Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

MA Acquired Brain Injury Non-Residential Habilitation

Provides homemaker, personal care, respite, supported employment, adult companion, chore, community based day supports (CBDS), day services, home accessibility adaptations, individual support and community habilitation, occupational therapy, physical therapy, specialized medical equipment, speech therapy, transitional assistance, and transportation for individuals age 22 and older with an acquired brain injury.

MA Community Living

Provides group supported employment, individualized home supports, live-in caregiver, respite, day habilitation supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, peer support, specialized medical equipment and supplies, stabilization, transportation, and vehicle modifications for individuals ages 22 and older who are diagnosed with an Intellectual Disability.

MA Intensive Supports

Provides group supported employment, individualized home supports, live-in caregiver, residential habilitation, respite, day habilitation supplement, 24-hour self-directed home sharing support, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, peer support, specialized medical equipment and supplies, stabilization, transitional assistance services, transportation, and vehicle modification for individuals ages 22 and older diagnosed with an Intellectual Disability.

MA Adult Supports

Provides group supported employment, individualized home supports, respite, day habilitation supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, peer support, specialized medical equipment and supplies, stabilization, transportation, and vehicle modification for individuals ages 22 and older who are diagnosed with an Intellectual Disability.
MA Frail Elder

Provides Alzheimer’s/Dementia coaching, home health aide, homemaker, personal care, respite, chore, companion, complex care training and oversight (formerly skilled nursing), enhanced technology/cellular personal emergency response system (PERS), environmental accessibility adaptation, evidence based education programs, goal engagement program, grocery shopping and delivery, home based wandering response systems, home delivered meals, home delivery of pre-packaged medication, home safety/independent evaluations (formerly occupational therapy), laundry, medication dispensing system, orientation and mobility services, peer support, senior care options (SCO), supportive day program supportive home care aide, transitional assistance, and transportation for individuals with physical disabilities ages 60 to 64 and individuals ages 65 and older.

MA TBI

Provides homemaker, individual support and community habilitation, residential habilitation, respite, supported employment, adult companion, day services, home accessibility adaptations, shared living - 24 hour supports, specialized medical equipment, transitional assistance, and transportation for individuals ages 18 and older who are diagnosed with a Traumatic Brain Injury.

MA Children’s Autism Spectrum Disorder

Provides community integration, expanded habilitation/education, homemaker, respite, assistive technology, behavioral supports and consultation, family training, home modifications and adaptations, individual good and services, OT (occupational therapy), PT (physical therapy), speech therapy, and vehicle modifications for children up to age 8 who are diagnosed with Autism

MA MFP Community Living

Provides home health aide, homemaker, personal care, prevocational services, respite, supported employment, adult companion, chore service, community based day supports (CBDS), community behavioral health support and navigation, community family training, day services, home accessibility adaptations, independent living supports, individual support and community habilitation, occupational therapy, orientation and mobility services, peer support, physical therapy, shared home supports, skilled nursing, specialized medical equipment, speech therapy, supportive home care aide, transitional assistance services, transportation, and vehicle modification for individuals ages 18 to 64 with physical disabilities or mental illnesses and for individuals who are 65 and older.
MA Acquired Brain Injury Non-Residential Habilitation (40702.R02.00)
State Operating Agency: Executive Office of Health and Human Services, the Massachusetts Rehabilitation Commission (MRC)

