

# INDIANA

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**Indiana State Department of Health**  
2 North Meridian Street, Indianapolis, IN 46204  
<http://www.in.gov/isdh/>

## **Home and Community-Based 1915(c) Waivers for Respite Support**

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

### IN Aged & Disabled (A&D) Waiver

Provides adult day service, attendant care, care management, homemaker, respite, adult family care, assisted living, community transition, home delivered meals, home modification assessment, home modifications, integrated health care coordination, nutritional supplements, personal emergency response system, pest control, specialized medical equipment and supplies, structured family caregiving, transportation, and vehicle modifications for individuals 65 years and older and individuals from birth to age 64 with a physical or other disability.

### IN Traumatic Brain Injury

Provides adult day services, attendant care, case management, homemaker, residential based habilitation, respite, structured day program, supported employment, adult family care, assisted living, behavior management/ behavior program and counseling, community transition, environmental modifications, health care coordination, home delivered meals, nutritional supplements, personal emergency response system, pest control, specialized medical equipment and supplies, transportation, and vehicle modifications for individuals diagnosed with a traumatic brain injury with no age restrictions.

### IN Community Integration and Habilitation

Provides adult day, case management, prevocational, rent and food for unrelated live-in caregiver, residential habilitation and support, respite, supported employment follow along, OT, PT, psychological therapy, speech/language therapy, behavioral support, community based habilitation-group, community based habilitation-individual, community transition, electronic monitoring, environmental mods, extended services, facility based habilitation-group, facility based habilitation-individual, facility based support services, family and caregiver training, intensive behavior intervention, music therapy, personal emergency response system (PERS), recreational therapy, residential habilitation and support - daily, specialized medical equipment and supplies, structured family caregiving, transportation, wellness coordination, and workplace assistance for individuals diagnosed with autism, an intellectual disability and/or a developmental disability with no age restrictions.

### IN Family Supports

Provides adult day, case management, prevocational, respite, OT, PT, psychological therapy, speech/language therapy, behavioral support services, community based habilitation-group, community based habilitation-individual, extended services, facility based habilitation-group, facility based habilitation-individual, facility based support services, family and caregiver training, intensive behavioral intervention, music therapy, participant assistance and care, PERS, recreational therapy, specialized medical equipment and supplies, transportation, and workplace assistance for individuals diagnosed with autism, an intellectual disability and/or a developmental disability with no age restrictions.

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### IN Aged and Disabled (A&D) Waiver (0210.R06.00)

