

LOUISIANA

Department of Health & Hospitals
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Home and Community-Based 1915(c) and concurrent managed care 1915(b) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[LA Supports Waiver](#)

Provides day habilitation, habilitation, prevocational services, respite, support coordination, supported employment, housing stabilization service, housing stabilization transition, and Personal Emergency Response System for individuals age 18 and older diagnosed with autism, intellectual disability or developmental disability.

[LA Residential Options Waiver \(ROW\)](#)

Provides adult day health care, day habilitation, prevocational services, respite services - out of home, shared living services, support coordination, supported employment, assistive technology/specialized medical equipment and supplies, dental, community living supports, companion care, environmental accessibility adaptations, host home, housing stabilization service, housing stabilization transition service, nursing, one-time transitional services, personal emergency response system, professional services, and transportation - community access for individuals of any age diagnosed with intellectual disability, developmental disability or autism.

[LA Children's Choice \(CC\) Waiver](#)

Provides center-based respite, support coordination, specialized medical equipment and supplies, aquatic therapy, art therapy, environmental accessibility adaptations, family support service, family training, hippotherapy/therapeutic horseback riding, housing stabilization, housing stabilization transition, music therapy, and sensory integration for individuals from birth to age 20 diagnosed with autism, intellectual disability or developmental disability.

[LA New Opportunities Waiver \(NOW\)](#)

Provides center-based respite, day habilitation, individual and family support, prevocational services, supported independent living, supported employment, skilled nursing, specialized medical equipment and supplies, adult companion care, community integration and development, environmental accessibility adaptations, housing stabilization service, housing stabilization transition service, one-time transitional, personal emergency response, professional services, and substitute family care (SFC) for individuals ages 3 and older diagnosed with autism, intellectual disability or mental retardation.

[LA Adult Day Health Care](#)

Provides adult day health care, support coordination, transition intensive support coordination, and transition service for aged individuals ages 65 and older and individuals ages 22 – 64 with physical and other disabilities.

LA Community Choices

Provides adult day health care, caregiver temporary support, support coordination, assistive devices and medical supplies, environmental accessibility adaptation, home delivered meals, housing stabilization, housing transition or crisis intervention, monitored in-home caregiving, nursing, personal assistance services, skilled maintenance therapy, transition intensive support coordination and transition services for aged individuals ages 65 and older, and individuals with physical disabilities ages 21-64.

LA Coordinated System of Care - SED Children

Provides independent living and skill building, parent support and training, short term respite, and youth support and training for individuals from birth to age 17 diagnosed with SED (serious emotional disturbance) or ages 18-20 diagnosed with a mental illness.

LA Supports Waiver (0453.R03.00)**State Operating Agency: Office for Citizens with Developmental Disabilities**

Description	<p>This waiver aims to offer an alternative to institutionalization through the provision of an array of services and supports that promote community inclusion and independence by enhancing and not replacing existing informal networks. A needs based assessment and person-centered planning process is utilized to develop an initial plan of care (POC).</p> <p>Waiver services include day habilitation, habilitation, prevocational services, respite, support coordination, supported employment, housing stabilization service, housing stabilization transition, and Personal Emergency Response System.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals age 18 and older diagnosed with autism, intellectual disability or developmental disability.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite can be provided in the participant's home or private residence, or in a licensed respite care facility determined appropriate by the participant or responsible party. Respite in the participant's home or private residence can be utilized to assist the participant in their home or in the community and to provide direct care as needed to complete everyday personal tasks. Center-based respite care is a service provided to participants who are unable to care for themselves; furnished on a short-term basis due to the absence or need for relief of those persons normally providing the care. It is most commonly used when families take vacations, go away for the weekend, or have a sudden emergency such as a death in the family. It is not substitute family care. Respite shall not exceed 428 standard units of service in a plan year. Participants receiving respite may use this service in conjunction with other Supports/Waiver services as long as services are not provided during the same period in a day. Respite services are provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: http://ldh.la.gov/index.cfm/page/1921
Caregiver Eligibility	Respite may not be provided by the legally responsible person, but may be provided by a relative or a legal guardian.
Enrollment Limit	2400: Year ending 06/30/2024
How to Apply	The Office for Citizens with Developmental Disabilities (OCDD) serves as the Single Point of Entry into the developmental disabilities services system. To apply for services, please visit the Regional Office or Human Services District and Authority near you http://www.ldh.la.gov/index.cfm/page/134/n/137
Contact Information	Call the OCDD Central Office at 1-866-783-5553 or contact your local Human Services District/Authority.
Link to Waiver Application	Link to application not available.
Expiration Date	06/30/2024
Date of Last Update	07/12/2019