<table>
<thead>
<tr>
<th>Description</th>
<th>The waiver’s goal is to transition eligible individuals from nursing facilities and chronic or rehabilitation hospitals to their family or personal home. The waiver assists to furnish the home or community-based services to the participants following their transition from the institutional setting. ABI Non-Residential Habilitation waiver services will be provided according to a Plan of Care (POC) that is developed with the waiver participant through a person-centered planning process. Services include: homemaker, personal care, respite, supported employment, adult companion, chore, community based day supports (CBDS), day services, home accessibility adaptations, individual support and community habilitation, occupational therapy, physical therapy, specialized medical equipment, speech therapy, transitional assistance, and transportation.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waiver Type</td>
<td>1915(c)</td>
</tr>
<tr>
<td>Target Population-Eligibility</td>
<td>Individuals 22 years and older who are diagnosed with a brain injury. Additionally, individuals must reside (and must have resided for a period of not less than 90 consecutive days) in an inpatient facility (specifically, a nursing facility or chronic disease/rehabilitation hospital)</td>
</tr>
<tr>
<td>Level of Care</td>
<td>Individuals require level of care available in a Nursing Facility (NF) or Chronic and Rehabilitation Hospital.</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite services are provided to participants unable to care for themselves and are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for a participant in efforts to strengthen or support the informal support system. Respite Care services may be provided in the following locations: Adult Foster Care Program (provides personal care services in a family-like setting); hospital (with licensed acute care medical or surgical hospital beds); Skilled Nursing Facility (provides skilled nursing care, rehabilitative services such as physical, occupational, and speech therapy, and assistance with activities of daily living such as eating, dressing, toileting and bathing); Rest Home (provides a supervised, supportive and protective living environment and support services); Assisted Living Residence (provides personal care services); in the home of a Community Respite Provider (provides personal care services in a home-like setting); and DDS Licensed Respite Facilities (provides care and supervision). Respite services are provider managed.</td>
</tr>
<tr>
<td>Respite Provider Eligibility</td>
<td>Information on becoming a provider of services: <a href="https://www.mass.gov/info-details/home-and-community-based-services-hcbs-waivers-abi-and-mfp-information-for-providers">https://www.mass.gov/info-details/home-and-community-based-services-hcbs-waivers-abi-and-mfp-information-for-providers</a> UMass Provider Network Administration Unit: <a href="mailto:ProviderNetwork@umassmed.edu">ProviderNetwork@umassmed.edu</a></td>
</tr>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may be provided by a relative, but not a legal guardian or legally responsible person.</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>120: Year ending 4/30/2023</td>
</tr>
<tr>
<td>How to Apply</td>
<td>Complete the waiver application, found at: <a href="https://www.mass.gov/files/documents/2018/06/14/abi-a-n.pdf">https://www.mass.gov/files/documents/2018/06/14/abi-a-n.pdf</a></td>
</tr>
<tr>
<td>Contact Information</td>
<td>Call UMASS ABI Waiver Unit: (866) 281-5602, TTY: (800) 596-1746 or email: <a href="mailto:ABlinfo@umassmed.edu">ABlinfo@umassmed.edu</a></td>
</tr>
<tr>
<td>Link to Waiver Application</td>
<td>Link to application not available.</td>
</tr>
<tr>
<td>Expiration Date</td>
<td>04/30/2023</td>
</tr>
<tr>
<td>Date of Last Update</td>
<td>07/16/2019</td>
</tr>
</tbody>
</table>
# Description

The waiver provides support to individuals in their communities to prevent the need for restrictive institutional care. Participants require more support than those in the Adult Supports Waiver, but less than those in the Intensive Supports Waiver. Through the coordination of natural supports, Medicaid services, generic community resources and the services available in this Waiver, waiver participants are able to live successfully in the community. For individuals who live outside of the family home, these services are necessary due to a lack of adequate natural supports or a sufficient array of community services to support their health and welfare in the community. For individuals who reside with their families, the waiver will provide for a level of support to assist the individual to acquire the skills necessary to work and access the community or to provide substantial assistance to the family/caregiver to allow the individual to remain at home. Services may be participant directed or delivered through the traditional provider based system.

Services include: group supported employment, individualized home supports, live-in caregiver, respite, day habilitation supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, peer support, specialized medical equipment and supplies, stabilization, transportation, and vehicle modification.

# Waiver Type

| Waiver Type | 1915(c) |

# Target Population - Eligibility

| Eligibility | Individuals 22 years or older who are diagnosed with an intellectual disability. These individuals live with family or in a setting with assistance, which is less than 24 hours/7 days per week of support and supervision to avoid institutionalization. These individuals are not at serious risk for out of home placement but their need for supervision and support cannot be met by the level of services that are available in the Adult Supports Waiver. |