State Operating Agency: Family Social Service Administration, Division of Aging

Description	<p>The A&amp;D waiver is designed to provide services to supplement informal supports for people who would require care in a nursing facility if waiver or other supports were not available. Waiver services can be used to help people remain in their own homes, as well as assist people living in nursing facilities return to community settings such as their own homes, apartments, assisted living or adult family care. Traditional service delivery methods are used.</p> <p>Services provided by this waiver include: adult day service, attendant care, care management, homemaker, respite, adult family care, assisted living, community transition, home delivered meals, home modification assessment, home modifications, integrated health care coordination, nutritional supplements, personal emergency response system, pest control, specialized medical equipment and supplies, structured family caregiving, transportation, and vehicle modifications.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals with physical or other disabilities ages birth to 64, as well as individuals who are 65 or older.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite is provided in home and is provided temporarily or periodically in the absence of the usual caregiver. The level of professional care provided depends on the needs of the individual. Allowable respite activities include home health aide and skilled nursing. A participant who is eligible for State Plan Home Health Services (HOHE) should be considered for respite home health aide under the supervision of a registered nurse. A participant who is eligible for State Plan Nursing Services (SKNU) must be considered for respite nursing services.</p> <p>Respite may not be used as day/child care for primary caregivers to work or attend school; to provide service to a participant while participant is attending school; or to replace services that should be provided under the Medicaid State Plan. Respite must not duplicate any other service being provided under the participant's service plan or to participants receiving Adult Family Care waiver, Structured Family Caregiving waiver, or Assisted Living waiver services.</p> <p>Respite services are provider managed.</p>
Respite Provider Eligibility	<p>Go to: <a href="http://www.in.gov/fssa/da/3476.htm#jump_provider">http://www.in.gov/fssa/da/3476.htm#jump_provider</a></p> <p>For questions contact: Waiver Provider Specialist by phone at 317-232-4650 or by email at <a href="mailto:daproviderapp@fssa.in.gov">daproviderapp@fssa.in.gov</a>.</p>
Caregiver Eligibility	Respite may be provided by a relative, but not by the legally responsible person or a legal guardian (i.e., parent of a minor child, spouse, attorney-in-fact (POA), healthcare representative).
Enrollment Limit	25900: Year ending 06/30/2023
How to Apply	<p>You may apply in person at your local AAA, or Area Agency on Aging (listings at <a href="https://www.in.gov/fssa/da/3478.htm">https://www.in.gov/fssa/da/3478.htm</a>) or call toll free 800-986-3505.</p> <p>You can also apply online through INconnect Alliance at <a href="https://www.in.gov/fssa/inconnectalliance/">https://www.in.gov/fssa/inconnectalliance/</a></p>
Contact Information	Contact your local AAA, or the Division of Aging Toll Free at 888-673-0002. You may also contact a member of the INconnect Alliance at <a href="https://www.in.gov/fssa/inconnectalliance/886.htm">https://www.in.gov/fssa/inconnectalliance/886.htm</a>
Link to Waiver Application	<a href="https://www.in.gov/fssa/files/IN.0210.R06.00.pdf">https://www.in.gov/fssa/files/IN.0210.R06.00.pdf</a>
Expiration Date	06/30/2023
Date of Last Update	07/09/2019

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### IN Traumatic Brain Injury (TBI) Waiver (4197.R04.00)

State Operating Agency: Family Social Service Administration, Division of Aging

Description	<p>The TBI waiver offers services and supports to ensure that individuals with a traumatic brain injury receive appropriate services based on their needs and the needs of their families. Traditional service delivery methods are used.</p> <p>Waiver services include: adult day services, attendant care, case management, homemaker, residential based habilitation, respite, structured day program, supported employment, adult family care, assisted living, behavior management/ behavior program and counseling, community transition, environmental modifications, health care coordination, home delivered meals, nutritional supplements, personal emergency response system, pest control, specialized medical equipment and supplies, transportation, and vehicle modifications.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of all ages diagnosed with a traumatic brain injury per Indiana's definitions.
Level of Care	Individuals require level of care available in a nursing facility (NF) or <b>Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)</b> .
Respite Services	<p>Respite services are provided temporarily or periodically in the absence of the usual caregiver. Service may be provided in an individual's home or in the private home of the caregiver. The level of professional care provided under respite services depends on the needs of the individual. Allowable activities include home health and skilled nursing services. An individual requiring assistance with bathing, meal preparation and planning, specialized feeding (such as an individual who has difficulty swallowing, refuses to eat, or does not eat enough); dressing or undressing; hair and oral care; and weight bearing transfer assistance should be considered for respite home health aide under the supervision of a registered nurse. An individual requiring infusion therapy; venipuncture; injection; wound care for surgical, decubitus, incision; ostomy care; and tube feedings should be considered for respite nursing services.</p> <p>Respite may not be used: as day/child care for primary caregivers to work/attend school; to assist participant while attending school; or to replace services that should be provided under the Medicaid State Plan. Respite must not duplicate any other service being provided under the participant's service plan or provided to participants receiving Adult Family Care waiver service. Respite services are provider managed.</p>
Respite Provider Eligibility	<p>Go to: <a href="http://www.in.gov/fssa/da/3476.htm#jump_provider">http://www.in.gov/fssa/da/3476.htm#jump_provider</a></p> <p>For questions contact: Waiver Provider Specialist by phone at 317-232-4650 or by email at <a href="mailto:daproviderapp@fssa.in.gov">daproviderapp@fssa.in.gov</a>.</p>
Caregiver Eligibility	Respite may be provided by a relative, but not by the legally responsible person or a legal guardian (i.e., parent of a minor child, spouse, attorney-in-fact (POA), healthcare representative).
Enrollment Limit	200: Year ending 12/31/2022
How to Apply	<p>You may apply in person at your local AAA, or Area Agency on Aging (listings at <a href="https://www.in.gov/fssa/da/3478.htm">https://www.in.gov/fssa/da/3478.htm</a>) or call toll free 800-986-3505.</p> <p>You can also apply online through INconnect Alliance at <a href="https://www.in.gov/fssa/inconnectalliance/">https://www.in.gov/fssa/inconnectalliance/</a></p>
Contact Information	Contact your local AAA, or the Division of Aging Toll Free at 888-673-0002. You may also contact a member of the INconnect Alliance at <a href="https://www.in.gov/fssa/inconnectalliance/886.htm">https://www.in.gov/fssa/inconnectalliance/886.htm</a>
Link to Waiver Application	<a href="https://www.in.gov/fssa/files/IN.4197.R04.00%20TBI.pdf">https://www.in.gov/fssa/files/IN.4197.R04.00%20TBI.pdf</a>
Expiration Date	12/31/2022
Date of Last Update	07/09/2019

