Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

**IA HCBS Health & Disability Waiver**

Provides adult day, homemaker, respite, home health aide, nursing, financial management services, independent support broker, self-directed community support and employment, consumer directed attendant care-skilled, consumer-directed attendant care-unskilled, counseling service, home and vehicle modification, home delivered meals, individual directed goods and services, interim medical monitoring and treatment, nutritional counseling, personal emergency response, self-directed personal care for individuals ages 0-64 diagnosed with physical disabilities.

**IA HCBS Elderly Waiver**

Provides adult day health, case management, homemaker, respite, home health aide services, nursing services, financial management service, assisted living, assistive devices, chore services, consumer directed attendant care-unskilled, consumer-directed attendant care-skilled, home and vehicle modification, home delivered meals, independent support brokerage service, individual directed goods and services, mental health outreach, nutritional counseling, personal emergency response or portable locator system, self-directed community support and employment, self-directed personal care, senior companion, transportation for individuals ages 65 and older.

**IA Children’s Mental Health (CMH) Waiver**

Provides environmental modifications and adaptive devices, family and community supports, in-home family therapy, and respite for children ages 0-17 diagnosed with a SED (serious emotional disturbance).

**IA HCBS AIDS Waiver**

Provides adult day care, homemaker, respite, home health aide, nursing, financial management services, independent support broker, consumer directed attendant care – skilled, consumer-directed attendant care – unskilled, counseling, home delivered meals, individual directed goods and services, self-directed community support and employment, and self-directed personal care for individuals with a diagnosis of HIV/AIDS of any age.
IA Brain Injury (BI) Waiver

Provides adult day care, case management, consumer directed attendant care – skilled, prevocational services, respite, supported employment, specialized medical equipment, financial management service - supports the self-direction option, behavioral programming, consumer directed attendant care- unskilled, family counseling and training services, home and vehicle modification, independent support broker - consumer choices option, interim medical monitoring and treatment, personal emergency response system or portable locator system, self-directed community support and employment, self-directed goods and services, self-directed personal care - consumer choices option, supported community living, transportation for individuals of all ages diagnosed with a brain injury.

IA Intellectual Disabilities (ID) Waiver

Provides adult day care, day habilitation, prevocational services, residential based supported community living, respite, supported employment, home health aide services, nursing, financial management services, independent support broker, individual directed goods and services, self-directed community support and employment, self-directed personal care, consumer directed attendant care (CDAC) – skilled, consumer directed attendant care (CDAC) – unskilled, home and vehicle modification, interim medical monitoring and treatment, personal emergency response or portable locator system, supported community living, and transportation for individuals of all ages diagnosed with an intellectual disability.
### Description
The goal of the Iowa HCBS Health and Disability (HD) waiver is to provide community alternatives to institutional services. Through need based funding of individualized supports, eligible participants may maintain their position within their homes and communities rather than default placement within an institutional setting. Necessary services are determined through a person centered planning process with assistance from an interdisciplinary team. After exploring all available resources, including natural and community supports, the consumer will have the option to choose between various traditional and self-directed services.

