

KENTUCKY

Department for Public Health

275 East Main Street, Frankfort, KY, 40621

<http://chfs.ky.gov/dph>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[KY Supports for Community Living \(SCL\) Waiver](#)

Provides conflict free case management, consultative clinical and therapeutic services, day training, personal assistance, residential support level I, respite, shared living, supported employment, community guide, financial management services, natural supports training, community access, community transition, environmental accessibility adaptation services, goods and services, person centered coach, positive behavior supports, residential support level II, specialized medical equipment and supplies, technology assisted residential, transportation, vehicle adaptations for individuals ages 3 and older diagnosed with an intellectual or developmental disability.

[KY Home and Community Based Services \(HCBS\) Waiver](#)

Provides adult day health, conflict free case management, specialized respite, participant directed coordination, attendant care, environmental and minor home adaptation, goods and services, home and community supports, home delivered meals, and non-specialized respite for individuals ages 0-64 with physical or other disabilities or individuals 65 and older.

[KY Acquired Brain Injury](#)

Provides adult day training, case management, respite, supported employment, behavioral services, counseling, group counseling, OT, specialized medical equipment, speech therapy, community guide, financial management services, goods and services, assessment/ reassessment, community living supports, environmental and minor home modifications and supervised residential care for individuals age 18 and older diagnosed with a brain injury.

[KY Michelle P Waiver](#)

Provides adult day health, case management, community access, day training, personal assistance, respite, shared living, supported employment, occupational therapy, physical therapy, speech therapy, community guide, goods and services, natural supports training, transportation, assessment/reassessment, community transition, consultative clinical and therapeutic service, environmental accessibility adaptation services, person centered coaching, positive behavior supports, specialized medical equipment and supplies, vehicle adaptation for individuals diagnosed with intellectual disabilities or developmental disabilities with no age restrictions.

[KY Acquired Brain Injury, Long-term Care](#)

Provides adult day health, adult day training, conflict-free case management, nursing supports, occupational therapy, respite, supported employment, physical therapy, specialized medical equipment, speech therapy, community guide, financial management services, goods and services, assessment/reassessment, behavioral services, community living supports, counseling, environmental and minor home modifications, family training, group counseling, and supervised residential care for individuals 18 and older diagnosed with a brain injury.

KENTUCKY

KY Supports for Community Living (SCL) Waiver (0314.R04.00)

State Operating Agency: The Division of Developmental and Intellectual Disabilities (DDID), Department of Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)

Description	<p>The SCL waiver services are delivered with respect, and are designed to ensure individuals are safe in the community and are afforded choices. This waiver offers statewide availability of traditional services. Participants can choose to self-direct non-medical services. They also can choose either all traditional, all self-directed, or a combination (blend) of traditional and self-directed services.</p> <p>Services provided by this waiver include: conflict free case management, consultative clinical and therapeutic services, day training, personal assistance, residential support level I, respite, shared living, supported employment, community guide, financial management services, natural supports training, community access, community transition, environmental accessibility adaptation services, goods and services, person centered coach, positive behavior supports, residential support level II, specialized medical equipment and supplies, technology assisted residential, transportation, vehicle adaptations.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals, ages 3 and older, diagnosed with an intellectual or developmental disability attributable to an intellectual disability or related condition.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite is provided to individuals living in their own or their family's homes that are unable to independently care for themselves and is provided on a short term basis due to the absence of or need for relief of the primary caregiver. Respite may be provided in an individual's own home, a private residence, or other SCL certified residential setting.</p> <p>Receipt of respite does not preclude receiving other services on the same day. For example, a participant may receive day services (such as supported employment, day training, personal assistance, community access, etc.) on the same day as he/she receives respite care as long as the services are not provided at the same time. Respite is limited to 830 hours per year.</p>
Respite Provider Eligibility	Information on becoming a provider of services: https://dbhdid.ky.gov/ddid/scl-newprovider.aspx
Caregiver Eligibility	Respite may be provided by a relative or a legal guardian but not by the legally responsible person.
Enrollment Limit	4941: Year ending 02/28/2022
How to Apply	<p>Contact the Supports for Community Living Waiver Branch to begin the application process: http://dbhdid.ky.gov/ddid/scl.aspx</p> <p>Or apply online using the benefind Self Service portal at https://benefind.ky.gov/</p> <p>You may also apply in person at your local Community Mental Health Center (find yours at http://dbhdid.ky.gov/cmhc/default.aspx) or Area Agency on Aging (find yours at https://chfs.ky.gov/agencies/dail/Pages/aaail.aspx)</p>
Contact Information	<p>Supports for Community Living Waiver Branch, DDID: Phone: (502) 564-7700 Fax: (502) 564-8917</p> <p>Or contact the Division of Community Alternatives, MH/IDD Community Services Branch at (502) 564-1647</p>
Link to Waiver Application	https://chfs.ky.gov/agencies/dms/dca/iddcsb/Documents/waiverapplicationSCL.pdf
Expiration Date	02/28/2022
Date of Last Update	07/11/2019