LA Residential Options Waiver (ROW) (0472.R02.00)**State Operating Agency: Office for Citizens with Developmental Disabilities**

Description	<p>The Residential Options Waiver provides opportunities for eligible individuals to receive HCBS services that allow them to transition to and/or remain in the community with the goal of promoting independence through strengthening the participant’s capacity for self-care and self-sufficiency. A needs based assessment and person-centered planning process is utilized to develop an initial plan of care (POC). The waiver includes Participant Direction of Services as an optional service delivery method for community living supports.</p> <p>The waiver provides adult day health care, day habilitation, prevocational services, respite services - out of home, shared living services, support coordination, supported employment, assistive technology/specialized medical equipment and supplies, dental, community living supports, companion care, environmental accessibility adaptations, host home, housing stabilization service, housing stabilization transition service, nursing, one-time transitional services, personal emergency response system, professional services, and transportation - community access.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of any age diagnosed with an intellectual disability, developmental disability or autism.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Out of Home Respite Services are provided on a short-term basis to participants who are unable to care for themselves due to the absence of or need for relief of caregivers who normally provide care and support. Services are provided by a Center-Based Respite provider. Community activities and transportation to and from these activities in which the participant typically engages in are to be available while receiving Out of Home Respite Services. These activities should be included in the participant’s approved Plan of Care. This will provide the participant the opportunity to continue to participate in typical routine activities. Transportation costs to and from these activities is included in the Out of Home Respite Services-rate. Out of Home are limited to 720 hours per Plan of Care year. Participants may not also be receiving Companion Care, Host Home, or Shared Living. Out of Home Respite is provider managed.
Respite Provider Eligibility	Information on becoming a provider of services: http://ldh.la.gov/index.cfm/page/1921
Caregiver Eligibility	Respite may not be provided by the legally responsible person, by a relative, or a legal guardian.
Enrollment Limit	1025: Year ending 06/30/2023
How to Apply	The Office for Citizens with Developmental Disabilities (OCDD) serves as the Single Point of Entry into the developmental disabilities services system. To apply for services, please visit the Regional Office or Human Services District and Authority near you http://www.ldh.la.gov/index.cfm/page/134/n/137
Contact Information	Call the OCDD Central Office at 1-866-783-5553 or contact your local Human Services District/Authority.
Link to Waiver Application	<u>Link to application not available.</u>
Expiration Date	06/30/2023
Date of Last Update	07/12/2019

LA Children's Choice (CC) Waiver (0361.R04.00)**State Operating Agency: The Office for Citizens with Developmental Disabilities**