The following services are available: adult day, homemaker, respite, home health aide, nursing, financial management services, independent support broker, self-directed community support and employment, consumer directed attendent care-skilled, consumer-directed attendent care-unskilled, counseling service, home and vehicle modification, home delivered meals, individual directed goods and services, interim medical monitoring and treatment, nutritional counseling, personal emergency response, self-directed personal care.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c); concurrent operation with 1915(b) (1, 3, 4) Iowa High Quality Healthcare Initiative.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Population-Eligibility</td>
<td>Individuals ages 0-64 who have physical disabilities. Individual must be blind or disabled as determined by receipt of Social Security Disability benefits or by a disability determination made through the department.</td>
</tr>
<tr>
<td>Level of Care</td>
<td>Individuals require level of care available in a nursing facility (NF) or in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite care services give temporary relief to the usual caregiver and provide all the necessary care that the usual caregiver would provide during that time period. The purpose of respite is to enable the participant to remain in his or her current living situation. The interdisciplinary team shall determine if the participant shall receive basic individual respite, specialized respite or group respite. The waiver allows respite services to be provided in variety of settings and by different provider types, including: Home Health Agency, Residential Care Facility for persons with Intellectual Disabilities (RCF/ID), Homecare and Non-Facility based providers, Hospital or Nursing Facility – skilled, Organized Camping programs, Child Care Centers, Nursing Facility, and Intermediate Care facilities for persons with Intellectual Disabilities (ICF/ID). The payment for respite is connected to the staff to consumer ratio. Overlapping of services is avoided. Services provided outside the individual’s home, such as a licensed facility, shall not be reimbursable if the living unit where the respite is provided is reserved for another person on a temporary leave of absence. Respite services shall not be simultaneously reimbursed with other residential or respite services, Medicaid or HCBS HD nursing, or Medicaid or HCBS HD home health aide services. Respite care is not to be provided to persons during the hours in which the usual caregiver is employed except when the consumer is attending a 24 hour residential camp. Respite cannot be provided to a consumer whose usual caregiver is a consumer-directed attendent care provider for the consumer. A maximum of 14 consecutive days of 24-hour respite care may be reimbursed. The amount, frequency, or duration of the self-directed respite service is the same as respite that is not self-directed. Respite services may be provider managed or participant directed</td>
</tr>
<tr>
<td>Respite Provider Eligibility</td>
<td>For information on becoming a provider: <a href="https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment">https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment</a></td>
</tr>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may be provided by the legally responsible person, legal guardian, or relative.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>2950: Year ending 10/31/2022</td>
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<tr>
<td><strong>How to Apply</strong></td>
<td>Individuals can apply for waiver services at their local DHS office. To find the office nearest you please search online at: <a href="https://dhs.iowa.gov/dhs_office_locator">https://dhs.iowa.gov/dhs_office_locator</a></td>
</tr>
<tr>
<td>-----------------</td>
<td>---------------------------------------------------------------------------------------------------------------------------------</td>
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</tbody>
</table>
| **Contact Information** | Contact Iowa Medicaid Member Services at Toll Free: 1-800-338-8366 or your local DHS office  
| **Link to Waiver Application** | Link to application not available. |
| **Expiration Date** | 10/31/2022 |
| **Date of Last Update** | 07/10/2019 |
**Description**

The goal of the Iowa HCBS Elderly waiver is to provide community alternatives to institutional services. Necessary services are determined through a person centered planning process with assistance from an interdisciplinary team. After exploring available natural and community supports, the consumer has the option to choose between various traditional and self-directed services.

Services include adult day health, case management, homemaker, respite, home health aide services, nursing services, financial management service, assisted living, assistive devices, chore services, consumer directed attendant care-unskilled and skilled, home and vehicle modification, home delivered meals, independent support brokerage service, individual directed goods and services, mental health outreach, nutritional counseling, personal emergency response or portable locator system, self-directed community support and employment, self-directed personal care, senior companion, transportation.


**Waiver Type**

1915(c); concurrent operation with 1915(b) (1, 3, 4) Iowa High Quality Healthcare Initiative

**Target Population-Eligibility**

Individuals who are 65 years or older.

**Level of Care**

Individuals require level of care available in a nursing facility (NF).

**Respite Services**

Respite gives temporary relief to the usual caregiver and provides necessary care during that time period. The purpose of respite is to enable the consumer to remain in their current living situation. Services provided outside the individual's home shall not be reimbursable if the living unit where respite is provided is reserved for another person on temporary leave of absence. The interdisciplinary team shall determine if the individual shall receive basic individual respite, specialized respite or group respite. Respite may be provided in the home, camp setting, and nursing facility.