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### IN Community Integration and Habilitation (CIH) (0378.R03.05)

State Operating Agency: Division of Disability and Rehabilitative Services (DDRS), Bureau of Developmental Disabilities Services (BDDS)

Description	<p>The CIH Waiver provides access to meaningful and necessary home and community-based services and supports, seeks to implement services and supports that respect the participant's personal beliefs and customs, facilitates the participant's involvement in the community where he/she lives and works, facilitates the participant's development of social relationships in his/her home and work communities, and facilitates the participants' independent living. Participants may choose to live in their own home, family home, or community setting appropriate to their needs. Participants develop a Person-Centered/Individualized Support Plan (PC/ISP).</p> <p>The waiver services include adult day, case management, prevocational, rent and food for unrelated live-in caregiver, residential habilitation and support, respite, supported employment follow along, OT, PT, psychological therapy, speech/language therapy, behavioral support, community based habilitation-group, community based habilitation-individual, community transition, electronic monitoring, environmental mods, extended services, facility based habilitation-group, facility based habilitation-individual, facility based support services, family and caregiver training, intensive behavior intervention, music therapy, personal emergency response system (PERS), recreational therapy, residential habilitation and support - daily, specialized medical equipment and supplies, structured family caregiving, transportation, wellness coordination, and workplace assistance.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of all ages diagnosed with autism, developmental disability (DD), or intellectual disability (ID).
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite care provided to participants unable to care for themselves is furnished on a short-term basis in order to provide temporary relief to unpaid caregivers normally providing care. Respite can be provided in the participant's home or place of residence, respite caregiver's home, a camp setting, an approved day habilitation facility, or a non-private residential setting (such as a respite home). Activities may include: assistance with toileting, feeding, daily living skills including assistance accessing community activities, grooming and personal hygiene; meal preparation, serving and cleanup; administration of medications; supervision; individual services; and group services.</p> <p>Respite is not provided to individuals living in a licensed facility-based setting and is not provided at the same time as the services Structured Family Caregiving or Children's Foster Care. Respite is not intended to be provided on a continuous, long-term basis as part of daily services that would enable the unpaid caregiver to go to work or to attend school, and it shall not be used as day/child care or to provide service while the participant is attending school. Respite services are provider managed.</p>
Respite Provider Eligibility	Information for provider enrollment can be found at <a href="https://www.in.gov/fssa/ddrs/2644.htm">https://www.in.gov/fssa/ddrs/2644.htm</a>
Caregiver Eligibility	Respite may be provided by a relative, legal guardian, or legally responsible person.
Enrollment Limit	10927: Year ending 09/30/2019
How to Apply	Contact the local BDDS field services office near you at <a href="https://www.in.gov/fssa/ddrs/4088.htm">https://www.in.gov/fssa/ddrs/4088.htm</a>
Contact Information	See the state map ( <a href="http://www.in.gov/fssa/ddrs/4088.htm">http://www.in.gov/fssa/ddrs/4088.htm</a> ) or call 1-800-545-7763 to locate your local office. Waiver application forms may also be accessed at: <a href="http://www.in.gov/fssa/ddrs/3349.htm">http://www.in.gov/fssa/ddrs/3349.htm</a> .
Link to Waiver Application	<a href="https://www.in.gov/fssa/files/IN.0378.R03.05%20Waiver%20PDF%20corrected%20on%208.29.18.pdf">https://www.in.gov/fssa/files/IN.0378.R03.05%20Waiver%20PDF%20corrected%20on%208.29.18.pdf</a>