# Level of Care

| Level of Care | Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID). |

# Respite Services

| Respite Services | Respite services are provided in either a licensed respite facility, in the individual's home, in the family home, or in the home of an individual family provider to waiver individuals who are unable to care for themselves. Services are provided on a short-term, overnight basis where there is an absence or need for relief of those persons who normally provide care or due to the needs of the waiver participant. Respite care may be made available to participants who receive other services on the same day, such as Group or Individual Supported Employment, or adult day-care; however, payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Respite may be provided up to 30 days per year and is reflected in the Individual Service Plan based on assessed need. Respite services may be participant-directed or provider managed. Facility-based respite cannot be participant-directed. Others forms of respite may be self-directed. The choice of the type of respite is dependent on the waiver participant’s living situation. |

# Respite Provider Eligibility


# Caregiver Eligibility

| Eligibility | Respite may be provided by a relative, but not by a legal guardian or legally responsible person. |

# Enrollment Limit

| Limit | 2691: Year ending 06/30/2023 |
## How to Apply

Eligibility determination for the HCBS waivers for adults with intellectual disabilities is a multi-step process: 1. Apply for DDS eligibility (if you are not currently DDS eligible, find more info at [https://www.mass.gov/dds-eligibility-services](https://www.mass.gov/dds-eligibility-services)); 2. Apply for the DDS waiver program (access the application at [https://www.mass.gov/doc/waiver-application/download](https://www.mass.gov/doc/waiver-application/download)); and 3. Submit your application to your Area Office (preferred) or directly to the DDS Waiver Management Unit. To expedite the eligibility determination of your application, it is recommended you coordinate with your DDS Service Coordinator or Area Office to complete and submit your waiver application to the DDS Waiver Management Unit. Find your local DDS Area Office at [https://areaofficelocator.dds.state.ma.us/Home/LookupByCity](https://areaofficelocator.dds.state.ma.us/Home/LookupByCity).

## Contact Information

Department of Developmental Services, Waiver Management Unit: (888) 367-4435, press 2 at prompt. You can also contact your local DDS Area Office or your DDS Service Coordinator.

## Link to Waiver Application

[Link to application not available.](https://www.mass.gov/doc/waiver-application/download)

## Expiration Date

06/30/2023

## Date of Last Update

07/16/2019
MA Intensive Supports Waiver (0827.R02.00)

State Operating Agency: The Department of Developmental Services, Executive Office of Health and Human Services

Description

The goal of this waiver is to provide support to these individuals in their communities to prevent the need for restrictive institutional care. Based on the severity of their functional impairments, these individuals require a comprehensive level of support beyond the services that are contained in the Adult Supports Waiver or the Community Living Waiver. For individuals who reside in the family home, although natural supports and state plan supports are available, they are insufficient to meet the needs of the individual, and therefore the individual needs waiver services and supports. For individuals who cannot and do not have family to provide care for them, the waiver services in combination with Medicaid State Plan services and generic community resources make it possible for them to successfully live in the community. Services may be participant directed or delivered through the traditional provider based system.

Services include: group supported employment, individualized home supports, live-in caregiver, residential habilitation, respite, day habilitation supplement, 24-hour self-directed home sharing support, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, peer support, specialized medical equipment and supplies, stabilization, transitional assistance services, transportation, and vehicle modification.

Waiver Type

1915(c)

Target Population-Eligibility

Individuals 22 years and older with an intellectual disability and are determined through an assessment process to require supervision and support 24 hours, 7 days per week to avoid institutionalization.

Level of Care

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services

Respite services are provided in either a licensed respite facility, in the individual’s home, in the family home, or in the home of an individual family provider to waiver individuals who are unable to care for themselves. Services are provided on a short-term, overnight basis where there is an absence or need for relief of those persons who normally provide care or due to the needs of the waiver participant. Respite care may be made available to participants who receive other services on the same day, such as Group or Individual Supported Employment, or adult day-care; however, payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Respite may be provided up to 30 days per year and is reflected in the Individual Service Plan based on assessed need.

Respite services may be participant-directed or provider managed. Facility-based respite cannot be participant-directed. Others forms of respite may be self-directed. The choice of the type of respite is dependent on the waiver participant’s living situation.

Respite Provider Eligibility

For information on becoming a provider go to: https://www.mass.gov/info-details/home-and-community-based-services-hcbs-waivers-for-adults-with-intellectual

Caregiver Eligibility

Respite may be provided by a relative, but not a legal guardian or legally responsible person.

