

DISTRICT OF COLUMBIA

Department of Health Care Finance (DHCF)

441 4th Street, NW, 900S

Washington, DC 20001

<http://dhcf.dc.gov/>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[District of Columbia People with Intellectual and Developmental Disabilities](#)

Provides day habilitation, employment readiness, in-home supports, residential habilitation, respite, supported employment, personal care services, skilled nursing, assistive technology services, behavioral supports, companion services, creative arts therapies, dental, family training, host, home, individualized day supports, occupational therapy, one-time transitional services, parenting supports, physical therapy, small-group supported employment, speech, hearing and language services, supported living with transportation, supported living, and wellness services for individuals 18 years and older with intellectual or developmental disabilities.

[DC Elderly and Persons w/Disabilities](#)

Provides case management, homemaker, personal care aide, respite, assisted living, chore, environmental accessibility and adaptation, participant directed goods and services, participant directed personal care, and PERS (personal emergency responses systems) for individuals 65 and older individuals between the ages of 18-64 who have physical disabilities.

DC People with Intellectual and Developmental Disabilities Waiver (0307.R04.00)

State Operating Agency: Department on Disability Services

Description	The purpose of this waiver is to assist participants in leading healthy, independent and productive lives to the fullest extent possible; promote the full exercise of their rights as citizens of the District of Columbia; and promote the integrity and well-being of their families. This waiver provides day habilitation, employment readiness, in-home supports, residential habilitation, respite, supported employment, personal care services, skilled nursing, assistive technology services, behavioral supports, companion services, creative arts therapies, dental, family training, host, home, individualized day supports, occupational therapy, one-time transitional services, parenting supports, physical therapy, small-group supported employment, speech, hearing and language services, supported living with transportation, supported living, wellness services.
Waiver Type	1915(c); operates concurrently with 1915(b)
Target Population-Eligibility	Individuals 18 years and older who have been diagnosed as having developmental disabilities and/or intellectual disabilities.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for the Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite provides relief to the family or primary caregiver to meet planned or emergency situations or scheduled time away from the individual, including vacations. Respite is only provided to those individuals who live in their own home or their family home. Respite care will ensure individuals have access to community activities in the individual’s Plan of Care (POC). Community activities, including transportation to and from these activities, are included in the rate for Respite. These activities include ensuring school attendance, school activities, or other activities the individual would receive if they were not in respite. These community activities allow the individual’s routine to not be interrupted.</p> <p>Respite can be utilized on hourly or daily basis. Same-day, hourly billing cannot exceed reimbursement rate for daily respite. Federal financial participation (FFP) will not be claimed for room and board except as part of respite furnished in a facility approved by the District that is not a private residence.</p> <p>Respite is not available to individuals receiving supported living, host home, or residential habilitation services. Respite is limited to 720 hours or 30 days per individual, per calendar year. Services provided cannot exceed those authorized in the Plan of Care. Any request for hours in excess of 720 hours must have DDS approval with proper justification and documentation.</p>
Respite Provider Eligibility	Information on becoming a provider: http://dds.dc.gov/page/hcbs-waiver-provider-application-process
Caregiver Eligibility	Respite may not be provided by a relative, legally responsible persons or legal guardian.
Enrollment Limit	1822: Year 1; 1872L Year 2; 1902: Year 3; 1932: Year; 1962: Year ending 11/19/2022
How to Apply	<p>The Intake and Eligibility Determination Unit (IEDU) is responsible for determining a person’s eligibility for people DDA services. People may walk-in or call to schedule an appointment. Application: https://dds.dc.gov/sites/default/files/dc/sites/dds/publication/attachments/DDA%20Final%20Intake%20App%2010517.pdf</p>
Contact Information	Intake and Eligibility Determination Unit, 202-730-1700. For information on eligibility, process and how to apply, visit https://dds.dc.gov/service/how-apply-services
Link to Waiver Application	https://dds.dc.gov/sites/default/files/dc/sites/dds/publication/attachments/IDD%20Waiver%203.00.pdf
Expiration Date	11/19/2022
Date of Last Update	07/15/2019

DISTRICT OF COLUMBIA

DC Elderly and Persons w/Disabilities (0334.R04.00)

State Operating Agency: DC Office on Aging

Description	<p>This waiver serves individuals who are 65 years and older and individuals with physical disabilities in home and community-based settings, including assisted living facilities in lieu of nursing facilities.</p> <p>The objectives of this waiver are to ensure participants remain in home and community-based settings with supports; enhance the quality of life for participants by preserving independence and relationships with family and friends; and expand the range of health care services for participants.</p> <p>The waiver provides the following services: case management, homemaker, personal care aide, respite, assisted living, chore, environmental accessibility and adaptation, participant directed goods and services, participant directed personal care, and PERS (personal emergency response systems).</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals age 65 and older and individuals 18-64 who are physically disabled who live in their own private residence, apartment, or an assisted living facility in lieu of a nursing facility
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite services are provided to participants who are unable to care for themselves and are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant. Respite services may cover activities associated with the Personal Care Aide or Homemaker role. These include, but are not limited to, basic personal care such as bathing, grooming, and assistance with toileting or bedpan use; assistance with prescribed, self-administered medication; meal preparation, and assistance with eating; household tasks that promote the recipient's health, comfort, and safety; and accompanying the recipient to medically related appointments.</p> <p>Respite services shall not include services that require the skills of a licensed professional, including catheter insertion, procedures requiring sterile techniques, and medication administration. Tasks that do not benefit the waiver recipient will not be reimbursed by respite funds.</p> <p>Respite services shall not be provided to persons who have no primary caregiver that is responsible for the provision of the person's care on an ongoing basis. Respite services are only available to beneficiaries who have a live-in, unpaid caregiver (non-PCA) for a maximum of 480 hours per waiver certification period for hours that are not otherwise staffed by a personal care aide. DHCF will make exceptions to provide respite services to beneficiaries whose unpaid primary caregivers are not living with them. If respite care is provided in a facility other than a person's residence, the facility must meet all the "setting" requirements and be enrolled as a Medicaid provider of respite services.</p>
Respite Provider Eligibility	Information on becoming a provider: http://dds.dc.gov/page/hcbs-waiver-provider-application-process
Caregiver Eligibility	Respite may be provided by a relative or legally responsible persons but not a legal guardian.
Enrollment Limit	4639: Year 1; 4763: Year 2; 4888: Year 3; 5015: Year 4; 5143: Year ending 04/03/2022
How to Apply	Contact DC Office on Aging. To find additional information, visit http://dcoa.dc.gov/node/552862
Contact Information	Department of Aging and Community Living, HCBS Waiver Program, (202) 724-5626
Link to Waiver Application	Link at Medicaid.gov (go down to "Approved Application(s) and Related Documents": https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/?entry=8439
Expiration Date	04/03/2022
Date of Last Update	07/15/2019