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Department of Health and Human Services
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<http://www.maine.gov/dhhs/>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[ME Elderly and Adults with Disabilities Waiver](#)

Provides care coordination, personal care, respite, financial management services, skills training, assistive technology, attendant care services, environmental modifications, home delivered meals S5170, home health services, living well for better health (chronic disease self-management), matter of balance (falls prevention), personal emergency response system (PERS), and transportation for individuals 65 and older or between 18-64 who are diagnosed with a physical disability.

[ME Support Services for Adults with Intellectual Disabilities or Autistic Disorder Waiver](#)

Provides community support, home support, respite, work support-group, assistive technology, career planning, employment specialist services, home accessibility adaptations, home support-remote support, non-medical transportation, and work support-individual for individuals 18 and older diagnosed with autism and intellectual disability.

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ME Elderly and Adults with Disabilities Waiver (0276.R05.01)

State Operating Agency: DHHS, Office of Aging and Disability Services (OADS)

Description	<p>This waiver provides services which allow eligible persons to remain at home while receiving the necessary care that allows them to live independently in the community. It provides Maine citizens with quality care in the least restrictive, most desired setting, their home. This waiver allows for self-direction, either directly or through the use of a representative. The waiver participant may elect to receive services through a traditional agency model or may choose to self-direct personal care or in-home respite services.</p> <p>This waiver provides care coordination, personal care, respite, financial management services, skills training, assistive technology, attendant care services, environmental modifications, home delivered meals \$5170, home health services, living well for better health (chronic disease self-management), matter of balance (falls prevention), personal emergency response system (PERS), and transportation.</p>
Waiver Type	1915(c); operates concurrently with Section 1915(b)(4) Maine Non-emergency Transportation waiver, which offers transportation services through a contracted broker.
Target Population-Eligibility	Individuals 65 and older and individuals between the ages of 18-64 years who are diagnosed with a physical disability.
Level of Care	Individuals require level of care available in a nursing facility (NF), or, for participants with more complex needs, the level of care available in a rehab hospital.
Respite Services	<p>Respite Care is provided to a waiver participant who is unable to care for his or her self, and who requires care on a short-term basis due to the temporary absence of, or to provide relief for, the caregiver who normally provides the care.</p> <p>Respite shall be provided by a qualified person, in the member's home or a licensed nursing facility. For respite services delivered in the member's home, the appropriate staff for meeting the member's needs (i.e., HHA/CNA or PSS) may be utilized and reimbursement shall be at that workers regular rate. Expenditures for respite shall not exceed the equivalent State average cost of 30 days nursing facility services per participant per year. Respite services may be participant directed or provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: https://www.maine.gov/dhhs/oads/provider/long-term-care-services.shtml and https://mainecare.maine.gov/Default.aspx
Caregiver Eligibility	Respite may be provided by a relative or a legal guardian, but may not be provided by the legally responsible person.
Enrollment Limit	2665: Year ending 06/30/2023
How to Apply	Apply for MaineCare Services. Complete the Long-term Care application at: http://www.maine.gov/dhhs/ofi/forms.shtml
Contact Information	<p>Office of Aging & Disability Services Phone: (207) 287-9200 TTY: Maine relay 711</p> <p>If you have questions about the program or application, you may also call DHHS, Family Independence at 1-855-797-4357 or visit/contact your local DHHS Office at https://gateway.maine.gov/dhhs-apps/office_finder/index.asp</p>
Link to Waiver Application	https://www.maine.gov/dhhs/oms/rules/Section-19-Waiver-Amendment.pdf
Expiration Date	06/30/2023
Date of Last Update	07/15/2019

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ME Support Services for Adults with Intellectual Disabilities or Autistic Spectrum Disorder Waiver (0467.R02.03) State Operating Agency: DHHS, Office of Aging and Disability Services (OADS)

Description	<p>The waiver offers services to eligible participants in order to provide the support necessary to assist the individual and their family to live as independently as possible. The state assures that participants have a range of options throughout the state.</p> <p>The program provides community support, home support, respite, work support-group, assistive technology, career planning, employment specialist services, home accessibility adaptations, home support-remote support, non-medical transportation, and work support-individual.</p>
Waiver Type	1915(c); operates concurrently with Section 1915(b)(4) Maine Non-emergency Transportation waiver, which allows for selective contracting/limit number of providers.
Target Population-Eligibility	Individuals 18 years or older who are diagnosed with an intellectual disability or Autism and live with their family or on their own.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Respite services are provided to participants who are unable to care for themselves that are furnished on a short term basis because of the absence or need for relief of those persons who normally provide care for the participant. Respite may be provided in the participant's home or other location as approved by a respite agency or DHHS. Respite is provider managed.
Respite Provider Eligibility	Information on becoming a provider of services: https://www.maine.gov/dhhs/oads/provider/long-term-care-services.shtml and https://mainecare.maine.gov/Default.aspx
Caregiver Eligibility	Respite may be provided by a relative, but may not be provided by a legal guardian or legally responsible person.
Enrollment Limit	2470: Year ending 12/31/2020
How to Apply	<p>Apply for MaineCare Services. Complete the Long-term Care application at: http://www.maine.gov/dhhs/ofi/forms.shtml</p> <p>Contact The Office of Aging and Disability Services near you to connect you to the appropriate sources at https://www.maine.gov/dhhs/oads/home-support/disability-with-autism/apply.html</p>
Contact Information	<p>Office of Aging & Disability Services</p> <p>Phone: (207) 287-9200 TTY: Maine relay 711</p> <p>If you have questions about the program or application, you may also call DHHS, Family Independence at 1-855-797-4357 or visit/contact your local DHHS Office at https://gateway.maine.gov/dhhs-apps/office_finder/index.asp</p>
Link to Waiver Application	https://www.maine.gov/dhhs/oms/rules/Section-29-Waiver-Amendment.pdf
Expiration Date	12/31/2020
Date of Last Update	07/15/2019