Enrollment Limit

11518: Year ending 6/30/2023
**How to Apply**

Eligibility determination for the HCBS waivers for adults with intellectual disabilities is a multi-step process: 1. Apply for DDS eligibility (if you are not currently DDS eligible, find more info at [https://www.mass.gov/dds-eligibility-services](https://www.mass.gov/dds-eligibility-services)); 2. Apply for the DDS waiver program (access the application at [https://www.mass.gov/doc/waiver-application/download](https://www.mass.gov/doc/waiver-application/download)); and 3. Submit your application to your Area Office (preferred) or directly to the DDS Waiver Management Unit. To expedite the eligibility determination of your application, it is recommended you coordinate with your DDS Service Coordinator or Area Office to complete and submit your waiver application to the DDS Waiver Management Unit. Find your local DDS Area Office at [https://areaofficelocator.dds.state.ma.us/Home/LookupByCity](https://areaofficelocator.dds.state.ma.us/Home/LookupByCity).

**Contact Information**

Department of Developmental Services, Waiver Management Unit: (888) 367-4435, press 2 at prompt. You can also contact your local DDS Area Office or your DDS Service Coordinator.

**Link to Waiver Application**

Link to application not available.

**Expiration Date**

06/30/2023

**Date of Last Update**

07/16/2019
MA Adult Supports Waiver (0828.R02.00)
State Operating Agency: The Department of Developmental Services, Executive Office of Health and Human Services

Description
The goal of this Waiver is to provide support to participants in their communities to prevent the need for restrictive institutional care. Included in this waiver are individuals who would be at risk for more intensive supports or institutional care, but have a strong natural or informal support system, and do not require the amount of services provided under the Community Living Waiver or Intensive Support Waiver. For participants who live outside of the family home, these services are necessary due to a lack of adequate natural supports or a sufficient array of community services to support their health and welfare in the community. For participants who reside with their families the waiver will provide for a level of support to assist the individual to develop and acquire work skills or to provide assistance to the family/caregiver to coordinate natural supports, Medicaid services, generic community resources and the services available in this Waiver so that individuals are able to live successfully in the community. Services may be participant directed or delivered through the traditional provider based system.

Services include: group supported employment, individualized home supports, respite, day habilitation supplement, adult companion, assistive technology, behavioral supports and consultation, chore, community based day supports, family training, home modifications and adaptations, individual goods and services, individual supported employment, individualized day supports, peer support, specialized medical equipment and supplies, stabilization, transportation, and vehicle modification.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals 22 years or older who are diagnosed with an Intellectual Disability. The family/caregiver’s ability to continue to provide care for the individual is currently stable and can continue with the addition of the services offered in this waiver. These individuals live in the family home, adult foster care, or live independently.

Level of Care
Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services
Respite services are provided in either a licensed respite facility, in the individual’s home, in the family home, or in the home of an individual family provider to waiver individuals who are unable to care for themselves. Services are provided on a short-term, overnight basis where there is an absence or need for relief of those persons who normally provide care or due to the needs of the waiver participant. Respite care may be made available to participants who receive other services on the same day, such as Group or Individual Supported Employment, or adult day-care; however, payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite may not be provided at the same time as Individualized Goods and Services, when a service rather than a good is being provided. Respite may be provided up to 30 days per year and is reflected in the Individual Service Plan based on assessed need.

Respite services may be participant-directed or provider managed. Facility-based respite cannot be participant-directed. Others forms of respite may be self-directed. The choice of the type of respite is dependent on the waiver participant’s living situation.

Respite Provider Eligibility
For information on becoming a provider go to: https://www.mass.gov/info-details/home-and-community-based-services-hcbs-waivers-for-adults-with-intellectual

Caregiver Eligibility
Respite may be provided by a relative, but not a legal guardian or legally responsible person.

