free) or 860-424-4904 locally in the Hartford area and select option 4. See this link for guidelines: https://www.ascendami.com/CTHomeCareForElders/default/WavierDescription.aspx Apply online: https://www.ascendami.com/CTHomeCareForElders/default/
Contact Information	Department of Social Services, Home and Community-based Services Unit, (800) 445-5394 or visit: http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305170 Department of Social Services, Client Information Line and Benefit Center, (855) 626-6632 or visit: www.connect.ct.gov
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8681
Expiration Date	06/30/2020
Date of Last Update	07/14/2019