Payment is connected to the staff to consumer ratio. Respite is not provided to persons during hours in which the usual caregiver is employed except when the provider is a camp. Overlapping of services is avoided. A unit of service is 15 minutes. A maximum of 14 consecutive days of 24-hour respite care may be reimbursed. The amount, frequency, or duration of the self-directed respite service is the same as respite that is not self-directed. Respite may be provider managed or participant directed.

**Respite Provider Eligibility**

For information on becoming a provider: [https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment](https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment)

**Caregiver Eligibility**

Respite may be provided by a relative, legally responsible person, or legal guardian.

**Enrollment Limit**

8009: Year ending 09/30/2023

**How to Apply**

Individuals can apply for waiver services at their local DHS office. To find the office nearest you please search online at [https://dhs.iowa.gov/dhs_office_locator](https://dhs.iowa.gov/dhs_office_locator)

**Contact Information**


**Link to Waiver Application**

Link to application not available.

**Expiration Date**

09/30/2023

**Date of Last Update**

07/10/2019
IA Children’s Mental Health (CMH) Waiver (0819.R02.00)
State Operating Agency: Department of Human Services (DHS), Iowa Medicaid Enterprise (IME)

Description
The goal of the Iowa HCBS Children’s Mental Health (CMH) waiver is to provide community alternatives to institutional services. Through need-based funding of individualized supports, eligible participants may maintain their position within their homes and communities rather than default placement within an institutional setting. Necessary services are determined through a person centered planning process with assistance from an interdisciplinary team. After exploring all available resources, including natural and community supports, the consumer will have the option to choose between various traditional and self-directed services.

Services include environmental modifications and adaptive devices, family and community supports, in-home family therapy, and respite.

Waiver Type
1915(c); concurrent operation with 1915(b) (1, 3, 4) Iowa High Quality Healthcare Initiative

Target Population-Eligibility
Individuals, ages 0-17, diagnosed with a serious emotional disturbance (SED).

Level of Care
Individual requires level of care available in an inpatient psychiatric facility for individuals 21 and under.

Respite Services
Respite care services give temporary relief to the usual caregiver and provide all the necessary care that the usual caregiver would provide during that period. The purpose of respite care is to enable the consumer to remain in their current living situation. Respite shall be provided in an environment (consumer’s home, provider’s home, camp, etc.) as approved by the interdisciplinary team. The interdisciplinary team determines if the individual receives basic individual respite, specialized respite, or group respite.

Respite shall not be provided during the hours the usual caregiver is employed, except when the consumer is attending a camp. The usual caregiver cannot be absent from the home for more than 14 consecutive days during respite. Respite provided outside the participant’s home shall not be reimbursable if the living unit where respite care is provided is reserved for another person on a temporary leave of absence. Respite shall not be provided simultaneously with other residential, nursing, or home health aide services provided through the medical assistance program.

Respite is provider managed.

Respite Provider Eligibility
For information on becoming a provider: https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment

Caregiver Eligibility
Respite may be provided by a relative, but not by the legally responsible person or legal guardian.

Enrollment Limit
1339: Year ending 09/30/2023

How to Apply
Individuals can apply for waiver services at their local DHS office. To find the office nearest you please search online at https://dhs.iowa.gov/dhs_office_locator

Contact Information
Contact Iowa Medicaid Member Services at Toll Free: 1-800-338-8366 or your local DHS office

Link to Waiver Application
Link to application not available.

Expiration Date
09/30/2023

Date of Last Update
07/10/2019
### Description

The goal of the Iowa HCBS/AIDS/HIV waiver is to provide community alternatives to institutional services. Through need-based funding of individualized supports, eligible participants may maintain their position within their homes and communities rather than default placement within an institutional setting. The individual will have the option to use both traditional delivered services and self-directed services.

Services provided by this waiver include: adult day care, homemaker, respite, home health aide, nursing, financial management services, independent support broker, consumer directed attendant care – skilled, consumer-directed attendant care – unskilled, counseling, home delivered meals, individual directed goods and services, self-directed community support and employment, and self-directed personal care.

