

MONTANA

Montana Department of Public Health and Human Services

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<http://dphhs.mt.gov/>

Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[MT Big Sky](#)

Provides adult day health, case management, community first choice/personal assistance and specially trained attendant care, day habilitation, homemaker, prevocational services, residential habilitation, respite, supported employment, audiology, respiratory therapy, financial management services, community supports, community transition, consultative clinical and therapeutic services, consumer goods and services, dietetic services, environmental accessibility adaptations, family training and support, health and wellness, homemaker chore, non-medical transportation, nutrition, occupational therapy, pain and symptom management, personal emergency response systems, physical therapy, post-acute rehabilitation services, private duty nursing, senior companion, specialized child care for medically fragile children, specialized medical equipment and supplies, speech therapy, supported living, vehicle modifications for individuals 65 years and older and individuals less than 65 diagnosed with physical and other disabilities.

[MT HCBW for Individuals w/DD](#)

Provides day supports and activities, homemaker, residential habilitation, respite, supported employment - follow along support, nutritionist services, occupational therapy, physical therapy, private duty nursing, speech therapy, supports brokerage, adult foster support, assisted living, behavioral support services, caregiver training and support, community transition services, companion services, environmental modifications, individual goods and services, meals, personal care, personal emergency response system (PERS), personal supports, psychological evaluation, counseling and consultation services, remote monitoring equipment, remote monitoring, retirement services, specialized medical equipment and supplies, supported employment - co-worker support, supported employment - individual employment support, supported employment - small group employment support, and transportation for individual diagnosed with intellectual or developmental disabilities with no age restrictions.

[MT Behavioral Health Severe Disabling Mental Illness HCBS](#)

Provides adult day health, case management, homemaker, prevocational services, residential habilitation, respite, supported employment, community transition, consultative clinical and therapeutic services, environmental accessibility adaptations, habilitation aide, health and wellness, homemaker chore, life coach, meals, non-medical transportation, pain and symptom management, peer support, personal assistance attendant, personal emergency response system, private duty nursing/registered nurse supervision, specialized medical equipment and supplies, and specially trained attendant for individuals 18 and older diagnosed with a mental illness.

MT Big Sky Waiver (0148.R06.02)

State Operating Agency: Community Services Bureau of the Senior and Long-term Care Division

Description	<p>This waiver provides individuals the choice of receiving long care term services in a community setting as an alternative to receiving long-term care services in an institutional setting. The waiver provides a vast array of traditional, self-directed and participant directed services. Services are assessed, prioritized and developed through the completion of a service plan.</p> <p>Wavier services include: adult day health, case management, community first choice/personal assistance and specially trained attendant care, day habilitation, homemaker, prevocational services, residential habilitation, respite, supported employment, audiology, respiratory therapy, financial management services, community supports, community transition, consultative clinical and therapeutic services, consumer goods and services, dietetic services, environmental accessibility adaptations, family training and support, health and wellness, homemaker chore, non-medical transportation, nutrition, occupational therapy, pain and symptom management, personal emergency response systems, physical therapy, post-acute rehabilitation services, private duty nursing, senior companion, specialized child care for medically fragile children, specialized medical equipment and supplies, speech therapy, supported living, vehicle modifications.</p>
Waiver Type	1915(c) operates concurrently with 1915(b)(4) to limit case management providers
Target Population-Eligibility	Individuals aged 65 and older and individuals ages 0 – 64 who are diagnosed with physical and other disabilities.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	Respite care is short-term, intermittent care provided to members in need of supportive care to relieve those persons who normally provide the care. Respite care is only utilized to relieve a non-paid caregiver. Respite care can be provided in the member's residence or by placing the member in another private residence, adult residential setting or other community setting, hospital, residential hospice, group home, therapeutic camp for children or adults with disabilities or licensed nursing facility. When respite care is provided, the provision of, or payment for other duplicative services under HCBS is precluded (e.g., payment for respite when member is in Adult Day Care). Respite care is limited to no more than 30 consecutive days. Respite care is provider managed.
Respite Provider Eligibility	For provider information, visit: https://dphhs.mt.gov/sltc/csb/provider#287023779-big-sky-waiver
Caregiver Eligibility	Respite may be provided by a relative, legal guardian or a legally responsible person.
Enrollment Limit	2580: Year ending 12/31/2022
How to Apply	<p>To make a referral for Home & Community Based Services contact the Mountain Pacific Quality Health Foundation at 1-800-219-7035.</p> <p>Eligibility specialists at your County Office of Public Assistance (OPA office) can determine Medicaid eligibility, found on the Montana DPHHS website: http://dphhs.mt.gov/hcsd/OfficeofPublicAssistance.aspx</p>
Contact Information	Senior and Long-term Care Division, General Help & Questions: (406) 444-4077 Community Services Bureau, 1-800-551-3191
Link to Waiver Application	https://dphhs.mt.gov/Portals/85/sltc/documents/BigSkyWaiverAmendment-PDNRateIncrease.pdf
Expiration Date	12/31/2022
Date of Last Update	07/23/2019

MT HCBW for Individuals with DD (0208.R06.02)

State Operating Agency: Developmental Services Division, Developmental Disabilities Program (DDP)