Enrollment Limit
6730: Year ending 6/30/2023
| How to Apply                                      | Eligibility determination for the HCBS waivers for adults with intellectual disabilities is a multi-step process: 1. Apply for DDS eligibility (if you are not currently DDS eligible, find more info at https://www.mass.gov/dds-eligibility-services); 2. Apply for the DDS waiver program (access the application at https://www.mass.gov/doc/waiver-application/download); and 3. Submit your application to your Area Office (preferred) or directly to the DDS Waiver Management Unit. To expedite the eligibility determination of your application, it is recommended you coordinate with your DDS Service Coordinator or Area Office to complete and submit your waiver application to the DDS Waiver Management Unit. Find your local DDS Area Office at https://areaofficelocator.dds.state.ma.us/Home/LookupByCity |
| Contact Information                              | Department of Developmental Services, Waiver Management Unit: (888) 367-4435, press 2 at prompt. You can also contact your local DDS Area Office or your DDS Service Coordinator. |
| Link to Waiver Application                      | Link to application is not available. |
| Expiration Date                                  | 06/30/2023 |
| Date of Last Update                             | 07/16/2019 |
MA Frail Elder Waiver (0059.R07.00)
State Operating Agency: Executive Office of Health and Human Services, Executive Office of Elder Affairs

Description
The purpose of the Frail Elder Waiver is to make sufficient supports available in order to enable participants to remain safely in their homes. This avoids delays or shortens nursing facility stays. Additionally, the waiver provides cost effective alternatives to support elders’ home and community based service needs. Included in this waiver are individuals with a variety of needs that can be met through supports that range from basic to intensive levels. Through development of a person-centered service plan, waiver services are planned, authorized, arranged for and monitored by the case manager.

Services include: Alzheimer’s/Dementia coaching, home health aide, homemaker, personal care, respite, chore, companion, complex care training and oversight (formerly skilled nursing), enhanced technology/ cellular personal emergency response system (PERS), environmental accessibility adaptation, evidence based education programs, goal engagement program, grocery shopping and delivery, home based wandering response systems, home delivered meals, home delivery of pre-packaged medication, home safety/independent evaluations (formerly occupational therapy), laundry, medication dispensing system, orientation and mobility services, peer support, senior care options (SCO), supportive day program supportive home care aide, transitional assistance, and transportation.

Waiver Type
1915(c); concurrent operation with 1915 (a)(1)(a)

Target Population-Eligibility
Individuals ages 60-64 with physical disabilities and individuals age 65 and older.

Level of Care
Individuals require level of care available in a Nursing Facility (NF).

Respite Services
Respite services are provided to participants unable to care for themselves that are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for a participant in efforts to strengthen or support the informal support system.

In addition to respite care provided in the participants home or private place of residence, Respite Care services may be provided in the following locations: Adult Foster Care Program (provides personal care services in a family-like setting); hospital (with licensed acute care medical or surgical hospital beds); Skilled Nursing Facility (provides skilled nursing care, rehabilitative services such as physical, occupational, and speech therapy, and assistance with activities of daily living such as eating, dressing, toileting and bathing); Rest Home (provides a supervised, supportive and protective living environment and support services); Assisted Living Residence (provides personal care services); and Adult Day Health program (provides an organized program of health care and supervision, restorative services, and socialization for elders who require skilled services or physical assistance with activities of daily living, included nutrition and personal care).

Respite services are provider managed.

Respite Provider Eligibility
For more information on becoming a provider go to: https://www.mass.gov/info-details/frail-elder-waiver-information-for-providers#iv.-few-provider-enrollment-

Caregiver Eligibility
Respite may be provided by a relative, but not a legal guardian or legally responsible person.

Enrollment Limit
20000: Year ending 12/31/2023

How to Apply
To apply, contact your local Massachusetts Aging Service Access Points (ASAPs) and request a clinical eligibility assessment. You can find your ASAP by calling (800) AGE-INFO ((800) 243-4636) or using the search function at https://contactus.800ageinfo.com/FindAgency.aspx
| Contact Information | Contact the Executive Office of Elder Affairs Phone: (617)-727-7750, Toll Free: (800)-243-4636  
| | Contact your local ASAP  
| | Contact MassHealth Customer Service Center at: [800] 841-2900  
| Link to Waiver Application | Link to application not available.  
| Expiration Date | 12/31/2023  
| Date of Last Update | 07/16/2019 |
### Description
This program supports the choice of participants to remain in the community and provides services that help them to avoid or delay institutional placement. Waiver Services are provided according to an Individual Service Plan (ISP) developed based on person-centered principles with the participant. Services include: homemaker, individual support and community habilitation, residential habilitation, respite, supported employment, adult companion, day services, home accessibility adaptations, shared living - 24 hour supports, specialized medical equipment, transitional assistance, and transportation.