### Waiver Type

1915(c); concurrent operation with 1915(b) (1, 3, 4) Iowa High Quality Healthcare Initiative

### Target Population-Eligibility

Individuals of all ages who have been diagnosed with HIV/AIDS.

### Level of Care

Individuals require level of care available in a hospital or nursing facility (NF).

### Respite Services

Respite care services are services provided to the member that give temporary relief to the usual caregiver and provide all the necessary care that the usual caregiver would provide during that time period. The purpose of respite is to enable the member to remain in the member’s current living situation. Staff to member ratios shall be appropriate to the member’s needs as determined by the member’s interdisciplinary team. The interdisciplinary team shall determine if the member shall receive basic individual respite, specialized respite or group respite. Basic individual respite means respite provided on a staff-to-member ratio of one to one to members without specialized needs requiring the care of a licensed registered nurse or licensed practical nurse; group respite is respite provided on a staff to member ratio of less than one to one; specialized respite means respite provide on a staff to member ratio of one to one to members with specialized medical needs requiring the care, monitoring or supervision of a licensed registered nurse or licensed practical nurse.

Basic, group, and specialized respite may be provided in a variety of locations: Home Health Agencies (HHA); Residential Care Facilities for persons with Intellectual Disabilities (RCF/ID); Home Care and Non-Facility based providers; Hospitals or Nursing Facilities – skilled; Organized Camping programs (residential weeklong camp, group summer day camp, teen camp, group specialized summer day camp); Child Care Centers; Nursing Facilities; and Intermediate Care Facilities for persons with Intellectual Disabilities (ICF/ID).

Respite care is not to be provided to persons during the hours in which the usual caregiver is employed except when provided in a residential 24 hours camp program. A maximum of 14 consecutive days of 24-hour respite care may be reimbursed. Respite may be participant directed or provider managed.

### Respite Provider Eligibility

For information on becoming a provider: [https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment](https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment)

### Caregiver Eligibility

Respite may be provided by a relative, legally responsible person, or legal guardian.

### Enrollment Limit

40: Year ending in 06/30/2020

### How to Apply

Individuals can apply for waiver services at their local DHS office. To find the office nearest you please search online at [https://dhs.iowa.gov/dhs_office_locator](https://dhs.iowa.gov/dhs_office_locator)

### Contact Information

<table>
<thead>
<tr>
<th><strong>Link to Waiver Application</strong></th>
<th><a href="https://dhs.iowa.gov/sites/default/files/Application_1915(c)_HCBS_AIDSHIV_Waiver_IA.0213.R05.02_06012017_asof_06082017.pdf?081420191845">https://dhs.iowa.gov/sites/default/files/Application_1915(c)_HCBS_AIDSHIV_Waiver_IA.0213.R05.02_06012017_asof_06082017.pdf?081420191845</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Expiration Date</strong></td>
<td>06/30/2020</td>
</tr>
<tr>
<td><strong>Date of Last Update</strong></td>
<td>08/14/2019</td>
</tr>
</tbody>
</table>
The goal of the Iowa HCBS Brain Injury (BI) waiver is to provide community alternatives to institutional services. Through need-based funding of individualized supports, eligible participants may maintain their position within their homes and communities rather than default placement within an institutional setting. Necessary services are determined through a person centered planning process with assistance from an interdisciplinary team. After exploring all available resources, including natural and community supports, the individual will have the option to choose between various traditional and self-directed services.

Services include: adult day care, case management, consumer directed attendant care – skilled, prevocational services, respite, supported employment, specialized medical equipment, financial management service - supports the self-direction option, behavioral programming, consumer directed attendant care- unskilled, family counseling and training services, home and vehicle modification, independent support broker - consumer choices option, interim medical monitoring and treatment, personal emergency response system or portable locator system, self-directed community support and employment, self-directed goods and services, self-directed personal care - consumer choices option, supported community living, transportation.