KENTUCKY

KY Home and Community Based Services (HCBS) Waiver (0144.R06.00)

State Operating Agency: Department for Aging and Independent Living

Description	<p>The purpose of the HCBS waiver is to prevent institutionalization by offering effective, individualized services that ensure the health, safety and welfare of participants so they may remain in their own home and community. The waiver offers statewide availability of traditional services and the ability to self-direct non-medical services. Participants can choose either all traditional, all participant-directed, or a combination (blend) of traditional and participant-directed services.</p> <p>Services include: adult day health, conflict free case management, specialized respite, participant directed coordination, attendant care, environmental and minor home adaptation, goods and services, home and community supports, home delivered meals, and non-specialized respite.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals with physical or other disabilities ages 0-64 or individuals 65 and older.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>This waiver offers two forms of respite: Specialized Respite and Non-Specialized Respite. <u>Specialized Respite</u> and <u>Non-Specialized Respite</u> services are defined as short term care which is provided to a waiver member due to the need for relief, or the sudden absence or illness, of the primary caregiver who normally provides care for the individual. Non-Specialized services cannot replace the natural support system. Natural Supports are defined as a non-paid person, persons, or community resource, who can provide, or has historically provided assistance to the consumer or due to the familial relationship, would be expected to provide assistance.</p> <p>Both forms of respite services cannot be utilized to provide respite to a paid caregiver, and both services shall be required to be of a skill level beyond normal babysitting. Respite services shall only be provided by licensed home health agencies or adult day health care agencies and can be provided in the following locations: the home of the participant, an adult day health care center licensed by the state of Kentucky, or a combination of the two.</p> <p>Specialized and Non-Specialized Respite may be provided in conjunction but not at the same time. Respite is limited to \$4,000 per year, whether Specialized, Non-Specialized, or a combination of the two. Specialized Respite services can be provided 24/7 but shall not exceed \$200 per day. Non-Specialized Respite cannot exceed 45 hours per week. Respite services shall be prior authorized. Specialized Respite is provider managed, while Non-Specialized Respite is participant-directed.</p>
Respite Provider Eligibility	Visit https://chfs.ky.gov/agencies/dms/dpi/pe/Pages/default.aspx or call (877) 838 5085
Caregiver Eligibility	Specialized Respite may not be provided by a legally responsible person, relative, or legal guardian. Non-Specialized Respite may be provided by a legally responsible person, relative, or legal guardian.
Enrollment Limit	17,050: Year ending 06/30/2020
How to Apply	Apply online using the benefind Self Service portal at https://benefind.ky.gov/
Contact Information	Contact the HCBS branch at (502) 564-5560 or dmsweb@ky.gov Or contact the Medicaid call center at: 1-855-459-6328
Link to Waiver Application	https://chfs.ky.gov/agencies/dms/dca/hcbsb/Documents/waiverapplicationHCB.pdf
Expiration Date	07/31/2020
Date of Last Update	07/11/2019

KENTUCKY

KY Acquired Brain Injury (ABI) (0333.R04.00)

State Operating Agency: Department for Medicaid Services (DMS)