Description	<p>This waiver creates options and provides meaningful opportunities by providing home and community-based services that enhance the lives of recipients. The waiver ensures that the participant/family has the support and assistance needed to care for himself/herself and to engage in his/her community and enhances the participant's natural supports. A needs based assessment and person-centered planning process is utilized to develop an initial plan of care (POC). The waiver offers choice of self-direction as a service delivery option for family support service only.</p> <p>Waiver services include center-based respite, support coordination, specialized medical equipment and supplies, aquatic therapy, art therapy, environmental accessibility adaptations, family support service, family training, hippotherapy/therapeutic horseback riding, housing stabilization, housing stabilization transition, music therapy, and sensory integration.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals from birth through age 20 diagnosed with autism, intellectual disability or developmental disability. Participants under 18 must live with their natural or adoptive families, stepfamilies, or other relative, legal guardian, or with foster families. Individuals who are 18 and up who have no family or other caregivers available may live independently while accessing crisis designation services.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Center-based respite care is a service provided to participants who are unable to care for themselves and is furnished on a short-term basis due to the absence or need for relief of those persons normally providing the care. Respite care will only be provided in a licensed center-based respite care facility. It is most commonly used when families take vacations, go away for the weekend, or have a sudden emergency such as a death in the family. It does not substitute for family care, foster home placement, or day care. Services are provided according to the plan of care that takes into consideration the specific needs of the participant.</p> <p>Center-based respite is provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: http://ldh.la.gov/index.cfm/page/1921
Caregiver Eligibility	Respite may not be provided by a legally responsible person, relative, or legal guardian.
Enrollment Limit	2150: Year ending 06/30/2024
How to Apply	The Office for Citizens with Developmental Disabilities (OCDD) serves as the Single Point of Entry into the developmental disabilities services system. To apply for services, please visit the Regional Office or Human Services District and Authority near you http://www.ldh.la.gov/index.cfm/page/134/n/137
Contact Information	Call the OCDD Central Office at 1-866-783-5553 or contact your local Human Services District/Authority.
Link to Waiver Application	<u>Link to application not available.</u>
Expiration Date	06/30/2024
Date of Last Update	07/11/2019

LA New Opportunities Waiver (NOW)(0401.R03.04)**State Operating Agency: Department of Health and Hospitals, Office for Citizens for Developmental Disabilities (OCDD)**

Description	<p>The waiver is designed to enhance the home and community-based supports and services available to and to utilize the principle of self-determination and supplement the family and/or community supports while supporting dignity, quality of life, and security in the everyday lives of people while maintaining the individual in the community. A needs based assessment and person-centered planning process is utilized to develop an initial plan of care (POC). This waiver includes a Self-Direction option for Individualized and Family Support (IFS).</p> <p>This waiver provides: center-based respite, day habilitation, individual and family support, prevocational services, supported independent living, supported employment, skilled nursing, specialized medical equipment and supplies, adult companion care, community integration and development, environmental accessibility adaptations, housing stabilization service, housing stabilization transition service, one-time transitional, personal emergency response, professional services, and substitute family care (SFC).</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals age 3 and older diagnosed with Autism, a developmental disability, or intellectual disability.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Center-based respite involves supports and services that provide relief for individuals who normally provide unpaid care to individuals unable to care for themselves, and is furnished on a short term basis, by a licensed respite facility. These services are necessary to keep individuals from being institutionalized. Respite care will be provided in a Licensed respite care facility, with the availability of community outings. Community outings include activities such as school attendance, or other school activities, or other activities the individual would receive if they were not in the center-based respite facility. Community outings would provide the individual's routine to continue without interruption. Transportation to and from these activities are included in the rate for center-based respite. Individual and Family Support services will not be reimbursed while the participant is in a center-based respite facility. The service delivery method applies is provider managed under a licensed respite facility. Respite services are limited to 720 hours per recipient, per plan of care year. Center-based respite services are provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: http://ldh.la.gov/index.cfm/page/1921
Caregiver Eligibility	Respite may not be provided by the legally responsible person, by a relative, or a legal guardian.
Enrollment Limit	9100: Year ending 12/31/2021
How to Apply	The Office for Citizens with Developmental Disabilities (OCDD) serves as the Single Point of Entry into the developmental disabilities services system. To apply for services, please visit the Regional Office or Human Services District and Authority near you http://www.ldh.la.gov/index.cfm/page/134/n/137
Contact Information	Call the OCDD Central Office at 1-866-783-5553 or contact your local Human Services District/Authority.
Link to Waiver Application	<u>Link to application not available.</u>
Expiration Date	12/31/2021
Date of Last Update	07/12/2019

LA Adult Day Health Care (0121.R07.01)

State Operating Agency: Louisiana Department of Health and Hospitals, Office of Aging and Adult Services

