

MISSOURI

Missouri Department of Health and Senior Services
912 Wildwood Drive, P.O. Box 570, Jefferson City, Missouri 65102
<http://health.mo.gov/index.php>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[MO Children w/DD \(MOCDD\)](#)

Provides day habilitation, in home respite, personal assistant, support broker, applied behavior analysis, assistive technology, community integration, community specialist, crisis intervention, environmental accessibility adaptations-home/vehicle modification, individualized skill development, out of home respite, person centered strategies consultation, specialized medical equipment and supplies (adaptive equipment), and transportation for children younger than 18 diagnosed with intellectual and developmental disabilities.

[MO DD Comprehensive](#)

Provides day habilitation, group home, in home respite, individualized supported living, personal assistant, prevocational services, supported employment, support broker, applied behavior analysis, assistive technology, career planning, community integration, community specialist, community transition, counseling, crisis intervention, environmental accessibility adaptations-home/vehicle modification, individualized skill development, job development, occupational therapy, out of home respite, person centered strategies consultation, physical therapy, professional assessment and monitoring, shared living, specialized medical equipment and supplies (adaptive equipment), speech therapy, and transportation for individuals of any age diagnosed with intellectual and developmental disabilities.

[MO Division of DD Community Support](#)

Provides day habilitation, in home respite, personal assistant, prevocational services, supported employment, support broker, applied behavior analysis, assistive technology, career planning, community integration, community specialist, community transition, counseling, crisis intervention, environmental accessibility adaptations-home/vehicle modification, individualized skill development, job development, occupational therapy, out of home respite, person centered strategies consultation, physical therapy, professional assessment and monitoring, specialized medical equipment and supplies (adaptive equipment), speech therapy, and transportation for individuals diagnosed with intellectual and developmental disabilities with no age restrictions.

[MO Aged and Disabled](#)

Provides adult day care, basic respite, homemaker, advanced respite, chore, and home delivered meals for individuals ages 65 and older or individuals ages 63 and 64 diagnosed with a physical disability.

[MO Adult Day Care](#)

Provides adult day care for individuals, ages 18-63, diagnosed with physical and other disabilities.

MO Children w/Developmental Disabilities (MOCD) Waiver (4185.R05.01)

State Operating Agency: Missouri Department of Mental Health, Division of Developmental Disabilities

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| Description | <p>This waiver establishes and maintains a community based system of care that includes a comprehensive array of services that meets the individualized support needs of children to allow them to remain at home with their families rather than enter an institution, group home or other out of home care. Services delivery methods include both provider managed and self-directed options for personal assistant and community specialist.</p> <p>Waiver services include: day habilitation, in home respite, personal assistant, support broker, applied behavior analysis, assistive technology, community integration, community specialist, crisis intervention, environmental accessibility adaptations-home/vehicle modification, individualized skill development, out of home respite, person centered strategies consultation, specialized medical equipment and supplies (adaptive equipment), and transportation.</p> |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Children diagnosed with intellectual or developmental disabilities who are less than 18 years old; must live at home and not in a group home residential placement or in custody of the state. |
| Level of Care | Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID). |
| Respite Services | <p>This waiver offers in home respite care and out of home respite care as two distinct services.</p> <p>In-home respite care is provided to individuals unable to care for themselves, on a short-term basis, because of the absence or need for relief of those persons normally providing the care. To be eligible for in-home respite care, the persons who normally provide care to the individual must be other than formal, paid caregivers. This service is not delivered in lieu of day care for children nor does it take the place of day habilitation. While ordinarily provided on a one-to-one basis, in-home respite may include assisting up to three individuals at a time. The service is provided in the individual’s place of residence or in a licensed/certified/accredited facility when service is provided in interim periods, at the discretion of the individual/guardian/family, which does not include overnight care. If the service includes overnight care, it must be provided in the individual’s place of residence. The only limitation on total hours provided is that they be necessary to avoid institutionalization and remain within the overall cost effectiveness of each individual's plan.</p> <p>Out of home respite is provided in a licensed, accredited or certified waiver residential facility, ICF/ID or State Habilitation Center by trained and qualified personnel for a period of no more than 60 days per year. The purpose of respite care is to provide planned relief to the usual caregiver and is not intended to be permanent placement. The need for this service has to be an identified need through the planning process which would include the individual, guardian if applicable, the primary caregiver, other family members, service coordinator, and any other parties the individual requests.</p> <p>Both In Home Respite and Out of Home Respite are provider managed.</p> |
| Respite Provider Eligibility | Information on provider eligibility can be found at https://dmh.mo.gov/dd/ServiceProviders.htm |
| Caregiver Eligibility | Respite may not be provided by a relative, legal guardian or legally responsible person for both In-Home Respite and Out of Home Respite. |
| Enrollment Limit | 350: Year ending 06/30/2023 |
| How to Apply | To apply or seek more information contact your local Regional office, which you can find on the following website: http://dmh.mo.gov/dd/facilities/index.html |
| Contact Information | Contact your local regional office or contact the Missouri Department of Mental Health, Division of Developmental Disabilities at (573) 751-4054, toll free 800-207-9329. |