Individuals of any age diagnosed with a brain injury. Brain injury means clinically evident damage to the brain resulting directly or indirectly from trauma, infection, anoxia, vascular lesions or tumor of the brain, not primarily related to degenerative or aging processes, which temporarily or permanently impairs a person’s physical, cognitive, or behavioral functions. The person must have a diagnosis from the following list: Malignant neoplasms of brain; Secondary malignant neoplasm of other parts of the nervous system, includes cerebral meninges; Benign neoplasm of brain and other parts of the nervous system; Encephalitis, myelitis and encephalomyelitis; Intracranial and intraspinal abscess; Anoxic brain damage; Subarachnoid hemorrhage; Intracerebral hemorrhage; Other and unspecified intracranial hemorrhage; Occlusion and stenosis of pre-cerebral or cerebral arteries; Transient cerebral ischemia; Acute, but ill-defined, cerebrovascular disease; Other and ill-defined cerebrovascular diseases; Fracture of vault of skull; Fracture of base of skull; Other and unqualified skull fractures; Multiple fractures involving skull or face with other bones; Concussion; Cerebral laceration and contusion; Subarachnoid, subdural, and extradural hemorrhage following injury; Other and unspecified intracranial hemorrhage following injury; Intracranial injury of other and unspecified nature; Poisoning by drugs, medicinal and biological substances; Toxic effects of substances; Effects of external causes; Drowning and nonfatal submersion; Asphyxiation and strangulation; Child maltreatment syndrome; Adult maltreatment syndrome.

Individuals require level of care available in a nursing facility (NF) or Intermediate Care Facility for the Individuals with Intellectual Disabilities (ICF/IID).

Respite gives temporary relief to the usual caregiver and provides all the necessary care during that time period. The purpose of respite care is to enable the participant to remain in their current living situation. Respite may be provided in the following locations: consumer’s home, consumer’s community, adult day care, group living foster care facilities for children licensed by the department, camps certified by the American Camping Association, nursing facilities, intermediate care facilities for the mentally retarded, hospitals enrolled as providers in the Iowa Medicaid program, residential care facilities for persons with intellectual disabilities licensed by the department of inspections and appeals, assisted living programs certified by the department of inspections and appeals.

Services provided outside the consumer’s home shall not be reimbursable if the living unit where the respite is provided is reserved for another person on a temporary leave of absence. Respite care is not to be provided to persons during the hours in which the usual caregiver is employed except when the consumer is attending a camp. Respite cannot be provided to a participant whose usual caregiver is a consumer-directed attendant care provider for the participant. Staff-to-consumer ratios and the type of respite shall be appropriate to the individual needs of the consumer as determined by the consumer’s
interdisciplinary team. There is an upper limit set for rates based on provider type that is subject to change on a yearly basis. Respite services shall not be simultaneously reimbursed with other residential or respite services, HCBS BI waiver supported community living services, Medicaid nursing, or Medicaid BI home health aide services. A unit of service is 15 minutes. A maximum of 14 consecutive days of 24-hour respite care may be reimbursed.

Respite may be provider managed or participant directed.

<table>
<thead>
<tr>
<th>Respite Provider Eligibility</th>
<th>For information on becoming a provider: <a href="https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment">https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may not be provided by the legally responsible person, a relative, or a legal guardian.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>1627: Year ending 09/30/2019</td>
</tr>
<tr>
<td>How to Apply</td>
<td>Individuals can apply for waiver services at their local DHS office. To find the office nearest you please search online at <a href="https://dhs.iowa.gov/dhs_office_locator">https://dhs.iowa.gov/dhs_office_locator</a></td>
</tr>
<tr>
<td>Contact Information</td>
<td>Contact Iowa Medicaid Member Services at Toll Free: 1-800-338-8366 or your local DHS office Reference the Waiver Packet on the Iowa DHS website: <a href="https://dhs.iowa.gov/sites/default/files/Comm510.pdf?071020191752">https://dhs.iowa.gov/sites/default/files/Comm510.pdf?071020191752</a></td>
</tr>
<tr>
<td>Expiration Date</td>
<td>09/30/2019, with plans to renew</td>
</tr>
<tr>
<td>Date of Last Update</td>
<td>07/10/2019</td>
</tr>
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</table>
**Description**