### Waiver Type
1915(c)

### Target Population-Eligibility
Individuals ages 18 years or older with a traumatic brain injury currently living in the community. In this waiver, traumatic brain injury or TBI refers to brain damage resulting from: a blunt blow to the head; a penetrating head injury; crush injury resulting in compression to the brain; severe whiplash causing internal damage to the brain; or head injury secondary to an explosion. Brain damage secondary to other neurological insults (e.g., infection of the brain, stroke, anoxia, brain tumor, Alzheimer’s Disease and similar neuron-degenerative diseases) is not considered to be a traumatic brain injury.

### Level of Care
Individuals require level of care available in a Nursing Facility (NF) or Chronic and Rehabilitation Hospital.

### Respite Services
Respite services are provided to participants unable to care for themselves and are furnished on a short-term basis due to the absence or need for relief of those persons who normally provide care for the participant. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for a participant in efforts to strengthen or support the informal support system. Respite Care services may be provided in the following locations: Adult Foster Care Program (provides personal care services in a family-like setting); hospital (with licensed acute care medical or surgical hospital beds); Skilled Nursing Facility (provides skilled nursing care, rehabilitative services such as physical, occupational, and speech therapy, and assistance with activities of daily living such as eating, dressing, toileting and bathing); Assisted Living Residence (provides personal care services); in the home of a Community Respite Provider (provides personal care services in a home-like setting); and DDS Licensed Respite Facilities (provides care and supervision). Respite services are provider managed.

### Respite Provider Eligibility
For more information on becoming a provider go to: [https://www.mass.gov/how-to/apply-to-become-a-masshealth-provider](https://www.mass.gov/how-to/apply-to-become-a-masshealth-provider)

### Caregiver Eligibility
Respite may be provided by a relative but not legal guardian or legally responsible person.

### Enrollment Limit
100: Year ending 06/30/2024

### How to Apply
For information on how to apply for the TBI Waiver contact the Statewide Head Injury Program (SHIP):
[https://www.mass.gov/service-details/statewide-head-injury-program-ship](https://www.mass.gov/service-details/statewide-head-injury-program-ship)

Email SHIPU@MPR.state.ma.us or Call (617) 204-3852, toll-free (Massachusetts only) 1-800-223-2559. TTY: (617) 204-3817.

### Contact Information
Massachusetts Rehabilitation Commission, 600 Washington Street, Boston, MA 02111
Contact MassHealth Waiver Information at 1-866-281-5602

### Link to Waiver Application
Link to application not available.

### Expiration Date
06/30/2024

### Date of Last Update
07/17/2019
# Description
The waiver helps ensure individuals can remain in their homes and actively participate with their families and community by providing intensive supports to children and their families to improve functioning. The Waiver is entirely Participant Directed, as it operates under the belief that families know what is best for their child and should be the ones directing interventions and supports.

The waiver provides community integration, expanded habilitation/education, homemaker, respite, assistive technology, behavioral supports and consultation, family training, home modifications and adaptations, individual good and services, and vehicle modifications.