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| Link to Waiver Application | https://dmh.mo.gov/dd/docs/mocddwaiveramendment.pdf |
| Expiration Date | 06/30/2023 |
| Date of Last Update | 07/22/2019 |

MO DD Comprehensive Waiver (0178.R06.02)

State Operating Agency: Missouri Department of Mental Health, Division of Developmental Disabilities

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| Description | <p>This waiver establishes and maintains a community based system of care that includes a comprehensive array of services that meets the individualized support needs of individuals in a community setting. Participants in this waiver require the highest levels of care. Service delivery methods include provider-managed for all waiver services and a self-directed option for personal assistant and community specialist.</p> <p>Waiver services include day habilitation, group home, in home respite, individualized supported living, personal assistant, prevocational services, supported employment, support broker, applied behavior analysis, assistive technology, career planning, community integration, community specialist, community transition, counseling, crisis intervention, environmental accessibility adaptations-home/vehicle modification, individualized skill development, job development, occupational therapy, out of home respite, person centered strategies consultation, physical therapy, professional assessment and monitoring, shared living, specialized medical equipment and supplies (adaptive equipment), speech therapy, and transportation.</p> |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Individuals of any age diagnosed with developmental or intellectual disabilities. |
| Level of Care | Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID). |
| Respite Services | <p>This waiver offers in home respite care and out of home respite care as two distinct services.</p> <p>In-home respite care is provided to individuals unable to care for themselves, on a short-term basis, because of the absence or need for relief of those persons normally providing the care. To be eligible for in-home respite care, the persons who normally provide care to the individual must be other than formal, paid caregivers. This service is not delivered in lieu of day care for children nor does it take the place of day habilitation programming for adults. While ordinarily provided on a one-to-one basis, in-home respite may include assisting up to three individuals at a time. The service is provided in the individual’s place of residence or in a licensed/certified/accredited facility when service is provided in interim periods, at the discretion of the individual/guardian/family, which does not include overnight care. If the service includes overnight care, it must be provided in the individual’s place of residence. The only limitation on total hours provided is that they be necessary to avoid institutionalization and remain within the overall cost effectiveness of each individual's plan.</p> <p>Out of home respite is care provided outside the home in a licensed, accredited or certified waiver residential facility, ICF/ID or State Habilitation Center by trained and qualified personnel for a period of no more than 60 days per year. The purpose of respite care is to provide planned relief to the customary caregiver and is not intended to be permanent placement. The need for this service has to be an identified need through the planning process which would include the individual, guardian if applicable, the primary caregiver, other family members, service coordinator, and any other parties the individual requests. Out of home respite provided in an ICF/ID or State Habilitation Center cannot exceed 30 days.</p> <p>Both In Home Respite and Out of Home Respite are provider managed.</p> |
| Respite Provider Eligibility | Information on provider eligibility can be found at https://dmh.mo.gov/dd/ServiceProviders.htm |
| Caregiver Eligibility | Respite may not be provided by a relative, legal guardian or legally responsible person in both In Home respite and Out of Home respite. |

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| Enrollment Limit | 9182: Year ending 06/30/2021 |
| How to Apply | To apply or seek more information contact your local Regional office, which you can find on the following website: http://dmh.mo.gov/dd/facilities/index.html |
| Contact Information | Contact the Missouri Department of Mental Health, Division of Developmental Disabilities at (573) 751-4054, toll free 800-207-9329. |
| Link to Waiver Application | https://dmh.mo.gov/dd/progs/waiver/docs/comprehensive-waiver-amendment.pdf |
| Expiration Date | 06/30/2021 |
| Date of Last Update | 07/22/2019 |

MO Division of DD Community Support (0404.R03.02)

State Operating Agency: Missouri Department of Mental Health, Division of Developmental Disabilities