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Expiration Date	09/30/2019
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Date of Last Update	07/09/2019
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### IN Family Supports (0387.R03.04) State Operating Agency: Division of Disability and Rehabilitative Services (DDRS), Bureau of Developmental Disabilities Services (BDDS)

Description	<p>The Family Supports waiver provides access to meaningful and necessary home and community-based services and supports, implements services and supports in a manner that respects the participant's personal beliefs and customs, ensures that services are cost-effective, facilitates the participant's involvement in the community where he/she lives and works, facilitates the participant's development of social relationships in his/her home and work communities, and facilitates the participant's independent living.</p> <p>Waiver services include: adult day, case management, prevocational, respite, OT, PT, psychological therapy, speech/language therapy, behavioral support services, community based habilitation-group, community based habilitation-individual, extended services, facility based habilitation-group, facility based habilitation-individual, facility based support services, family and caregiver training, intensive behavioral intervention, music therapy, participant assistance and care, PERS, recreational therapy, specialized medical equipment and supplies, transportation, workplace assistance.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of all ages diagnosed with Autism, a Developmental Disability (DD), or Intellectual Disability (ID).
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite Care services are provided to participants unable to care for themselves that are furnished on a short-term basis in order to provide temporary relief to those unpaid persons normally providing care. Respite Care can be provided in the participant's home or place of residence, in the respite caregiver's home, in a camp setting, in an approved day habilitation facility, or in a non-private residential setting (such as a respite home). Activities may include: assistance with toileting, feeding, daily living skills including assistance with accessing the community and community activities, grooming and personal hygiene; meal preparation, serving and cleanup; administration of medications; supervision; individual services; and group services.</p> <p>Respite is not provided to individuals living in licensed facility-based setting and is not provided at the same time as the services Structured Family Caregiving or Children's Foster Care. Respite is not intended to be provided on a continuous, long-term basis as part of daily services that would enable the unpaid caregiver to go to work or to attend school, and it shall not be used as day/child care or to provide service while the participant is attending school.</p> <p>Respite services are provider managed.</p>
Respite Provider Eligibility	Information for provider enrollment can be found at <a href="https://www.in.gov/fssa/ddrs/2644.htm">https://www.in.gov/fssa/ddrs/2644.htm</a>
Caregiver Eligibility	Respite services may be provided by a legally responsible person, relative or legal guardian.
Enrollment Limit	23087: Year ending 03/31/2020
How to Apply	Contact the local BDDS field services office near you at <a href="https://www.in.gov/fssa/ddrs/4088.htm">https://www.in.gov/fssa/ddrs/4088.htm</a>
Contact Information	See the state map ( <a href="http://www.in.gov/fssa/ddrs/4088.htm">http://www.in.gov/fssa/ddrs/4088.htm</a> ) or call 1-800-545-7763 to locate your local office. Waiver application forms may also be accessed at: <a href="http://www.in.gov/fssa/ddrs/3349.htm">http://www.in.gov/fssa/ddrs/3349.htm</a> .
Link to Waiver Application	<a href="https://www.in.gov/fssa/files/IN.0387.R03.04%20Waiver%20PDF%20FSW.PDF">https://www.in.gov/fssa/files/IN.0387.R03.04%20Waiver%20PDF%20FSW.PDF</a>
Expiration Date	03/31/2020
of Last Update	07/09/2019