Description	<p>The purpose of this waiver, also called the Comprehensive Waiver, is to provide the necessary support options to help participants achieve and maintain a good quality of life.</p> <p>Waiver services include day supports and activities, homemaker, residential habilitation, respite, supported employment - follow along support, nutritionist services, occupational therapy, physical therapy, private duty nursing, speech therapy, supports brokerage, adult foster support, assisted living, behavioral support services, caregiver training and support, community transition services, companion services, environmental modifications, individual goods and services, meals, personal care, personal emergency response system (PERS), personal supports, psychological evaluation, counseling and consultation services, remote monitoring equipment, remote monitoring, retirement services, specialized medical equipment and supplies, supported employment - co-worker support, supported employment - individual employment support, supported employment - small group employment support, and transportation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of any age diagnosed with intellectual or developmental disabilities. The disability must have originated before the participant turned 18.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite care includes any services (e.g., traditional respite hours, recreation or leisure activities for the individual to enable the caregiver to remain at home for a break; summer camp) designed to meet the safety and daily care needs of the individual and the needs of the individual's care giver in relation to reducing stress generated by the provision of constant care to the individual receiving waiver services. These services are selected in collaboration with the parents and are provided by persons chosen and trained by the family. The amount and frequency of respite care (with the exception of emergencies) is included in each participant's plan of care. Respite services are temporary in nature, meaning a member is not permitted to receive respite care for a period of 24 hours per day for more than 29 consecutive days. Age appropriate licensed day care is a respite care option for persons of all ages. Children from birth through age 17 may be served in licensed children's day care centers and in licensed family and group day care homes. Individuals aged 18 and older may receive support and supervision services in licensed adult day centers.</p> <p>Respite may not replace routine childcare that a caregiver is responsible to provide. Respite cannot be used during services otherwise available through public education programs including education activities, after school supervision, daytime services when the school is not in session, or services available to preschool age children. Respite (including day care) is only available to members residing with primary caregivers in family settings, including adult foster homes. Respite is available when a primary caregiver is not compensated for providing some or all of the supervision and support needed by the member.</p> <p>Respite may be participant-directed or provider managed.</p>
Respite Provider Eligibility	<p>For information on Providers and Provider eligibility, go to the DDP Qualified Provider Process for Medicaid Waiver Services website: http://dphhs.mt.gov/dsd/developmentaldisabilities/DDPproviderprocess</p>
Caregiver Eligibility	Respite may be provided by a relative or legal guardian but not by a legally responsible person.
Enrollment Limit	2777: Year ending 06/30/2023

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How to Apply	Eligible individuals will be placed on the waiver's waiting list. To be placed on the waiting list please contact your Developmental Disabilities Regional Office found here: http://dphhs.mt.gov/dsd/developmentaldisabilities/DevelopmentalDisabilitiesRegionalOffices
Contact Information	Contact the Developmental Disabilities Program (DDP) at (406)-444-2995 or your DDP Regional Office.
Link to Waiver Application	https://dphhs.mt.gov/Portals/85/dsd/documents/DDP/Waivers/0208ComprehensiveWaiver/0208WaiverDefinitions/DRAFTWaiverAmendmentJune2019.pdf
Expiration Date	06/30/2023
Date of Last Update	07/23/2019

MT Behavioral Health Severe and Disabling Mental Illness HCBS (0455.R02.05)**State Operating Agency: Department of Public Health and Human Services, Addictive and Mental Disorders Division**

Description	<p>This waiver, also called the SDMI Waiver, is designed to provide an individual with SDMI a choice of receiving long-term care services in a community setting as an alternative to receiving long-term care services in a nursing home setting. The objective of the SDMI Waiver is rehabilitation and recovery, while encouraging the member to accept personal responsibility for services and desired outcomes.</p> <p>Waiver services include: adult day health, case management, homemaker, prevocational services, residential habilitation, respite, supported employment, community transition, consultative clinical and therapeutic services, environmental accessibility adaptations, habilitation aide, health and wellness, homemaker chore, life coach, meals, non-medical transportation, pain and symptom management, peer support, personal assistance attendant, personal emergency response system, private duty nursing/ registered nurse supervision, specialized medical equipment and supplies, and specially trained attendant.</p>
Waiver Type	1915(c) operates concurrently with 1915(b)(4) to limit case management providers
Target Population-Eligibility	This waiver provides services for individuals 18 and older diagnosed with a severe disabling mental illness.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite care is temporary, short-term care provided to consumers in need of supportive care to relieve those persons who normally provide the care. Respite care is only utilized to relieve a non-paid caregiver. Respite care can be provided in the participant's residence or by placing the participant in another private residence, adult residential setting, or licensed nursing facility. When respite care is provided, the provision of other duplicative services under the waiver is precluded (e.g., Adult Day Care). If a participant requires assistance with activities of daily living during the respite hours, a personal assistant should be used under State Plan or Home and Community Based Services Personal Assistance Services.</p> <p>Respite care is provider managed.</p>
Respite Provider Eligibility	For information on Provider eligibility, reference the Program Policy Manual here: https://dphhs.mt.gov/amdd/hcbpolicymanual
Caregiver Eligibility	Respite may not be provided by a relative, legal guardian or legally responsible person.
Enrollment Limit	357: Year ending 06/30/2020
How to Apply	To make a referral for Home & Community Based Services contact the Mountain Pacific Quality Health (MPQH) at 1-800-219-7035.
Contact Information	To contact AMDD: call (406)-444-3964 or for general questions or concerns email hhsamdemail@mt.gov
Link to Waiver Application	https://dphhs.mt.gov/Portals/85/amdd/documents/SDMI/2019BehavioralHealthSDMI-HCBS1915cAmendmentApplication.pdf
Expiration Date	06/30/2020
Date of Last Update	07/23/2019