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| Description | <p>This waiver establishes and maintains a community based system of care that includes an array of services that meets the individualized support needs of individuals who have a place to live in the community (usually with family), but require other support services in order to remain in that living arrangement. Participants in this waiver have a place to live, but require supports so family members can continue employment and to give primary caregivers relief. Service delivery methods in this waiver include provider-managed for all waiver services and a self-directed option for personal assistant and community specialist.</p> <p>Waiver services include day habilitation, in home respite, personal assistant, prevocational services, supported employment, support broker, applied behavior analysis, assistive technology, career planning, community integration, community specialist, community transition, counseling, crisis intervention, environmental accessibility adaptations-home/vehicle modification, individualized skill development, job development, occupational therapy, out of home respite, person centered strategies consultation, physical therapy, professional assessment and monitoring, specialized medical equipment and supplies (adaptive equipment), speech therapy, and transportation.</p> |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Individuals of any age diagnosed with intellectual or developmental disabilities; must have a place to live in the community, typically with family. |
| Level of Care | Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID). |
| Respite Services | <p>In-home respite care is provided to individuals unable to care for themselves, on a short-term basis, because of the absence or need for relief of those persons normally providing the care. To be eligible for in-home respite care, the persons who normally provide care to the individual must be other than formal, paid caregivers. This service is not delivered in lieu of day care for children nor does it take the place of day habilitation programming for adults. While ordinarily provided on a one-to-one basis, in-home respite may include assisting up to three individuals at a time. The service is provided in the individual's place of residence or in a licensed/certified/accredited facility when service is provided in interim periods, at the discretion of the individual/guardian/family, which does not include overnight care. If the service includes overnight care, it must be provided in the individual's place of residence. The only limitation on total hours provided is that they be necessary to avoid institutionalization and remain within the overall cost effectiveness of each individual's plan.</p> <p>Out of home respite is care provided outside the home in a licensed, accredited or certified waiver residential facility, ICF/ID or State Habilitation Center by trained and qualified personnel for a period of no more than 60 days per year. The purpose of respite care is to provide planned relief to the customary caregiver and is not intended to be permanent placement. The need for this service has to be an identified need through the planning process which would include the individual, guardian if applicable, the primary caregiver, other family members, service coordinator, and any other parties the individual requests. The 60 days may be consecutive, unless the service is provided in an ICF/ID or State Habilitation Center. Out of home respite provided in an ICF/ID or State Habilitation Center cannot exceed 30 days.</p> <p>Both In Home Respite and Out of Home Respite are provider managed.</p> |
| Respite Provider Eligibility | Information on provider eligibility can be found at https://dmh.mo.gov/dd/ServiceProviders.htm |
| Caregiver Eligibility | Respite may not be provided by a relative, legal guardian or legally responsible person for both In-Home respite and Out of Home respite. |

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| Enrollment Limit | 5604: Year ending 06/30/2021 |
| How to Apply | To apply or seek more information contact your local Regional office which you can find on the following website: http://dmh.mo.gov/dd/facilities/index.html |
| Contact Information | Contact the Missouri Department of Mental Health, Division of Developmental Disabilities at (573) 751-4054, toll free 800-207-9329. |
| Link to Waiver Application | https://dmh.mo.gov/dd/progs/waiver/docs/cms-community-support-waiver-amendment.pdf |
| Expiration Date | 06/30/2021 |
| Date of Last Update | 07/23/2019 |

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MO Aged and Disabled Waiver (0026.R08.00)

State Operating Agency: Department of Health and Senior Services (DHSS), Division of Senior and Disability Services (DSDS)