Description	The goals and objectives are to promote participants freedom to make choices in their lives and self-determination in exercising control over how, where, and with whom their lives will be lived; to ensure participant's health and welfare; to ensure that participants have the support and assistance desired to care for themselves and engage in the community; to promote participant self-determination in identifying appropriate supports and/or services; and to enhance participants informal supports. The ADHC Waiver employs the traditional service delivery method while promoting self-determination principles for our population to maintain as much independence and control over their lives as feasible. Services provided by this waiver include: adult day health care, support coordination, transition intensive support coordination, and transition service.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals who are 65 years of age and older, and individuals with physical disabilities ages 22 – 64 years old.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	This waiver does not provide respite, but it does offer Adult Day Health Care. This includes services furnished as specified in the plan of care at an ADHC center, in a non-institutional, community-based setting encompassing both health/medical and social services needed to ensure the optimal functioning of the participant. Adult Day Health Care (ADHC) Services include: one nutritionally-balanced hot meal and a minimum of two snacks served each day; transportation between the participant's place of residence and the ADHC center, in accordance with licensing standards; assistance with activities of daily living; health and nutrition counseling; individualized daily exercise program; individualized goal-directed recreation program; daily health education; medical care management; transportation to and from medical and social activities if the participant is accompanied by the ADHC center staff; and individualized health/nursing services. Services are furnished on a regularly scheduled basis, not to exceed 10 hours a day and no more than 50 hours a week. Adult Day Health Care is provider managed.
Respite Provider Eligibility	For information about becoming a provider, visit http://ldh.la.gov/index.cfm/newsroom/category/73
Caregiver Eligibility	Adult Day Health Services may be provided by a relative but not by a legal guardian or legally responsible person.
Enrollment Limit	825: Year ending 06/30/2022
How to Apply	To add your name to the ADHC Waiver Request for Services Registry or if you have questions, call Louisiana Options in Long-term Care at 1-877-456-1146 (TTY: 1-855-296-0226). You can call Monday through Friday between the hours of 8 a.m. and 5 p.m. The call is free. You can also apply online at http://ldh.la.gov/index.cfm/form/15
Contact Information	Contact your Aging and Adult Services Regional Office, which you can find at http://ldh.la.gov/index.cfm/directory/category/141 . Or contact the Aging and Adult Services Helpline at 866.758.5035. If you have any questions, call the Louisiana Options in Long-term Care line at 1-877-456-1146.
Link to Waiver Application	<u>Link to application not available.</u>
Expiration Date	06/30/2022
Date of Last Update	07/24/2019

LA Community Choices Waiver (0866.R02.00)

State Operating Agency: Department of Health and Hospitals, Office of Aging and Adult Services (OAAS)

Description	The Community Choices (CC) Waiver offers comprehensive services to promote participants' freedom to exercise control over how, where, and with whom they live and to ensure that they have the support to care for themselves and engage in the community. The CC Waiver affords participants the opportunity to select a traditional service delivery method or to Self-Direct services. Either option promotes self-determination principles to maintain independence and control. A needs-based assessment and person-centered planning process are utilized to develop an initial plan of care (POC). Services include adult day health care, caregiver temporary support, support coordination, assistive devices and medical supplies, environmental accessibility adaptation, home delivered meals, housing stabilization, housing transition or crisis intervention, monitored in-home caregiving, nursing, personal assistance, skilled maintenance therapy, and transition services.
Waiver Type	1915(c)
Target Population-Eligibility	Individuals ages 65 or older or individuals with physical disabilities between the ages of 21 and 64.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite is called Caregiver Temporary Support in this waiver and is furnished on a short-term basis for relief of caregivers during the time they are normally providing unpaid care for the participant. Caregiver Temporary Support is provided in the participant's home or place of residence or in these locations: Nursing Facilities, Assisted Living Facilities/Adult Residential Care Facilities, Respite Centers and Adult Day Health Care centers. Caregiver Temporary Support may be provided for the relief of the principal caregiver for participants who receive Monitored In-Home Caregiving services.</p> <p>Caregiver Temporary support may be utilized no more than 30 days or 29 overnight stays per plan of care year and for no more than 14 consecutive calendar days or 13 consecutive overnight stays. Caregiver temporary support provided by nursing facilities, assisted living facilities and respite centers must include an overnight stay. When Caregiver temporary support service is provided by an ADHC center, services may be provided no more than 10 hours per day. Caregiver Temporary Support is provider managed.</p>
Respite Provider Eligibility	For information about becoming a provider, visit http://ldh.la.gov/index.cfm/newsroom/category/73
Caregiver Eligibility	Caregiver Temporary Support may not be provided by a relative, legally responsible person, or guardian.
Enrollment Limit	5112: Year ending 06/30/2024
How to Apply	To add your name to the CC Waiver Request for Services Registry, call Louisiana Options in Long-term Care at 1-877-456-1146 (TTY: 1-855-296-0226). You can call Monday through Friday between the hours of 8 a.m. and 5 p.m. The call is free. You can also apply online at http://ldh.la.gov/index.cfm/form/15
Contact Information	<p>Contact your Aging and Adult Services Regional Office, which you can find at http://ldh.la.gov/index.cfm/directory/category/141. Or contact the Aging and Adult Services Helpline at 866.758.5035.</p> <p>If you have any questions, call the Louisiana Options in Long-term Care line at 1-877-456-1146.</p>
Link to Waiver Application	Link to application not available.
Expiration Date	06/30/2024
Date of Last Update	07/12/2019