<table>
<thead>
<tr>
<th>Waiver Type</th>
<th>1915(c)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Target Population-Eligibility</td>
<td>Children ages 0 – 8 diagnosed on the Autism Spectrum. Individuals must have severe behavioral and or social/communication deficits that interfere with the participant’s ability to remain in the home and participate in the community, be determined to be able to be served safely in the community, and have a legally responsible representative willing and able to direct the services and supports of the waiver.</td>
</tr>
<tr>
<td>Level of Care</td>
<td>Individuals require level of care available in in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).</td>
</tr>
<tr>
<td>Respite Services</td>
<td>Respite services are provided to participants unable to care for themselves and are furnished on a short-term basis due to the absence or need for relief of those persons who normally provides care for the participant. The services are either provided in the home of the participant or in the home of an individual care provider. Respite care may be available to participants who receive other services on the same day such as Expanded Habilitation, Education, but payment will not be made for respite at the same time when other services that include care and supervision are provided. Respite services are participant-directed.</td>
</tr>
<tr>
<td>Caregiver Eligibility</td>
<td>Respite may be provided by a relative, but not a legal guardian or legally responsible person</td>
</tr>
<tr>
<td>Enrollment Limit</td>
<td>280: Year ending 09/30/2020</td>
</tr>
<tr>
<td>How to Apply</td>
<td>The Department of Developmental Services is not currently holding an open enrollment period (Open enrollment periods tend to be in October each year). Call 1-888-367-4435 or email <a href="mailto:AutismDivision@state.ma.us">AutismDivision@state.ma.us</a> for more information on enrollment periods. You can also visit their website to check for updates at <a href="https://www.mass.gov/service-details/dds-autism-waiver-program-open-interest-period">https://www.mass.gov/service-details/dds-autism-waiver-program-open-interest-period</a></td>
</tr>
</tbody>
</table>
| Contact Information | Department of Developmental Services: 1-617-727-5608
Autism Division: 617-624-7518
You can also contact the Autism Support Center near you at [https://www.mass.gov/service-details/dds-autism-support-centers](https://www.mass.gov/service-details/dds-autism-support-centers) |
| Link to Waiver Application | Link to application not available. |
| Expiration Date | 09/30/2020 |
| Date of Last Update | 07/17/2019 |
MA Money Follows the Person Community Living (MFP-CL) (1027.R01.01)
State Operating Agency: Executive Office of Health and Human Services, the Massachusetts Rehabilitation Commission (MRC)

**Description**
The goal of the waiver is to transition eligible adults from institutions to MFP qualified community settings and to furnish home or community-based services to the waiver participants following their transition from the medical facility setting. Waiver services will be provided according to a Plan of Care (POC) that is developed with the Waiver participant through a person-centered planning process.

Services provided by this waiver include: home health aide, homemaker, personal care, prevocational services, respite, supported employment, adult companion, chore service, community based day supports (CBDS), community behavioral health support and navigation, community family training, day services, home accessibility adaptations, independent living supports, individual support and community habilitation, occupational therapy, orientation and mobility services, peer support, physical therapy, shared home supports, skilled nursing, specialized medical equipment, speech therapy, supportive home care aide, transitional assistance services, transportation, and vehicle modification.

**Waiver Type**
1915(c)

**Target Population - Eligibility**
Individuals ages 18 – 64 with mental illnesses or physical disabilities as well as individuals aged 65 and older.

**Level of Care**
Individuals require level of care available in a Chronic and Rehabilitation Hospital, Psychiatric Hospital, or nursing facility (NF). Must reside (and have resided for not less than 90 consecutive days) in an inpatient facility (specifically, a nursing facility, chronic disease or rehabilitation hospital, or psychiatric hospital).

**Respite Services**
Respite services are provided to participants unable to care for themselves and are furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the participant. Respite Care may be provided to relieve informal caregivers from the daily stresses and demands of caring for a participant in efforts to strengthen or support the informal support system. Respite Care services may be provided in the following locations: Adult Foster Care Program (provides personal care services in a family-like setting); hospital (with licensed acute care medical or surgical hospital beds); Skilled Nursing Facility (provides skilled nursing care, rehabilitative services such as physical, occupational, and speech therapy, and assistance with activities of daily living such as eating, dressing, toileting and bathing); Rest Home (provides a supervised, supportive and protective living environment and support services); Assisted Living Residence (provides personal care services); in the home of a Community Respite Provider (provides personal care services in a home-like setting); and DDS Licensed Respite Facilities (provides care and supervision). Respite services are provider managed.

**Respite Provider Eligibility**
UMass Provider Network Administration Unit: ProviderNetwork@umassmed.edu

**Caregiver Eligibility**
Respite may be provided by a relative but not a legal guardian or legally responsible person.

**Enrollment Limit**
1243: Year ending 03/31/2023

**How to Apply**

**Contact Information**
Call MFP Waiver Unit: 1-855-499-5109, TTY: 800-596-1746, or email mfpinfo@umassmed.edu

**Link to Waiver Application**
Link to application not available.

**Expiration Date**
03/31/2023

**Date of Last Update**
07/17/2019