Description	<p>This ABI waiver program focuses on intensive rehabilitation and retraining to assist individuals with acquired brain injury to reenter and function independently within a community given the community's existing resources. Person-centered principles are utilized in development of the waiver participant's plan of care. Waiver services are provided by various community-based licensed and certified agencies. The consumer directed option allows waiver members to choose an alternate delivery of their non-medical waiver services by recruiting and employing community individuals as service providers. Services include adult day training, case management, respite, supported employment, behavioral services, counseling, group counseling, OT, specialized medical equipment, speech therapy, community guide, financial management services, goods and services, assessment/ reassessment, community living supports, environmental and minor home modifications and supervised residential care.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals ages 18 or older diagnosed with a brain injury who can benefit from intensive rehabilitation services. Acquired brain injury does not include strokes treatable in nursing facilities providing routine rehabilitative services, spinal cord injuries in which there are not known or obvious injuries to the intracranial central nervous system, progressive dementia, depression and psychiatric disorders, intellectual disability, and other birth defect-related disorders. Individuals who exhibit aggressive behavior that poses an imminent threat of serious injury or loss of life to staff, co-participants, and/or members of the community may not be served through the ABI Waiver.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite is defined as short term care which is provided to a waiver recipient due to absence or need for relief of the primary caregiver or provided to an individuals who is unable to care for themselves during transition from a residential facility. Respite is considered an essential service to assist the recipient and family to prevent institutionalization. Respite must be provided at a level to appropriately and safely meet the medical needs of the waiver recipient. Respite may be in or out of home.</p> <p>The Case Manager or Community Guide assist individuals to access other supports or supports available through other funding streams if their needs exceed the limit. Respite care must be prior authorized. Reimbursement for respite services shall be limited to no more than 5760 fifteen minute units per recipient per calendar year. Respite services may be participant directed or provider managed.</p>
Respite Provider Eligibility	Visit https://chfs.ky.gov/agencies/dms/dpi/pe/Pages/default.aspx or call (877) 838 5085
Caregiver Eligibility	Respite may be provided by the legally responsible person, legal guardian or relative.
Enrollment Limit	383: Year ending 12/31/2021
How to Apply	<p>Apply online using the benefind Self Service portal at https://benefind.ky.gov/</p> <p>You may also apply in person at your local Community Mental Health Center (find yours at http://dbhdid.ky.gov/cmhc/default.aspx) or Area Agency on Aging (find yours at https://chfs.ky.gov/agencies/dail/Pages/aaail.aspx)</p>
Contact Information	<p>Division of Community Alternatives, Acquired Brain Injury Branch</p> <p>Phone: 502- 564-5198; Toll Free: 866-878-2626; Or call the Medicaid call center at: 1-855-459-6328</p>
Link to Waiver Application	https://chfs.ky.gov/agencies/dms/dca/abib/Documents/waiverapplicationABI.pdf
Expiration Date	12/31/2021
Date of Last Update	07/12/2019

KENTUCKY

KY Michelle P Waiver (0475.R02.00)

State Operating Agency: The Division of Developmental and Intellectual Disabilities (DDID), Department of Behavioral Health, Developmental and Intellectual Disabilities (DBHDID)

Description	<p>The Michelle P. waiver offers individualized community based services to divert individuals from institutionalization and to support those who transition from an institution to the community. These services and supports will create a positive culture that promotes person centered thinking through communication, respect, and choice. The waiver offers statewide availability of traditional services. Participants can choose to self-direct non-medical services. They can also choose either all traditional, all self-directed, or a combination (blend) of traditional and self-directed services.</p> <p>Services provided by this waiver include: adult day health, case management, community access, day training, personal assistance, respite, shared living, supported employment, occupational therapy, physical therapy, speech therapy, community guide, goods and services, natural supports training, transportation, assessment/reassessment, community transition, consultative clinical and therapeutic service, environmental accessibility adaptation services, person centered coaching, positive behavior supports, specialized medical equipment and supplies, vehicle adaptation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of any age diagnosed with intellectual disability or developmental disability.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for person with Intellectual Disabilities (ICF/IID)
Respite Services	<p>Respite Services are provided to individuals living in their own or family's home who are unable to independently care for themselves. Respite services are provided on a short term basis due to the absence of or need for relief of the primary caregiver.</p> <p>Respite may be provided in a variety of settings including the individual's own home, a private residence or other MPW certified or licensed setting. Receipt of respite care does not preclude an individual from receiving other services on the same day, such as supported employment, day training, personal assistance, community access, etc. on the same day as he/she receives respite care as long as the services are not provided at the same time.</p> <p>These services may not supplant educational services available under the IDEA (20 U.S.C. 1401 et seq.). Respite is limited to \$4000 per year. Respite services may be participant directed or provider managed.</p>
Respite Provider Eligibility	Visit https://chfs.ky.gov/agencies/dms/dpi/pe/Pages/default.aspx or call (877) 838-5085
Caregiver Eligibility	Respite may be provided by a relative or legal guardian but not by the legally responsible person.
Enrollment Limit	10,500: Year ending 08/31/2022
How to Apply	<p>Apply online using the benefind Self Service portal at https://benefind.ky.gov/</p> <p>You may also apply in person at your local Community Mental Health Center (find yours at http://dbhdid.ky.gov/cmhc/default.aspx) or Area Development District (find yours at https://kaedonline.org/kentucky-area-development-districts/)</p>
Contact Information	Contact the Division of Community Alternatives, MH/IDD Community Services Branch at (502) 564-1647; Or call the Medicaid call center at: 1-855-459-6328
Link to Waiver Application	https://chfs.ky.gov/agencies/dms/dca/iddcsb/Documents/waiverapplicationMPW.pdf
Expiration Date	08/31/2022
Date of Last Update	07/12/2019