LA Coordinated System of Care - SED Children (0889.R01.04)

State Operating Agency: Office of Behavioral Health (OBH), Louisiana Department of Health and Hospitals (DHH)

Description	<p>This waiver provides intensive home and community-based supportive services in an effort to maintain children and youth diagnosed with SED (serious emotional disturbance) to remain in their home and community. The waiver is based on an overarching system of care philosophy and approach that is guided values including individualization, integration, and family-driven care.</p> <p>These services are: independent living and skill building, parent support and training, short term respite, and youth support and training.</p>
Waiver Type	1915(c); concurrent operation with 1915 (b) (1,4) Louisiana Bayou Health and CSoC Waiver
Target Population-Eligibility	Individuals ages 5-17 diagnosed with SED (serious emotional disturbance) or ages 18-20 diagnosed with a mental illness.
Level of Care	Individuals require level of care available in a hospital (psychiatric care within a general hospital or inpatient psychiatric hospital) or a nursing facility (NF).
Respite Services	<p>Short Term Respite Care provides temporary direct care and supervision for the child/youth in the child's home or a community setting that is not facility-based (i.e., not provided overnight in a provider-based facility). The primary purpose is relief to families/caregivers or relief of the child and is designed to help meet the needs of the primary caregiver as well as the child. Respite services help to de-escalate stressful situations and provide a therapeutic outlet for the child. Respite may be either planned or provided on an emergency basis. Normal activities of daily living are considered to be included in the service when providing respite care, and cannot be billed separately, including support in the home/after school/or at night, transportation to and from school/medical appointments/or other community based activities, and/or any combination of the above. The cost of transportation is also included in the rate paid to providers of this service.</p> <p>Short Term Respite Care can be provided in an individual's home or place of residence or provided in other community settings such as at a relative's home or in a short visit to a community park or recreation center. Respite Services provided by or in an Institution for Mental Disease (IMD) are not covered. Short term Respite care may not be provided simultaneously with Crisis Stabilization Services and does not duplicate any other Medicaid State Plan Service or service otherwise available to recipient at no cost. Short Term Respite Care pre-approved for the duration of 72 hours per episode with a maximum of 300 hours allowed per calendar year.</p> <p>Short Term Respite Care is provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: https://www.magellanoflouisiana.com/for-providers/become-a-provider/
Caregiver Eligibility	Respite may be provided by a relative but not a legally responsible party or legal guardian.
Enrollment Limit	2400: Year ending 06/30/2022
How to Apply	To make a referral, contact the child/youth's Healthy Louisiana Plan (listings at http://www.ldh.la.gov/index.cfm/page/2283). Youth who do not have a Healthy Louisiana Plan may be screened by calling 1-800-424-4489.
Contact Information	Contact Magellan Healthcare at 1-800-424-4399; http://www.magellanoflouisiana.com/
Link to Waiver Application	<u>Link to application not available.</u>
Expiration Date	06/30/2022
Date of Last Update	07/12/2019