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| Description | <p>This waiver establishes and maintains a community-based system of care/services for aged individuals and individuals who have physical disabilities that live and wish to continue living independently in their or their family's homes and to continue to enjoy the amenities available in their communities.</p> <p>Waiver services include adult day care, basic respite, homemaker, advanced respite, chore, and home delivered meals.</p> |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Individuals age 65 and older and individuals 63 and 64 years old diagnosed as physically disabled. |
| Level of Care | Individuals require level of care available in a nursing facility (NF). |
| Respite Services | <p>Basic Respite care services are maintenance and supervisory services provided to a participant with non-skilled needs in that individual's home because of the absence or need for relief of those persons who normally provide care for the participant. This service encompasses all the needs of a participant that might come up during the service provision that fall under supervision, companionship and direct participant assistance, all the services that are required to maintain the participant in his/her home.</p> <p>Advanced Respite services are maintenance and supervisory services provided to a participant with non-skilled needs that require specialized training in that individual's home. This encompasses all the needs of a participant that might come up during the service provision that fall under supervision, companionship, and direct participant assistance, all the services that are required to maintain the participant in his/her home. Participants appropriate for Advanced Respite care include, but are not limited to: participants who are essentially bedfast, and require specialized care involving turning and position, including assistance with mechanical transfer equipment and/or assistance with elimination, including the use of a urinal, bed pan, catheter and/or ostomy; participants who have behavior disorders resulting in disruptive behavior especially due to Alzheimer's disease which requires close monitoring; participants who have health problems requiring manual assistance with oral medications; participants who have special monitoring and assistance needs due to swallowing problems.</p> <p>Both forms of respite are provided in 15-minute units. The established service planning and prior authorization processes ensure that respite services do not overlap with each other.</p> |
| Respite Provider Eligibility | <p>Provider eligibility and information can be found on the following website:</p> <p>http://health.mo.gov/seniors/hcbs/</p> |
| Caregiver Eligibility | Both basic and advanced respite may not be provided by a relative, legal guardian or legally responsible person. |
| Enrollment Limit | 26,932: Year ending 06/30/2023 |
| How to Apply | <p>To apply, contact your local Area Agency on Aging which can be found here:</p> <p>http://health.mo.gov/seniors/pdf/AARegion.pdf</p> <p>You can also make a referral by calling the DSDS at 1-866-835-3505</p> |
| Contact Information | <p>Contact the Division of Senior and Disability Services at 573-526-8557</p> <p>Contact the DSDS, Area Agencies on Aging at Telephone: 573-526-4542 or Email: info@health.mo.gov</p> |
| Link to Waiver Application | https://dss.mo.gov/mhd/files/ADW-Renewal-Application-01-04-2018.pdf |
| Expiration Date | 06/30/2023 |
| Date of Last Update | 07/23/2019 |

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MO Adult Day Care Waiver (1021.R01.01)

State Operating Agency: The Department of Health and Senior Services (DHSS), Division of Senior and Disability Services (DSDS)

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| Description | This waiver is meant: to provide the targeted group of individual's choice between nursing facility institutional care and adult day care so they may remain in the community if they choose, and to maintain and improve a community based system of care that diverts individuals from institutional care and residential care. The goal is to establish and maintain a community-based system of care/services for individuals with a disability who live, and wish to continue living, in their communities. This waiver provides adult day care. |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Individuals, ages 18-63, diagnosed with physical and other disabilities. |
| Level of Care | Individuals require level of care available in a nursing facility (NF). |
| Adult Day Care Services | This waiver does not provide respite, but it does offer adult day care, which is continuous care and supervision of disabled adults in a licensed adult day care setting. Services include but are not limited to assistance with activities of daily living, planned group activities, food services, client observation, skilled nursing services as specified in the plan of care, and transportation. Through the completion of a comprehensive assessment and person centered care plan, any services received by the participant at the adult day care setting would not duplicate those services received through EPSDT. Planned group activities include socialization, recreation and cultural activities that stimulate the individual and help the client maintain optimal functioning. This service can be used for up to 10 hours per day for a maximum of 5 days per week of which no more than eight (8), 15 minute units per day be related to transporting an individual to and from the adult day care setting. Adult day care is provider managed. |
| Adult Day Care Provider Eligibility | To enroll or find out eligibility information go to: https://mmac.mo.gov/providers/provider-enrollment/home-and-community-based-services/adult-day-care-waiver-services/ For help, email: mmac.ihcontracts@dss.mo.gov . |
| Caregiver Eligibility | Adult day care may not be provided by a relative, legal guardian or legally responsible person. |
| Enrollment Limit | 4000: Year ending 12/31/2020 |
| How to Apply | To apply, contact your local Area Agency on Aging which can be found here: http://health.mo.gov/seniors/pdf/AAARegion.pdf You can also make a referral by calling the DSDS at 1-866-835-3505 |
| Contact Information | Contact the Division of Senior and Disability Services at 573-526-8557 Contact the DSDS, Area Agencies on Aging at Telephone: 573-526-4542 or Email: info@health.mo.gov |
| Link to Waiver Application | https://dss.mo.gov/mhd/waivers/1915c-home-and-community-waivers/files/Adult-Day-Care-Waiver-LOC-Amendment-170713.pdf |
| Expiration Date | 12/31/2020 |
| Date of Last Update | 07/25/2019 |