The goal of the Iowa HCBS Intellectual Disability (ID) waiver is to provide community alternatives to institutional services. Through need-based funding of individualized supports, eligible participants may maintain their position within their homes and communities rather than default placement within an institutional setting. Necessary services are determined through a person centered planning process with assistance from an interdisciplinary team. After exploring all available resources, including natural and community supports, the individual will have the option to choose between various traditional and self-directed services.

The following services are available: adult day care, day habilitation, prevocational services, residential based supported community living, respite, supported employment, home health aide services, nursing, financial management services, independent support broker, individual directed goods and services, self-directed community support and employment, self-directed personal care, consumer directed attendant care (CDAC) – skilled, consumer directed attendant care (CDAC) – unskilled, home and vehicle modification, interim medical monitoring and treatment, personal emergency response or portable locator system, supported community living, transportation.

**Waiver Type**

1915(c); concurrent operation with 1915(b) (1, 3, 4) Iowa High Quality Healthcare Initiative

**Target Population-Eligibility**

For individuals of all ages with an intellectual disability. A diagnosis of intellectual disability (intellectual developmental disorder), global developmental delay, or unspecified intellectual disability (intellectual developmental disorder) which shall be made only when the onset of the person’s condition was during the developmental period and shall be based on an assessment of the person’s intellectual functioning and level of adaptive skills.

**Level of Care**

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**

Respite care services give temporary relief to the usual caregiver and provide all the necessary care that the usual caregiver would provide during that time period. The purpose of respite is to enable the consumer to remain in their current living situation. The interdisciplinary team shall determine if the participant shall receive basic individual respite, specialized respite or group respite. Respite services may be provided in variety of settings and by different provider types including: Home Health Agency (HHA); Residential Care Facility for persons with Intellectual Disabilities (RCF/ID); Homecare and Non-Facility based providers; Hospital or Nursing Facility – skilled; Organized Camping programs; Child Care Centers; Nursing Facility; Intermediate Care facilities for persons with Intellectual Disabilities (ICF/ID).

Respite care is not to be provided to persons during the hours in which the usual caregiver is employed except when provided in a residential 24 hours camp program. The payment for respite is connected to the staff to consumer ratio. Services provided outside the member’s home, such as a licensed facility, shall not be reimbursable if the living unit where the respite is provided is reserved for another person on a temporary leave of absence. Respite cannot be provided to a member whose usual caregiver is a consumer-directed attendant care provider for the member. Respite services shall not be simultaneously reimbursed with other residential or respite services, HCBS ID waiver supported community living services, Medicaid or HCBS ID nursing, or Medicaid or HCBS ID home health aide services. A unit of service is 15 minutes. A maximum of 14 consecutive days of 24-hour respite care may be reimbursed. Payment for respite services shall not exceed $7,334.62 per member’s waiver year. Respite may be provider managed or participant directed.

**Respite Provider Eligibility**

For information on becoming a provider: [https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment](https://dhs.iowa.gov/ime/Providers/enrollment/WaiverEnrollment)

**Caregiver Eligibility**

Respite may be provided by the legally responsible person, a relative, or a legal guardian.

**Enrollment Limit**

13436: Year ending 06/30/2024
<table>
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<tr>
<th>How to Apply</th>
<th>Individuals can apply for waiver services at their local DHS office. To find the office nearest you please search online at <a href="https://dhs.iowa.gov/dhs_office_locator">https://dhs.iowa.gov/dhs_office_locator</a></th>
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<td>Date of Last Update</td>
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