KY Acquired Brain Injury (ABI), Long-term Care (0477.R02.00)
State Operating Agency: Department for Medicaid Services (DMS)

Description	<p>This ABI long-term care waiver program provides supports and services for individuals who have reached a plateau in their rehabilitation level and require maintenance services to avoid institutionalization and live safely in the community. This waiver completes the continuum of care by complementing Kentucky's existing ABI waiver. Person-centered principles are utilized in development of the waiver participant's plan of care. Waiver services are provided by community-based licensed and certified agencies. The consumer directed option allows members to choose an alternate delivery of non-medical waiver services by recruiting and employing community individuals as service providers.</p> <p>The services provided by this waiver include: adult day health, adult day training, conflict-free case management, nursing supports, occupational therapy, respite, supported employment, physical therapy, specialized medical equipment, speech therapy, community guide, financial management services, goods and services, assessment/reassessment, behavioral services, community living supports, counseling, environmental and minor home modifications, family training, group counseling, and supervised residential care.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 18 and older diagnosed with a brain injury who have reached a plateau in their rehabilitation level and require maintenance services to avoid institutionalization and live safely in the community.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite care is defined as short term care provided to a waiver recipient due to absence or need for relief of the primary caregiver, or provided to individuals who are unable to care for themselves during transition from a residential facility. Respite is considered an essential service to assist the recipient and family to prevent institutionalization. Respite care must be provided at a level to appropriately and safely meet the medical needs of the waiver recipient. Respite may be in or out of home.</p> <p>The Case Manager or Support Broker shall be responsible for assisting individuals to access other natural supports or supports available through other available funding streams if their needs exceed the above limit. Respite services shall be prior authorized. Reimbursement for respite care services shall be limited to no more than 5,760 fifteen minute units per recipient per calendar year. Respite services may be provider managed or participant directed.</p>
Respite Provider Eligibility	Visit https://chfs.ky.gov/agencies/dms/dpi/pe/Pages/default.aspx or call (877) 838 5085
Caregiver Eligibility	Respite may be provided by a legally responsible person, legal guardian or a relative.
Enrollment Limit	400: Year ending 06/30/2022
How to Apply	<p>Apply online using the benefind Self Service portal at https://benefind.ky.gov/</p> <p>You may also apply in person at your local Community Mental Health Center (find yours at http://dbhdid.ky.gov/cmhc/default.aspx) or Area Agency on Aging (find yours at https://chfs.ky.gov/agencies/dail/Pages/aaail.aspx)</p>
Contact Information	<p>Division of Community Alternatives, Acquired Brain Injury Branch</p> <p>Phone: 502- 564-5198; Toll Free: 866-878-2626; Or call the Medicaid call center at: 1-855-459-6328</p>
Link to Waiver Application	https://chfs.ky.gov/agencies/dms/dca/abib/Documents/waiverapplicationABILTC.pdf
Expiration Date	06/30/2022
Date of Last Update	07/12/2019